

**February 2019**

# Impacting YOU

"Impacting You"  
is a monthly report  
used to communicate

University of Illinois Extension - Unit 26  
programming impacts to stakeholders.

Dear Valued Stakeholder:

It is my pleasure to present this brief impact report of the programs and events offered to the residents of Franklin, Jackson, Perry, Randolph and Williamson Counties during this past month.

- Lynn Heins, Unit 26 County Extension Director

474

**Total Direct  
Contacts**

(Excluding SNAP-ED)

32

**Total Number  
of Programs &  
Events**

**SNAP-ED**

2,833

**Total Direct  
Contacts**

This federally funded Supplemental Nutrition Assistance Program (SNAP-Ed) is nutrition education provided for SNAP participants and other low-income individuals.

179

**Total Number of  
Programs & Events**

## Our 4-H Youth Aim High in Shooting Sports!

Williamson County Shooting Sports is a SPIN (Special Interest) club that meets regularly to learn and practice shooting sports. Led by Don Elliot and Michael Grey, the program teaches youth Archery (ages 8-18), .22 Rifle (ages 10-18), Air Rifle (ages 8-10), Shotgun (ages 10-18). Through 4-H Shooting Sports, youth learn marksmanship, the safe and responsible use of firearms, the principles of hunting and archery, and much more. The activities of the program and the support of caring adult leaders provide young people with opportunities to develop life skills, self-worth, and conservation ethics.



# Feeding Jackson County through the Mobile Food Market



In partnership with the St. Louis Area Foodbank, University of Illinois Extension is working to increase food access throughout many communities in southern Illinois. Extension first became involved in Mobile Markets in 2017 with Cindy Bauman, 4-H Program Coordinator, working to establish a market with 4H Hunger Ambassadors in Sesser. In 2018, Extension Educator, Toni Kay Wright, was able to work with the Village of Colp and Elkhville's First Baptist Church to bring two additional Mobile Markets to Unit 26. Each month, these markets are reaching between 60—120 families, individually. The dates for the Elkhville Mobile Food Market are listed below. Food distribution begins at 10:30 a.m. and runs until all food is distributed.

- March 25
- April 22
- May (TBD)
- June 24
- July 22
- August 26



## Master Naturalist Training

The 2019 Master Naturalist training is underway! The Master Naturalist Program provides science-based educational opportunities that connect people with nature and help them become engaged environmental stewards. The program is designed to educate and train volunteers to provide support in the conservation, management and interpretation of the area's natural resources. With the help of local experts, University of Illinois Extension provides the educational support for the program while volunteering is typically coordinated through local partners.

University of Illinois Extension  
Franklin|Jackson|Perry|Randolph|Williamson Unit 26  
402 Ava Road, Murphysboro, IL 62966  
(618) 687-1727 | <https://web.extension.illinois.edu/fjprw/>

