



Illinois Extension
UNIVERSITY OF ILLINOIS URBANA-CHAMPAIGN

NEWSFLASH



March 18, 2022

Find Your Spark!

Stephenson County
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Freeport, IL 61032
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Website:
go.illinois.edu/jsw

• **Margaret Larson**
County Extension
Director

• **Brenda Heimann**
Program Coordinator
4-H Youth
Development

• **Julie Miller**
Office Support
Assistant

Hello 4-H Families, Leaders, & Volunteers,

Happy Spring! This Sunday is the first day of spring for 2022! I'm sure you are all enjoying this warmer weather and being outside more! I know I sure am!

As we start gearing up for our 4-H shows this summer, I just want to remind you to pay attention to deadlines— as they are very important to being able to show at our 4-H shows! The Calendar of events is updated, as needed and is always put into this E-News. If something was added or changed since the previous E-News that item is highlighted for you so you can catch it!

A couple if important items that are coming up quickly!

- ◆ SUPER SATURDAY is April 2nd -registration is open and spaces are limited. Register by March 25th at <https://go.illinois.edu/SuperSaturday>
- ◆ Dog Classes—Registration Link is open at <https://go.illinois.edu/dogclub> (Kick off meeting is March 30th, 6 pm—at the Extension Office!)
- ◆ 4-H Ambassadors Community Service—Tie Blankets— please bring your tie-blankets to the Extension office by April 15th!
- ◆ YQCA Trainings-In person trainings will still be March 26th in Winslow & April 9th in Freeport,. WAIT for information on March 24th to register for these, please!

Til next Time,

Brenda




Find us on
[Facebook!](#)



STEPHENSON COUNTY 4-H NEWS

4-H Club Meetings—Attendance Policy

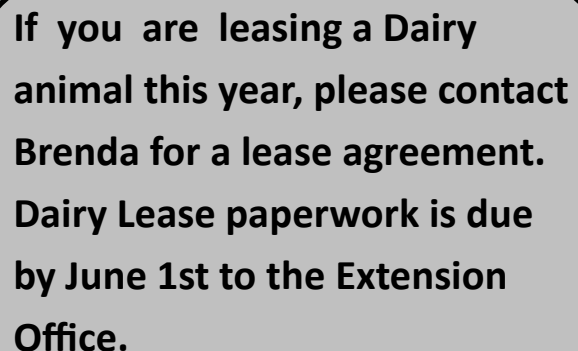
All 4-H members must attend 1/3 of their club meetings for the year, from the time of their enrollment, in order to show at the 4-H shows this summer. If you have questions on this, please reach out to your 4-H leader!



IF you are showing a Beef BUCKET CALF—
Contact Brenda for
your Project Record
Book.



Important



If you are leasing a Dairy animal this year, please contact Brenda for a lease agreement. Dairy Lease paperwork is due by June 1st to the Extension Office.

Super Saturday

Stephenson County 4-H & Youth Development



Saturday, April 2, 2022

8:45 a.m. to 12:00 p.m.



Stephenson County Farm Bureau

210 W. Spring St., Freeport.

Workshop Sessions Include:

- Making T-shirt bags
- Cooking 101
- Origami Art
- Tie Blanket Making
- Calf Management/Halter Making
- Stamping with Vegetables
- Pillow Making
- Cloverbud Activities

Register today at go.illinois.edu/Super Saturday

Invite a friend and come have some fun!! Open to all youth!

We even have activities specifically for our Cloverbuds!

Super Saturday is \$3 for ages 5 -18 years of age

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& ENVIRONMENTAL SCIENCES



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4-H AMBASSADOR COMMUNITY SERVICE PROJECT

Tie Blankets

The Stephenson County 4-H
Ambassadors are making tie
blankets and donating them!

**YOU CAN HELP US BY MAKING A TIE
BLANKET WITH NEW FLEECE AND
DROPPING IT OFF AT THE EXTENSION
OFFICE. ALL TIE BLANKETS THAT
ARE DROPPED OFF WILL BE
DONATED TO THE MADONNA
RENEWAL & LOCAL NURSING
HOMES**

The dead line for dropping off the
blankets is April 15th. If you have any
questions please contact Brenda (815-235-
4125)

STEPHENSON COUNTY 4-H NEWS

QAEC TRAININGS

Quality Assurance and Ethics Training— The Quality Assurance and Ethics training is required for all youth that enroll in **horse, rabbit, poultry, dog, cavy (guinea pigs), and cat**. Members must take the training whether they own a live animal or not. It is advised that they complete this as soon as they are enrolled in the project area. 4-H Members only have to complete a QAEC training once in their 4-H career, when showing a live animal or doing animal science with the above breeds.

Counties will monitor completion of this. Failure to complete QAEC will result in the member's animal science project enrollment being cancelled and they will be ineligible to exhibit at county fairs. The website is open year round at: <https://web.extension.illinois.edu/qaec/>

Deadline is June 1st, 2022





2021-2022 Stephenson County 4-H Calendar of Events

****Some dates/times subject to change****

MARCH 2022

4-13	Brenda will be out of the office
19	Ambassadors Meeting, Middle Lounge- 10-11:30 a.m.
26	YQCA in-person Training at Winslow Community Building, 9:30-11am
26	Forestry Club, 1 st Meeting at Farm Bureau from 1-2:30p.m.
30	Dog Show Kick-Off Meeting, 6:00 pm, HCC, BLDG- R, 153

APRIL 2022

2	SUPER SATURDAY, 8:45 a.m.- 12p.m.- Farm Bureau
6,13,27	Dog SPIN Club at the Fairgrounds, 6pm
6	Public Speaking Contest, 6 p.m. Farm Bureau, 201 W Spring St.
9	YQCA in-person training at Farm Bureau Building, 9:30-11 am
9	Forestry Club, Tree Planting day at Espenscheid's Forest, Rock City, 1pm
15	Ambassadors Community Service- Tie Blankets- Deadline to donate
16	Robotics State Meet, McLean County Fairgrounds- Bloomington, IL
18-24	National Volunteer Week
23-24	4-H State Hippology, Horse Bowl & Speech at UIUC Campus
27	Leader's Meeting, HCC, Building R 6 p.m.
30	State 4-H Public Speaking Contest, Parkland Community College, Champaign, IL

MAY 2022

1	Ownership/ Lease Deadline for Horse Show- Due to Ext. Office
2	DEADLINE for 4-H Camp registration
4, 11, 18, 25	Dog SPIN Club at the fairgrounds, 6pm
15	Ownership for Sheep Wethers and ALL Meat Goats
17	Livestock Superintendent Meeting, 6:30p.m. Location TBD
21	Forestry Club, Meeting 3
30	Extension Office closed for Memorial Day

JUNE 2022

1	Deadline for YQCA & QAEC Certification
1	Dairy Lease paperwork due to Extension office
1	Ownership/ Lease Deadline for Dog Show- Due to Extension Office
1	Swine Ear Notch form deadline- Due to Extension Office
1	Ownership deadline: Beef Heifers, Beef Bucket Calves, Swine- gilts & barrows, Dairy Goat Kids, Dairy Goat Yearling (not in milk), ALL Pygmy Goats, Dairy Calves & Heifers, All Poultry, Rabbits & Cavies (No paperwork to Ext. Office)
1	Dog Show SPIN Club, 6 pm, Stephenson County Fairgrounds,
14-16	4-H Camp, Daycamp- Rock River Christian Camp, Polo, IL
15	Dog SPIN CLUB – Optional Class, 6pm- Stephenson County Fairgrounds



2021-2022 Stephenson County 4-H Calendar of Events

****Some dates/times subject to change****

17	Extension Office Closed, Juneteenth
25	Breeding Sheep Ownership deadline
JULY 2022	
4	Extension Office Closed for Independence Day
6	Creative Writing Submissions for General Projects Day MUST be received in Ext. office no later than 4:00 p.m.
8	Dog Show SPIN Club- Final practice, 6 pm, Stephenson County Fairgrounds
9	Stephenson County 4-H Dog Show, 9 am, Stephenson County Fairgrounds 4-H Cat Show, 10 am, Stephenson County Fairgrounds, Foresight Commercial Building
19	Set-up at Fairgrounds for general Projects Day & Fair week
20	General Projects Day, 8 AM at Fairgrounds
22	Clothing & Textiles, Food Decorating, & Flower Arranging Shows At Highland Community College, building TBD
24-30	State Fair Jr. Horse Show
25	4-H Shows: Crops, Foods, & Horticulture 9 AM Stephenson County Fairgrounds- Foresight buildings
25	4-H Show: Cloverbuds- 1PM- Stephenson County Fairgrounds Foresight building
26	Stephenson County 4-H Livestock shows-Poultry, Goat, Dairy, Swine, Sheep, Beef, & Rabbit / Cavy Stephenson County Fairgrounds
27-30	Stephenson County Fair, Stephenson County Fairgrounds
28	Fashion Show, E & R Tent, 1:30-3:30p.m.
30	Master Showmanship Contest – 1:30 p.m. Swine Show Ring
AUGUST 2022	
6	Stephenson County 4-H Horse show, at Winnebago County Fairgrounds- 8:00 a.m. registration
11-21	Illinois State Fair, Springfield, IL
13	Stephenson County State Fair Exhibition Day

Stephenson County 4-H News



Manual Ordering for 2021-2022!

New this year, All manuals will be ordered by the parents! Go to our webpage:

<https://extension.illinois.edu/jsw/4-h-stephenson-county>

Under Calendar of Events & 4-H Show book, there is a link on “How to Order Manuals.”

If you have any questions regarding manuals, please call me direct at 815-235-4125 or bheimann@illinois.edu

Are you looking for more ways to help your child learn & engage with 4-H?

Illinois 4-H has many resources that can help!!

Check out the 4-H Spark Sheets—

<https://4h.extension.illinois.edu/project-spark-sheets>

And 4-H At Home—

<https://4h.extension.illinois.edu/>



4-H Dog SPIN Club Schedule 2022

Kick Off Meeting: March 30, 2021 at 6:00 p.m.

Location: HCC- Building R

Traditional obedience class (Beginning Novice, Preferred Novice and Novice) will begin at 6 p.m. Showmanship will begin at 6:45 p.m. Rally will begin at 7:00 p.m. These classes will meet on Wednesdays.

Pre- registration is necessary for the dog classes.

Please register here:

<https://go.illinois.edu/dogclub>

April 6
April 13
April 27
May 4
May 11
May 18
May 25
June 1



OPTIONAL Class-June 15th

July 8 *Last practice session on evening before Dog Show

One absence will be allowed, ONLY.

All classes will be held at the Stephenson County Fairgrounds under the Grandstand Building or outside of the building on the grass (weather permitting).

**The 4-H Dog Show is Saturday, July 9, 2021 at 9:00 a.m.
Foresight Commerical Building.**

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Illinois Extension

UNIVERSITY OF ILLINOIS URBANA-CHAMPAIGN



4-H Camp—June 14, 15, 16

Registration for 4-H Camp 2022 is OPEN!!!

4-H Camp is open to **ALL** boys and girls, ages 8-14 by June 14, 2022. **4-H membership is not required**; however, all participants will be expected to comply with the same high behavior standards expected of 4-Hers. Youth need to be interested and excited to have a day of outdoor fun, away from television and technology.

Cost each day is \$70. All camp fees must be paid in full by May 2, 2022. Download a camper application online or register online at: <https://extension.illinois.edu/bdo/northern-illinois-4-h-camp>. If you have any questions, please reach out to Brenda at 815-235-4125.

NORTHERN ILLINOIS 4-H SUMMER DAY CAMP



Illinois Extension
UNIVERSITY OF ILLINOIS URBANA-CHAMPAIGN

JUNE 14, 15, 16

ROCK RIVER CHRISTIAN
CAMP
POLO, IL



SAVE THE DATES
COME JOIN THE FUN IN 2022
ATTEND ONE, TWO OR THREE DAYS!

4-H GREEN COMMUNITIES– TREE PROGRAM & 4-H FORESTRY CLUB

Did you know that Illinois once held 14 million acres of trees, but that number has dropped to 5 million due to modern development practices? Illinois 4-H has partnered with Illinois Soil and Water Conservation Districts to help turn the tide by planting 775 oak trees in 31 counties across Illinois this spring and we need YOUR help! The local 4-H Forestry Club invites youth ages 8-18 that would like to help plant a tree here in Stephenson County to **Contact Brenda at the Stephenson County Extension office (815)235-4125** to put your name on the list to help plant a tree!

PLANTING DATE: April 9 **TIME:** 1PM

PLANTING LOCATION: ESPENSCHIED'S FOREST– ROCK CITY, IL

If you would like to help support this State program financially go here: <https://go.illinois.edu/4hgreencommunity> Help give 4-H youth the ability to plant these fire-resistant, native oak species in public spaces where the community can enjoy the benefits. These 25-tree savannas will help rebuild our native ecosystems, .75 acre at a time.



**Plant a tree.
Save the planet.**

**Illinois 4-H tackles global
issues locally**

SCHOLARSHIPS

Adkins Energy LLC Scholarship–

This scholarship is open to anyone actively in pursuit of higher education!

Applications can be found at: <https://www.adkinsenergy.com/>

picked up from the Extension office, or sent through e-mail by contacting Brenda at 815-235-4125.

Deadline is April 1st!



R.C. Miller Scholarship– The scholarship was established by R. C. Miller, a lifetime Stephenson County resident and ardent supporter of agriculture, natural resources and conservation. Miller, who died in 2007, left a legacy in the community for his support of a variety of programs and efforts, especially youth and conservation causes.

To be eligible to apply, individuals must be residents of Stephenson County and enrolled in an agriculture, natural resources or related degree program. Applicants must be accepted at their chosen college or university and be a full-time student carrying a minimum of 12 hours per semester.

To receive an application, please call the University of Illinois Extension Stephenson County Office at 815-235-4125. Completed applications are due by June 1, 2022 to the U of I Extension, 2998 W. Pearl City Rd, Freeport. Chosen recipients will be awarded a \$1,000 scholarship.



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I MADE THAT!

Spring Into Quick Breads

Each kit is \$5 and includes:

- April "I Made That!" booklet
- Baking Guide
- Quick Bread Recipes
- Back-yard Scavenger Hunt
- Baking Powder & Poppy Seeds
- Spatula or Measuring Spoons (your choice of one)



**Kits will be available for pick-up beginning April 4 at our
Extension offices in the following counties:**

Jo Daviess (815) 858-2273 Stephenson (815) 235-4125 Winnebago (815) 986-4357

REGISTER YOUR YOUTH TODAY!

go.illinois.edu/jswIMadeThat

Jo Daviess County 4-H Stephenson County 4-H Winnebago County 4-H
University of Illinois Extension College of Agriculture Consumer & Environmental Sciences

University of Illinois Extension provides equal opportunities in programs and employment. If you need a reasonable accommodation to participate, contact our office at (815) 235-4125.

STATE 4-H NEWS

Calling all Photographers!!!

Minnesota 4-H is once again offering an opportunity for 4-H'ers across the NC region to participate in a photography contest. This offering has been very popular and all participants receive feedback on their photo entries. Many youth use this opportunity to prepare for summer showcase events.

You can access all the information and the registration page here:

<https://docs.google.com/document/d/1m-n8cFUvWBvtvKT5WkUP0aNfBS8OLKcip4Mes8kU-c4/edit?usp=sharing>

Submission Deadline is March 31st!



Every dollar makes a difference in helping a young person find their SPARK. February 1 – April 30, visit a local @JOANN store and you can invest in a young person by donating to @4-H.

joann.com/4-H/

#JOANNhearts4H

STATE 4-H NEWS

GET YOUR TACKLE READY - 2022 4-H Sport Fishing Virtual Monthly Challenges Coming Soon!

Open to all current year 4-H members, but new rod & reel prizes **only** for 4-H members registered in the 4-H Sport fishing project for the 2021-2022 year. [Link to tournament details published in March!](#)

April – Crappie State 4-H Tournament

May – Largemouth Bass 4-H State Tournament

June – Channel Catfish 4-H State Tournament

Hint: *Sign up for 4-H Sport fishing project now*, and begin preparing for crappie contest in April by going here to begin learning about crappie:

<https://www.ifishillinois.org/species/CRP.php>



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STATE 4-H NEWS

SHOOTING SPORTS VOLUNTEER NEEDED: If you are 21 years of age or older & enjoy working with youth we are looking for you! We need 1 more volunteer to get trained in Archery in order to offer the SHOOTING SPORTS program again in Stephenson County! All training is paid for by Extension.

We are specifically looking for someone who enjoys archery and has a passion to share that interest with our youth today! IF THAT PERSON is YOU!! Please contact the Extension office today– 815-235-4125.

Applications are now OPEN for the **2023 #4HYouthinAction Awards!** Now is the chance for 4-H'ers ages 15-19 to tell their 4-H story of impact, leadership, and purpose.

Four selected recipients will:

- earn a \$5K scholarship
- serve as a national youth spokesperson...and much more!

Learn more about the awards, application process, and apply! <https://bit.ly/3FgUlb0>



Applications now open!



EXTENSION NEWS

REVERSING THE EXODUS: Strategies for Attracting & Retaining Young Adults in Rural Communities

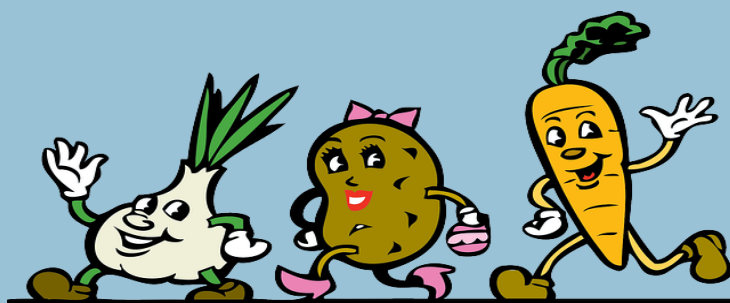
On Tuesday, April 5, 2022, the University of Illinois Extension and the Greater Freeport Partnership will offer a program which will discuss several research-based strategies that communities can implement now to help reverse the trend, including insights into how remote work may provide more opportunities for people to migrate back to rural communities. The program will be followed by a young adult panel discussion. Reversing the Exodus will begin at 5:30 pm at the Great Freeport Partnership Office, 110 W. Main Street, Freeport. There is no cost to attend; a light supper will be offered beginning at 5:00 pm.

For more information or to register, please contact the U of I Extension at 815-235-4125 or online at <https://extension.illinois.edu/jsw>.



Understanding how diet and lifestyle influence the inflammation process

Understanding Inflammation and How Diet Influences the Inflammation Process will be held on Tuesday, April 12, from 1:00 PM to 3:00 PM, at the Stephenson County Farm Bureau, 210 W Spring St, Freeport. Cannot join us in person? Then join us virtually! Wednesday, April 13, from 1:00- 3:00 PM, via Zoom. There is no cost to attend this program, however, seating is limited, and pre-registration is required. The deadline for registration for both events is Monday, April 11, 2022. To register or for more information call our office at (815) 235-4125 or visit us online at go.illinois.edu/jsw.



FUN WITH 4-H

Back by
popular Demand!

19th Annual



4-H DAY WITH THE *Cardinals*

4-H members, alumni, family, and friends are invited to join University of Illinois Extension in partnership with University of Missouri Extension for a (hopeful) Cardinal win against the San Francisco Giants!



May 14

1:15PM

\$25/ticket

*All sales final

REGISTRATION DEADLINE: APRIL 1 @ 11:59PM

- Participate in the parade on field prior to the game.
- Shirt included in ticket price.
- Additional raffle tickets available for \$1.00. 1st prize is to throw out the first pitch (4-H members only). Additional prizes include tickets to a future game and autographed baseballs (no exclusions for additional prizes.)

Register here: <https://go.illinois.edu/4HCardinals2022>

*Please note - groups that wish to *sit together* **MUST** submit one order.

TICKETS AND T-SHIRTS WILL BE MAILED OUT THE LAST WEEK OF APRIL!

Ticket/t-shirt questions? Contact *Rhonda Shafer* at shaferr@missouri.edu

Parade/raffle questions? Contact *Dave Hileman* at hilemand@missouri.edu



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Extension
University of Missouri



Save the
date

4-H River Tubing Float Day

Saturday, June 25, 2022

10:30 am



*Sugar River
Adventures.com*
Rockton, IL

More information coming soon!

WARREN COUNTY 4-H LIVESTOCK JUDGING CONTEST

Registration

8 AM

Contest

9 AM



Saturday, May 28, 2022
Warren County Fairgrounds
Roseville, IL



Junior Division, Ages 8-13 as of January 1 | Senior Division, Ages 14-18 as of January 1

Team and Individual Awards Presented to Overall and Species Winners

\$3/person | Checks payable to "University of Illinois Extension"

Contact Shelby Carlson, 4-H Youth Development Educator at srcarls2@illinois.edu or

(309)734-5161, or Lynn Shimmin at (309)224-1469 with questions

Advanced registration requested by emailing Shelby at [srcarls2@illinois](mailto:srcarls2@illinois.edu)

**Lunch Available for Purchase
from Happy Hustler's 4-H Club**



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