



Fulton County 4-H Newsletter

January/February 2020



Dear 4-H Families:

It's 2020 — Happy New Year! Let's get ready for another great year of 4-H activities and events. Special thanks to all the 4-H clubs that did community service recently. Welcome to all our new 4-H families!



This newsletter contains lots of dates you'll want to know about. If you have steers or other animals that may need to be tattooed, that information is here, plus info on the Clover Clinic Workshop coming up soon. Other upcoming event dates are also included.

Thanks for the great turnout at the 4-H Achievement Program in November. Many deserving 4-H members were honored for their hard work.

This newsletter is one of our ways of communicating with every 4-H family in Fulton County, but it's up to you to read it!!! As always, call us at 547-3711 if we can help you in any way to get more out of 4-H. **Please read this 4-H newsletter!!!**

Visit our website!

<https://extension.illinois.edu/fmpt/4-h-fulton-county>

**Join our facebook group —
Fulton County 4-H**

Janis Blout

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COLLEGE OF AGRICULTURAL, CONSUMER, AND ENVIRONMENTAL SCIENCES

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If you need reasonable accommodation to participate in this program, please call 309-547-3711. Issued in furtherance of Cooperative Extension work, Acts of May 8 and June 30, 1914, in cooperation with the US Department of Agriculture by the Director, Cooperative Extension Service, and University of Illinois.

4-H Party At the YMCA

The 4-H Federation will sponsor a countywide party on Saturday, January 25, at the Canton YMCA, 1325 East Ash. **All 4-H members, leaders, families, and FRIENDS are invited to attend.** Parents are encouraged to attend with their children.

ANY YOUTH ATTENDING WHO DOES NOT HAVE HIS/HER PARENT STAYING MUST HAVE A SIGNED EMERGENCY MEDICAL FORM LEFT AT CHECK-IN. ALL YOUTH ATTENDING MUST TURN IN A SIGNED RISK FORM AT CHECK-IN. See those forms at the end of this newsletter.

The party will start at 6:30 p.m. (**DO NOT ARRIVE EARLY**) and end at 9:30 p.m. Everyone must be picked up by 9:30. Activities will include swimming (7-9 p.m.), volleyball, and board games. Members are encouraged to bring their own board games to play.

There is no charge to attend. However, Federation members ask that you bring money to donate to a local family whose Mom is battling cancer. A donation can will be at the check-in table -- any amount is welcome.

Each club participating should have at least one chaperone present. Each family attending should bring snacks to share with the group. Drinks and the cost of the YMCA will be paid for by 4-H.

Cancelled if weather is bad — call before you come if you are unsure, 338-2543 , or listen to WBYS-AM 1560. Notice would also be posted on the Fulton County 4-H Facebook group.



4-H Clover Clinic — February 15th

See the page in this newsletter — Deadline to sign up is January 24 — that is a firm deadline, no late registrations accepted. Let's get lots of Fulton County kids there again! Website for sign-up and more info is go.illinois.edu/4-HCloverClinic

4-H Federation Meeting

4-H Federation will meet on **Sunday, February 23**, at 2 p.m. at the Extension Office. After the business meeting, snacks and an activity will follow. We will be sewing Christmas stockings and writing Christmas cards that will be sent to the troops next Christmas. Cancelled if weather is bad — call before you come if you are unsure, 547-3711 or 338-2543 , or check our Facebook page.

4-H Enrollments

Check with your leader to make sure you are enrolled in the right projects. May 1, 2020 is the deadline for making changes (except for those livestock production projects which had a January deadline — see the November/December 4-H Newsletter). Young persons may join 4-H at any time of the year, but to show at the 4-H Shows, they must be enrolled at the County Extension Office by May 1st of each year. **To be a 4-H member in this 2019-20 4-H year, youth must be at least 8, and not more than 18, as of 9/1/19.**

Youth must be enrolled either online or on paper to participate in club meetings and activities.

Think Summer and Register For Camp!

Registration for Summer Camp at 4-H Memorial Camp (Monticello) will open February 3. Go online at go.illinois.edu/4Hcamp . Choose from five camp weeks:

June 2-6	July 5-9
June 7-11	July 26-30
June 14-18	

Most spots will be taken by the end of February. If you've always loved camp, but are too old to attend, consider serving as a camp counselor or camp staff member. Applications are available online.

Steer Tattoo and Weigh-In Date

If you want your steer(s) to be eligible for the County Rate of Gain Contest, the Illinois State Fair Junior Show, or the Illinois State Fair Premiere Contest, you must bring your steer(s) to be weighed and tattooed on the following date:

Saturday, February 1, 2020 — At the Fairview Sale Barn, from 8:00-10:00 a.m. (arrival times).

This will be the only steer weigh-in this year in Fulton County. Volunteers from Avon will come over and volunteer at this one instead of hosting one there.

No pre-registration is required, but you must arrive there in the time frame listed.

In the event of extremely severe weather, call 338-2543 that morning, to see if the weigh-in has been postponed. Any cancellation notice would also be given over WBYS AM 1560 and on our Facebook group page.

Steers must be castrated prior to tattooing. If possible, exhibitors should be present during tattooing. Electronic ear tags will also be used. There is no charge for the ear tags.

If you are only weighing in the steer(s) for County Rate of Gain purposes, you don't have to get the tag, but **without the tag, your animal will NOT be eligible to go to State Fair Junior Show — and you CANNOT get the tag later.**

Each livestock member may nominate up to 10 steers for the State Fair Open and Junior Premiere Classes. Junior Premiere Steers are eligible for the Open Premiere Class, if they are properly entered at the time that State Fair Open entries are made. To qualify, carcasses must grade at least low select, have a yield grade lower than 4.0, and weigh 950 pounds or less. To qualify for State Fair, calves must have been born on or after January 1, 2019. They must be owned and personally cared for by the exhibitor since February 1, 2020.

Barrow Weigh-In and Tattooing

Rules For Barrows —

To be eligible for the County Rate-of-Gain Contest or the Illinois State Fair Premiere Contest, your barrow(s) must be weighed and tattooed before they are 35 days old. All pigs must be tattooed by April 15, 2020. Tattooing of barrows is done at the Extension Office, **by appointment only**, and must be done by the deadlines listed. Call 547-3711 to schedule an appointment.

You only have to do this if you are showing in the Rate of Gain class at the Fulton County Fair, or if you are showing Premiere at State Fair.

For State Fair, all barrows must have been farrowed on or after January 1, 2020. For State Fair Premiere Barrows and County Rate of Gain Contest, the farrowing date is on or after February 10, 2020.

Barrows must be castrated and ear-notched prior to tattooing. Both purebred and crossbred pigs are eligible. Each exhibitor may nominate a maximum of 25 barrows at the time of tattooing. Pigs cannot weigh more than the equivalent of 1.0 pounds per day of age when tattooed.

Please read the rules and deadlines carefully, and check the age and weight per day of age to determine when you may need to have your barrows weighed and tattooed.

Weighing and Tattooing Sheep and Meat Goat Wethers

This information will be in the March/April newsletter. If you would like this information sooner, email jblout@illinois.edu to have it sent to you when available.

YQCA and Quality Assurance — Animal Project Information

Beef, Sheep, Swine, Goat, and Dairy Cattle (showing live animals)

New statewide requirement is that members in these projects must complete YQCA – Youth for the Quality Care of Animals.

Must be done every year they are in the project. There are two options –

Youth may attend one in-person training at the Extension Office, which will be offered two or three times in the spring (March/April), one hour long. Dates will be listed in the March/April 4-H Newsletter, plus in a special mailing to livestock members.

- Pre-registration online is required.
- \$3 per person online payment ahead of time is required. If you are unable to pay online, ask the Extension Office for assistance.
- Adults may attend with their kids, but do not register. Adults may not be certified in this by attending, just youth.

or

Youth may take training online individually. <http://yqca.org>

- Cost for this is \$12 per person.

Why?

This program is being adopted as it is the nationally recognized, sanctioned, and accepted certification program for all national shows, and is a great education piece that supports 4-H market animal projects. It is the only quality assurance program accepted by packers that can replace PQA and BQA. It is felt that this is an important educational component to the 4-H projects involved.

Cat, Dog, Horse, Poultry, and Rabbits

If a 4-H member is taking Cat, Dog, Horse, Poultry, or Rabbits – They are required to complete Quality Assurance and Ethics training, one time during their 4-H years. The website for that is – <https://web.extension.illinois.edu/qaec/>

They are exempt from YQCA, as the projects are not food producing or do not have direct or third party access to the commercial food system or food continuum.

Animal Science Posters or Displays at 4-H General Show

For any animal projects -- If a 4-H member is showing a poster or other display (not a live animal) at 4-H General Show, they now do NOT have to do any type of ethics training. They can do it if they want to. It is still a good learning experience.

Fulton County 4-H Offers College Scholarships

Fulton County 4-H announces college scholarships being offered to Fulton County 4-H members.

Several scholarships, in various amounts, will be awarded to county 4-H members at his or her high school graduation or awards program. The scholarships are sponsored by individuals or groups, **and are listed as possibilities, pending funding decisions by the grantors.**

One group of scholarships is given in memory of Hilda Rock, by her family. Mrs. Rock was a 4-H leader in the Cuba area for many years.

The family of Gary Eathington will sponsor a \$500 scholarship to a member pursuing an Animal Science or Agriculture degree, preferably a student attending the University of Illinois. Gary was a 40-year 4-H leader from Avon, who passed away in 2012.

In memory of Roberta Mahr, a devoted former 4-H leader who passed away in 1997, a \$100 scholarship will be awarded to a 4-H member. The Roberta Mahr Memorial Scholarship is sponsored by the Farmington Lucky Clovers 4-H Club.

In memory of Merle L. Jenkins, a dedicated supporter of youth in Fulton County, the \$150 Merle L. Jenkins Agricultural Scholarship is also available, sponsored by his family.

The Virginia Barnard Memorial Scholarship will be given to one student, preferably a Canton High School student majoring in agriculture or home economics, and beginning studies at Spoon River College. This \$500 scholarship will be given as two \$250 payments over a two-year period.

New this year — The \$500 Phillips Scholarship, sponsored by Roger and Cathy Phillips of St. David. Mr. Phillips says 4-H helped him a lot in his youth, and he wants to give back by helping a 4-H member with his/her education.

For each scholarship, the recipient must be a current 4-H member; must also be an achievement member; and must actively participate in 4-H events. The application will include a place for the 4-H member to list accomplishments and career goals. Family financial information is not required.

The scholarships will be given to seniors in high school; therefore, these scholarships can only be received once by individuals.

To receive a 4-H Federation Scholarship Application, contact the Fulton County Extension Office at 547-3711, or stop by. The deadline for submitting an application is May 1, 2020.

IAA Foundation Scholarships

The IAA Foundation provides college scholarships to Illinois Farm Families, Illinois Farm Bureau members, spouses, or their children whose course of study relates to agriculture. Carefully read all the specific requirements on the website before you apply. Apply online before February 1, 2020.

www.iaafoundation.org.

4-H Leaders — Record Forms

Each time you submit enrollment forms, this generates you receiving 4-H record (planning) forms for your members. You receive a “My 4-H Activities” form for each member, then whichever planning sheet is age appropriate, one per project. The age breaks for the planning sheets are 8-11, 12-14, and 15-18. For instance, if a 10-year old member takes five projects, you would receive one “My 4-H Activities” and five planning sheets for this member. It’s up to you to pass them out to the kids and explain what they are used for. These forms should be turned in to you at the end of the 4-H year, but they do not get turned in to our office; only 4-H award applications do, but the information used to prepare them will be mostly found on the record/planning forms. Please distribute these to your members and help them understand how to fill them out.

(continued in next column —)

Horse Knowledge

If you would like information on participating in the Regional or State 4-H Horse Bowl (quiz contest) or 4-H Horse Speaking Contest, or in Horse Judging, call the Extension Office at 547-3711, or email jblout@illinois.edu. We have a 4-H parent who is planning to volunteer to help with these 4-H Horse Project activities this year. Let us know if you're interested!

There are several ways to learn about horses, and you don't even need a horse!

4-H HORSE BOWL: Demonstrate your knowledge of equine related subject matter in a competitive setting where attitudes of friendliness and fairness prevail. The contest operates very similar to scholastic bowls at school. The State 4-H Horse Bowl Contest will be held **Sunday, April 19** at the Education Building on the U of I campus, beginning about 8 a.m. Cost is \$5 per entry or \$25 per team. Learn more @ <https://4h.extension.illinois.edu/events/illinois-4-h-horse-bowl-contest>. You must pre-qualify at a regional contest. Our regional contest is April 4 at Lincoln Land Community College in Springfield. Call the Extension Office at 547-3711 to register.

4-H HIPPOLOGY CONTEST: There are several phases in this horse-related contest: written test, horse judging, station identification, and problem solving. The State 4-H Hippology contest is **Saturday, April 18**, beginning about 8 a.m. at the David Kinley Hall on the U of I campus. Cost is \$5 per person. Learn more @ <https://4h.extension.illinois.edu/events/illinois-4-h-horse-hippology-contest>. You must pre-qualify at a regional contest. Our regional contest is April 4 at Lincoln Land Community College in Springfield. Call the Extension Office at 547-3711 to register.

4-H HORSE SPEAKING CONTEST: 4-H Horse Speaking contests help you gain self-confidence, courage, and persuasiveness; share ideas with others; and develop the ability to speak in public to inform others about horse-related subjects and the 4-H Horse project. Compete in the formal, team, or presentation division. Learn more @ <http://4h.extension.illinois.edu/events/illinois-4-h-horse-speaking-contest>. The state 4-H Horse Speaking Contest is **Saturday, April 18** at the David Kinley Hall on the U of I campus, beginning about 10 a.m. Any 4-H members may participate. No pre-qualifying is needed, but you must register at the Extension Office by mid-March. Cost is \$3 per entry.

Welcome, New 4-H Members!

We are so glad to have a large number of new 4-H members!! Please feel free to call the Extension Office at 547-3711, or email jblout@illinois.edu any time you have questions. Really — any time!

For New Families — What Is This Thing Called a 4-H Show?

In the next two 4-H newsletters will be information on the summer 4-H shows, where members exhibit their projects. These are held on various dates, in various places. The 4-H Show Book will be available around April 1st, which will tell you what you need to exhibit for your project, where, and when. Last year's 4-H Show Book is on our website. It's a good reference, but some things will change, so be sure to look closely at your project requirements in the new book when it comes out. Always feel free to call the Extension Office with questions, 547-3711, or send an email to jblout@illinois.edu.



4-H General Show 2019

Attention — New 4-H Leaders

If you have not already done so, please complete your ANCRA (Abused and Neglected Child Reporting Act) training online, and send your signed certificate to Janis at the Extension Office.

<https://web.extension.illinois.edu/extensionprotection/index.cfm>

Fulton County 4-H Shooting Sports Spring 2020 Session



Fulton County 4-H Shooting Sports is a Special Interest (SPIN) 4-H Club, shorter in duration, and focusing on one subject.

Disciplines:	Age	Cost	Location	Instructors	Dates	Times
Air Rifle Limit of 8 participants	8-18 as of 9/1/19	\$20 yearly 4-H program fee* plus \$10 supply fee	613 West Avenue H, Lewistown	Terry Cremer and Craig Hand	April 19 & 26; May 3, 17, & 31; and June 7 (six sessions)	1:00 p.m. Lasts about one hour
.22 Caliber Pistol Limit of 5 participants	10-18 as of 9/1/19	\$20 yearly 4-H program fee* plus \$10 supply fee	Lee Roy Knuppel farm, east of Canton	Lee Roy Knuppel	April 19 & 26; May 3, 17, & 31; and June 7 (six sessions)	1:00 p.m. Lasts about one hour
Smallbore (.22) Rifle Limit of 5 participants	10-18 as of 9/1/19	\$20 yearly 4-H program fee* plus \$30 supply fee	Lee Roy Knuppel farm, east of Canton	Lee Roy Knuppel	April 19 & 26; May 3, 17, & 31; and June 7 (six sessions)	2:00 p.m. Lasts about one hour
Shotgun Limit of 20 Participants	10-18 as of 9/1/19	\$20 yearly 4-H program fee* plus \$30 supply fee	Jacob's Field, between St. David and Canton	Lonnie Van Pelt and Lee Roy Knuppel	April 19 & 26; May 3, 17, & 31; and June 7 (six sessions)	4:00 p.m. Lasts a little over an hour

*If you pay your 4-H program fee through a 4-H community club, you do not need to pay it again. You would still owe the supply fee.

Mandatory Safety Meeting – April 15, 6:30 p.m. at Fulton County Extension Office. Those who attended a Safety meeting in a previous session for the same discipline are not required to come. If you are enrolling in a new discipline this time, you must attend the safety meeting.

How to register – Enrollment packets will be available on our website, or you may call to have one mailed to you (547-3711), or pick one up in person at the Fulton County Extension Office. You may not enroll online for this; signed forms and payment are required.

Deadline to register – April 14, or earlier if it becomes full. You may sign up for multiple disciplines, as long as they are not at the same time. Spots are filled on a first come, first served basis. Payment and all signed forms must be submitted to reserve a spot. If you need assistance with the fee, contact the Extension Office at 547-3711.

All firearms are provided. The only participants who are allowed to bring their own are the advanced members who have permission from the instructors.

Participants will be given eye and ear protection, which they will be responsible for bringing each time to use. If weather causes cancellations, additional dates will be set.

Instructor Lonnie Van Pelt is willing to visit your 4-H club to tell you more about the 4-H Shooting Sports Program. Call the Extension Office at 547-3711 for contact information.

4-H CALENDAR

January

- 12 Jolly Workers 4-H Club Radio Program, 9:05 a.m., 1560 AM
- 19 Country Kids 4-H Club Radio Program, 9:05 a.m., 1560 AM
- 20 Extension Office closed for Martin Luther King Day
- 25 4-H Party at the YMCA, 6:30-9:30 p.m. -- see article — forms required

February

- 1 Weigh in steers at Fairview Sale Barn, 8-10 a.m. arrival time frame
- 2 Busy Bees 4-H Club Radio Program, 9:05 a.m., 1560 AM
- 15 4-H Clover Clinic at Illinois Central College, East Peoria — registrations due January 24
- 23 Farmington Lucky Clovers 4-H Club Radio Program, 9:05 a.m., 1560 AM
- 23 4-H Federation Meeting, 2 p.m. at the Extension Office

March

- 15 Astoria Pirates 4-H Club Radio Program, 9:05 a.m., 1560 AM
- 29 Countywide 4-H Skating Party at Skateland in Canton, 6-8 p.m.

April

- 15 Mandatory Safety Meeting for 4-H Shooting Sports (see page)
- 24 Chicken & Noodle Fundraising Dinner for Ag In the Classroom,
4:30-7 p.m., Farm Bureau Building

4-H General Show will be Saturday, July 11, at Cuba High School.

The Fulton County Fair is July 20-25.

The Official 4-H Horse Show will be August 1.

The Illinois State Fair is August 13-23.

Our State Fair day for non-livestock projects is August 14.

Extension Office Hours

The Fulton County Extension Office is open Monday through Friday, 8 a.m. to 4:30 p.m. It is closed during the lunch hour, 12 noon to 1 p.m. The answering machine is left on when we are out of the office, or when we are away from the phone. Our office is located in the lower level of the Farm Bureau Building, on the north edge of Lewistown.

If you are a person who needs a reasonable accommodation to participate in any of the listed programs or events, contact Janis Blout at University of Illinois Extension, Fulton County Office, phone 309-547-3711.

Cancellation Notices

If we need to close the office or cancel an activity due to weather, we will make the announcement over WBYS-AM 1560.

We will also post it on our Facebook group page.

Unit 4-H Staff

In our four-county Extension Unit, a team works together to provide 4-H programming. Each county 4-H Program is separate, but all work together on unitwide events and program planning.

Janis Blout, 4-H Program Coordinator, Fulton County
Deb Balagna, Office Support, Fulton County
Joli Pierson, 4-H Program Coordinator, Mason County
Cathy Ludolph, 4-H Program Coordinator, Peoria County
Katharine Girone, 4-H Program Coordinator, Tazewell County
Emily Schoenfelder, 4-H Youth Educator
Judy Schmidt, Metro 4-H Youth Educator
Earl Allen, County Director



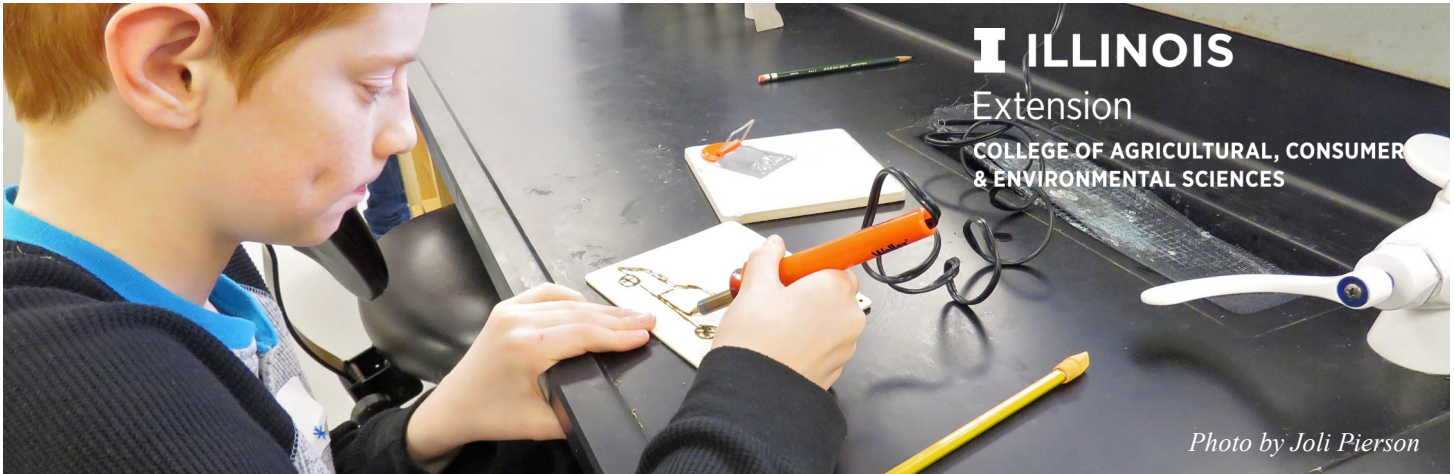
4-H CLOVER CLINIC

go.illinois.edu/4-HCloverClinic

February 15, 2020 ~ 9 a.m. to 2:45 p.m.

Illinois Central College, East Peoria

Hosted by U of I Extension, Fulton-Mason-Peoria-Tazewell Unit



Participants select their class schedule from the following fun, hands-on workshops:

MORNING

- Design a Car
- Explore Mother Nature
- Felt Plushies
- Fleece Pillows
- Fossil Fun: Timeline of Life (10+)
- Fun with Engineering
- Leather Stamping
- Mad Science
- Native American Crafts and Games
- Pen Flowers & Flowerpot
- Pollinator Champions
- Sew Much Fun
- Stone Painting Rocks!
- Take the Stage with Dramatic Arts

AFTERNOON

- Art of Napkin Folding
- Art & Science Journaling
- Create a Bee Hotel
- Creative Cards
- Fabulous Fossils
- Fishing Lures & Sportfishing
- Glass Etching
- Knot Tying
- Leather Stamping
- Power Up—Light (+\$5)
- Putting Art in STEAM
- Slime Time
- Small Engines
- Teambuilding Fun
- What's Up with the Weather (10+)
- Wood Burning

10+ = Age requirement of 10 and older.

+\$5 = extra \$5 fee for supplies

Open to youth ages 8 to 18.

Cost—\$15, includes 4-H drawstring bag

Schedule includes 4 workshops with a lunch break.

Bring a sack lunch.

Register online at

go.illinois.edu/4-HCloverClinic

(deadline January 24)

Classes are filled on a first come, first served basis. Full class descriptions available within the online registration. You must complete a separate registration for each individual child. If registering multiple youth for the same classes (friends, siblings), we encourage you to complete each of their online registrations one right after the other.

4-H Clover Clinic is a large multi-project workshop day for youth ages 8 to 18. This is a great event for 4-H members and youth who are new to 4-H. It is designed to give participants a chance to experience many different project areas. Classes are hands-on and taught by volunteers with expertise in their areas.





4-H CLOVER CLINIC 2020

Register online at go.illinois.edu/4-HCloverClinic (deadline January 24)

NATURE

Art & Science Journaling

Make observations in nature, learn to record them and sketch what you see.

Create a Bee Hotel

Mason bees are important pollinators. Build a home to help bring them to your yard.

Explore Mother Nature

Learn about nature through hands-on exploration (outside weather permitting).

Fabulous Fossils

Look into the ancient world of plants and animals using microscopes and magnifying glasses to look at fossils. Take home your own fossil.

Fishing Lures & Sportfishing

Make your own lure and learn about freshwater fish and their habits.

Knot Tying

Basic survival tips for camping and hiking in the woods along with knot tying basics.

Pollinator Champions

Learn about pollinators, how we can help them, and how to make a waterer. Take home seeds to start pollinator garden.

What's Up with the Weather

Learn what affects the weather with hands-on activities and explore meteorologist careers. *Age requirement of 10 and older.*

SCIENCE & ENGINEERING

Design a Car

Build a car using computerized design tools. Cars will be 3-D printed later & compete on Mar. 14.

Fossil Fun: Timeline of Life

Travel through time to witness the evolution of life in fossils. Hands on exploration of fossils and start your own collection. *Age requirement of 10 and older.*

Fun with Engineering

Learn engineering concepts using a 3-D pen and test engineering design process with fun activities.

Mad Science

Chemistry comes alive with fire and ice demos in the lab.

Putting Art in STEAM

Use your engineering and artistic skills to create your unique project.

Power-Up—Light

Wire and create a mason jar (or other creative shade) hanging light. *Requires an extra \$5 fee.*

Slime Time

Use a little science and a little art to make slime from scratch.

Small Engines

Tear apart and put back together a small engine. Be prepared to get your hands dirty & maybe your clothes.

VISUAL ARTS

Art of Napkin Folding

Make and take folded napkin designs to make every meal fancy.

Creative Cards

Use basic art principles, embellishments, and fun paper to create cards.

Glass Etching Art

Design original art using stickers, tape, and etching cream.

Leather Stamping

Stamp a book mark or wrist band.

Native American Crafts and Games

Learn 2 games and 2 crafts from the first residents of Central Illinois.

Pen Flowers & Flowerpot

Decorate your desk with this fun flowerpot pen holder and creative flower pen.

Stone Painting Rocks!

Paint animals, faces, flowers, or creative design on smooth stones.

Wood Burning Art

Design a bookmark using a wood burning pen.

LEADERSHIP

Teambuilding Fun

Gain ideas and have fun doing games and teambuilding activities led by Peoria Federation members.

SEWING

Sew Much Fun

Use a sewing machine and learn basic sewing skills on a creative project.

Felt Plushies

Create adorable stuffed felt plushies using basic sewing techniques.

Fleece Pillows

Measure, cut, and create a tied fleece pillow.

THEATER ARTS

Take the Stage with Dramatic Arts

Practice doing a theatrical reading as dramatically as possible and perform for an audience the last 10 minutes of class.

Schedule of the Day

Feb. 15, 2020, ICC

9 a.m.—Doors open for registration

9:45 a.m.—Opening

10 a.m.—Workshop #1

11 a.m.—Workshop #2

Noon—Lunch, *Bring a sack lunch.*

12:30 p.m.—Workshop #3

1:30 p.m.—Workshop #4

2:20 p.m.—Closing

Ceremony

2:45 p.m.—Sign out in cafeteria



For youth attending YMCA party whose parent is not staying –
UNIVERSITY OF ILLINOIS EXTENSION 4-H PROGRAM
YOUTH EMERGENCY MEDICAL INFORMATION

EVENT: _____

PARTICIPANT'S NAME: _____

Address: _____

Street	City	State/Zip Code
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Age: _____ Sex: _____ Date of Birth: _____ / _____ / _____

PARENT/GUARDIAN/OTHER EMERGENCY CONTACTS:

Name: _____ Relationship _____

Home Phone: () - Work Phone: () -

Cell Phone: _____ (____) _____ - _____

Address: _____

Street	City	State/Zip Code
_____	_____	_____

Name: _____ Relationship _____

Home Phone: () - Work Phone: () -

Cell Phone: _____ (____) _____ - _____

Address: _____

Street	City	State/Zip Code
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HEALTH INFORMATION STATEMENT

Check below any information you feel staff and/or volunteers may need, to maximize the safety and the well being of the exhibitor or staff member. To the right of the condition statement is space for more information relating to the condition checked. Please be specific. In case of emergency, this health information may be the only source of accurate, important information.

☐ Nervous or Mental (epilepsy, emotional stress, convulsions)

[]	Lung Disease (asthma, persistent cough, tuberculosis)
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[]	Disease of Heart or Blood Vessels, Increased or Abnormal Blood Pressure
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[] Pain in Chest or Shortness of Breath (heart murmur, rheumatic fever) _____

[] Stomach or Intestinal Trouble (ulcers, gall bladder or liver disorder, jaundice, hernia, colitis)

[] Arthritis, Diabetes, Kidney or Bladder Disease

[] Hay Fever or Allergies _____

[] Allergy to Medicines (including penicillin, tetanus)

[] Impaired Sight or Hearing, Chronic Ear Infections _____

[] Recent Surgical Operation, Accidents or Injuries _____

[] Any Infectious Disease _____

[] Skin Disease _____

[] Allergy to Foods _____

[] Currently taking Medicines (list names & doses) _____

[] Medication that needs refrigeration _____

[] Under on-going care of a Physician (NAME & PHONE #) for chronic or recurring problem _____

[] Do you wear glasses? YES [] NO [] SOMETIMES []

[] Do you wear contact lenses? YES [] NO [] SOMETIMES []

[] Date of last TETANUS BOOSTER _____

[] Date of last FLU SHOT _____

[] Significant Orthopedic and/or Neuromuscular Impairment (e.g. loss of limb, spinal cord injury) _____

Primary Care Physician: _____

Clinic/Hospital Affiliation: _____

City: _____ State: _____ Phone: (____) ____ - _____

Health Insurance Provider: _____

Owner's Name: _____ ID/Policy Number: _____

Medical Privacy Statement: *It is the policy of University of Illinois Extension 4-H Youth Development Programs to keep any medical information it may have regarding 4-H Youth Development program participants confidential. However, there may be time in which such medical information will be needed and may need to be shared with others. Examples of sharing might include: providing information to medical personnel in the event of an emergency so that a youth may be treated; providing information to Extension staff or volunteers who are coordinating specific events in the case of a request for reasonable accommodation; and providing information to chaperones or host families who are responsible for the health and safety of program participants at a specific event. Except in the case of emergency, prior to sharing any medical information, it may have with those external to the University, Extension, or 4-H, every effort will be made to get the permission of the program participant or parent or guardian.*

As a parent or guardian, I understand that if a serious illness/injury develops, medical or hospital care will be given. I further understand that in case of serious illness/injury, I will be notified. However, if it is impossible to contact me, I give my permission for emergency treatment, x-ray or surgery, as recommended by an attending physician.

I also understand that any accident insurance in effect (IF PROVIDED) for the event does not cover pre-existing conditions or self-inflicted injuries.

SIGNED:- _____ **DATE:** _____
Parent or Guardian

Revised 7/03

*Issued in furtherance of Cooperative Extension Work, Acts of May 8 and June 30, 1914, in cooperation with the U.S. Department of Agriculture, D. R. Campion, Director, University of Illinois Extension, University of Illinois at Urbana-Champaign. University of Illinois Extension provides equal opportunities in programs and employment. *The 4-H Name and Emblem are Protected Under 18 U.S.C. 707.*

For all youth attending YMCA Party —

Extension Participant/Volunteer

AGREEMENT TO ASSUME RISKS AND FULLY RELEASE ALL CLAIMS

Risks of Extension Activities. I understand that my participation in University of Illinois Extension activities can present risks of physical injury (including death or disability) to me and damage to my personal property. The University of Illinois does not guarantee my personal health or safety or protect me against property loss. Physical injury to me or property damage may result from known or unexpected risks arising from things such as: use of equipment, materials, or facilities; environmental conditions, including poisonous plants, insects, and extreme heat or cold and other weather-related hazards; natural disasters; water activities; transportation; actions of others; animal behaviors; unavailability of immediate or adequate emergency care; infectious diseases; and slips and falls.

Risks of 4-H Equine Activities. Equine (horse, pony, mule, donkey, or hinny) activities present dangerous risks of injury and harm, regardless of the safety measures taken. If a horse or other equine animal is frightened or provoked, I understand that it might ignore its training and act according to its natural survival instincts, which may include actions such as unexpected change of directions or speed; running; sudden movement or stopping; shifting weight; bucking; rearing; kicking; and biting. I understand that **UNDER THE ILLINOIS EQUINE ACTIVITY LIABILITY ACT, EACH PARTICIPANT WHO ENGAGES IN AN EQUINE ACTIVITY EXPRESSLY ASSUMES THE RISK OF ENGAGING IN AND LEGAL RESPONSIBILITY FOR THE INJURY, LOSS, OR DAMAGE TO PERSON OR PROPERTY RESULTING FROM THE RISK OF EQUINE ACTIVITIES.** *Risk of equine activities* means dangers including but not limited to: (1) propensity of an equine to behave in ways that may result in injury, harm or death to persons on or around them; (2) unpredictability of an equine's reaction to sounds, sudden movement, and unfamiliar objects, persons, other animals or other things; (3) certain hazards such as surface and subsurface conditions; (4) collisions with other equines or objects; and (5) the potential of a participant to act in a negligent manner that may contribute to injury, such as failing to maintain control over the animal or not acting within his or her ability.

Risks of 4-H Shooting Sports Activities: Shooting sports involve the use of firearms, live ammunition, or archery equipment. I understand that there are inherent dangers associated with my participation in shooting sports, including observation. The potential dangers include, among other things, gunshot or archery wounds that can result in paralysis or loss of vision, limb, or life.

Assumption of Risks and Release of Claims: In consideration for allowing me to participate in Extension activities, I voluntarily assume all risk of injury and loss that I may sustain or suffer in connection with my participation in the activities described in this Agreement, and I forever and fully release, waive, and discharge all claims, demands, actions, and causes of action, known or unknown, that I have or that may accrue to me in the future ("Claims") against the Board of Trustees of the University of Illinois, its officers, employees, agents, and volunteers (individually a "Releasee") for personal injuries (including death), damage to property, and all liabilities, losses, costs, and expenses (including attorney fees) arising out of or resulting from my participation in Extension activities, including all Claims arising, in whole or in part, from the negligence of any Releasee. This Agreement is binding on my heirs, assigns, and representatives.

Effective Date: This Agreement is effective on the date signed by me ("Effective Date") and replaces any similar agreements previously signed by me as to Extension activities that occur on or after the Effective Date.

PARTICIPANT/VOLUNTEER SIGNATURE: _____ DATE: _____

PRINTED NAME: _____ BIRTHDATE: _____

HOME STREET ADDRESS: _____ CITY: _____

STATE: _____ ZIP: _____ PHONE: _____ EMAIL: _____

IF PARTICIPANT/VOLUNTEER IS UNDER 18 YEARS OLD:

PARENT/LEGAL GUARDIAN SIGNATURE: _____ DATE: _____

PRINTED NAME: _____ PHONE/EMAIL: _____

University of Illinois Extension
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Fulton County Branch Office
15411 N IL 100 Hwy
Lewistown IL 61542
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