

**June 2019**

# Impacting YOU

"Impacting You"  
is a monthly report  
used to communicate  
University of Illinois Extension  
programming impacts to stakeholders.

Dear Valued Stakeholder:

It is my pleasure to present this brief impact report of the programs and events offered to the residents of Franklin, Jackson, Perry, Randolph and Williamson Counties during this past month.

- Lynn Heins, County Director

**1,281**

**Total Direct  
Contacts**  
(Excluding SNAP-Ed)

**27**

**Total Number  
of Programs  
& Events**

**SNAP-Ed**

**158**

**Total Direct  
Contacts**

This federally funded Supplemental Nutrition Assistance Program (SNAP-Ed) is nutrition education provided for SNAP participants and other low-income individuals.

**13**

**Total Number of  
Programs & Events**

## Extension Hosts Summer Twilight Meeting at Dixon Springs



At the Summer Twilight Meeting, Local Foods and Small Farms Extension Educators, Bronwyn Aly and Nathan Johanning, shared information and answered questions on the types of high tunnel structures on-site at the Dixon Springs Ag Center as well as the various production and management practices for multiple crops. Dr. Wenjing Guan, Assistant Professor of Horticulture, from Purdue University discussed her North Central Sustainable Agriculture Research & Education (NC-SARE) funded research project, "Improving Seedless Cucumber Production to Diversify High Tunnel Crops in the North Central Region," including variety selection and grafting of cucumber transplants. Lauren Smith, Natural Resource Conservation Services (NRCS) Soil Conservationist, also gave an update on the Environmental Quality Incentives Program (EQIP), their cost-share program for high-tunnels.



# 4-H General Shows

For local 4-H youth, the general show is their opportunity to demonstrate the knowledge and skills they have gained throughout their time in 4-H as they showcase their general projects. The youth select their projects early in the year in a wide variety of subject areas including cooking, sewing, robotics, visual arts, photography and more!



During the Elkhville Summer Health Fair, participants were able to get a free health screening to check blood pressure, blood sugar, BMI and cholesterol. A variety of local vendors and state agencies were on-hand to answer questions and provide information on nutrition and wellness. Extension had a table set up to share information on nutrition education as well as youth development opportunities. The health fair was held in conjunction with the monthly Mobile Food Market which offers free food distribution courtesy of the St. Louis Area Food Bank.

Extension Partners with Local Agencies to Provide Summer Health Fair



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University of Illinois Extension provides equal opportunities in programs and Employment. If you need a reasonable accommodation to participate in programming, contact your registration office. Early requests are strongly encouraged to allow sufficient time for meeting access needs.