

Impacting YOU

"Impacting You"
is a monthly report
used to communicate

University of Illinois Extension - Unit 26
programming impacts to stakeholders.

Dear Valued Stakeholder:

It is my pleasure to present this brief impact report of the programs and events offered to the residents of Franklin, Jackson, Perry, Randolph and Williamson Counties during this past month.

- Lynn Heins, Unit 26 County Extension Director

1,249

**Total Direct
Contacts**

(Excluding SNAP-ED)

27

**Total Number
of Programs &
Events**

SNAP-ED

808

**Total Direct
Contacts**

Federally funded Supplemental Nutrition Assistance Program-Education (SNAP-Ed) is nutrition education provided for SNAP participants and other low-income individuals.

41

**Total Number of
Programs & Events**

Local Growers Learn More about Industrial Hemp

At a recent workshop, local growers learned more about the cultivation, distribution and processing of hemp for fiber, grain and cannabidiol (CBD). Commercial Agriculture Extension Educator Phillip Alberti, who works out of the northwest Extension office in Freeport, drove the length of the state to meet with local growers to share information about this versatile cash crop.

The workshop was the first of three Alberti presented to the southern portion of Illinois as the demand for information on hemp is increasing with the passing of the 2019 hemp bill. During the workshop, Alberti discussed various production systems and planting methods while also addressing issues faced throughout last year's growing season. Those interested can visit go.illinois.edu/hemp for links to industrial hemp rules, regulations and permit applications for the 2020 growing season.



4-H Workshops Keep Local Youth Busy on President's Day



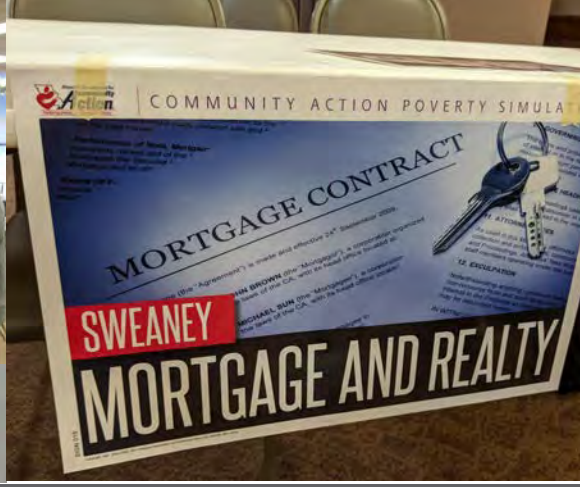
There was plenty to do over President's Day as 4-H hosted several workshops throughout the region. The paint workshop in Williamson County introduced kids to watercolor techniques. Perry County youth created weather instruments and learned more about meteorology from the WSIL TV3 team. In Jackson County, the SIU Aviation program allowed youth to experience a flight simulator and tour hangars that hold planes, jets and helicopters. All counties were also invited to the livestock quiz bowl as they tested their knowledge of feed, species, equipment, and livestock.



Extension Leads Local Educators through Poverty Simulation

Poverty is a reality for many individuals and families. Unless you have experienced poverty, it is difficult to understand.

U of I Extension led a poverty simulation this spring with the Regional Office of Education #21. During the simulation, participants role-played a month in poverty to experience low-income families' lives. The exercise deals with real-life issues such as food insecurity, eviction, lack of transportation or child care. This simulation brings awareness to the struggles these families face so schools and agencies can be a voice to advocate for those in need.



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