



NEWSFLASH



February 18, 2021

#Opportunity4All

Stephenson County
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Director

• **Brenda Heimann**
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4-H Youth
Development

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Hello 4-H Families,

Hopefully everyone managed to stay warm through our “polar vortex!” Let’s hope this is the last of the really cold stuff!

Beef Weigh-In went very well. We had over 30 head of beef come through the chute to get weighed and tagged. Thank you to all our volunteers and superintendents that helped!

We held our 1st in-Person Ambassadors meeting on February 6th! All 5 Ambassador’s were able to attend. We enjoyed tie-dyeing and just getting to know each other a little bit better! Below are some pictures of the fun we had!



Don’t forget to get on our next **Countywide Virtual 4-H Meeting!** Next Wednesday, February 24th at 6:30 pm.



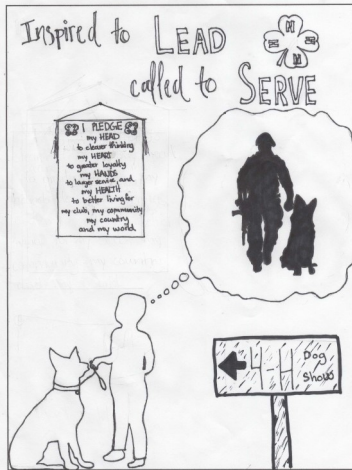
*Sending Warm Wishes,
Brenda*



Find us on
[Facebook!](#)

STEPHENSON COUNTY 4-H INFORMATION:

CLUB ATTENDANCE POLICY- Please remember that all 4-H members must attend at least 1/3 of the club meetings/activities in order to participate in the 4-H Fair. At the end of June, 4-H Club Organizational Leaders will be given a “Non-Eligible for Show” Form to complete and turn in to the Extension Office. Please do your best to attend!



PROGRAM BOOK COVER CONTEST- With the new 4-H year underway, it is once again time to think about the 2021 4-H Fair Program Book Cover Contest.

All 4-H members are invited to submit a drawing. If chosen, this drawing will be the cover for the 4-H Fair Program Book. The deadline to submit your drawing will be February 28, 2021.

The theme for this year is: “4-H: OPPORTUNITY FOR ALL”

- A fine point black marker or dark pencil works best for copying your picture, so please do NOT use colored pencils. The program book is printed in black and white.
- Please make sure you have the theme title AND the current year somewhere in your drawing.
- Please make sure your text is legible and spelled correctly.
- You may bring your hard copy to the Extension Office or you can scan and email it to me. Please do NOT fax or send it as a picture.
- If you are submitting a hard copy, please include name, age, and club on the back lightly in pencil. If you are emailing it to me, please include the information in the email.

4-H UNIVERSITY APP- The State 4-H Office has launched a free app for iPhones called “4-H University.” Currently, this app will feature “Cooking 101” material, project manual for the “Technology: Drone” project and material for the new “Maker” project. You may find this app on the Apple Store.

4-H CLUB REPORTER NEWS

Lena Lucky Clovers 4-H meeting

The Lena Lucky Clovers met on February 2nd 2021 in person. We had our meeting at the Winslow Community Building. There, we made Valentine's cards for the Lena Living Center as a community service project. Then the members of the Visel family gave talks and demonstrations on Things Made From Cows, Deer Meat, and Flowers. There also was a candy guess for whoever wanted to participate. The meeting lasted for almost an hour, and we were all happy to be in person. The next meeting will be held on March 2nd 2021.



By: Addison Tiesman

Lena Lucky Clovers Reporter

4-H Dog SPIN Club Schedule 2021

**Kick Off Meeting: March 24, 2021 at 6:30 p.m.
Location TBD**

Traditional obedience class (Beginning Novice, Preferred Novice and Novice) will begin at 6 p.m. Showmanship will begin at 6:45 p.m. Rally will begin at 7:00 p.m. These classes will meet on Wednesdays.



May 19
May 26
June 2
June 9
June 16
June 23
June 30
July 7



July 9 *Last practice session on evening before Dog Show

All classes will be held at the Stephenson County Fairgrounds in the Foresight Commercial Building or outside of the building on the grass (weather permitting).

**The 4-H Dog Show is Saturday, July 10, 2021 at 9:00 a.m.
Foresight Commerical Building.**

University of Illinois Extension provides educational programs and research-based information to help Illinois residents improve their quality of life, develop skills and solve problems. If you need a reasonable accommodation to participate in this program, please call the U of I Extension office. Early requests are strongly encouraged to allow sufficient time for meeting your access needs. University of Illinois Extension provides equal opportunities in programs and employment. University of Illinois College of Agricultural, Consumer and Environmental Sciences - United States Department of Agriculture - Local Extension Councils Cooperating.



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I MADE THAT!

National Nutrition Month Education Kit



MARCH IS NATIONAL NUTRITION MONTH AND THE THEME IS "PERSONALIZE YOUR PLATE"

University of Illinois Extension & 4-H has a fun opportunity to enhance your cooking skills! We are putting together educational cooking kits - designed to inspire the inner chef and help youth gain confidence while working in the kitchen.

REGISTRATION DEADLINE - MARCH 1, 2021

Register for your kit at: go.illinois.edu/jswIMadeThat

Sign up to receive a March cooking kit!

The cost is \$5 per kit. It includes the March "I Made That!" Booklet, a sensory evaluation, fun recipes, and beans to get you started. Each kit also comes with a reusable 8" 4-section comic book design MyPlate!

- Register for your kit @ go.illinois.edu/jswIMadeThat
- Your kits will be available the 2nd week in March for you to pick up at one of our Extension offices in Elizabeth, Freeport, or Rockford, IL.
- You'll then have a few weeks to utilize your kit and make your recipes.
- Complete your sensory evaluation form and upload a photo of your recipe to showcase what you've learned by April 1st!

Jo Daviess County 4-H Stephenson County 4-H Winnebago County 4-H
University of Illinois Extension College of Agriculture Consumer & Environmental Sciences



STEPHENSON COUNTY IMPORTANT DATES TO REMEMBER

FEBRUARY 2021

- 16, 23 **Your Thoughts Matter Virtual SPIN Club, 5:30-6:30 pm**
- 22 Camp Counselor Training, Zoom, 6-8 pm
- 24 **Stephenson Countywide Virtual 4-H Meeting via Zoom, 6:30 pm**
- 28 Deadline for Program Cover contest



MARCH 2021

- 2, 9, 16, 23 **Your Thoughts Matter Virtual SPIN Club, 5:30-6:30 pm**
- 13 **Ambassadors Meeting, HCC, Bldg R, Rm 153, 1:30 pm.**
- 15 Fair Entry opens for Public Presentations
- 24 Dog Show Kick-Off Meeting, 6:30 pm, Location TBD

APRIL 2021

- 1 **Final day to add/change projects in 4-H Online**
- 1 **Enrollment due date to enroll in 4-H Online for ALL new members**
- 10 Camp Counselor Training, Zoom, 9-12pm
- 20 Stephenson County Public Presentations Contest, HCC, Room TBD, 6:30 pm
- 18-24 National Volunteer Week
- 24-25 Youth Livestock Conference, Springfield



MAY 2021

- 1 Ownership/ Lease Deadline for Horse Show- Due to Ext. Office Swine ownership deadline (No paperwork to Ext. Office)
- 1 Camp Counselor Training, Ogle County Office, 9-3pm
- 15 Ownership for Sheep Wethers and ALL Meat Goats
- 19, 26 Dog Show SPIN Club, 6 pm, Stephenson County Fairgrounds, Foresight Commercial Building
- 31 Extension Office closed for Memorial Day



JUNE 2021

- 1 **Deadline for YQCA & QAEC Certification– In person** to be held in April or May
- Ownership/ Lease Deadline for Dog Show- Due to Extension Office
- 1 Swine Ear Notch form deadline- Due to Extension Office
- 1 Ownership deadline: Beef Heifers, Beef Bucket Calves, Dairy Goat Kids, Dairy Goat Yearling (not in milk), *ALL Pygmy Goats, Dairy Calves & Heifers, All Poultry, Rabbits & Cavies (No paperwork to Ext. Office)
- 2, 9, 16, 23, 30 Dog Show SPIN Club, 6 pm, Stephenson County Fairgrounds, Foresight Commercial Building
- 3 Babysitting Clinic **Tentative**, Pearl City Park District
- 5 Illinois State 4-H Public Speaking Contest, Richland Community College, Decatur

SCHOLARSHIP INFORMATION:

Adkins Energy- This Scholarship is designed for ANYONE actively pursuing higher education. Adkins Energy LLC will award 3- \$500 scholarships. Please visit their website: www.adkinsenergy.com **Deadline is April 5th, 2021**



R. C. Miller Agriculture Scholarship— Must be a Stephenson County resident, studying agriculture with an emphasis in conservation. 1- \$1000 scholarship will be awarded. Please contact Julie Miller, Office Support Assistant at 815-235-4125 for application. **Deadline is: June 1st, 2021**

ILLINOIS 4-H INFORMATION:



Tell Your 4-H Story –

Join the *Speaking for Illinois 4-H* Team

We're looking for 4-H members interested in spreading the great news about 4-H. 4-H members 14 years of age or older can join the *Speaking for Illinois 4-H* team. There will be a virtual training offered on **Saturday, March 6**.

This virtual training, provided by the Illinois State 4-H Youth Leadership Team, gives you the chance to explore your own 4-H history and why you are involved, put that story into words, and learn the best ways to approach donors, civic groups, elected officials, and others to talk about 4-H. Learn why 4-H believes in Positive Youth Development and how we emphasize the essential elements of Belonging, Independence, Generosity and Mastery. All of this – and more – is a part of *Speaking for Illinois 4-H*! Once you're trained, you'll receive an invitation to be a part of our Legislative Connection events.

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Registration is open NOW @: <https://4h.extension.illinois.edu/events/speaking-illinois-4-h-training>.

ILLINI SUMMER ACADEMIES

If you are curious as to what college or career is right for you, plan now to join us and discover new possibilities at the Illini Summer Academies (ISA)! At ISA you can expect a fun and exploratory experience featuring a virtual academy session and a variety of new workshops and fun virtual activities. For questions, contact us at illini-4h@illinois.edu.



Career Sparks Series (Not a Summer Program)

Career Sparks is a unique opportunity for teens to **explore career paths** by connecting with highly successful young professionals in diverse industries.

We are looking for (3) youth who are highly energetic and interested in being in front of a camera to interview a young professional. Please contact Cindy Ogwal at cowusu@illinois.edu for additional information.

Discovering STEM in ACES

The pre-college summer programs have officially launched and wish to invite you to share with students grades 9-11 in your units. Many of you have known of the Research Apprentice Program (RAP) is held in person in campus. Due to Covid-19 pandemic we have decided to move forward this summer virtually. We have renamed the program to **Discovering STEM in ACES**. You can access more information at <https://aces.illinois.edu/academics/diversity/discovering-stem>.

Discovering STEM in ACES is a two-week virtual experience, July 11- 23, 2021, via Zoom from the University of Illinois. It is designed to help the students explore STEM programs dealing with food, environment, and human sciences. Students are selected based on grades, stated interest in STEM areas, letter of recommendation, and a final zoom interview. The application deadline is Friday-March 19,2021.

For students interested in exploring opportunities associated with becoming a veterinarian and working with wildlife, there is a program offered through the USDA called Ag Discovery Program. This program is also virtual via Zoom, July 11-30, 2021. The deadline to apply is Thursday- March 25, 2021. See the link to access the application: <https://academics.aces.illinois.edu/diversity/ag-discovery>

ILLINOIS 4-H INFORMATION:

2021 National 4-H Youth Agri-Science Virtual Summit

Registration is now open for the 2021 Youth Agri-Science Virtual Summit. This is a great opportunity for high school students to develop the skills and knowledge needed for the challenges facing agriculture, food security, and sustainability. Students will work with each other and experts in the agricultural community in this collaborative, hands-on educational setting.

Register here: <https://4-h.org/parents/national-youth-summits/#agriscience>

Registration closes on **Friday, February 19th.**

Contact Mark Becker with any questions at mbbecker@illinois.edu



INTERESTED IN SHARING YOUR 4-H STORY?

Interested in sharing your 4-H story for a 4-H Alumni profile? We are seeking 4-H alumni to share their 4-H story to be highlighted on our social media accounts for a "Member Monday" 4-H profile!

Click here "[share your 4-H Story](#)" today!



4-H Shooting Sports Leader Certification Training

9am – 7pm; Saturday, June 5, 2021

Location: 4-H Memorial Camp, Monticello, IL

Registration Details Coming Soon.



ILLINOIS 4-H VOLUNTEER DEVELOPMENT

4-H VOLUNTEER TRAINING OPPORTUNITY!

During this period when 4-H members find themselves experiencing restrictions associated with gathering with friends and club members face-to-face, having the opportunity to be part of an engaging and fun, yes we said FUN virtual meeting might be the highlight of their week! Register now for this upcoming **Volunteer Training – Leading in a Virtual World!**

If you question whether you have the skills or tools you need to put together a virtual club experience, this webinar will help you become comfortable interacting in a virtual meeting format; and more importantly support you as you include every part of the club meeting virtually. You can conduct club business; engage members in group decision-making; create positive learning experiences; and give members an opportunity to laugh and have fun together! Be sure to encourage your 4-H members in leadership roles to participate as well.

Link to register for the **February 25, 2021** volunteer training opportunity

<https://web.extension.illinois.edu/registration/default.cfm?RegistrationID=23034>

Don't forget - all 4-H volunteers and members in leadership roles who participate in 75% (3 of the 4) Volunteer Café Conversations will receive their very own limited edition 4-H Volunteer Café Conversations Ceramic mug! We have had great participation so far and if you have already attended at least one session, you are on your way to receiving you Café Conversations mug!

4-H VOLUNTEER CAFÉ CONVERSATIONS!

Register to participate in the **4-H Volunteer Café Conversations**. We are so excited to continue this new Illinois 4-H opportunity creating a platform for 4-H Volunteers from across Illinois to meet virtually and discuss topics of interest, share both ideas and challenges. Volunteers will gain access to tools & techniques to support their volunteer efforts, strengthening 4-H club and member learning experiences. We have two upcoming Café Conversation opportunities coming up in the next few months. We will address two topics during each Café Conversation so bring your ideas, questions, and since this is a Café Conversation, feel free to bring a snack!

4-H Volunteer Café Conversation - Thursday, February 18, 2021; 7 PM

TOPICS will include:

It's Cold Outside: Are Your 4-H Clubs Still Hot? Let's Play!

Link to register for the **February 18, 2021** Volunteer Café Conversation:

<https://web.extension.illinois.edu/registration/default.cfm?RegistrationID=22728>

4-H Volunteer Café Conversation - Thursday, May 20, 2021; 7 PM

TOPICS will include:

One for the Project, Two for the Show, Three to Get Ready...Go Clover Go! Summer Fun!

Link to register for the **May 20, 2021** Volunteer Café Conversation:

<https://web.extension.illinois.edu/registration/default.cfm?RegistrationID=22738>

ILLINOIS 4-H INFORMATION:



If you do gardening with kids or have them do service projects such as bring food to food pantries, you might see something on our NDSU Extension webinar list you want to attend.

<https://ndsus8.list-manage.com/subscribe?u=b303ec77430a20180bc6a4b92&id=502444b486>

Sign up below to register for the Field to Fork Weekly Webinars from NDSU. Depending on your state, you might see some familiar names!

The free webinars will be held each **Wednesday from 2 to 3 p.m. Central time February 10 through April 21**. They will be archived for later viewing; however, participating in the “live” webinar allows you to interact with the presenter.

When you sign up, you'll receive two reminder emails, a link to an evaluation survey, and a message about how to access the recording for each of the 11 webinars below:

- Feb. 10: Shopping in a Garden Center: Tips for Customers and Managers - Don Kinzler, NDSU Extension agent - horticulture, Cass County
- Feb. 17: Growing Safe Produce for Distribution to Food Pantries - Barbara Ingham, professor and Extension food science specialist, University of Wisconsin-Madison
- Feb. 24: Hot Topics in Food Preservation - Karen Blakeslee, Extension associate, Kansas State University
- March 3: High Tunnel Cut Flower Production - Esther McGinnis, associate professor and Extension horticulturist, NDSU
- March 10: The Best Vegetable Varieties for 2021 - Tom Kalb, Extension horticulturist, NDSU
- March 17: Weed Control in the Home Garden - Randy Nelson, Extension home horticulture and agriculture production systems educator, University of Minnesota
- March 24: The “Good” Creepy Crawlers in Your Garden - Janet Knodel, professor and Extension entomologist, NDSU
- March 31: Maple Syrup Production - Joe Zeleznik, Extension forester, NDSU
- April 7: Hot Topics in Nutrition: Why Eat Fruits and Vegetables, Anyway? - Julie Garden-Robinson, professor and food and nutrition specialist, NDSU
- April 14: Tips for Selling Food Safely at Farmers Markets - Londa Nwadike, food safety specialist, Kansas State University and the University of Missouri
- April 21: How to Start a New Food Business - Amy Illg, program administrator, North Dakota Department of Health, Division of Food and Lodging

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ILLINOIS 4-H INFORMATION:

June

Horse Show Events at the Illinois State Fair Grounds

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
		1	2 Region XI Arabian Show Non Fair Show	3 Region XI Arabian Show Non Fair Show	4 Region XI Arabian Show Non Fair Show	5 Region XI Arabian Show Non Fair Show
6 Region XI Arabian Show Non Fair Show	7	8	9	10	11	12
13	14 Set up for Midwest Charity Non Fair Show	15 Set up for Midwest Charity Non Fair Show	16 Set up for Midwest Charity Non Fair Show	17 Midwest Charity show starts Non Fair Show	18 Midwest Charity Show Non Fair Show	19 Midwest Charity Show Non Fair Show
20 Take down Midwest Charity Décor Non Fair Show	21 Western Show Appaloosa & POA Show Move in State Fair Show	22 Western Show Appaloosa & ? POA Show State Fair Show	23 Western Show Appaloosa & ? POA Show State Fair Show	24 Non Fair Show	25 Non Fair Show	26 Centerline Dressage Show Non Fair Show
27 Centerline Dressage Show Non Fair Show	28 Non Fair Show	29 Western Paint Show Move in State Fair Show	30 Western Paint Show State Fair Show			

2021

July

Horse Show Events at the Illinois Fair Grounds

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
				1 Western Paint Show AQHA move in State Fair Show	2 Western AQHA Show State Fair Show	3 Western AQHA Show Barrel Racing in MPA State Fair Show
4 Barrel Racing in MPA State Fair Show	5 Palomino World Show Move in Non Fair Show	6 Palomino World Show Non Fair Show	7 Palomino World Show Non Fair Show	8 Palomino World Show Non Fair Show	9 Palomino World Show Non Fair Show	10 Palomino World Show Non Fair Show
11 Palomino World Show Non Fair Show	12 Palomino World Show Non Fair Show	13 Palomino World Show Non Fair Show	14 Palomino World Show Non Fair Show	15 Palomino World Show Non Fair Show	16 Palomino World Show Non Fair Show	17 Palomino World Show Non Fair Show
18 Clean Stalls	19 Western Reining Show move in State Fair Show	20 Western Reining Show State Fair Show	21 Western Reining Show State Fair Show	22 Western Reining Show State Fair Show	23 Western Reining Show State Fair Show	24 Western Reining Show State Fair Show
25 Jr Horse Show Schooling over jumps. In the After noon 4:00 to 8:00	26 Jr Horse Show English Dressage, Jumping Hunt Seat Saddle Seat	27 Jr Horse Show English Showmanship Conformation Equitation	28 Jr Horse Show Tail Class, Traditional & Stock Patten Costume Class Scholarship Class	29 Jr Horse Show Western Ranch Riding & Pleasure & Horsemanship	30 Jr Horse Show Western Horsemanship Gymkhana in the MPA in the afternoon	31 Jr Horse Show Western Conformation Showmanship, Egg & spoon Versatility

2021

ILLINOIS 4-H INFORMATION:

August

Horse Show Events at the Illinois State Fair Grounds

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
1 Jr Horse Show Western Pleasure Reining State Fair Show	2	3	4	5	6 Society Horses move in	
8	9 1 st Session Society Horse Show	10 1 st Session Society Horse Show	11 1 st Session Society Horse Show	12 1 st Session Society Horse Show State Fair Starts	13 1 st Session Society Horse Show Draft Horse move in	14 Draft Horses move in Livestock show of champion
15 Draft Horse Show	16 Draft Horse Show	17 Draft Horse Show Livestock Sale	18	19 2 nd Session Society Horse Show	20 2 nd Session Society Horse Show	21 2 nd Session Society Horse Show
22 Draft Horse Pull in the afternoon	23	24	25	26	27	28 Western Mounted Shooting State Fair Show
29 Western Mounted Shooting State Fair Show	30	31				

2021



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WHAT'S HAPPENING AT THE EXTENSION:



REINVIGORATING PASTURES AND EXPANDING GRAZING
MARCH 3, 10, 17, AND 24, 2021
6:30 TO 8:00 P.M.

2021 Northwest Illinois Grazing Conference



Illinois
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CERTIFIED FOOD PROTECTION MANAGER COURSE

4 STEPS TO FOOD SAFETY




CLEAN 



SEPARATE 



COOK 



CHILL 

 ILLINOIS
Extension

MARCH 8, 9, 10, & 12
CLASS VIA ZOOM WITH
AN IN-PERSON EXAM
FREEPORT, IL

WHAT'S HAPPENING AT THE EXTENSION:

Eating when we are not truly physically hungry can lead to unintentional weight gain, heartburn, and even impact our ability to get a good night's rest. If you find yourself eating for reasons other than physical hunger, this 90-minute online session could be for you. Check out this and other upcoming webinars at go.illinois.edu/jsw.



Think Spring Gardening Series

This virtual series will be held Tuesday and Thursday evenings from March 16 -April 1st. 6:30-8:30 pm to pre-register go to go.illinois.edu/jsw or call us at 815-235-4125

WHAT'S HAPPENING AT THE EXTENSION:



25th Annual
**Stateline
Fruit & Vegetable
Growers Conference**

Virtual events held in February 2021

Thursday Tracks

February 18 | 1:00-3:30PM - Fruit Diseases & Insects

February 25 | 1:00-3:30PM - Vegetable Diseases & Insects

Friday Events

February 12 | Noon-1:00PM - Hard Cider Production

February 19 | Noon-1:00PM - Pumpkin Varieties

February 26 | Noon-1:00PM - High Tunnel Production

Visit for more information & registration:

go.illinois.edu/stateline2021

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**Rural Pond
Management Webinar**
March 30, 7-8:30 pm

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WHATS HAPPENING AT THE EXTENSION



Take a stand against
heart disease!

Webinar classes begin
Feb. 18th– March 11.
11am. Call us a 815-235-
4125 to register.