



Take Action in September to Help Fight Hunger in our Communities!

For millions of people, a daily meal isn't a choice between different dishes. It's a choice between food and other crucial needs—like medicine, electricity, or childcare.

September is Hunger Action Month!

University of Illinois Extension, serving Henry, Mercer, Rock Island & Stark Counties, invites you to join us to help make a difference in the fight against hunger in our communities.

Here's how you can help your neighbors:

Donate Food, Sept 1- 30.

Throughout the month, we will be collecting food donations at our Extension offices for our local food pantries. Drop off healthy, non-perishable items to boxes outside our offices:

- Rock Island County, 321 W 2nd Ave. Milan
- Mercer County, 910 13th St, Viola
- Henry/Stark Counties, 358 Front St, Galva

Bring Food Donations to Mercado on 5th Fri. Sept 23, 4 - 7 pm

On Hunger Action Day, bring donations of healthy, non-perishable food to the Friday Fiesta on 5th Ave. Moline, Ill. Extension's SNAP-Ed program will have a booth to collect donations for local food pantries.



STOMP OUT HUNGER

September is Hunger Action Month!

Fri. Sept 23, 11:30 am - 1 pm

Hunger Action Day

**SEPTEMBER 23RD
HUNGER ACTION DAY**

(two locations)

Black Hawk Park, Rock Island
(by Singing Bird Nature Center, 1510 46th Ave)
Veteran's Memorial Park, Galva

Help Stomp out Hunger here at home! Bring non-perishable nutritious food items for the food pantries in your community. Then join us to walk through the park as you read hunger facts signs along the paths.

Get a Stomp out Hunger sticker, snacks, water, and soup samples when you join us over your lunch break for the event at one of the ^{two} parks.

To help us plan supplies, RSVP to go.illinois.edu/HungerWalk or call us at (309) 756-9978

