

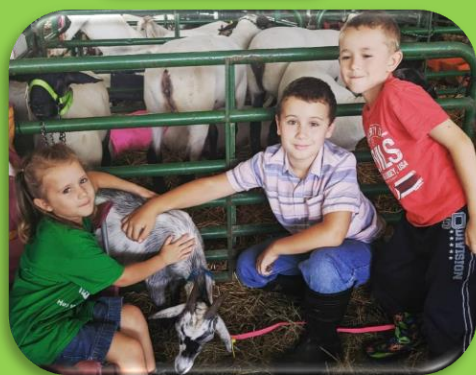


College of Agriculture, Consumer & Environmental Sciences

University of Illinois | U.S. Department of Agriculture |

Local Extension Councils Cooperating

University of Illinois Extension provides equal opportunities in programs and employment. If you need a reasonable accommodation to attend, please call 618-687-1727. Early requests are strongly encouraged to allow sufficient time for meeting your needs.



# September 2019

SUN	MON	TUE	WED	THU	FRI	SAT
1	2 Labor day	3	4	5	6	7 Apple Pie 101 10:00-4:00 Records 9:00-3:45
8	9	10	11	12 Apple Pie Eating Contest @ Appletime Stage 5:30 pm	13 Appletime Bakery & 4-H Show 5:00pm	14
15	16	17	18	19	20	21
22	23	24 Federation 6:00 pm	25	26	27	28 Federation Camping 10:00 am Sat- Noon Sunday
29	30					



## Newsletter Shorts for September, October, November 2019



# INSPIRED TO LEAD CALLED TO SERVE

### Information to make your new year sparkle!

It's the new 4-H year, and we've got lots of things to get the new year started! We've added four new projects: Child Development, Sports Nutrition, Family Heritage, and Visual Arts Leather! Our theme for the year and National 4-H Week is **Inspired to Lead | Called to Serve**. Download the new Project Guide @ [go.illinois.edu/4Hprojectguide](http://go.illinois.edu/4Hprojectguide). 4-H Online new year enrollment begins September 7.



National 4-H Week is our time to tell the world about 4-H. This year's theme, **INSPIRED to LEAD | CALLED to SERVE**, captures what it means to be a 4-H member. You are encouraged to find ways to celebrate October 6 – 12. Use the hashtag **#inspiredby4H** and **#inspiredtoLEAD** as you share your 4-H activities on social media. Watch our Facebook page for contests all week long.



### Inspire your club to promote 4-H during National 4-H Week

- Have a flag-raising ceremony at a local bank, park, business, veterans club or school.

- Attend a city council meeting and have the mayor/councilmen sign the Proclamation.
- Give presentations at schools, home school organizations, and youth-serving agency boards.
- Have members bring projects and speak at local civic organizational meetings.
- Host a project fair for the community to see work of 4H members and recruit new members.
- Have a poster contest with your members, then display them in local business windows.
- Ask banks to include a bookmark or flyer about 4-H at their drive-thru facilities.
- Host a special interest workshop open to the community sponsored by 4-H.
  - Emergency Preparedness Meeting
  - CPR
  - Weather Spotters
  - Bicycle Safety
  - Internet Safety
  - Teen Driver Safety
- Host a quiz night—Are You Smarter than a 4-Her?
- Sponsor a dance for Jr. High youth.
- Promote 4-H livestock projects at the feed store.
- Promote 4-H technology projects at the electronic/phone/computer stores.
- Promote 4-H foods projects at the grocery stores.
- Promote 4-H entrepreneur projects at the banks.
- Promote 4-H family projects at the doctor offices.
- Host a “My 4-H Word Is \_\_\_\_\_” event in your community.
- Promote 4-H on local advertising signs, billboards, church message boards.
- Present a puppet show about how good it feels to be in 4-H.
- Start an email chain letter—What did you gain in 4-H? and distribute it to your contacts lists, then watch it spread.
- Take a plate of 4-H cookies to local businesses with an appreciation poster for them to post.
- Write letters to your congressional leaders about how important 4-H is to you.
- Take thank you flowers to all your club leaders.
- Hold a 4-H talent show and invite the public.
- Host a 4-H fun day with games and prizes for families.
- Have a day to wear a 4-H shirt to work or school.
- Host a blood drive.
- Host a fun run.
- Have a county-wide community service day and have the members all report back what they did, then prepare an impact story about how important 4-H service is.
- Plant a tree in honor of 4-H.
- Have your 4-H flag displayed with the American flag at sporting events during the week.
- Carry groceries for customers at a store.
- Create a county 4-H alumni club and solicit names through the paper and newsletter.
- Hold a dinner where everything made must come from a 4-H Food Project Manual.

- Hold a health fair where all the exhibits have something from a 4-H project or activity –for example, nutritional food labels, fitness, safety goggles when mowing, anti-bullying, safe driving.
- Carve pumpkins with a 4-H logo and take them to area homes, businesses.
- Post 4-H alumni signs, National 4H week signs, or join 4-H signs in the yards of current or past 4-H members.
- Have a 4-H related theme ‘best decorated’ car / truck / tractor contest at a local parking lot where all the entries must relate to 4-H in some way.
- Create a 4-H promotion to run at the local movie theater during previews.

## Just the help you need for your 4-H club

The Illinois 4-H Website has all of the resources and forms needed to guide 4-H club officers, committees, and members as they plan for the new 4-H program year.

- Go to [go.illinois.edu/IL4H](http://go.illinois.edu/IL4H)
- Click on the **Clubs** tab.
- Scroll to Meeting Resources near the bottom of the page
- Find these helpful documents:
  - **Club Meeting Agenda** – this fillable form is a useful fill-in-the-blank form your club officers can use as they plan each section of the meeting. This useful form provides them with the meeting structure they can use to identify who from the club should be in charge of each potential item that may be included in a meeting.
  - **Club Committee Planning Worksheet** – the Committee Planning Worksheet is an excellent tool to give to committee members as they plan club events and activities.
  - **Club Yearly Program Plan** – this helpful tool guides the club officers and club members as they identify club goals to work toward during the year and brainstorm what programs, events and/or activities to plan for the club to engage members in fun, hands-on learning experiences throughout the program year.
  - **More** – Don’t forget to download your new secretary book, treasurer book, tips for good club meetings, tips for using the 4-H name, and more other important resources.

## SALUTE TO EXCELLENCE

### Nominate an outstanding volunteer

The Illinois 4-H program is built on the work of amazing volunteers, and we look forward to recognizing our volunteers for what they do! The National 4-H Council sponsors the Salute to Excellence Award Program that targets 4-H volunteers who demonstrate exemplary service to 4-H, while promoting service through volunteerism. Nominate outstanding local volunteers for consideration by contacting the Extension office.

The award categories are:

- **Volunteer of the Year** – recognizing individuals who have served as 4-H volunteers for less than 10 years at the local, county, region, and state level.
- **Outstanding Lifetime Volunteer** – recognizing individuals who have served 10 or more years at the local, county, region or state level.

Nominations are due to the State 4-H Office by **Friday, October 18, 2019**.



## Take a trip across the globe

Visit exciting new places as part of the 2020 States' 4-H International Exchange program. Check out this line-up:

- Costa Rica: June 18 – July 17. Cost \$1,775 (plus airfare \$800 to \$1,300). Ages: 15 – 18.
- Japan: July 8 – August 6. Cost \$2,725 (plus airfare \$1,700 to \$2,600). Ages: 12 – 18.
- Japan: June 18 – August 6. Cost \$3,875 (plus airfare \$1,700 to \$2,600). Ages: 12 – 18.
- Norway: June 24 – July 24. Cost \$2,200 (plus airfare \$1,300 to \$2,000). Ages 15 – 18.
- South Korea: July 15 – August 13. Cost \$2,430 (plus airfare \$1,300 to \$2,300). Ages 12 – 18.
- Taiwan: June 28 – July 28. Cost \$2,200 (plus airfare \$1,300 to \$2,300). Ages 12 – 18.
- Romania: June 24 – July 24. Cost \$1,775 (plus airfare \$1,300 to \$2,000). Ages 15 – 18.

The first deposit and application are due December 1. Second deposit is due February 1. For more information, check out their website @ [states4hexchange.org/](http://states4hexchange.org/).

## Time is running out to come to Family Camp

Registrations are being accepted for Family Camp Program at 4-H Memorial Camp, Sept. 13-15! We hope you come out and enjoy all that the camp has to offer! Come experience rock climbing, zip lining, archery, fishing, hayrack rides, campfires, crafts, cardboard boat racing, and many other fun activities. Let us manage the stress of planning a camping adventure while allowing you enjoy a weekend together!

Your family will sleep in a cabin, have meals provided (starting Friday dinner and ending with Sunday Lunch), and enjoy A LOT of fun activities! Many of the same staff that run our summer camp programs volunteer to make this an enjoyable experience for your family. Expect to have fun, eat heartily, and make memories that will last a lifetime!

At least one youth attending must be 8 to 16 years old, and children must be accompanied by at least one parent or guardian. The fee for participants 8 years and up is \$75/person, while those 4-7 years old are only \$35/person.



Information and registration forms can be found at:  
<https://4h.extension.illinois.edu/programs/camping>. Please contact Andy Davis at (217) 762-2741 or [ardavis1@illinois.edu](mailto:ardavis1@illinois.edu) with any questions or if you need an accommodation.



## Register today for fall shooting sports contests

This is the final call for youth wishing to compete in the 2019 State 4-H Shooting Sports contests.

- State 4-H Shotgun Contest will be held Sept. 14 at Brittany Shooting Park near Bunker Hill. Register @ [go.illinois.edu/4Hshotgun](http://go.illinois.edu/4Hshotgun) before Sept. 6.
- State 4-H Archery Contest will be held Sept. 21 at the Pekin Archers near Pekin. Register @ [go.illinois.edu/4Harchery](http://go.illinois.edu/4Harchery) before September 6.
- State 4-H pistol and rifle contest will be held October 12 & 13 at CIPS near Bloomington. Register @ [go.illinois.edu/4Hpistol](http://go.illinois.edu/4Hpistol) or [go.illinois.edu/4Hrifle](http://go.illinois.edu/4Hrifle) before September 20.

### Age Requirements for the State Shoots:

- Participants must be enrolled members of an active 4-H Shooting Sports Club for the 2019-20 year, so it is important youth re-enroll as soon as the new year begins in September.
- Youth may only compete in the discipline for which they have received instruction from a certified 4-H volunteer instructor. For example, youth who are members of a shotgun club led by a state-certified shotgun instructor cannot register for the pistol contest unless they have also participated in supervised instruction from a state-certified 4-H pistol instructor.
- Minimum Age: Youth must be at least 14 years of age by Jan. 1, 2020 to compete.
- Maximum Age: Youth must be no older than 18 on Sept. 1, 2019 to participate.
- To be selected for the national competition team, youth must not turn 19 before Jan. 1, 2020. Thus, youth in their final year of 4-H who turn 19 in September, October, November, or December 2019 may participate in the state contest but cannot be selected for the national contest.

*One day is all you need*

## Become a certified 4-H shooting sports instructor

Help ensure young people are exposed to everything the outdoors and shooting sports has to offer by becoming a certified 4-H shooting sports volunteer.

- Your first stop is the local Extension office where staff will discuss the current program in our county.
- Complete the required application and background checks. Volunteers must be at least 21 years of age.
- Pay the \$60 registration cost that covers three meals, snacks, instructor curriculum, hat, and all necessary equipment and materials for the training.

- Staff will complete your registration. Registration is due October 9.
- Attend certification training from 9 a.m. to 7 p.m. Saturday, October 19 at 4-H Memorial Camp near Monticello. Do not bring firearms or bows. Do bring eye and ear protection.
- Complete additional online training.
- Check back in with the county Extension staff to begin volunteering.

There are six concentrations of study, and volunteers must choose only one discipline: archery, rifle, shotgun, pistol, and hunting and outdoor skills, as well as the overall county coordinator training. Remember, volunteers will work with their local Extension 4-H staff to establish or add to an existing shooting sports program in the county. Learn more about the Illinois 4-H Shooting Sports program at: <https://4h.extension.illinois.edu/programs/shooting-sports>.



## Paper Clover Campaign returns in October

Dates for the Fall Paper Clover Campaign, held in conjunction with Tractor Supply Stores and National 4-H Council, are October 9 - 20. Money donated during the campaign STAYS in that local county. The campaign runs twice a year.



## Who will win \$5,000?

The Youth in Action Award honors four 4-H members who have gained critical life skills through their 4-H experience and have used those skills to overcome a challenge or challenges they have faced. Each of the honorees epitomize 4-H youth empowerment and leadership. In addition, the winners have demonstrated the positive impact they've made with their family, peers, and community through their 4-H experiences.

Nominate outstanding 4-H members in four different categories: Agriculture, Civic Engagement, Healthy Living, and STEM. Each winner will receive a \$5,000 scholarship for higher education, be featured as the 4-H youth spokesperson for their pillar area, receive an all-expenses paid trip to Washington, D.C. to be

recognized at National 4-H Council's Legacy Awards, and network with celebrities and prominent 4-H alumni. Learn more at <https://4-h.org/parents/4-h-youth-in-action-awards/>. Deadline for application is October 21.

## Award deadlines moved up to November 1

IMPORTANT: The state deadline for the following awards has been changed to November 1. Don't miss your chance to apply. Award applications are available online at [go.illinois.edu/4Happly](http://go.illinois.edu/4Happly) for:

- Key Award
- Experience Award
- State 4-H Award
- Vet Science Award
- 4-H Leadership, Citizenship, and Professionalism Award

The deadline for **state scholarship** has also been changed to November 1. Apply online @ [go.illinois.edu/4Hscholarships](http://go.illinois.edu/4Hscholarships) for these scholarship opportunities:

- Legacy of Leadership Scholarship
- Livestock Scholarship

## Coming Events

September 6	DEADLINE: Shotgun registration due
September 6	DEADLINE: Archery registration due
September 13 – 15	Family Camp at 4-H Memorial Camp
September 14	State 4-H Shotgun Shoot, Bunker Hill
September 20	DEADLINE: Rifle and Pistol registration due
September 21	State 4-H Archery Shoot, Pekin
October 5	State 4-H Awards Reception, by invitation only
October 6 – 12	National 4-H Week: Inspired to Lead } Called to Serve
October 9 – 20	Fall Paper Clover Campaign at Tractor Supply stores
October 12-13	State 4-H Rifle & Pistol Shoot, Bloomington
October 18	DEADLINE: Salute to Excellence nominations due
October 19	Field Certification Training for 4-H Shooting Sports volunteers
October 21	DEADLINE: Youth in Action award applications due
November 1	DEADLINE: for all state awards, including Key Award, Experience Award, State 4-H Award, Vet Med Award, and the Leadership, Citizenship, and Professionalism Award.
November 1	DEADLINE: for all state scholarships, including Legacy of Leadership and Livestock Scholarships
January 25-26	Teen Leadership Conference, Decatur
February 22-23	Junior Leadership Conference, Effingham
June 18 – July 17	Outbound to Costa Rica
July 8 – August 6	Outbound to Japan
June 18 – August 6	Outbound to Japan
June 24 – July 24	Outbound to Norway
July 15 – August 13	Outbound to South Korea
June 28 – July 28	Outbound to Taiwan
June 24 – July 24	Outbound to Romania