

Free Cooking Classes for Kids!



Illinois Nutrition Education Programs is offering a series of kid-friendly cooking classes. Illinois Junior Chefs is a great way for your child to learn basic cooking skills while having fun!



Illinois Extension
UNIVERSITY OF ILLINOIS URBANA-CHAMPAIGN

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Easy to make,
tasty recipes



Tips to stay safe
in the kitchen



Information on
eating healthy

★ Ages 8-13 ★

When: July 25 - 29, 9:30 to 11:30 a.m.

Where: University of Illinois Extension, Fulton County
15411 N. IL 100 Hwy, Lewistown

Register: go.illinois.edu/FCIJC or 309-547-3711

If you need reasonable accommodations to participate in this program, please contact
Elexus Hampton, SNAP-Ed instructor, elexus@illinois.edu