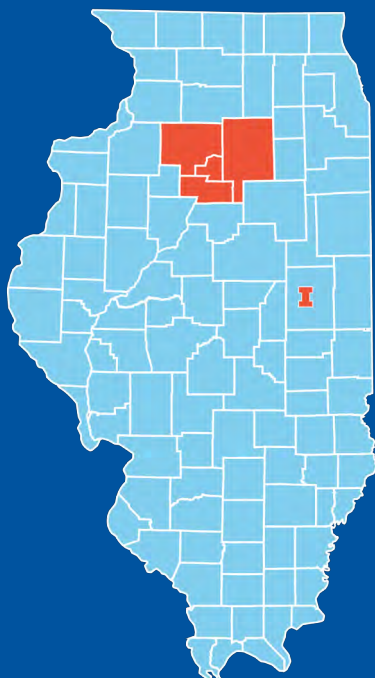




2018 IMPACT REPORT

University of Illinois Extension
Bureau, LaSalle, Marshall, and Putnam Counties

University of Illinois Extension provides practical education you can trust to help people, businesses, and communities solve problems, develop skills, and build a better future. Based in the College of Agricultural, Consumer and Environmental Sciences, Extension is the statewide outreach program of the University of Illinois at Urbana Champaign.



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A Message from the Chancellor

The University of Illinois at Urbana Champaign is an economic engine and a driver of innovation, deeply rooted in the Illinois prairie and engaged statewide, from Cook County to Cairo. Illinois Extension brings the University to your doorstep. Extension educators live and work alongside you in every county, allowing the university to support local leaders, businesses, farmers, and residents to address grand challenges and everyday problems with practical, research-based solutions. As a youth, my own 4-H experience inspired a rewarding career in agricultural research and higher education. Today, it's an honor to lead this great public university and deepen its commitment to serve the people of Illinois.

Robert J. Jones
Chancellor, University of Illinois



A Note from the County Director

We are very grateful to our annual funders, stakeholders, volunteers, and participants for the dedicated support provided to our local program partnerships. These partnerships allow us to connect with youth and adults in schools, agencies, communities, businesses, farms, agriculture industries, local governments, and citizens groups across Bureau, LaSalle, Marshall, and Putnam Counties.

Because of your support, we have been able to continue to provide unbiased, research-based information and strong educational programming outreach from the University of Illinois campus in Urbana-Champaign. Broad program areas include Agriculture and Natural Resources; 4-H Youth Development; Family, Nutrition, and Consumer Sciences; and Community and Economic Development.

In addition, we bring specialized grant services to local people and schools through Extension's partnerships with the Illinois State Board of Education, Illinois Nutrition Education Program, Ag in the Classroom, National 4-H Tech Wizards, and our 4-H Latino initiative.

Extension provides practical education you can trust to help people, businesses, and communities solve problems, develop skills, and build a better future. Please take a look at our program highlights for 2018 and contact me if Extension can be of service to you!

With warm regards,
Jill Guynn, County Director



Bureau County 4-H Fair 2018

"Planting the Seeds to the Future: 4-H" was the theme at the 2018 Bureau County 4-H Fair, held July 19-21 at the Bureau County Fairgrounds in Princeton. This annual event allows 4-H club members the opportunity to showcase the results of their project work in the areas they have explored throughout the 4-H year. 4-H provides over 200 project areas, and club members participate in conference judging, meeting one-on-one with judges to discuss their project goals.



Illinois 4-H Hall of Fame

The Illinois 4-H Foundation annually recognizes 4-H volunteers for exemplary service. This year, 67 new members were inducted into the Illinois 4-H Hall of Fame during a celebration in August at the Illinois State Fair in Springfield. This year Karl and Beth Schultz were recognized for their longtime dedication and service to Bureau County 4-H.



Bureau County 4-H Members Experience Google Headquarters

Alex and Hugh Holt, Bureau County Fine Arts and Science Team 4-H members, had hands-on experience at Google headquarters in Chicago. Every June, Google celebrates GoogleServe, a month-long campaign to empower Google employees to volunteer in their communities. This year, Google chose Illinois 4-H as their GoogleServe Partner, and the company offered 50 youth the chance to learn from the pros.





Hands-on STEM Lesson

Hands on STEM Lesson—Catapults was delivered by Illinois Extension staff to the Buda, LaMoille, Ohio, and Neponset 21st Century Grant Program afterschool sites in February 2018. Each program utilized teamwork to construct a catapult out of wood, skewers, marshmallows, a rubber band, and a plastic spoon. Students then made a hypothesis about which of three items would launch the farthest.

New Small Engines SPIN Club

Illinois Extension serving Bureau County offered a Small Engine SPIN (Special Interest) club in 2018. Club meetings were held monthly, through May. Participants explored small engine theory, including identifying parts of an engine, different oil grades, and much more. Over the duration of the club, participants disassembled and reassembled a small engine.



Bureau County 4-H Youth Compete at State Horse Judging Contest

During the contest, youth judged six classes of horses, at least two being halter classes. In 4-H, learning about horses means much more than learning to ride. Through 4-H, young people with a passion for horses can participate in educational contests related to the equine industry regardless of whether they own a horse. These educational programs enhance members' knowledge of horse health, breed characteristics, management, and feeding.



Bureau County 4-H Horse Bowl and Hippology members Payton Frueh, Sierra Spohn, and Brinley Kloepping competed at the State 4-H Horse Judging Contest in April at Black Hawk College.



Bureau County 4-H Federation organized the annual Easter basket community service project for 28 Bureau County families that were in need of extra food for the Easter meal. Federation also hosts the annual 4-H Achievement Night.



Members of the Van Allen 4-H Club received 4-H Experience Awards.



New 4-H Program in DePue

Diana Lopez, 4-H Latino program coordinator, began working in DePue Schools in 2018 to coordinate 4-H youth programming. Lopez started a 4-H Community Club at DePue School. 4-H provides afterschool programs with STEAM (Science, Technology, Engineering, Art, and Math) lessons through fun, hands-on activities. Youth utilize teamwork and independent thinking to find solutions to the problems posed.



Diana Lopez, 4-H Latino program coordinator



"The Seasons of 4-H" ...winter, spring, summer & fall, I'm a 4-H'er through it all! was the theme at the 2018 LaSalle County 4-H Show and Junior Fair held July 11-15 at the LaSalle County Fairgrounds in Ottawa. 4-H clubs decorated the fairgrounds to represent the many activities and events 4-H participates in throughout the season. 4-H youth ages 5-19 demonstrated knowledge and expertise in hundreds of project areas.





LaSalle County 4-H Shooting Sports

LaSalle County 4-H Shooting Sports provides youth the opportunity to learn marksmanship; the safe, responsible use of firearms; and the principles of shooting, archery, and much more. The program focuses on the development of life skills, self-worth, and conservation ethics.



4-H Hall of Fame

Terri Sancken, LaSalle County 4-H volunteer, was honored for her service. Terri was one of 67 volunteers recognized by the Illinois 4-H Foundation as a 4-H Hall of Fame recipient during a ceremony in August at the Illinois State Fair in Springfield. Terri has represented exceptional commitment to the 4-H program. She is club Leader to the Brookfield Indians and Advanced Robotics Club, in addition to co-leader of the Intermediate Robotics SPIN (Special Interest) club. Terri doesn't stop there. She also is a committee member of the Friends of Extension and 4-H Committee, which helps to raise funds for LaSalle County Extension and 4-H programming.



4-H Advanced Robotics SPIN Club

Team Machination #6994, a 4-H Advanced Robotics Special Interest Club, competed in a series of state competitions, including competing in and hosting the Illinois FIRST Tech Challenge Regional Robotics competition at Illinois Valley Community College, where they took 1st place. In February, they moved onto Peoria, where they won the Control Award and held on to their 2nd place position statewide.



4-H Officer Training

LaSalle County 4-H youth participated in a **4-H Unit Officer Training** held at Illinois Valley Community College in Oglesby. Youth learned parliamentary procedure and how to make meetings fun as well as identifying duties and responsibilities of each officer position.



I pledge...

my **head** to clearer thinking,
my **heart** to greater loyalty,
my **hands** to larger service, and
my **health** to better living for
my **club**, my **community**,
my **country**, and my **world**.



National 4-H Week

Celebrations of 4-H were abundant in LaSalle County in October as clubs recognized **National 4-H Week!** Club members created displays indoors and out at local schools, libraries, and storefronts throughout LaSalle County.



LaSalle County Livestock Judging Team

Clay Sundberg (pictured far right), and his fellow teammates secured the win for Illinois in the 4-H Livestock Judging National Championship held in November in Louisville, KY. Clay is a member of the North Stars 4-H club.



LaSalle County 4-H Federation youth met to coordinate events and vote on preferred special activities. Members made plans for the annual 4-H Awards and Recognition Banquet (participants pictured below) which they help to plan and sponsor.

Along with 4-H community clubs, **new SPIN** (Special Interest) **clubs** are forming throughout LaSalle County. Dimmick School District partnered with 4-H in providing an Entrepreneur SPIN Club and a STEAM-Sewing SPIN Club. LaSalle School District youth participated in the 4-H Adventures Afterschool SPIN Club held at the Illinois Extension Education Center and Community Teaching Kitchen in LaSalle. In addition, Lincoln Junior High is beginning a Junior Chefs and 4-H Cooking SPIN Club. Marseilles School District has started a "4-H Grows Here" Gardening SPIN Club with assistance from Master Gardeners.





The 2018 Marshall-Putnam 4-H Show was held July 16 -20 at the Marshall-Putnam Fairgrounds in Henry. This event is the highlight of the year for Marshall-Putnam 4-H youth. They have the opportunity to exhibit their 4-H projects, work in the food stand, have fun on the fairgrounds with their 4-H friends, and participate in lots of other family-friendly activities.



Rhonda Downey of Putnam County was honored for her service as a 4-H volunteer.



Rhonda was one of 67 volunteers recognized by the Illinois 4-H Foundation as a 4-H Hall of Fame recipient during a ceremony Saturday, August 14, at the Illinois State Fair in Springfield. As a long-time volunteer, Rhonda embodies what 4-H strives to instill in youth and because of her dedication and leadership, the program will continue to create wonderful opportunities for young people in the future. The Illinois 4-H Foundation established the statewide Hall of Fame in 2004 to honor and celebrate extraordinary 4-H alumni, volunteers, and former 4-H staff. Each inductee received a commemorative Hall of Fame medallion.

In 2018 Marshall-Putnam **Master Gardeners presented the program “Seeds to Harvest”** at Putnam County Elementary School and Fieldcrest Intermediate School. This 8-session program covers Planting a Raised Bed, Weed Mats and Importance of Good Soil Combination, Plant ID/Zone Discussion, Good Bugs/Bad Bugs, Mud Pies, Insect and Plant Interactions, Fruit and Veggie Lab, and Harvesting. On the final day participants were able to reap the reward of gardening by eating a salad from their own garden!





The Summer Sizzle Shoot was held in June at the Chillicothe Sportsmen's Club. 4-H members from across the state came to compete in this shoot. Over 100 youth registered to participate in either archery, .22 rifle, air rifle, or shotgun. Illinois Extension serving Bureau, LaSalle, Marshall, and Putnam counties has hosted this event for 6 years, with interest and skill levels increasing every year.



The Marshall-Putnam Shooting Sports Program is running strong, with instructors trained for all 6 disciplines: .22 rifle, air rifle, archery, hunting and wildlife, pistol, and shotgun.



In June, Marshall-Putnam 4-H held a Cooking 101 project day where participants made every recipe that is eligible to be exhibited at the 4-H Show. Participants learned how to measure correctly, how to follow a recipe, and how to clean up when they are finished baking.

Marshall-Putnam 4-H Federation continues to provide leadership to the overall 4-H program in Marshall-Putnam counties. Each year the Marshall-Putnam 4-H Federation awards two scholarships to graduating 4-H members who plan to continue their education at college or a trade school.



Health Rocks!, now in its sixth year in the Henry-Senachwine school district, provides high school students with training in the National 4-H Health Rocks! curriculum. The goal of this program is to reduce youth smoking and tobacco use by helping to build life skills that lead to healthy lifestyle choices.



This year **4-H Tech Wizards** is including students in 4th through 8th grades and using high school mentors from Henry-Senachwine High School. 4-H Tech Wizards is a National 4-H grant-funded program that focuses on peer-to-peer mentoring and STEM education.



King Arthur Flour collaborated with Marshall-Putnam 4-H in June for a Bake for Good Day. The company provides all the flour and yeast along with bread scrapers, packing bags, labels, recipe books, and videos. In addition to baking, participants conducted yeast experiments. The youth packaged their rolls and shared half of them with the Henry Senior Nutrition Site.



On June 19, the Marshall-Putnam River Conservancy District, with the help of the Marshall-Putnam SWCD and the Marshall-Putnam U of I Extension Office, held the annual Conservation Camp at Lake Thunderbird. Grade school-aged kids, along with volunteers and presenters offered a day of fun and learning about nature and conservation. A favorite of the youth is the reptile station. Snakes and other reptiles were held, offering a new experience. This year the youth learned how to make a solar oven, CPR and learned about the native plants in our area from the Extension Master Gardeners.



In a community collaboration with **Illinois Valley Community College's English Language Acquisition (ELA) program**, "Healthier Eating to Reduce the Risk of Diabetes" was offered to ELA students, along with the opportunity to develop cooking skills. Each class made a healthy recipe using fruits and vegetables and measured portion sizes. ELA students increased awareness of diabetes and risk factors, gained knowledge of how to measure food into proper portion sizes, and increased their cooking skill abilities.



Illinois Extension provided regional trainings, collaborating with the LaSalle, Marshall and Putnam Regional Office of Education and the Bureau, Henry, Stark Regional Office of Education. Extension educators Susan Glassman and Kristin Bogdonas led 12 hours of education for school nutrition staff. Training included a variety of topics. School nutrition staff completed food handler training, certifying them for the next three years. Staff indicated in their food handler evaluations that they increased their knowledge of the following topics:

- › Foodborne illness in the United States
- › Proper handwashing procedures
- › Safe thawing methods
- › How to make sanitizing solution
- › How to calibrate a thermometer
- › "More on Nourish to Flourish"
- › "Suggestions to cut down on food waste"



Private Pesticide Applicator Training and Testing

sessions were held to teach applicants to safely handle and apply restricted use pesticides. The Illinois Department of Agriculture provided testing at each of the sessions in 2018.

Travis Meteer, Extension specialist/Commercial Agriculture Beef educator, and beef industry representatives presented topics at a January "**Beef Selection and Reproduction Management**" seminar held at Illinois Valley Community College.



Regional Beef Seminar

Gary Schnitkey, Extension specialist/Farm Management, and Jonathan Coppess, University of Illinois Gardner Agriculture Policy program, presented a "**Farm Outlook and Ag Leasing**" seminar in January at Illinois Valley Community College. This program was held for both landowners and operators who wanted to learn more about crop-share, cash rent, and flexible leases, farm economic outlook and cost centers, price projections, and returns to land. Input for the 2019 Farm Bill and its effect on our area producers and landlords were also covered.

"**A Night of Conservation**" was held at the Bureau County Extension office in February, co-sponsored by Bureau County Farm Bureau, Bureau County Natural Resources Conservation Service (NCRS), Pheasants Forever, and University of Illinois Extension. Presenters were Peggy Doty, Extension educator; Erika Luft, NRCS district conservationist; and Jason Bleich, Pheasants Forever Farm Bill biologist.

Certified Crop Advisors (farm managers and chemical, fertilizer, and seed dealers) were offered 4.5 CEU hours in **Soil and Water Management** at a webinar on February 20.

Russ Higgins, Extension Commercial Agriculture educator and Barry Soliday, Growmark crop protection territory manager, in cooperation with Extension and Marshall-Putnam Farm Bureau, presented a program on **Cover Crop Management and Control of Resistant Weeds** in February for CCA credits.

Topics included the need to promote soil health and improve fertility, erosion control and weed management, increasing organic matter, managing and lessening damage due to resistant weeds, modern tillage practices to improve soil health, identifying resistant weeds, and how up-to-date chemical control can be used against resistant weeds.

Illinois Valley Community College, in coordination with Mark Baron, LaSalle County NRCS district conservationist, LaSalle County Soil and Water Conservation District, and Illinois Extension, hosted a **Soil Health Seminar** in February. Topics included cover cropping, conservation tillage, and modern fertilizer application.



Agronomy Night

Russ Higgins, Extension Commercial Agriculture educator, provided an update on 2017 agronomy research, projects conducted at various University of Illinois research plots throughout the state during the March **Agronomy Night** hosted by Bureau, LaSalle, Marshall, and Putnam counties. Topics included weeds, plant disease, insects and nutrient management as well as current cover crop and soil health projects.

The LaSalle County Extension office hosted a **Soil Testing Workshop**, including CCA credits, in March. Topics included the importance of modern soil tests, types of soil testing available, interpretive test results, how to take an accurate test sample, recommended levels of nutrient availability, pH and its importance, and micronutrients. The workshop was held in cooperation with the LaSalle County Farm Bureau, LaSalle County NRCS, and LaSalle County Soil and Water Conservation District, with presenters Russ Higgins, Illinois Extension Commercial Agriculture educator; Mark Baran, NRCS district conservationist; and Daryle Wragge, Illinois Extension Agriculture program coordinator.



Partnership for Agriculture Education

Illinois Extension, in partnership with Illinois Valley Community College (IVCC) Agriculture, conducted a research field day in September.

Extension Commercial Agriculture educator Russ Higgins focused on the research plot's primary research areas – the soybean planting population trial and the monitoring of the corn rootworm population.



A late summer research field day focused on research results, insect populations, and the spread of corn leaf tar spot. Considerable credit for the success of the program is owed to the cooperation and support of Luke Holly of Granville, who holds the contract to farm IVCC's property.



IVCC tenant farmer Luke Holly, left, and Russ Higgins, Extension Commercial Agriculture Educator, examine one of the rootworm monitoring insect traps at the joint Extension and IVCC research and demonstration plot.



Russ Higgins (second from left) fields questions with Daryle Wragge (left), Reed Wilson (IVCC), and Jerry Corcoran, IVCC president.



Marshall-Putnam Ag in the Classroom (AITC) serves the schools and communities throughout Marshall and Putnam Counties. The program provides classroom presentations and resources for students in grades pre-K through 8th on agricultural topics, coordinates high school FFA teaching experiences in the elementary schools, provides free loan of resources and kits, distributes newsletters for educators, organizes teacher workshops, and participates in education opportunities at community events. During the 2018 school year, AITC reached 1,310 elementary students. In the fall, Pre-K through 5th-grade educators received a program book describing a variety of programs for each grade level. All teachers through 8th grade received a fall newsletter that highlighted project and book grants available. Forty different classrooms participated in programs numerous times throughout the year. AITC programs take on a wide variety of curriculum topics, ranging from math and language arts to social studies and science.



Second-grade students at Midland School delight in holding baby chicks after a successful hatch.



Midland FFA members interacted with 5th-grade students when they conducted the ice cream experiment.



ImAGination Acres is a big draw during the Marshall-Putnam Fair. Children can spend hours immersed in creative play.



Fourth-grade students at Midland School ponder clues to solve the puzzles included in the Soil Breakout Box activity. They had to unlock four locks before the box could be opened.



A meeting for Master Gardener and all Master Naturalist volunteers in Bureau, LaSalle, Marshall, and Putnam counties was held at the new Illinois Extension Education Center and Community Teaching Kitchen located in LaSalle.

Master Gardener and Master Naturalist Four-County Meeting

Master Gardener and Master Naturalist volunteers who had accomplished 5, 10, 15, 20, and 25 years of volunteer service were recognized at the meeting.



Master Gardener volunteer Anna Mattes received a certificate and a pin at the four-county meeting held in October from Extension program coordinator Meg Overocker for 20 years of service.

Master Gardener and Master Naturalist Program Highlights

Twenty-six Master Naturalists in Bureau, LaSalle, Marshall, and Putnam Counties volunteered at community service project sites, contributing a total of 1,234 hours of service units in 2018.

Fifty Master Gardeners in Bureau, LaSalle, Marshall, and Putnam Counties volunteered at community service project sites, contributing a total of 2,076 hours of service units in 2018. This is a total value of \$81,061.



3,310

Volunteer hours provided by local Master Gardeners and Master Naturalists



\$81,061

Value of volunteer time benefiting our counties, communities, and residents



Master Gardeners offer information and their expertise to local residents at area farmers markets throughout the summer. Here, Master Gardeners staff a booth at the Spring Valley Farmers Market in Bureau County.

Poverty Simulation Expands Thinking

On October 5, Illinois Extension hosted The Community Action Poverty Simulation with the Regional Office of Education for LaSalle, Marshall, and Putnam Counties. The poverty simulation breaks down stereotypes by allowing participants to step into the real life situations of others. Being part of the simulation moved people to think about the harsh realities of poverty and the challenges that millions of limited income individuals and families face each day. Both participants and volunteers immersed themselves and reported a better understanding of the obstacles individuals and families encounter just trying to survive while living in poverty. The training was held at University of Illinois Extension Education Center & Community Teaching Kitchen in LaSalle.





4-H club members proudly displayed their "4-H Cooking 101" creations, which included jackpot drop cookies, coffecake and cereal-marshmallow bars.

Smarter Lunchroom Grant Underwrites Training

Special training was offered through collaborations with local Regional Offices of Education for Bureau, LaSalle, Marshall, and Putnam Counties. Training for school nutrition staff was completed on January 4 at the Illinois Extension office in Oglesby and on January 5 at the Bureau County office in Princeton. School nutrition professionals received four hours of continuing education to count towards Illinois State Board of Education's mandatory training time. Training was provided along with resources for school nutrition staff to utilize at their schools. Trainings are scheduled to continue for schools in Bureau, LaSalle, Marshall, and Putnam Counties.



Bureau Valley North Elementary School

4-H Cooking Workshop Expands Skills

Youth participated in a hands-on cooking workshop featuring the project book *4-H Cooking 101*. In the kitchen, youth learned to crack eggs, sift flour, and measure vanilla to create three delicious recipes. Kitchen and food safety was emphasized during the cooking workshop. Skills were learned in choosing healthy foods using the MyPlate program, how to plan meals, and how to meet 4-H exhibit requirements.



Chronic Disease Prevention and Management

Marshall-Putnam County participants completed 12 hours of education at "I on Diabetes" in January and February at the Marshall-Putnam Extension office. Participants learned how to prepare meals, count carbohydrate servings, and decrease risk factors associated with diabetes. Illinois Extension partnered with St. Margaret's Healthcare nurses Kerri Donahue and Deanna Davis, who spoke about medications and performed blood pressure readings for group members.





Community and Economic Development

Each year, county, township, and municipal elected and appointed officials and administrators learn through the **Local Government Education** webinar series.

Participants benefit from the advanced instruction and broad expertise that instructors bring to the programming, as well as from the question-and-answer session following each presentation. Local government officials, including representatives from Bureau, LaSalle, Marshall, and Putnam counties, learned through the live webinars and program recordings on a variety of topics.



For more information visit
<https://web.extension.illinois.edu/lge>

Multi-County Unit Council Members Recognized



Council chairman Chris Dvorak (left) presents a Certificate of Service to Steve Wilson of McNabb/Putnam County (above) and Dennis Bogner of Sparland/Marshall County (below) for four years of dedicated service on the Multi-County Unit Advisory Council for University of Illinois Extension. The volunteer council oversees programs and finances.



Extension Provides Educational Programming to Bureau County and LaSalle County Home & Community Education (H.C.E.) Associations

A variety of research-based **educational programs were provided by Extension educators to members of the Home and Community Education (HCE) Associations** in Bureau and LaSalle Counties. The members then reteach the lessons in their local communities. Topics included Dietary Supplements, Potatoes, Food and Drug Interactions, Create No-Waste Kitchens, Senior Bullying, Color As We Age, Senior Credit Scores, Caregiver Self-Care, Crucial Conversations, Financial Elder Exploitation, and Modern Food Trends.



The LaSalle County Home and Community Education Association board discusses countywide programs.



The Bureau County Home and Community Education Association board plans educational programs for Bureau County.



Helping Illinois Residents Make Healthy Choices Every Day

Illinois Nutrition Education Program (INEP) provides nutrition and wellness outreach throughout the state, engaging communities at multiple levels. INEP's goal is to help participants make healthy living a natural part of their everyday lives through research-driven information on nutrition and physical activity while working towards policy, systems, and environmental change. We are building healthier families and communities with INEP.



Preschool children participate in lessons from the "Color Me Healthy" and "It's Fun to Be Healthy" curricula. Sites include Mendota Head Start, Oglesby Lincoln Preschool, Marseilles Preschool, LaSalle-Peru Head Start, Spring Valley Head Start, JFK Preschool, Neponset Grade School, and Bureau Valley, Wyandot, Ottawa, and Lacon Head Starts.



"FIT TO WORK": In December, guest speaker and army cadet Jacob Hockings works with CATCH Program students at the Illinois Extension Education Center and Community Teaching Kitchen. This program brings professionals who need to be physically fit to perform their job duties to the educational center. A variety of job fields are represented monthly to demonstrate and teach new fitness skills to the students and to discuss the importance of being active.



SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM EDUCATION (SNAP-EDUCATION)

SNAP-Education staff works with Illinois families in need to make the healthier choice an easier choice where they eat, shop, live, play, and learn. Through classes and workshops, and by collaborating with community partners to adopt research-based solutions to encourage healthier nutrition and activity choices, SNAP-Education positively impacts the families and communities we serve.

Serving Local Families



4,812

Total SNAP-Education Participants



44.4%
Adults



55.6%
Youth



12.2% Identified as Hispanic
61.1% Identified as Non-Hispanic
26.7% Unknown

RACE OF PARTICIPANTS

- 61.9% White (2,981)
- 4.9% Black (234)
- 1.4% American Indian or Alaska Native, Asian, or Native Hawaiian or Pacific Islander (66)

Our Community Partners



21
K-12 Schools



7
Youth Centers



8
Early Childhood Centers



1
Stores and Markets



18
Community Centers



5
Food Pantries and Food Banks



Youth Learn About the Importance of Healthy Lifestyles

A new weekly CATCH and SPARK nutrition and fitness program for children ages 8-13 was started for LaSalle Elementary students at the Illinois Extension Education Center and Community Teaching Kitchen in September. This popular program has a focus on healthy lifestyles with both nutrition and fitness education, and it includes a 4-H STEAM component. Other CATCH/SPARK locations include Buda and Neponset. New CATCH sites are at Spring Valley JFK and DePue School; the program at DePue also includes a 4-H STEAM education component.



Illinois Junior Chefs cooking school curriculum for youth ages 8-13 was held at the Illinois Extension Education Center and Community Teaching Kitchen in LaSalle. Teen Teachers from 4-H and Extension staff worked together to provide a fun, engaging program that allows youth to learn about nutrition, healthy recipes and to gain new kitchen skills!



Students from Neponset (above) and Mendota (below) Grade Schools take a break from the busy kitchen during Illinois Junior Chefs Program.



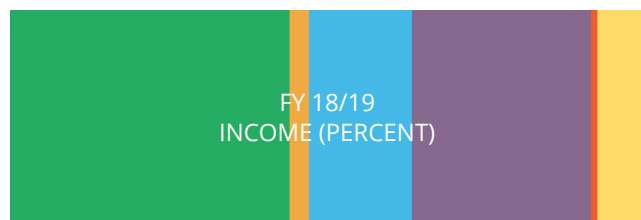
4-H Teen Teacher Samuel Castelli instructed participants during the Illinois Junior Chefs program at the Illinois Extension Education Center and Community Teaching Kitchen in LaSalle.



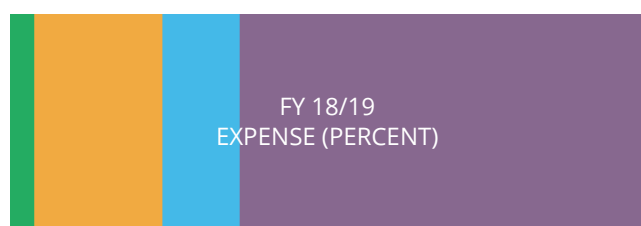
In 2018, University of Illinois Extension brought grants and funding sources totaling \$1,412,969 to provide additional services to residents of Bureau, LaSalle, Marshall, and Putnam counties. These programs and services are available only because of a local University of Illinois Extension presence.



\$1,014,565	Grants & Other Funds
\$325,000	Federal Smith-Lever Funds
\$4,662	Computer Technology Support
\$30,904	General Revenue Funds



44%	Local Donations
3%	State 4-H Premiums
16%	Local Non-Matching Sources
28%	State Matching Funds
1%	Grants in Budget
8%	State General Revenue Funds/IDOA



4%	Travel
20%	Program
12%	Rent
64%	Wages

Note: Due to the lack of an Illinois state budget, Extension's state matching funds were suspended by the State effective July 1, 2015. Emergency funds, local fundraising, and Extension central funding were used to keep core local programs in place. In 2018, a partial match payment was received.

County Extension Director

Jill Guynn

Educators

Breanne Suarez, *Youth Development Educator*

Susan Glassman, *Nutrition and Wellness Educator*

Vicki Gerberich, *Visiting Extension Educator, Family and Consumer Science (SNAP-Ed)*

Program Coordinators

Sherry Todas, *Illinois Nutrition Education Program*

Danielle Saletzki, *4-H and Youth Development, Bureau County*

Toni Pienta, *4-H and Youth Development, LaSalle County*

Anne Scheel, *4-H and Youth Development, Marshall-Putnam Counties*

Jani Kidd, *Illinois Nutrition Education Program*

Diana Lopez, *4-H Latino Program Coordinator*

Community Workers

Tina Pienta, *Illinois Nutrition Education Program*

Mary Beth Ponsetti, *Illinois Nutrition Education Program*

Tim McNally, *Illinois Nutrition Education Program*

Dawn Dove, *Illinois Nutrition Education Program*

Julie Read, *Ag in the Classroom, Marshall-Putnam Counties*

Office Support Specialist

Nikki Van Nielen, *Unit 8 Fiscal*

Office Support Associates

Brooke Welte, *Bureau County*

Barb Krug, *LaSalle County*

Marilyn Smith, *Marshall-Putnam Counties*

Extra Help

Lynn Delaney, *Marketing and Fund Development*

Daryle Wragge, *Agriculture Program Coordinator*

Aaron Lindstrom, *4-H Tech Wizards Program Coordinator*

Bonnie Burkman, *Special Projects*

Meg Overocker, *Unit Extension Program Coordinator*

Multi-county Unit Council Members

Beth Acuncius
Dennis Bogner
Laurie Delgado
Chris Dvorak
John Ehrhardt
Hugo Heredia
Luke Holly
Jeremy Jenkins
Mike Kasap
Francis Morse

Monico Nunez
Lisa Palm
Steve Reichman
Teri Rossman
Brandy Sandberg
David Torres
Steve Tuftie
Lynne Weber
Steve Wilson
Judy Wright



Extension

COLLEGE OF AGRICULTURAL, CONSUMER & ENVIRONMENTAL SCIENCES



OFFICE LOCATIONS

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Illinois Valley Community College
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Bureau County Extension Office
850 Thompson Street
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LaSalle County Extension Office
1689 N. 31st Road
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815-433-0707

Marshall-Putnam Extension Office
509 Front Street
Henry, IL 61537
309-364-2356

University of Illinois Extension Education Center
& Community Teaching Kitchen
944 First Street
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815 250-0372

ONLINE



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Cover photos: (top left) Illinois Junior Chefs learn cooking & food safety at University of Illinois Extension Education Center & Community Teaching Kitchen! (top right) University of Illinois Extension Marshall-Putnam honored their 4-H Members by celebrating a year of hard work, leadership, and dedication to personal growth at their annual 4-H Achievement Night. (bottom left) Bureau County 4-H members proudly display the certificate of completion they earned at the bicycle safety workshop held in May. (bottom right) "The Seasons of 4-H...Winter, Spring, Summer, and Fall, I'm a 4-H'er through it all" was the theme at the 2018 LaSalle County 4-H Show!

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If you need a reasonable accommodation to participate in any program, please contact the county Extension office. The Illinois Nutrition Education Program is funded by the Supplemental Nutrition Assistance Program (SNAP). Issued in furtherance of Cooperative Extension work, Acts of May 8 and June 30, 1914, in cooperation with the US Department of Agriculture by the Director, Cooperative Extension Service, and University of Illinois.