



UNIVERSITY OF ILLINOIS
EXTENSION

Extending Knowledge Changing Lives

Serving Jo Daviess, Stephenson and Winnebago Counties

Jo Daviess County 204 N Vine St, Elizabeth IL 61028 ■ 815.858.2273

Stephenson County 2998 W Pearl City Rd, Freeport IL 61032 ■ 815.235.4125

Winnebago County 1040 N Second St, Rockford IL 61107 ■ 815.986.4357

2015 Public Value Statement – Nutrition and Wellness

Public Value Statement – Food Safety

When you support University of Illinois Extension food safety programs, participants will understand the scientific principles that validate safe food handling, which leads to compliance with safety standards, which will benefit other community members by decreasing foodborne illness outbreaks.

Public Value Statement – Healthy Living

When you support University of Illinois Extension healthy living programs, participants will gain understanding of the scientific principles that validate healthy lifestyle choices. With this increased knowledge and self-confidence about nutrition, physical activity and living a healthy lifestyle, participants and other community members will benefit by preventing or postponing the onset of disease, by healthy eating and active living.



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Nutrition and Wellness

University of Illinois Extension

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