

Knox County 4-H Hilite

To Make the Best BETTER



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Monday Through Friday 8 am — Noon 1 pm — 4:00 pm

extension.illinois.edu/hkmw

COLLEGE OF AGRICULTURAL, CONSUMER & ENVIRONMENTAL SCIENCES

University of Illinois, U.S. Department of Agriculture,
Local Extension Councils Cooperating
University of Illinois Extension provides equal
opportunities in programs and employment.
If you need a reasonable accommodation to
participate, please contact your local extension office.
Early requests are strongly encouraged to allow
sufficient time for meeting your access needs.

April 2021

Dear 4-H Families and Friends,

We're looking forward to the 2021 season! As Illinois 4-H staff plan for the 2021 show and event season, our top priority will continue to be the safety of all involved, combined with a commitment to creating positive youth development experiences for our 4-H members.

We are preparing to return to in-person events, as long as local conditions, IDPH guidelines, and University of Illinois policy allow.

If current local conditions are conducive to in-person events, the opportunity for face-to-face judging for Knox County will require that all participants, spectators, and volunteers adhere to Illinois 4-H event guidelines. We are counting on our 4-H members, their families, and our staff and volunteers to do their part to help make our upcoming events as safe as possible, whatever format they take.

The following COVID-19 social distancing and safety practices reflect requirements of the Illinois Department of Public Health and University of Illinois event guidelines. These mitigation protocols also may be modified to reflect any requirements of the local public health department based on local conditions at the time of the event.

- 1. Face coverings are required for all youth, spectators, volunteers, and staff when within the defined 4-H event space (inside or outside)
- Everyone in attendance will practice social distancing during the event, including
 maintaining six feet of separation (both indoors and outdoors) from those who are
 not in their households. To allow for social distancing, building and spectator
 capacity may be limited based on current public health department guidelines.
- 3. Handwashing and sanitizing stations will be provided throughout the venue.
- 4. Anyone who has experienced COVID-19 symptoms within the previous seven days is asked to stay home. COVID-19 symptoms include fever, cough, loss of taste or smell, or shortness of breath.

If any of these guidelines presents a challenge for you, please contact us directly at 309-342-5108. We are happy to discuss what accommodations are possible so that we can look for ways that all youth can safely participate in this event.

As excited as we are about the possibility of stepping back into face-to-face judging, we also recognize that this is a continually evolving situation. Illinois 4-H reserves the right to adjust or cancel events in the case of identified risk, such as changes in local COVID conditions or known instances of non-compliance with safety guidelines.

We truly are stronger together. With your help, we look forward to a safe and successful summer!

Yours in 4-H, Nicole, Julian, Shelby, and Lisa

States 4-H International Exchange

Host an international student: Host a Japanese youth this summer through 4-H International! Expand your family's cultural understanding, learn about new foods and customs, and possibly learn a new language all while sharing your own. Your children will build lifelong friendships and will gain new perspectives on their own country too! SCHEDULE: Hosting takes place mid-July through mid-August.

REQUIREMENTS:

- Families hosting a youth must have a child the same gender and approximate age (12-18) as the incoming youth.
- · Youth must have a separate bed; a separate room is not required.
- Host family selection is dependent on completion of an application and screening process, as well as student availability and personality compatibility.

RECRUITMENT PERIOD: January- May or until all placements are made **Apply Today** https://www.states4hexchange.org/apply/host/



Travel abroad with 4-H

Start planning now for a trip in 2022. Are you curious about daily life, culture, and youth programs in other countries? Travel abroad with 4-H and experience foreign countries for a month-long cultural immersion experience. Delegates live with volunteer host families and engage in experiential learning about a new way of life.

TRAVEL PERIOD: 4 –8 weeks (dates vary by program June-August)

REQUIREMENTS: Youth ages 12-18 (some programs 15-18)

Cost: \$2700-5000* Based on previous years (price varies by year, program and length of stay)

RECRUITMENT PERIOD: September-November

https://www.states4hexchange.org/apply/go-abroad/

Costa Rica · Japan · Korea · Norway · Finland · Romania · Taiwan · Argentina *Country availability changes each year

For more information, visit https://www.states4hexchange.org/ or contact us by email: Miriam Rosenbohm at rosenbohm07@comcast.net or Elisha Hughes at ehugh2@illinois.edu https://www.facebook.com/illinoisstates4hexchange/ Instagram @states4hinternatonal



STEM

Robotics: Use robotics to tell your story in the 2021 Illinois 4-H State Robotics Challenge! This year's team-based challenge will be virtual, and each submission will be evaluated on Story, Table Performance, and Technical/Design during summer judging sessions with winners announced at a Virtual Awards Ceremony on July 2nd.

Register now through April 30: https://go.illinois.edu/4HR2021 For details about the challenge, and other FAQs head here: https://go.illinois.edu/2021CHALLENGE

SHOOTING SPORTS

4-H Shooting Sports Adult Certification Field Day Trainings

Two 4-H leader certification trainings are scheduled for June and July. Shotgun, Rifle, Archery, Pistol, Hunting/Outdoor Skills, and Coordinator disciplines offered. These are one-day only!

- June 5, 2021 at 4-H Memorial Camp, Monticello, IL (central IL)
- July 24, 2021 at Gardner Camp, Hull, IL (western IL)

Contact Julian Inniss, 4-H SPIN Program Coordinator, for registration information, 309/342-5108 or email jinniss@illinois.edu

https://4h.extension.illinois.edu/programs/shooting-sports/4-h-shooting-sports-volunteers



4-H Memorial Camp, Family Camp Retreats!

We are excited to announce 4-H Memorial Camp will be hosting 3 day/2 night Family Camp Retreats this summer! We have 32 cabins available with a maximum of 160 participants per session.

Each family will stay in their own cabin. 4-H Camp summer program staff will run camp activities. Activity sign-up sheets will be available after arrival to help ensure we stay under the maximum allowable numbers.

Meals will be served family style. Each family will have their own table and outside dining will be available and encouraged. COVID testing will be required for all participants and will be administered by University of Illinois employees prior to entry. Negative results for every participant in your family is required prior to entry.

At least one youth participant per family must be between the ages of 5 and 18. Some camp activities are geared for those 8 years and older but we have many activities for all ages. At least one parent/guardian must stay with their campers during Family Camp. The camp must have at least 25 families/100 participants in order to be held. If camp is cancelled due to lack of registrations a full refund will be issued. Participants will enjoy plenty of space at this 250 acre camp, a private 16 acre lake full of hungry fish, hiking trails, cabins, and a large dining hall. Registration is available online at https://go.illinois.edu/2021familycamp



INTERESTED IN SHARING YOUR 4-H STORY?

Interested in sharing your 4-H story for a 4-H Alumni profile? We are seeking 4-H alumni to share their 4-H story to be highlighted on our social media accounts for a "Member Monday" 4-H profile! Feel free to share your 4-H Story today!

ILLINI SUMMER ACADEMIES

The Illini Summer Academies will be virtual this summer! With the recent risks of COVID 19, Illinois 4-H is bringing the University of Illinois campus to our youth across the state! **Registrations open on Wednesday, February 17, 2021.** Register at: http://go.illinois.edu/illini4h We provide partial funding for Knox members! Contact Nicole for the coupon code.





CELEBRATE TEENS IN YOUR COMMUNITY WITH \$5K

We're proud to join the Invisalign® brand in their search for 100 deserving teens dedicated to making a difference in their communities to be recognized as Invisalign® ChangeMakers!

Each of these teens will be celebrated at a virtual event and awarded \$5,000 cash to fund their service projects or help support their educational

or personal goals. Help us celebrate those making a difference by sharing with the teens and parents in your life!

All teens ages 13 – 19 can apply now through March 31, 2021 by sharing how they're creating positive change in their communities, schools and world.

Apply here: https://invischangemakers.smapply.io/prog/invisalign-changemakers/

New 4-H Bass Fishing SPIN Club curriculum ready to go!

Your local 4-H program is looking for volunteers to lead a Bass Fishing SPIN club! If you know someone you think would be a good fit, share their name with Nicole or have them contact us at the office. This SPIN club focuses on the new Illinois Bass Fishing Curriculum and is geared toward youth in Jr. High. Volunteers must be secured before a club can be formed.



Know someone who wants to volunteer in a different area? We want to talk to them too! Share their contact information with Nicole or have them contact us at the office.

VOLUNTEER OPPORTUNITIES

Illinois 4-H Making a difference

Inviting 4-H members and clubs to be part of the 2021 True Leaders in Service: National 4-H Day of Service event on April 24th as they support the people around them and the communities they live in! Use the link below to find out about two opportunities to join statewide efforts to advocate for others, making a difference in your community!

Registration opens 3/18:

https://web.extension.illinois.edu/registration/default.cfm?RegistrationID=23183

4-H Volunteer Training Opportunity – Thursday, April 22, 2021; 7 PM

Join this training on the Illinois 4-H Cloverbud program to learn how to support 4-H learning experiences for youth in the 5-7 year age group. Cloverbuds is an exciting entry point to 4-H for youth you don't want to miss! Use this link to find out more about this training and to register: Registration opens 3/17:

https://web.extension.illinois.edu/registration/default.cfm?RegistrationID=23352



Use the link below to register (registration opens 3/18):

https://web.extension.illinois.edu/registration/default.cfm?RegistrationID=22738

Remember – 4-H volunteers and members in leadership roles who participate in 75% (3 of the 4) Volunteer Café Conversations will receive their very own limited edition 4-H Volunteer Café Conversations Ceramic mug!

National Day of Service

Join 4-Hers across the country in the 2021 National 4-H Day of Service on April 24th. Use the link below to find out about two opportunities to join statewide efforts to advocate for others, making a difference in your community! https://web.extension.illinois.edu/registration/default.cfm?RegistrationID=23183

Federation will be hosting our County Service Event cleaning up the Knox County Fairgrounds on May 2 at 2 pm.

Volunteer Appreciation Week

Did you know that April 18-24 is National Volunteer Week? In 4-H, volunteers are central to what we do. Join us in thanking our volunteers for all they do by reaching out and sharing what they mean to you. Knox County 4-H is lucky to have volunteers serve as club leaders, superintendents, fair judges and assistants, workshop leaders, advisory council members, and more! Thank you for all you do.

Are you Fair Ready?

Your 4-H team is busy working to plan the 2021 4-H Fair in a way that is safe for all participants and volunteers. We need you to do your part to make sure you are ready for fair. Remember that all members should have attended 4 meetings to be eligible to show at the 4-H show. If you are short on meetings, check out the virtual meeting option on page 5. You must also have given a talk or demonstration, although some clubs might have additional requirements. Think you are going to struggle to meet these requirements? Reach out to Beth to form a plan!

Knox County 4-H Fair

We are currently working on the details for our Shows and Showbook. We want to help you plan ahead in case our 4-H families need to request time off of work or want to invite family and friends to the fair. Locations and method of shows will be determined using the most up to date COVID-19 restrictions and guidelines. Please mark these **tentative** dates on your calendar(s):

- Public Presentations & Food Demonstrations—March 25
- Dog Show—June 12
- General Show & Clothing Show NEW THIS YEAR—Saturday, July 10
- Fair Week—July 11—14; tentative additional dates July 15 & 16 if show needs to be spread out
- Horse Show—Sunday, July 17

I PLEDGE...MY HEALTH TO BETTER LIVING

ILLINOIS 4-H







VOLUNTEER DEVELOPMENT

Our Day at the State Fair

Mark your calendars Knox County's day to exhibit General Show projects at the Illinois State Fair is **Sunday**, August 15. To help plan ahead we are sharing that parking passes for the State Fair will NOT be available to purchase ahead of time in our offices. This is to help mainstream the parking process on the fairgrounds.

Youth for the Quality Care of Animals (YQCA)

4-H members enrolled in dairy cattle, beef cattle, swine, sheep, and goats must completed their annual YQCA training either on-line at yqca.org (\$12) or at an in-person training (\$3) by May 1. Find registration instructions here https:// go.illinois.edu/YQCA-register-instructions. In-person trainings are scheduled as follows and subject to change pending weather and COVID status. Details will be confirmed a week before the training. In-person trainings will be held at Knox Agri Center Meeting Room: April 12

QAEC training is required for members enrolled in cat, dog, horse, poultry, and rabbit. This training must be completed once in a members career. Training must be completed by May 1. https://web.extension.illinois.edu/qaec/

Dog Show & Obedience Orientation

If you are registered for a 4-H dog project and would like to participate in the 2021 Knox County Dog Show, then you must attend the Dog Obedience Orientation event on Wednesday, March 31 at 7:30 pm at the Knox County Agri Center, 180 S. Soangetaha Rd. Galesburg. You just need to bring yourself and your parent, no dogs. Members and one parent or guardian only please! Masks and social distancing are required.



Project Manuals

If you need to order a project manual, don't delay! Request any project manuals you may need at go.illinois.edu/ pubsrequest.



Science Saturdays

If it is Science and STEM that interest you or if you ever wonder how things happen., check out this YouTube video series created by 4- H Robotic Volunteer and WIU Physic department Chair, Dr. Kapale. This STEM series is created for youth to explore the awesome world of science. All the Science Saturday episodes are on the YouTube channel under Playlists, "Virtual Science Saturday." http://bit.ly/WIUPhysicsYoutube

Federation Meeting

The purpose of the 4-H Federation is to cooperate with the University of Illinois Extension 4-H program in unifying and strengthening the 4-H Youth Development program in Knox County. Federation bands together the local 4-H clubs into a central representative body for the improvement of the 4-H club program. Federation makes recommendations regarding the 4-H program, carries out unit-based 4-H activities and events such as camps, contests, fund-raising activities, recreational events and achievement night. Anyone interested in becoming a part of Federation is welcome! Please contact Beth for more information; 309-342-5108 or email nenelso2@illinois.edu.

Our next meeting with be on Sunday, April 18 @ 5 pm. Contact Nicole for Zoom link.

Registering for Events:

4-H has so many opportunities for its members to take part in. Did you know the local extension office will help cover the cost of state conferences and events? It's true! Make sure you follow the correct procedure so you don't miss out on any opportunities. The Extension office will cover half of the fee up to a total of \$300 per year per member. The local 4-H Foundation may choose to cover more of the cost. *Contact your local program coordinator and let them know what event you are interested in attending.

Virtual 4-H Meeting Options

Some of you may not be comfortable meeting in person. Some clubs may not be able to offer a virtual option. That's okay! Our office will be offering a virtual meeting option if you are unable to meet with your club virtually or in person. Our next meeting will be Tuesday, April 20th at 5:30 p.m. Email Shelby at srcarls2@illinois.edu to for more information or to get the meeting



SCHOLARSHIPS

Here's help to pay for college

DON TEEL SCHOLARSHIP

Applicants must have a home address within Knox County and be a past or present 4-H member. They must be enrolled as a full time student in a university or community college with a declared agriculture or related course of study. An applicant may only be awarded this scholarship once. Completed applications must be received no later than **April 1**. Submit completed applications to: Knox County Farm Bureau, 180 S. Soangetaha Road Galesburg, IL 61401, (309) 342-2036. Application can be found at https://extension.illinois.edu/hkmw/4-h-knox-county under "Resources"

KNOX COUNTY SWCD - MAX AND FRANCES SANFORD MEMORIAL SCHOLARSHIP

Applicants must be Knox County residents enrolled or planning to enroll in an Agricultural or Environmental related program. Applications are due **April 1** and can be found at https://knoxcountyilswcd.wixsite.com/knox/about

KCAHCE EDUCATIONAL SCHOLARSHIP

This **\$500** scholarship is designed to be awarded to Knox County 4-H Members, relatives of KCAHCE members (past and present), or KCAHCE members who are attending college. Applications must be submitted to the Knox County 4-H and Extension Foundation, 180 S. Soangetaha Road, Suite 108, Galesburg, IL 61401 by **April 15** each year. Past recipients of this scholarship are not eligible to reapply. Application can be found at https://extension.illinois.edu/hkmw/4-h-knox-county under "Resources"

GROWMARK FOUNDATION SCHOLARSHIP

The GROWMARK Foundation will provide 15 \$1500 scholarships to students pursuing agriculture-related degrees or certificates at colleges, universities, or technical schools in the United States and Ontario, Canada. Applications are due by midnight (Central Time) on **April 15**, 2021. Scholarship recipients will be notified by July 1, 2021. Please direct questions to Karen Jones, 309-557-6184 or kjones@growmark.com. Application can be found at https://form.jotform.com/210104555232138

KNOX COUNTY 4-H AND EXTENSION FOUNDATION SCHOLARSHIP

The Knox County 4-H and Extension Foundation offers scholarships each year to incoming freshman and sophomores attending a university, college, junior college, or technical school Criteria for selection will be achievements and leadership in 4-H, community service, academic record and usage of scholarship. Applications must be submitted to the Knox County 4-H and Extension Foundation, 180 S. Soangetaha Road, Suite 108, Galesburg, IL 61401 by May 14 each year. Past recipients of this scholarship are not eligible to reapply. Application can be found at https://extension.illinois.edu/hkmw/4-h-knox-county under "Resources"



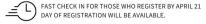




SATURDAY, APRIL 24, 2021
AT THE 4-H CENTER, 3028 W JACKSON ST, MACOMB, IL
REGISTRATION BEGINS AT 8 A.M.
CONTEST WILL START AT 9 A.M.

CONTEST OPEN TO 4-H MEMBERS ONLY
JUNIOR DIVISION ~ UNDER 14 AS OF 1/1/21
SENIOR DIVISION ~ 14 & OLDER AS OF 1/1/21

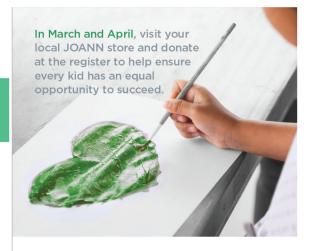
REGISTER ONLINE AT HTTPS://GO.ILLINOIS.EDU/WIU



\$5 PER CONTESTANT OR \$20 PER TEAM OF 4
PAYEMNT DUE AT CONTEST



For additional information, please contact: McDonough County Extension Office at (309)837-3939, or email Beth Chatterton at chattert@illinois.edu









Robotics

FIRST LEGO League

2020-2021 FIRST Lego League—Local 4H members just competed in the 2020-2021 FIRST Lego League robotics competition. Robostorm Team 3620 includes junior high students from Knoxville and Alwood. Two new members joined the team this year. This season focused on the world of sports and fitness. For their Innovation Project, the team researched and designed a 3-dimensional treadmill for use with virtual reality systems.

Due to COVID-19 restrictions, all meetings and competitions were remote or virtual this season. While difficult, this provided new opportunities for learning,. Team members gained valuable experience in working on complicated tasks while being unable to physically be together. Since all competitions were virtual, learning about creating and editing video was very important. While challenging, the team still had fun and learned a lot. They look forward to another exciting (but hopefully more normal) challenge next year.

FIRST Tech Challenge

The 2020-2021 FIRST robotics season has been very different this year due to the pandemic. Our team has been meeting and competing virtually. There were 95 teams this season in the State of Illinois. We usually have 3 meets, but this year there were 4 meets in case a team was unable to compete due to being quarantined. Our first meet was held in November and our highest score was 163 and we were ranked ninth in the State of Illinois. December meet high score 192 we were ranked 10th in the State. January meet high score 192 we were ranked 10th in the State. February meet high score 223 we were ranked 11th in the State. We entered our qualifier in 11th place in the State and 4th place in Downstate Illinois Qualifier. At our qualifier our high score was 232. We won the Motivate Award and 4th place team overall to move onto the State Competition which is March 21st - March 27th. We are proud of this team for taking on the difficult and challenging ways of meeting, practicing and competing and still making it to State. At State we will be competing with 29 other teams. The World's Competition has already been cancelled for 2021. Our team also nominated Justin Betz as a Dean's List Semi-Finalist. Justin will find out at the awards ceremony on Sunday, March 28th at 1:00 p.m. if he is one of four to represent the State of Illinois. Thank you to you, Knox County 4-H and the University of Illinois Extension for all you do to help our team.

Carl Sandburg College (CSC) Community Garden 2021

Located at the entrance to CSC on Tom L Wilson Blvd and S Lake Storey Rd, Galesburg.

WHO: People who want to learn how to grow vegetables; People who want to experiment with growing new plants; People who want to learn how to harvest, prepare & enjoy fresh vegetables; People who want to grow food for themselves and to donate to others. People who want to enjoy the group's companionship and efforts to provide fresh food to the community. People who like to be outside and work the soil but may not have the land or space.

The Carl Sandburg College Community Garden is the place to join in learning and growing.

All ages, Individuals, Families, or Groups are welcome to join the CSC Community Garden Team of University of IL Extension Master Gardeners in the 2021 growing season. Master gardeners will be present at each regular scheduled workday. There will be NO garden work on days it is raining or storming.

NEW WAYS TO BE INVOLVED:

ADOPT-a- PLOT: grow what you'd like to eat or learn to cook. The choice is yours. Ex: Pizza Garden- veggies used on a pizza like tomatoes, onions, garlic and basil. Ex: THREE SISTERS plot- the 3 food plants traditionally grown together of the indigenous people of our area hundreds of years ago. Corn, squash and beans.

ADOPT-a-PLANT: Experiment with a new vegetable, learn how big the plant might grow, how to care for it with help from the CSC MG TEAM, how to harvest it and delicious ways to prepare it.

EX: Can peanuts grow here? Does fresh spinach or fresh kale really taste different from what is available in a store?

All ages are welcome to join the team of volunteers growing Fresh Food. Youth under 16 will need chaperoning adults present. Contact Wendy at 309-342-5108 to join others INTERESTED in Adopt-a-Plot/Plant OR to request a specific plant to be grown by April 20, 2021.

Dates to Remember

March 31 Dog Obedience Orientation Meeting April 1 **DEADLINE: Don Teel Scholarship**

April 1 **DEADLINE: Knox County SWCD Scholarship**

April 12 YQCA In-Person Training

April 15 **DEADLINE: KCAHCE Scholarship**

April 15 DEADLINE: GROWMARK Foundation Scholarship

April 18 **Federation Meeting**

April 24 State Horse Judging (virtual) April 24 & 25 Youth Livestock Conference April 25 True Leaders In Service Day **DEADLINE: Horse Paperwork** May 1 **DEADLINE: YQCA/QAEC** May 1 May 2 Fairgrounds Cleanup Day

DEADLINE: Extension Foundation Scholarship May 14

May 20 Virtual Volunteer Café Conversations

June 1 **DEADLINE: Dog Paperwork**

June 4 State 4-H Livestock Judging Contest

4-H Shooting Sports Leader Training at 4-H Memorial Camp June 5

State Public Speaking Contest June 5 June 7 **DEADLINE: FairEntry Registration**

Tentative—Dog Show June 12

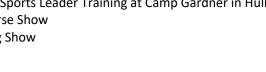
June 27 - July 1 Illini Summer Academies (Virtual) Tentative-General & Clothing Show July 10 July 11-16 Tentative-Knox County 4-H Fair

July 11- 23, 2021 Discovering STEM in ACES is a two-week virtual experience

July 17 **Tentative-Horse Show**

July 24 4-H Shooting Sports Leader Training at Camp Gardner in Hull

July 25 – August 1 ISF Junior Horse Show State 4-H Dog Show August 28



Please submit all Farmer's Forecast articles and JPG photos to nenelso2@illinois.edu. Articles are due no later than the 26th of the month at 11:59 PM. Need Ideas about what to write? Just ask!

January: Henderson Aggies February: Knox County Power Clovers March: Rio Livestock

April: Rising Clovers May: Rusty Spurs June: Union

July: Victoria Cloverleaf **August:** Walnut Grove Progressors September: Wataga Trailblazers October: Williamsfield T&C **November:** Willing Workers **December:** Backcountry Braves

Club Report Submissions are due by the 26th of each month by 11:59 PM to Nicole, nenelso2@illinois.edu Please keep your submissions to a maximum of 200 words to ensure space for all club reports.

Delong Livestock Report by Dylan Nimrick The February meeting of the Delong Livestock 4-H club was held at 6pm via Zoom on Sunday, February 14th. 17 members were present. The only old business was a federation report. President Jack Link shared new business from the highlight with us. Our club has a goal to collect 350 diapers for the diaper drive. We had talks and demonstrations given by Drake Nimrick, Wayne Beardsley, Aubrey Beardsley and Ciara Shreeves. The meeting was adjourned at 6:22 pm.









Free to Good Home!

First come, first serve!

Call us at 309-342-5108

Entomology Case & Accessories