

Backyard Cover Crops

Wednesday, February 19, 2020
10:00—Noon

Jo Daviess County Extension Office
204 Vine St., Elizabeth

This program will provide an overview on cover crops, their drawbacks/benefits, how to decide on a cover crop, and getting the most out of your cover crop.

Cost for this program will be \$5
Registration is requested prior to Monday, February 17

Soil & Water Management Webinar

Thursday, February 20, 2020
U of I Extension offices in Jo Daviess, Stephenson
and Winnebago
9:00 am—2:00 pm

Those attending will hear about the latest information on extreme weather and potential soil impacts, controlled CRP burns and soil quality, irrigation water use reporting, and field research on cover crops and soil quality. Certified Crop Advisors will receive 4.5 continuing education units in Soil and Water Management by attending this seminar.

Cost will be \$45 per person which includes lunch

Cooking Under Pressure: Air Fryers & Pressure Cookers

Tuesday, February 25, 2020
1:00—3:00 pm

Jo Daviess County Extension Office
204 Vine St., Elizabeth

During this workshop we will discuss the pros and cons of using either the air fryer or pressure cooker, offer helpful tips when using either and discuss healthy cooking options to help you meet your wellness goals.

Cost for this program will be \$5
Registration is requested by Friday, February 21



Private Applicator Testing

Thursday, February 20, 2020
10:00 am

Elizabeth Community Building
402 West St., Elizabeth

The University of Illinois Extension-Jo Daviess County in cooperation with the Illinois Department of Agriculture will be offering **TEST ONLY** site for Private Pesticide Applicators. A representative from the Illinois Department of Agriculture will be on hand to offer the test.

There is no charge for this event but pre-registration is requested to plan for space and materials. This is a test only session, no training will be provided.

Registration is **REQUIRED** by Wednesday, February 19

2020 Northwest Illinois Grazing Conference

Friday, March 6, 2020
9:30 am—3:30 pm

Elizabeth Community Building
402 West St., Elizabeth

“Understanding the Value of Pasture and Forages”.

Presenters at the event will include Larry Tranel, ISU Extension Dairy Field Specialist; Phil Cardoso, Illinois Extension Dairy Specialist; Laura Lant, Midwest Grass and Forage; Jay Solomon, Illinois Extension Energy and Environmental Stewardship Educator, and Philip Alberti, Illinois Extension Commercial Ag Educator.

Registration fee is \$20 before February 21, \$25 after February 21, or \$30 the day of the conference. The fee will include handouts and lunch.



Beyond Dirt

Tuesday, March 10, 2020
10:00 am—Noon

Jo Daviess County Extension Office
204 N Vine St, Elizabeth

Soil can be one of the main reasons your plants do well or ultimately fail. Topics will include the basics of soil biology, organic matters, and fertilizers along with compost and vermicompost bins.

Cost for this program will be \$5
Registration is requested prior to Monday, March 9

To register for any of these programs or for more information call University of IL Extension, Jo Daviess County, contact us! go.illinois.edu/jsw/ 204 Vine Street, PO Box 600, Elizabeth, IL 61028 (815) 858-2273

University of Illinois Extension provides educational programs and research-based information to help Illinois residents improve their quality of life, develop skills and solve problems. If you need a reasonable accommodation to participate in this program, please contact the Extension Office at 815-858-2273. Early requests are strongly encouraged to allow sufficient time for meeting your access needs.

25th Anniversary: Tri-State Forest Stewardship Conference

Saturday, March 14, 2020
Conference Center at Highland Community College,
Freeport

This annual conference attracts 400+ woodland owners and conservation enthusiasts from the Tri-State area of Illinois, Iowa, Wisconsin and beyond. Featuring Keynote Speaker: Mr. Paul DeLong - Sr. VP Am, Tree Farm Systems - Former WI-DNR State Forester - "The White Oak Initiative"

Cost will be \$40 per person, registration by March 10
[www.extension.iastate.edu/forestry/tri state/introduction.html](http://www.extension.iastate.edu/forestry/tri%20state/introduction.html)



SPRING BREAK GARDENING

Spring Break Gardening

Saturday, March 21, 2020
9:00 am—3:00 pm
CTE Academy
950 US Hwy 20 W, Elizabeth

This year the keynote address will be given by Eliana Brown, Water Quality Specialist with IISG and Illinois Extension. Eliana will present on "The Beautiful Way to Improve Water Quality" which will focus on how to have healthy landscapes that help local waterways without sacrificing aesthetics.

Breakout sessions will follow which include: Raised Bed Gardens and Salad Tables, Pollinators, Incorporating Water Into Landscapes, Fun With Concrete Garden Projects, Bonsai Planting and Care, and Backyard Hemp.

Charge for this program will be \$20 to include lunch
Some breakout sessions have additional charge
Registration is REQUIRED prior to March 13, 2020

Sew Into It!!



Saturday, March 21, 2020
9:00 am—Noon
Elizabeth Community Building
402 West St, Elizabeth

All youth 8 years or older is invited to join Jo Daviess County 4-H and Friendship Quilters for this fun, hands-on workshop.

No charge to attend - registration by March 20

Exploring Current Diet Trends

Tuesday, March 24, 2020
1:00—3:00 pm
Jo Daviess County Extension Office
204 Vine St, Elizabeth

Learn what foods are allowed by some popular diets such as Keto, Whole 30, Paleo and Intermittent Fasting. During this workshop, we will weigh the pros and cons and look at the evidence and safety of these diets.

No charge to attend - registration by March 20

Upcoming Programs

The Cook's Garden - Tuesday, April 14, 2020
10:00 am—Noon
Jo Daviess County Extension Office

Heart Healthy Living— Wednesday, April 22,
Tuesday, April 28, Wednesday, May 6 &
Wednesday, May 13, 2020
1:00—3:00 pm
Jo Daviess County Health Department

Youth Babysitting Clinic— Sunday, May 17, 2020

Jo Daviess County Extension Staff

Margaret Larson, Tri-County Director —

Margaret provides leadership for all aspects of the University of Illinois Extension in the Stephenson, Winnebago, and Jo Daviess Counties.

Grant McCarty, Local Foods Systems and Small Farms Unit Educator —

Grant works with backyard growers, producers, and other stakeholders in the local food system. His areas of focus include fruit and vegetable production.

Diane Reinhold, Nutrition and Wellness Unit Educator —

Diane provides leadership in the nutritional and wellness programs for all ages of our local population as well as the Public Health and Dietetics areas.

Stanley (Jay) Solomon, Energy and Environmental Stewardship Unit Educator —

Jay provides leadership in environmental and energy programs for landowners, homeowners, and residents. His areas of focus include: energy conservation, development of alternative energy sources, and enhancement and protection of natural resources.

Phillip Alberti, Commercial Agriculture Unit Educator -

Phillip is a locally based commercial agriculture educator, that will address issues of high local relevance to crop producers throughout the state.

Alex Burbach, Program Coordinator —

Alex works with Extension Educators, staff, and Master Gardeners to develop, plan, and coordinate horticulture and gardening programs, and Ag. & Natural Resources Programs.

Angela Miller, 4-H Youth Development Program Coordinator —

Angela works with the 4-H program to coordinate activities for members and volunteers; she also works with community youth education programs.

Gayle Arnold, Office Support Associate —

Gayle is the office receptionist, directs office activity, and provides program support.

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