



Illinois Extension
UNIVERSITY OF ILLINOIS URBANA-CHAMPAIGN

Henderson & Warren County 4-H Clover

October 2020

To Make the Best BETTER



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Dear 4-H Families and Friends,

Happy National 4-H Week! We can't wait to celebrate 4-H across the nation during the week of October 4-10, 2020. This year's theme is "Opportunity4All" and I can't think of a better description of what 4-H aspires to offer every day. I want to challenge each of you to tell at least one person your 4-H story! Think about how you got involved, what friends you have made, what you have learned, and more. This year National 4-H Week might look a little different. Follow along on social media and join our At-Home Window Display movement. Everyone will be finding four leaf clovers this month!

As we move into a new 4-H year, take time to celebrate your successes this past 4-H year and identify goals for this year. Have fun during your celebration and let's work together to build a better world.

In 4-H, health is one of our top priorities, it is one of the 4 "H"s after all! On page 5 you will see some of the guidelines clubs and members must follow when meeting to help minimize the risk of spreading COVID-19. Please follow directions given by club leaders and reach out to me at srcarls2@illinois.edu if you have any safety concerns.

Yours in 4-H,

Shelby R. Carlson

Virtual 4-H Meeting Options

Some of you may not be comfortable meeting in person. Some clubs may not be able to offer a virtual option. That's okay! Our office will be offering a virtual meeting option if you are unable to meet with your club virtually or in person.

Our first meetings will be **Tuesday, October 13 at 5:30.**
Email Shelby at srcarls2@illinois.edu to for more information or to get the meeting link.





National 4-H Week is our time to tell the world about 4-H. This year's theme is **Opportunity4ALL**. We are lifting up youth voices and helping kids get equal access to the resources they need to thrive. You are encouraged to find ways to celebrate October 4 -10. Use the hashtag **#Opportunity4All** or **#National4HWeek** as you share your 4-H activities on social media. We will be sharing more information in the coming weeks on Facebook so be sure to follow up to stay up to date.

At-Home Window Display

The Window Display and Cookie Jar Decorating Contests are cancelled this year due to COVID-19. To keep with the spirit of National 4-H Week and spread the word about 4-H, we are doing At-Home Window Displays this year! Print off your own At-Home Window Display kit or break out your art supplies and decorate a window at home for your neighbors to see and enjoy. Don't have a printer at home? Call the Extension Office and request we mail you a copy of the At-Home Window Display kit.

Get your kit at: <https://go.illinois.edu/WindowDisplay>

National 4-H Week Schedule

Sunday, October 4: Service Project Sunday—Do something nice for a neighbor or family member.

Monday, October 5: Member Monday—Showcase that you are a member of 4-H!

Tuesday, October 6: Tell Your Story Tuesday—Share your 4-H story!

Wednesday, October 7: 4-H Spirit Day—Show your 4-H spirit! Wear your favorite 4-H shirt or green.

Thursday, October 8: Throwback Thursday—Share how you have grown in 4-H.

Friday, October 9: 4-H Favorite Project Friday—Share your favorite 4-H project!

Saturday, October 10: Shout Out Saturday—Thank someone who supported you in 4-H!

Show us how you celebrate National 4-H Week and share on social media using the hashtag **#Opportunity4All** or **#National4HWeek**. Tag **@Henderson County 4-H** or **@Warren County 4-H** on Facebook or **@4H_HKMW** on Instagram.

Navigating Mental Health Series

YOUR THOUGHTS MATTER

Register by October 2 at

[https://go.illinois.edu/
YourThoughts](https://go.illinois.edu/YourThoughts)

October 5, 12, 19, 26
and November 2 and 9
3:15p.m-4:15 p.m.
via Zoom

Topics to be Discussed:

- What is mental health?
- Mental health behaviors and disorders
- The stigma surrounding mental health
- Self-help and resources

Contact Shelby Carlson at srcarls2@illinois.edu or
Tessa Hobbs-Curley at tessa@illinois.edu with questions.

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Early requests are strongly encouraged to allow sufficient time for meeting your access needs.

Share Your Story – True Leaders in Service

4-H members and clubs have continued to demonstrate they are **True Leaders in Service**, as they have worked independently to support both their personal and club goals of making a difference in their community by focusing their energies on the 4th “H” and pledge their HANDS to larger service! Illinois 4-H members and clubs have demonstrated how to **Make the Best Better**, during the COVID-19 crisis by developing plans and taking action collecting and donating food to stock shelves at local food pantries; reaching out to vulnerable populations who may not have family members close to pick up needed supplies; and by making hundreds of face masks to distribute to medical facilities; local businesses; and in communities.

If you did not register your plan for serve outreach, please use this link to share what your plan <https://4h.extension.illinois.edu/clubs>. Be sure to also follow-up and report what you accomplished through your service project. The accomplishments of both individual members and clubs will be highlighted on the Illinois 4-H Website so make sure you go use the reporting link located in the middle of the page where it says, **CLICK HERE** to report your 4-H Community Service Activity to provide your club update!



4-H Hall of Fame Inductees

Service is a hallmark of the Illinois 4-H program. The Illinois 4-H Foundation annually honors longtime volunteers and former staff members for their selfless dedication to 4-H, the University of Illinois Extension youth development program. In 2020, 87 individuals received the Foundation Hall of Fame Award, presented during a virtual ceremony Aug. 18. The Illinois 4-H Foundation established the statewide Hall of Fame in 2005 to honor and celebrate extraordinary 4-H alumni, volunteers, and former 4-H staff. Each inductee receives a commemorative Hall of Fame medallion.

For their long time service as 4-H leaders in Henderson County, Dan and Melinda Horton were inducted into the 4-H Hall of Fame. They both grew up active in their respective 4-H clubs. Dan and Melinda have four girls all who were also active in 4-H, showing livestock and general projects. For several years they had three of their four girls in 4-H at one time. Today their girls are out of 4-H, but their three oldest grandchildren are already active in the 4-H club that Dan and Melinda are leaders of. The grandchildren make three generations of a Horton being in The Terre Haute Superstars 4-H club (Dan, their 4 girls, the 3 grandchildren). Both Melinda's mom and dad were longtime leaders. Did you know Dan and Melinda met in 4-H?

Warren County 4-H was represented by Robin Harkins Corzatt in the 2020 class of inductees. Robin is a 5 year leader in Warren County 4-H. During her time volunteering, she has continued to go above and beyond to provide a premier experience for 4-H members. Robin has a passion for livestock and 4-H that she shares with everyone she meets. There isn't a 4-H opportunity available that Robin doesn't promote to her members. Robin's contribution to Warren County 4-H is immeasurable. As a 4-H leader and parent, Robin follows the idea of "hands to larger service".

Happy Birthday To You, Happy Birthday To You.....

A very Happy Birthday to all the 4-H members born in October! We want to celebrate with you! Please stop into the Extension office anytime once we reopen to pick out a 4-H birthday gift and let us wish you a "Happy Birthday."

Samara Harper, Bald Bluff Blue Ribbons

Colton Spence, Bald Bluff Blue Ribbons

Landon Elliott, Cameron Kids

McKay Grohmann, Willing Workers

Sierra Larson, Cameron Kids

Aeryn Mahr, Willing Workers

Ashlyn Quinn, Happy Hustlers

Keeping Safe During Club Meetings

As 4-H'ers, we consistently go above and beyond to ensure the health, safety, and wellbeing of others. During the current pandemic we are facing, I have been amazed at the selflessness displayed by 4-H members across the county, state, country, and world. We once again call on you to practice this service to others by following the following protocol during club meetings.

- Once your leader determines if your club will meet in-person or virtually, they will be in contact. Clubs may also offer both a virtual and in-person options. Please practice proper online etiquette if that option is used. **If you are uncomfortable meeting in person and your club is not prepared to offer a virtual option, email Shelby at srcarls2@illinois to make other arrangements.** For this year, virtual attendance counts as being present at a meeting.
- All attendees are encouraged to wear a mask outside and required to wear a mask inside and practice proper social distancing. Those from different households should be at least 6 ft apart at all times.
- All surfaces will be sanitized before and after the meeting. Please refrain from sharing writing utensils during the meeting unless it has been properly sanitized.
- Refreshments can not be served during meetings. You may choose to bring your own snack but you are unable to share this snack.
- Follow all directions given by club leaders, posted signs, and stay home if you are feeling unwell.
- Please contact Shelby at srcarls2@illinois.edu if you have concerns or questions. This 4-H year is going to look a little different but we are always working to “make the best better”.

State Fair Results-Henderson County

Let's all congratulate our Henderson County Exhibitors. All exhibitors received an Award of Excellence.

Alexa Berlett– Visual Arts, Paper

Quincy Dodds– Woodworking

Jolie Johnson– Visual Arts, 3-D Design/Mixed Media

Rachel Leary– Visual Arts, Chalk/Carbob/Pigment

Rose Leary– STEAM Clothing,, **Champion**

Ella McGinity– Photography

Gwendolyn McGinity– Woodworking

Curtis Randall– Visual Arts, Fiber

Blake Ricketts– Food and Nutrition

Dexter Ricketts– Food and Nutrition

New Projects!

It's the new 4-H year, and we've got lots of things to get the new year started! We've added two new projects:

- Drones
- Maker

For a complete list of projects, check out the 2020-2021 Project Guide at https://issuu.com/illinois4h/docs/illinois_4-h_project_guide_20-21.

4-H Shooting Sports Fall Update

After a survey of shooting sports discipline instructors; key volunteers; and state shooting sports venues - the decision has been made to move all in-person state shoots to a virtual tournament format for health and safety reasons. This will allow for smaller, local competitions to be conducted and supervised by certified Level I 4-H discipline instructors who will then report the youth scores centrally through an on-line system.

Also, we are happy to announce that our 2020 Illinois 4-H Shooting Sports team members who were scheduled to attend the National 4-H Shoot last June (cancelled due to COVID-19) will be invited to shoot at the same national event in 2021 if they are still age eligible. Our 2020 virtual shoot results and the data from 2019 State Shoots will then be used to fill any gaps in the 2021 Illinois team.

The virtual shoot will run for the months of September – December, 2020. Registration will be free and have both a Junior (11-13 years) and Senior (14-18 years) division! Disciplines offered will be compound archery; recurve archery; shotgun (trap); and air rifle. The rules, registration link, and score submittal link are attached to this email and also posted on the Illinois 4-H website at: <https://4h.extension.illinois.edu/events/illinois-4-h-virtual-shoot-fall-2020>

Virtual Shoot registration opens Sept. 1st. Email Julian Inniss, 4-H SPIN Program Coordinator at jinniss@illinois.edu to learn more or to register for the Virtual Shoot. **Due to safety reasons, members will only be allowed to shoot in disciplines they have previously been enrolled in. Stay tuned for more information about joining 4-H Shooting Sports in the spring.**

Youth for the Quality Care of Animals (YQCA)

4-H members exhibiting animals entering the food production system will be required to complete the **Youth for the Quality Care of Animal** certification (YQCA). It will replace former trainings: PQA and QAEC. This program is the industry-standard certification. Check with local offices about completing the training. The training must be completed each year.

Horses, dogs, cats, poultry, and rabbits will still be required to take the **Quality Assurance and Ethics** (QAEC) training. This training is only required once in the member's career. **Dates TBD**



Registering for Events:

4-H has so many opportunities for its members to take part in. Did you know the local extension office will help cover the cost of state conferences and events? It's true! Make sure you follow the correct procedure so you don't miss out on any opportunities. The Extension office will cover half of the fee up to a total of \$300 per year per member. The local 4-H Foundation may choose to cover more of the cost.

- Contact your local program coordinator and let them know about the event
- Register for the event and select the "pay by check" or "my county will pay" option
- Let your program coordinator reach out to the 4-H Foundation
- Once the Extension Office has paid their portion and the Foundation has covered the amount they choose, you will be invoiced for the remaining balance
- **Please do not pay until you have been invoiced for the total remaining cost**

Unit-Wide Policies

- The new year begins September 1. Please make sure you read and understand the policies. We are trying to keep the deadlines consistent so it is easier for everyone to remember the dates. If a deadline lands on a weekend, the paperwork needs to be turned in the drop box on Monday prior to 7:59 a.m. before the office opens.
- **October 11** - RISK forms need to be turned into the office by all new members and those who do not have one on file. Medical forms need to be turned into your leader.
- **December 1** - Re-enrollment, project selection, and RISK forms need to be completed. **If you were a member last year, and you miss the December 1 re-enrollment deadline, you will not be eligible to participate in the 2021 4-H shows at the fair.** Check with your club leader about the \$20 program fee. Each club will be invoiced for the total amount due.
- Members will need to **attend at least four meetings** a year to be eligible to participate in your county's 4-H fair. **This year attending meetings virtually as well as in person counts for attendance .**
- At minimum members must complete **a talk or demonstration**. However, clubs may require both.
- Secretaries are required to **send attendance sheets to the Extension Office monthly** after each 4-H meeting. Attendance reports may be emailed, scanned, mailed, or dropped off. We ask that you use the online Secretary Record Book. You may print it out.
- Treasurers need to make sure they are **balancing accounts monthly** and providing reports during each meeting. Also, make sure you are using the required online Treasurer Record Book.
- **January 1** – Livestock and Companion Animal (dogs and cats) Project Enrollment deadline. This is the last date you may add **ANY livestock** project and still be eligible to show that project at the county 4-H fair.
- **March 1** – General Project enrollment deadline. This is the last date you may add a general project and still be eligible to show that project at the county 4-H fair. Remember that you already turned in your enrollment in December, but if you need to add a general project you may do so before this deadline.
- **May 1** - Horse project members' ownership/lease papers and pictures due to the office.
- **May 1 – Youth for the Quality Care of Animals (YQCA)** yearly certification is required of all livestock project members (aside from cats, dogs, horses, poultry, and rabbits). For all other animals, QAEC will still be required. If you plan to show livestock at the county and/or state fair, this is now a state requirement for all of us at the county level. Ask your local extension office about ways to complete this training online or in person. **For all other animals (cats, dogs, horses, poultry, and rabbits), QAEC will still be required.**
- **June 1** – Dog project members' ownership/lease papers due to the office.
- **4 weeks before show** – Online entries will be due at the close of the day. This is where you tell us what projects you are bringing to the fair. Keep in mind—do not delay!

Join Collegiate 4-H At U of I

A great way to meet people at U of I is by joining C4-H, the registered student organization for 4-H alums attending University of Illinois. For more information, contact Brittney Muschetto at uiuccollegiate4h@gmail.com.

Congrats Are in Order

Congratulations to Emma Coursey! She will be sharing her 4-H story across the state as both a member of the Youth Leadership Team and the Illinois Livestock Ambassador Team. Have questions about getting involved in 4-H on the state level? Ask Shelby or Emma!

Join Our Team!

We are hiring a 4-H Program Coordinator for Henderson and Warren Counties! If you know someone you think would be a good fit, encourage them to visit <https://go.illinois.edu/HKMWemployment> for a full job description and to apply today.

IL 4-H Sustaining the Future Award

The purpose of this award is to recognize 4-H members who have exemplified outstanding leadership within the agricultural industry and a desire to remain engaged. Applicants must be enrolled 4-H members who are at least 17 years of age by September 1 and cannot have reached their 19th birthday by September 1 of the year they submit the application. An individual may only receive this award once. The top 10 applicants will be recognized with the Illinois 4-H Sustaining the Future Award, which will be presented at the Illinois 4-H Celebrating Excellence Award Program. Award recipients will also be invited to attend the Premier 20 Leadership Conference. For more info go to : bit.ly/4HSustainFuture.

Club Updates-Terre Haute Superstars

By: Ethan Mohr, Reporter

The Terre Haute Superstars held their organizational meeting on September 27, 2019. We elected officers as follows President: Keaton Ruebush, Vice Presiden: Kaya Broadwater, Secretary: Isaac Mohr, Treasurer: Hayden Forbes, Reporter: Ethan Mohr, Recreation Jackson Timmerman and Lucy Broadwater A motion was made and a second followed that each member is responsible for the \$20 enrollment fee for 4H. The club would reimburse them at the end of the year if they attend at least 70% of the meetings and show at the fair, all members voted in approval of the motion and it passed. The leaders handed out new year folders and the calendar for the year. Each family was asked to bring some type of individually wrapped candy or snack mix items to the next meeting for a community service project.

The October meeting of the Terre Haute Superstars was held on with all members attending. President Keaton Ruebush called meeting to order and then led us in the pledges. Business discussed was reminding members to re-enroll on 4H online and the community service project that we were going to complete at the conclusion of the meeting. Alexa Berlett gave her talk/demonstration. Following the meeting we completed our community service project. We assembled treat bags from candy and snack mix food that the members had brought. After putting the bags together we decided which elevators to take them to for the farmers during harvest and that they would be delivered later in the week.

Club Updates-Terre Haute Superstars

By: Ethan Mohr, Reporter

The Terre Haute Superstars met in November for a short meeting. President Keaton Ruebush called the meeting to order and led us in pledges. Secretary Isaac Mohr asked the roll call question, as well as read the minutes from the previous meeting. Business discussed by the leaders was again a reminder to re-enroll with 4H online as the deadline is December 1 and we won't be having another meeting before the date. The leaders reported that the treat bags were delivered to the local elevators and thanked the members for helping to assemble them and deliver them. Upcoming conferences and workshops were mentioned. Hayden and Kirsten Roberts each gave a talk on paintings that they have finished. For the December meeting each family chose to bring fruit for fruit baskets. Following the conclusion of the meeting we played a game and enjoyed refreshments.

The Terre Haute Superstars had a busy December meeting. Starting off the meeting we played a game of getting to know each other, where we have a ball and say our name and whatever the topic the leaders picked (favorite color, favorite subject, favorite 4H project, etc) the ball is then given to a different member and that member has to say what the previous member says and then they say what there's is. After the game we held our meeting. The leaders said everyone did indeed get re-enrolled for the 4H year. They reminded us about the January 1 deadline for livestock enrollment, some upcoming workshops and conferences, and dates to keep in mind for the new year. Following the conclusion of the meeting we assembled fruit baskets. Some of the fruit we had were pears, oranges, cuties, bananas, and grapes, along with some candy canes. The parents and members then went Christmas Caroling and delivered the baskets to different elderly in the surrounding community.

The first 4H meeting of 2020 was a busy one. After having the meeting called to order and pledges led by Keaton Ruebush, secretary Isaac Mohr asked the roll call question of: What is one goal you have for the new year?. Following roll call Isaac then read the minutes from the previous meeting. The leaders informed the beef participants of steer weigh-in coming up in February. 4H camp was discussed and leaders encouraged members to go and also told the parents that if any member is wanting to go to sign up the first day as spots fill up fast. Fish camp was also discussed and along with a junior high conference coming up in February. The leaders also reminded members and parents about the \$20 entry fee for 4H and to try to get that paid up by the next meeting. Keaton Ruebush gave his talk on the different swine breeds. Following the meeting we enjoyed refreshments.

The February meeting for the Terre Haute Superstars was held on February 16, 2020. Prior to the business portion of the meeting we played a game led by Jackson Timmerman. We also frosted and decorated Valentine cookies. The meeting was called to order and pledges were said. Secretary Isaac Mohr asked the members what their favorite candy was for the roll call question. During the business part of the meeting the leaders reminded us about the March 1 deadline for general project enrollment, asked who weighed in steers the day before, and also talked about a couple of livestock contests and opportunities. Treasurer Hayden Forbes gave a treasurer report and the leaders handed out reminders about the \$20 4H dues. Following the adjournment of the meeting we took our frosted cookies around to the elderly in the community.

October 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10
National 4-H Week Opportunity4All						
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

www.a-printable-calendar.com

Mark Your Calendar With 2020-2021 Dates– More to Come!

September 1	New 4-H Year
September 15	Officer Books Due
September 21	4-H Online Open for Re-Enrollment
September 28	Experience Awards Due
October 4-10	National 4-H Week : Opportunity4All
October 7	4-H Spirit Day
December 1	Re-Enrollment Deadline
January 1	Livestock Project Deadline
March 1	General Project Deadline
May 1	Horse Paperwork Due
May 1	YQCA/QAEC Due
June 1	Dog Paperwork Due