

Boone, DeKalb, Ogle Extension Unit 2



**Illinois Extension**  
UNIVERSITY OF ILLINOIS URBANA-CHAMPAIGN

## **Extension Council Meeting**

### **Health & Local Foods Subcommittee**

**Tuesday, November 29, 2022 6:00pm**

*Zoom Meeting*

**Boone:** \_\_\_ Megan Johnson

**DeKalb:** \_\_\_ Rylie Kues

**Ogle:** \_\_\_ Jamie Nobis \_\_\_ Sarah Hackbarth \_\_\_ Josh Nelson

**Staff:** \_\_\_ Bruce Black \_\_\_ Cindy Jankiewicz \_\_\_ Connie Handel \_\_\_ Judy Hodge

## **Agenda**

### **1. Welcome/Introductions \_\_\_\_:\_\_\_\_**

Ice Breaker Question:

What popular holiday food do you dislike?

### **2. Description & Vision of the Committee**

The Health & Local Foods Committee is being formed to address the issues of our communities with a more informed scope from our partner council members. Our partners will help in informing us of the current and future needs in our communities relating to health and local foods. This will allow us to provide program opportunities to address these needs as they arise.

### **3. Minutes**

Review July update & September 2022 minutes.

### **4. Committee Changes**

Karla Belzer has accepted a new position with Extension. The Family Life vacancy will be filled.

### **5. Program Reports (What we've done and what we are working on for the year)**

- Local Foods

#### **Boone County (2023)**

Community Gardens – Buchanan Street Gardens and NASR Community Garden  
Home garden themed program series (still working out the details)

Library speakers bureau programs  
Boone County Farm Stroll

### **DeKalb County (2023)**

Community Gardens – Genoa Community Garden  
Food Donation Gardens – Engh Farm Gardens, St. Paul’s Garden, Dolce Vita/Northwestern Medicine Garden  
Garden Walk  
DeKalb County Farm Stroll

### **Ogle County (2023)**

The Kitchen Table  
Hope Center  
Intergenerational garden plot on 10<sup>th</sup> Street  
Starting a Seed Library  
Recruiting ne MG volunteers

- SNAP-Ed
- Family Life

## **6. Program Planning Discussion**

What are you hearing in the community as potential programming needs for this year?

Please come with suggestions or ideas for programming.

Where in your community could we market programs or leave program flyers with higher visibility?

What community partners would be good partners for our programming?

## **7. Evaluations Questions**

If you could ask our community about Health & Local Foods, what would it be?

## **8. Next Meeting:** February 28<sup>th</sup>, 2023 6pm Zoom

May 30<sup>th</sup>, 2023 6pm Zoom

September 26<sup>th</sup>, 2023 (In-person) TBD

November 28<sup>th</sup>, 2023 6pm Zoom

## **9. Adjourn \_\_\_\_:\_\_\_\_**

**Council Roles Summarized:** \* Linking University of Illinois Extension with local leadership, communities, agencies and organizations.

\* Supporting and advocating for Extension programs. Identifying needs and potential resources (human, financial, physical).

\* Advise the program planning and implementation processes. \* Assuring council membership represents all segments in counties served.

\* Assuring program outreach meets equal opportunity and program access guidelines.

### **SNAP-Ed Update for Boone County (Jan Saglier – Community Worker)**

Fall 2022 programming has a mix of adult and youth programming. Healthy Cents is being taught to WIC recipients at the Boone County Health Department and before community meals at St John's Church. The following youth programs are being offered at Capron Elementary, Washington and Perry Schools: OrganWise Guys (Kinder, 1<sup>st</sup> and 2<sup>nd</sup> grades), Serving Up MyPlate (3<sup>rd</sup> and 4<sup>th</sup> grades) and Eat Fit (5<sup>th</sup> grades).

Looking ahead to the new year, I am hoping to work with the Community School in setting up two new adult programs. One would be Eat, Play, Grow with pre-kindergartener with caregiver and the other Create Better Health.

### **SNAP-Ed Update for DeKalb & Ogle County (Brianne Gugerty – Community Worker)**

I am currently focusing on school programs, with my main curriculums being OrganWise Guys (K-2<sup>nd</sup>) and Eat, Play, Grow (Pre-k/ Caregiver Combo). Right now at Oregon Elementary School I have 3 Organwise Guys sessions on Mondays, 2 on Tuesdays, 1 on Wednesdays and 1 on Thursdays (which each consisting of 2 combined classes). I also conduct 1 OrganWise Guys session at Central Elementary School in Rochelle on Wednesdays. In addition to those programs, I have 1 Eat, Play, Grow session at Oregon Elementary School once per month for their Pre-K Family Day, and 1 Eat, Play, Grow session with Two Rivers Head Start in DeKalb County once per month.

I also visit the Westminster Presbyterian Church during their food pantry every other week. I am currently conducting CATCH sessions for kids, but I am going to be including Eat, Move, Save Booths for those visits.

I have 2 Dual Language classes signed up for OrganWise Guys at Lincoln School in Rochelle that will start after their winter break. I am also in the process of scheduling 3 more dual language classes for OrganWise Guys sessions at Central Elementary School in Rochelle, and 4 classes of OrganWise Guys are in the process of being scheduled for Oregon Elementary School. All of these classes will begin during the 2<sup>nd</sup> Semester of school.

As always, I continue to attend food pantries whenever I have the opportunity, and will continue to assist the communities I serve in any way that I am able.