

Homemade Ranch Style Dressing with Fresh Dill

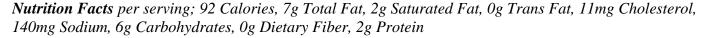
Serves 4

Ingredients

1/2 cup of plain low-fat plain Greek yogurt
1/4 cup of buttermilk
1/4 cup light mayonnaise
1 T. lemon juice concentrate
1 T. fresh dill, minced
Dash sea salt
Dash course ground black pepper



- 1. Add dressing ingredients to a pint jar. Shake well.
- 2. Drizzle dressing over fresh vegetables or a salad mixture.
- 3. Season with black pepper, to taste.



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