

# You Can Cook! | Yellow Split Peas

FOR RECIPES, VISIT

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Sort peas. Remove rocks, broken peas, or other debris.



Rinse split peas in cold water.



Add rinsed peas to a pot.



Add twice as much water as peas. For one cup of dried peas, add two cups of water.



Cover. Bring to a boil. Reduce heat and simmer 30-40 minutes. Drain any extra water. Add to recipes.



**Storage Tip - Dry Peas**  
Add dry split peas to an airtight container. Store in a dry, cool area.

# 5 Ways to Eat Cooked Yellow Split Peas

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Try split peas in a corn-potato chowder.



Split Pea Soup



Swap cooked split peas for chickpeas in hummus dip.



Add cooked split peas to pasta and grain salads.



Split peas pair nicely with curry sauces.