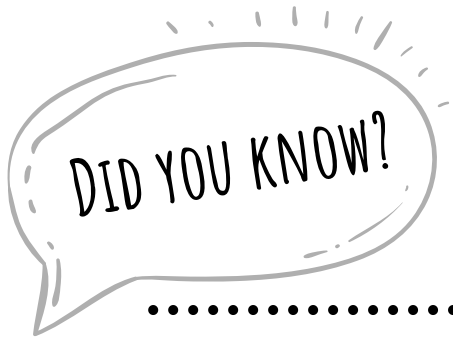


# SEPTEMBER IS HUNGER ACTION MONTH!



**43,310** people are without reliable access to a sufficient quantity of affordable, nutritious food **RIGHT NOW** across our communities.

Source: Feeding America

YOU CAN HELP!

Join in the fight against hunger locally and spread awareness



JOIN THE EVENT, INVITE FRIENDS AND SHARE POSTS

**GO.ILLINOIS.EDU/HAM2022**



This virtual facebook event will share facts about hunger in our communities, highlight local organizations fighting hunger, and give you actionable steps to help in the fight against hunger!





## WHAT IS HUNGER ACTION MONTH?

Hunger Action month was started in 2008 by Feeding America as a way to raise awareness in communities about the existence of hunger and food insecurity.

# FOOD

SHOULDN'T  
BE AN

# IMPOSSIBLE

# CHOICE



2022 TRI-COUNTY  
**HUNGER WALK**  
PEORIA | TAZEWEILL | WOODFORD

Questions or need reasonable accommodations to participate?  
Contact: Rebecca Crumrine  
racrumri@illinois.edu or 309-347-6614.

### WALK ENTRY FEE:

One healthy, shelf-stable food item per walker.  
Donated food will be distributed to a local pantry!

## September 23 | 6 PM

Register for 1 of 3 Locations

**Pekin Lagoon - Tazewell County**  
**Forest Park Nature Center - Peoria County**  
**Black Partridge - Woodford County**

#takestepstoendhunger22

### SCAN ME



## REGISTER TODAY!

[go.illinois.edu/walk2022](https://go.illinois.edu/walk2022)

## HUNGER ACTION DAY IS SEPTEMBER 23!

Wear orange to support the millions in America that are hungry.  
Take a picture, share it on our event page or email your picture to  
Shanita Wallace - swallace@tchd.net, and share it on your own page with #HungerActionMonth!



The mission of the Food Pantry Network - HOI (Heart of Illinois) is to support, connect and provide resources to those working within the charitable food system. This network of community partners strives to help alleviate hunger and build a healthier community. If you are a pantry or food bank in our area, please join us [facebook.com/groups/foodpantrynetworkhoi](https://facebook.com/groups/foodpantrynetworkhoi). If you want to know more about what we do check out our Year in Review Video: [go.illinois.edu/fpn2020](https://go.illinois.edu/fpn2020)

RC 8/22



**Illinois Extension**  
UNIVERSITY OF ILLINOIS URBANA-CHAMPAIGN

This institution is an equal opportunity provider.  
This material was funded by USDA's Supplemental Nutrition Assistance Program - SNAP.  
College of Agricultural, Consumer and Environmental Sciences.  
University of Illinois | United States Department of Agriculture | Local Extension Councils Cooperating.  
Illinois Extension: <https://go.illinois.edu/EatMoveSave>. Illinois at Chicago: <http://cphp.uic.edu>