



Jo Daviess County
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Facebook!
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E-NEWS



February 17, 2020

"To Make the Best Better"

Hello everyone,

It is almost March which means your 4-H member has:

- ✓ enrolled in 4-H
- ✓ picked their projects
- ✓ attended some meetings
- ✓ participated in one of the many workshops, fun activities, or club opportunities hosted by the Extension Office or your club.

Youth and adults learn from each other by trying new things, meeting new friends, and having fun together. The greater the parent/guardian involvement, the greater and stronger the 4-H program will be. The following lists of Do's and Don'ts of Being a 4-H Parent/Guardian will help 4-H members have a better 4-H experience now and the years to come!

DO'S:

- DO** take time to learn about 4-H, what it stands for, and how it operates.
- DO** advise your son or daughter in selecting 4-H projects. Help them select a project they are interested in, have the ability to accomplish, and one for which you can help furnish needed materials, facilities, financing, and guidance.
- DO** keep in mind that the most important goal of 4-H is personal growth of the individual.
- DO** help your youth see the progress they have made and knowledge they have gained and not just focus only on the end result. Give them encouragement when they succeed and even more when he/she fails. Judging events are all about learning, not the awards. Whatever ratings are given or scores received, help your child to see progress made, things learned, goals that have been reached and areas to focus on in the future.
- DO** volunteer your hobbies and talents to 4-H leaders and 4-H youth.
- DO** keep informed of 4-H deadlines, activities, and events by taking the time to read the monthly newsletters, emails, Facebook posts, or whatever method of communication between the Extension Office is with the families.
- DO** help youth by guiding and supporting them, not by doing their project for them so they can develop their own life skills. This may include some bumps and bruises along the way, but in the end the 4-H member will be better off if they know that the 4-H project was their own work!
- DO** ASK QUESTIONS! 4-H has its own culture and language, so don't be afraid to ask questions.

DON'TS:

- DON'T** do your child's projects for them, even though you may be able to do it faster, better, simpler, and with much less mess. Remember 4-H is *Learning By Doing*.
- DON'T** discourage a child's enthusiasm by providing too much corrective influence or criticism.
- DON'T** let the desire to win overpower your child's ability to learn. Do keep in mind that the 4-H experience should be an educational one.
- DON'T** schedule family outings which constantly conflict with your child's 4-H schedule.
- DON'T** view your child as an extension of yourself. Don't view his/her success or failure as a reflection of your ability or worth.
- DON'T** assume your child is always right.
- DON'T** be disrespectful to the judges when your child didn't get the award or color of ribbon you thought they should have received. Remember, the judge's opinion is just one person's opinion.

Remember the most important thing for a parent or guardian to do for a 4-H youth is support and encouragement. There is no failure in 4-H just learning from mistakes. Be a supportive parent and help your child and 4-H leader to "Make the Best Better!"

- Angela Miller: amilr11@illinois.edu

Program Book Cover Contest- YOU STILL HAVE TIME

ALL 4-H members are invited to submit a drawing. If chosen, this drawing will be the cover for the 2020 4-H Fair Program Book. **The deadline has been extended to Monday, February 24.**

The theme this year is **"Inspired to Lead. Called to Serve"**

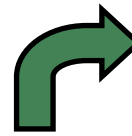
A fine point black marker or dark pencil works best for copying your picture, so please do not use colored pencils. The program book is printed in black and white.

Please make sure you have the theme title and the current year somewhere in your drawing. Also, make sure all your text is legible and spelled correctly!

You may bring a hard copy by our office located at 204 Vine St. in Elizabeth beginning anytime M-F from 8 am-4:00 pm. You may also leave it in the mailbox outside our building. Do NOT fax.

Every drawing submitted will be used somewhere in the program book.

Please write your name, age, and club on the back of your Drawing lightly with pencil!



Your drawing must be free-hand (not copied) on an 8.5" x 11" white piece of paper. It is ok to draw a line to frame your paper, but make sure you stay inside the 1" Border.

4-H Federation Meeting– 4-H Federation will meet on Monday, March 2 at the Christ Lutheran Church in Stockton. This will begin at 7 pm.

We will do an activity, finalize Fun Day, discuss bowling, discuss team-building trip to Dubuque, IA, and hear a presentation.

Federation is open to any Jo Daviess County 4-H member. Federation is a county leadership group that focuses on making Jo Daviess County 4-H better for its 4-Hers.

Call Angela if you would like more information about Federation or how you can get involved!



PROJECT MANUAL UPDATES: Here are additional resources you may be interested in. If you are enrolled in a project but there is no manual for it OR there are additional manuals that will open up more exhibit opportunities for you at fair these may be of interest to you.

Robotics: <https://4h.extension.illinois.edu/members/projects/robotics>. There are no curriculum/educational resources to download. There are some webpages listed at the bottom of the page.

3D Print & Design: <https://4h.extension.illinois.edu/members/projects/technology-3d-printing-design>. There are no curriculum/educational resources to download. There are some webpages listed at the bottom of the page.

Drones: <https://4h.extension.illinois.edu/members/projects/technology-drones>. There are no curriculum/educational resources to download. There are some webpages listed at the bottom of the page.

Intercultural: this manual is currently out of stock. IL 4-H owns that publication so we are awaiting instruction the State 4-H Office to see if that gets posted to the State 4-H website or if it is being reprinted. Look for an updates soon.

Computer Science Text Based Programming: go.illinois.edu/4Hcs

Vegetable Guide for Vegetable Gardening: [Illinois Vegetable Guide](#)

Visual Arts: additional manuals

* [Paper Crafts](#)

* [Knitting Tutorials](#) - those enrolled in Heritage Arts/Fiber

* [4-H Crochet](#) - those enrolled in Heritage Arts/Fiber

* [The 4-H Crocheting Handbook](#) - those enrolled in Heritage Arts/Fiber

* [Cake Decorating](#) - those enrolled in Food Decoration

* [Duct Tape Crafts](#)—those enrolled in Fiber

Video/ Filmmaking:

[National 4-H Filmmaking Studio](#)

[Illinois Filmmakers](#)



If you
ordered a
manual
but did
not
receive it...
I may have
it here.
I just got
those on
backorder!

Quality Assurance and Ethics Training— The Quality Assurance and Ethics training is required for all youth that enroll in horse, rabbit, poultry, dog, cavy (guinea pigs), and cat. Members must take the training whether they own a live animal or not. It is advised that they complete this one time as soon as they are enrolled in the project area.

Counties will monitor completion of this. Failure to complete QA&E will result in the member's animal science project enrollment being cancelled and they will be ineligible to exhibit at county fairs.

The website is open year round @ <http://web.extension.illinois.edu/gaec/>.

Horse Lease/Ownership Paperwork— All horse paperwork is due on **May 1** in the Extension Office. This means you must have owned a horse or have one leased by this date.

***You must take NEW pictures. Pictures from previous years have been discarded.**

You must turn in the ownership/lease form and completed your guidelines and policies form.

Please keep in mind that you are NOT required to turn in your Coggins at this time. You will be required to have it "in hand" for the 4-H fair or any show/clinic that you participate in, however.

Deadlines

Deadlines are a super important part of 4-H.

Enrollment, animal ownership, and fair deadlines are just a few of the big ones to keep in mind.

There is always a lot of behind the scenes activity that takes place after deadlines.

Please keep in mind that deadlines are set to give the 4-Her the most time to "get it done" but not a lot of time for me to get it done!

Animal Ownership Deadlines— All 4-Hers who intend to exhibit at the 2020 Jo Daviess County 4-H Fair must abide by the following ownership deadlines.

January 1

Performance Cows (Beef)
Dairy Cows
Milking Does (Goat)

February 1

Steers
Ewes

May 15

Market Wethers & Ewes (sheep)
Jr. & Open Premiere Sheep
All Meat Goats (wethers and all breeding animals)
Beef Bucket Calves

June 1

Gilts (Swine)
Dairy Calves & Heifers

June 1 continued

Barrows (Swine)
All Rabbits
All Poultry
Beef Heifers
Horse/Pony
Dogs
Dairy Goat -Kids/Yearlings (not in milk)
All Pygmy Goats

June 25

Sheep Ewes & Rams

LOOK FOR THESE CHANGES AT THE ILLINOIS STATE FAIR

With the timing of the state fair and the anticipated start of school, the 4-H General Project Show at the state fair has been condensed to three days: Aug. 14, 15, and 16.

- *Exhibits must be in place by 9:30 AM and remain on display **until 4 PM.** (new release time)
- *The awards will include **Champion Medals** for the highest score in each project class and **Reserve Medals** for the second highest score in each class. Cash premiums from the state will be paid to the medal winners. **Innovation Awards** will be given to exhibits judges find inspiring, innovative, or creative and are not based on scores. Medal winners cannot receive the innovation award in 2020.
- ***New projects** at the state fair include: Child Development, Leather, Sports Nutrition, Family Heritage, and Shooting Sports
- *The **State 4-H Public Speaking Contest** will be held at the same time as the state fair. **Youth can compete in a speech AND also bring a project to the General Project Show.** Youth must be selected in their county contest to advance and will speak the same day as their county exhibit day.
- *The **State 4-H Poultry Judging Contest** will be held at the state fair on Monday, Aug. 17.
- * Jo Daviess County will compete on Friday, August 14.

SHOOTING SPORTS VOLUNTEERS NEEDED-Many young people don't have someone to show them how to safely handle a firearm or bow. Think back to the person who taught you to shoot. The Illinois 4-H program needs adults willing to serve as mentors and share their passion of shooting sports. Here's what you need to do:

- Contact your local Extension office and complete the required forms and background checks. The local office will complete your registration.
- Complete a 3-hour online training module at home.
- Attend a 9-hour hands-on field day which runs from 9 AM to 7 PM.
- Check your local office to see if assistance is available for the \$85 fee. Training dates for 2020 are:

***Southern Illinois: Saturday, March 28** at Tombstone Gun Range, Marion. Register by March 18.

***Western Illinois: Saturday, June 13** at Gardner Camp, Hull. Register by June 3.

***Northern Illinois: Saturday, Sept. 12** at Torstenson Youth Education Center, Pecatonica. Register by September 2.



**NEW THIS
YEAR:**

**WE WILL
HAVE OUR
FIRST EVER
GUINEA PIG
SHOW
(CAVY)
DURING THE
JDC
4-H FAIR.**

**THIS WILL
TAKE PLACE
AFTER THE
CAT SHOW.**

**IF YOU HAVE
A GUINEA
PIG AND
WOULD LIKE
TO EXHIBIT
IT AT FAIR BE
SURE TO
CONTACT ME
AND WE CAN
CHECK TO
SEE IF YOU
ARE IN THE
CORRECT
PROJECT.**

Youth for the Quality Care of Animals (YQCA) -The YQCA is a new livestock quality assurance program that is replacing PQA which no longer exists. It also replaces the Quality Assurance & Ethics (QAEC) program for youth in the following species: **dairy cattle, beef cattle, swine, sheep, and goats**. All 4-H exhibitors of these animals will be required to certify in the YQCA program yearly starting for the 2020 show season. Youth must either attend a face to face class or certify on-line via the website <https://ygca.learngrow.io/>. The YQCA program is for youth ages 8-18 years old. The online version is broken into age divisions as follows: juniors 8-11, intermediate 12-14, and senior 15-18. This certification is annual with test out options of 1-3 years. Youth exhibiting swine at the Illinois State Fair and 4-H fairs are no longer required to be PQA plus certified. The cost for the face to face training will be \$3 and \$12 for the online version.

4-Hers must complete the correct training in order to exhibit at the JDC 4-H Fair. **THIS IS MANDATORY.** Failure to complete the training(s) will result in the member NOT being able to exhibit their livestock project. The deadline to complete each training is **June 1, 2020**.

4-H Extension Staff in our unit (which includes Jo Daviess, Stephenson, and Winnebago Counties) will all be holding a face-to-face training. Members may attend the one offered in Jo Daviess County, however, if that does not fit into your schedule, you may attend one of the other counties' training as well. Only one face-to-face will be offered per county per year.

Winnebago County: March 7, 2020, Prince of Peace Church located 2336 Freeport Rd, Rockton, IL.
This will begin at 9:30 am.

Jo Daviess County: May 3, 2020, JDC Extension Office located at 204 Vine St., Elizabeth, IL.
This will begin at 3 pm.

If you are currently enrolled in one of the species listed above, you should have received a letter and a step-by-step instruction sheet to help you. Please remember, if you plan to take the instructor-led course you must PRE-REGISTER. Payment is due at the time as registration. Registration is now open. I have the limit set at 40, so spots are limited!

You will be required to print your certificate of completion and turn a copy into the Extension Office. Please look over the directions BEFORE jumping in.

SEW INTO IT!

We will be having a sewing workshop on **Saturday, March 21**. This workshop will be for beginning and intermediate sewers. We will be meeting from 9-noon at the Elizabeth Community Building.

See the attached flyer for all information!

If you came to this last year– there will be new information and new projects for returning participants.

FOOD SCIENCE PROJECT:

The Chicagoland Food Science Foundation is providing a \$50 Amazon gift card for the best Food Science exhibit at fairs across the state. Jo Daviess County is one of the counties selected to receive this award. Attached is a flier that has more information. I encourage all 4-H members to sign up. Since we just got the notification, I will take late enrollments. Please let me know if your child would like to enroll in the Food and Nutrition Project and I can add them manually.

BOWLING DAY

Don't forget to sign up for our annual 4-H Bowling Day hosted by JDC 4-H Federation. This will take place March 8 at the Stockton Bowling Lanes. This is free to 4-H members and their family.

Please fill out the attached form and return, or call the Extension Office at 815-858-2273, or email me at amillr11@illinois.edu to reserve your spot. **Please include your family name, club, number of bowlers, and the time slot you would like to reserve.** Times are 1-3 pm and 3-5 pm.

Door prizes will be given throughout the day. No food may be carried in but the bowling alley has a great concession stand that is inexpensive.

Deadline to register is March 3!

4-H POULTRY JUDGING RETURNS TO STATE FAIR

August 17 | 4-6 PM

Jr. Livestock Barns | Illinois State Fair

The Illinois 4-H State Poultry Judging Contest will be held from 4 to 6 PM Aug. 17 in the junior livestock barns on the State Fairgrounds in Springfield. There is no limit to the number of exhibitors each county may send.

Teams of three or four contestants may be submitted. The four top seniors (age 14-18 on Jan. 1, 2020) will compete as the Illinois team at the National 4-H Poultry and Egg Conference in November.

Registration begins at 3:30. Check out the state 4-H website on the Events page for all the details.

[Anyone interested? Let me know!](#)

2020 4-H Camp-Registration for 4-H Camp 2019 is open! 4-H Camp is set for **June 8-12 at Rock River Christian Camp in Polo, IL.** Sign up today to get your child in on all of the amazing fun!

4-H Camp is a five-day, four-night residential camping experience that is conducted cooperatively by University of Illinois Extension staff in Boone, Carroll, DeKalb, Jo Daviess, Lee, Ogle, Stephenson, Whiteside and Winnebago Counties and the professional staff at RRCC.

Historically, parents have sent their children to 4-H Camp for a variety of reasons: to have fun, to make new friends, to develop new skills, to be physically active and to appreciate nature. 4-H Camp is about way more than one week of fun. Sending your child to 4-H Camp will allow them to create memories they will carry with them through adulthood. 4-H camp teaches youth to make good decisions, build their self-confidence, become independent and gain the ability to work well with others. These skills will help youth develop into strong adult leaders. In addition, 4-H camp counselors devote much of their personal time to ensure today's campers have the same great experience they did as children.

Campers at 4-H Camp will check-in from 6:00-6:30 p.m. on Monday, June 8 and checkout from 6:00-6:30 p.m. on Friday, June 12. During camp week, youth will engage in a variety of activities designed to challenge, educate and entertain. Two or three free-choice periods will be offered daily and will include options such as hiking, high and low ropes courses, zip lining, arts and crafts, swimming, crate stacking, team building challenges, survival skills, and much more. Evening activities will be provided by the 4-H camp counselors and include campfires, an adventure night and a dance. It is guaranteed to be a blast!

4-H Camp is open to **ALL** boys and girls, ages 8-14 by June 10. **4-H membership is not required**; however all participants will be expected to comply with the same high behavior standards expected of 4-Hers. Youth need to be interested and excited to have a week of outdoor fun, away from television and technology.

Cost is \$250 for 4-H members and \$270 for non-4-H members until March 1. After that date, the price goes up \$20.00. All camp fees must be paid in full by May 20. Download a camper application on-line at: <https://extension.illinois.edu/jsw/4-h-camp> or you can register online at: <http://go.illinois.edu/4HSummerCamp>. You may also call the Jo Daviess County Extension at 815-858-2273.

Slots for boys and girls cabins will be filled on a first come, first serve Basis and fill up fast.

PRICES FOR CAMP INCREASE AFTER MARCH 1!



ILLINI SUMMER ACADEMIES

June 21 – 26 | University of Illinois at Urbana-Champaign

Imagine getting to work alongside university professors while you're still in HIGH SCHOOL! Imagine getting to hang out on a college campus. Imagine spending five days with kids your age from all across Illinois. That's what happens at Illini Summer Academies, so stop imagining it and just do it!

This conference runs **June 21-26** on the University of Illinois campus. Explore one of 13 different programs during the week. Illini Summer Academies is supported through the Illinois 4-H Foundation and intended to serve youth living in Illinois.

Learn more @ go.illinois.edu/illini4H. **REGISTRATION OPENS MARCH 16 AND CLOSES APRIL 17.**

Apply for a scholarship @ go.illinois.edu/illini4Hscholarship before **April 1**. The scholarship covers the \$260 base cost of the conference. Any academy cost is responsibility of the attendee. Space for each academy is limited and available on a first-come, first-served basis. Many academies reach capacity before the registration closes, so don't wait. Academies and costs include:

- AGRICULTURAL LEADERSHIP AND COMMUNICATION.** Department: Ag Leadership, Education, and Communication. College: Agricultural, Consumer, and Environmental Sciences. Cost TBD.
- ANIMAL SCIENCES.** Department: Animal Sciences. College: Agricultural, Consumer & Environmental Sciences. Cost: \$370.
- BEEKEEPING.** Department: Entomology. College: Liberal Arts and Sciences. Cost: TBD
- CHEMISTRY AROUND US.** Department: Chemistry. College: Liberal Arts and Sciences. Cost: \$280.
- ELECTRICAL AND COMPUTER ENGINEERING.** Department: Electrical & Computer Engineering. College: Engineering. Cost: \$485.
- GAME DESIGN: STORYTELLING AND FABRICATION.** Champaign-Urbana Fab Lab. Cost: \$335.
- HUMAN DEVELOPMENT AND FAMILY STUDIES.** Department: Human Development and Family Studies. College: Agricultural, Consumer, and Environmental Sciences. Cost: \$295.
- JOURNEY FROM FARM TO TABLE.** Department: Food Science and Human Nutrition. College: Agricultural, Consumer & Environmental Sciences. Cost \$360.
- MEAT JUDGING & EVALUATION.** Department: Animal Sciences. College: Agricultural, Consumer & Environmental Sciences. Cost: \$310.
- SUSTAINABLE SUMMER.** Department: Natural Resources and Environmental Sciences. College: Agricultural, Consumer, and Environmental Sciences. Cost: \$310.
- MOLECULAR AND CELLULAR BIOLOGY.** School: Molecular & Cellular Biology. College: Liberal Arts & Sciences. Cost: \$385. No repeat students from last year.
- VETERINARY MEDICINE.** Graduate College: Veterinary Medicine. Cost: \$375. Open to youth who have completed 10th grade. No repeat students from last year.
- WORK HARD, PLAY HARD.** College: Applied Health Sciences. Cost: \$280.

YOU BE THE JUDGE AT ILLINOIS 4-H STATE LIVESTOCK JUDGING CONTEST

June 15 | 9 AM – 4 PM

Stock Pavilion | University of Illinois, Urbana

The Illinois 4-H Livestock Judging Contest will be held Monday, June 15 at the Stock Pavilion in Urbana (1402 West Pennsylvania Ave.) beginning with registration at 8:30 a.m. All participants must be checked in by 9:30.

The contest will begin at 10. Each county may enter a total of three teams, with no more than two junior teams or two senior teams. Get all the rules and details online @ go.illinois.edu/4Hlivestock.

There will be three classes of beef, three classes of swine and two classes of sheep. There may also be a class of meat goats substituted for one class of the other species. There will also be a class of 15 questions (5 from a beef class, 5 from a swine class and 5 from a sheep class).

Cost for each senior competitor is \$10 to cover the cost of lunch. Juniors will be dismissed by lunch to get their own meals.

**If anyone is interested, please let Angela know before registration.
Let's put a Jo Daviess County team together!**

CHEER ON 4-H AND THE CARDINALS

May 9 | 1:15 PM

St. Louis, Missouri

Illinois and Missouri 4-H members, parents, volunteers, and alumni will gather at Busch Stadium on Saturday, May 9 for the 19th annual 4-H Day with the Cardinals. The Cardinals will play the New York Mets in an afternoon game. Tickets for the game are \$28 each and include a specially designed t-shirt featuring the 4-H Clover on the back and the Cardinals emblem on the front.

Families who purchase tickets will have the opportunity to participate in a parade around the Busch Stadium outfield. Pre-game ceremonies will include a recitation of the 4-H pledge and ceremonial first pitches by an Illinois and Missouri 4-H member. As an added bonus, the Cardinals give-away item for the game is an adult mystery player alternate blue jersey. The first 30,000 fans age 16 and older will receive either a Mikolas, DeJong, or Flaherty jersey.

Tickets for the event must be ordered through the Missouri 4-H Online system and paid for with a debit/credit card.

Go to go.illinois.edu/4HCardinals2020 before March 23 or earlier because they sell out quickly!

Click the "Tickets" down arrow.

Select "Non 4-H Member Instructions" (meaning we are not MISSOURI 4-H MEMBERS)

Don't use your Illinois 4-H online profile.

You can also register for fun prizes and opportunities, such as throwing out the first pitch, autographed baseballs, and tickets to other Cardinal baseball games. For information about ticket or t-shirt orders, contact Rhonda Shafer, at shafferr@missouri.edu or 636 528-4613 for information about the parade.

4-H FISH CAMP

MAY 2 & 3

4-H MEMORIAL CAMP | MONTICELLO, ILLINOIS

Spend the weekend on our private 16-acre lake and learn to fish for largemouth bass, crappie, bluegill, and catfish. We'll make our own lures while we learn about fish bait, equipment, and management.

DETAILS:

- Open to any adult/child team. No previous experience or equipment required.
- Arrive at 10 AM Saturday, May 2. Stay onsite through 2 PM Sunday, May 3. All meals are included, including fresh fish fillets to take home.
- Each adult may bring up to three youth campers. Adults are required to attend the entire weekend. Youth campers should be at least 8 years old. Bring bedding for lodging in our rustic cabins with bunk beds.

Preregistration and Payment Required

CONTACT CURT SINCLAIR FOR INFORMATION

217-300-9488 | Email: sinclair@illinois.edu

COST: \$50/person



FUN & FISH

I ILLINOIS
Extension



Registration information online @
go.illinois.edu/4Hfishcamp

COLLEGE OF AGRICULTURAL, CONSUMER & ENVIRONMENTAL SCIENCES
University of Illinois | U.S. Department of Agriculture | Local Extension Councils Cooperating
University of Illinois Extension provides equal opportunities in programs and employment.
If you need a reasonable accommodation to attend, call the registration office.

2019-nCoV: What the public should do

The current outbreak of 2019 novel coronavirus (2019-nCoV) was first identified in China but has now spread internationally, impacting an increasing number of countries. Sustained community spread is occurring in China. Limited person-to-person spread, most associated with close contact with a patient with confirmed 2019-nCoV, has been seen outside of China. No community spread of 2019-nCoV has been identified in the United States at this time.

In the coming days and weeks, we expect more confirmed cases in the United States, including some person-to-person spread. The goal of CDC's aggressive ongoing public health response is to prevent spread of 2019-nCoV in the United States.

What you should do

- **STAY INFORMED** – CDC is updating its website daily with the latest information and advice for the public. (www.cdc.gov/ncov)
- **REMEMBER TO TAKE EVERYDAY PREVENTIVE ACTIONS** that are always recommended to prevent the spread of respiratory viruses.
 - » Avoid close contact with sick people.
 - » While sick, limit contact with others as much as possible.
 - » Stay home if you are sick.
 - » Cover your nose and mouth when you cough or sneeze. Avoid touching your eyes, nose and mouth with unwashed hands; germs spread this way.
 - » Clean and disinfect surfaces and objects that may be contaminated with germs.
 - » Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand rub with at least 60% alcohol.
- **IF YOU FEEL SICK** with fever, cough, or difficulty breathing, and have traveled to China or were in close contact with someone with 2019-nCoV in the 14 days before you began to feel sick, seek medical care. Before you go to a doctor's office or emergency room, call ahead and tell them about your recent travel and your symptoms.

What you should not do

- **DO NOT** travel to China.
- **DO NOT** use facemasks. CDC does not recommend the use of facemasks for the **general U.S. public** to prevent the spread of 2019-nCoV.
- **DO NOT** show prejudice to people of Asian descent, because of fear of this new virus. Do not assume that someone of Asian descent is more likely to have 2019-nCoV.

All persons in the U.S.—including those of Asian descent—who have not traveled to China or been in contact with someone with a confirmed or suspected nCoV case in the last 14 days are at low risk of becoming sick.



STOP THE SPREAD OF GERMS

Help prevent the spread of respiratory viruses like 2019 novel coronavirus.

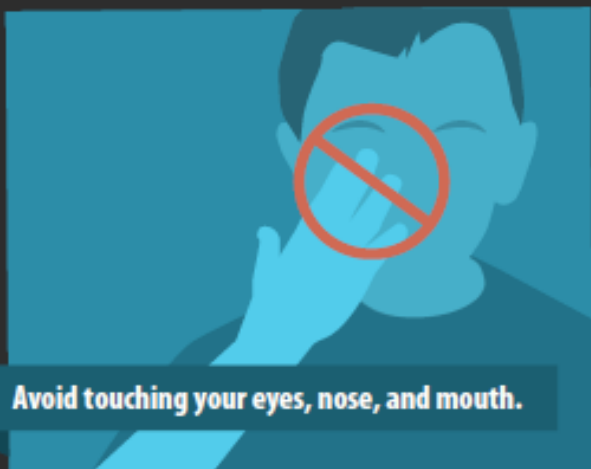
Avoid close contact with people who are sick.



Cover your cough or sneeze with a tissue, then throw the tissue in the trash.



Avoid touching your eyes, nose, and mouth.



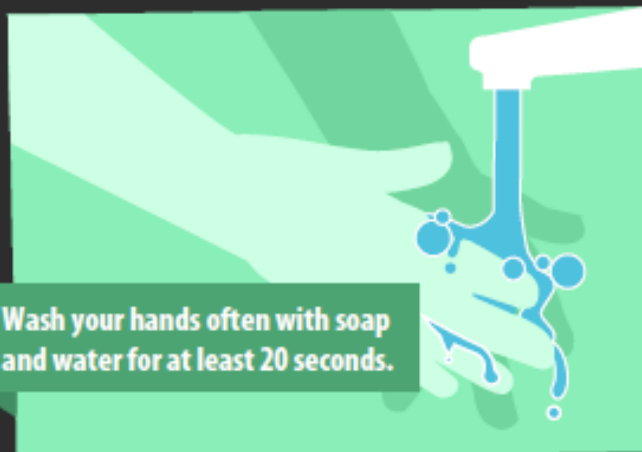
Clean and disinfect frequently touched objects and surfaces.



Stay home when you are sick, except to get medical care.



Wash your hands often with soap and water for at least 20 seconds.



For more information: www.cdc.gov/nCoV

Backyard Cover Crops

Wednesday, February 19, 2020
10:00—Noon
Jo Daviess County Extension Office
204 Vine St., Elizabeth

This program will provide an overview on cover crops, their drawbacks/benefits, how to decide on a cover crop, and getting the most out of your cover crop.

Cost for this program will be \$5
Registration is requested prior to Monday, February 17

Soil & Water Management Webinar

Thursday, February 20, 2020
U of I Extension offices in Jo Daviess, Stephenson
and Winnebago
9:00 am—2:00 pm

Those attending will hear about the latest information on extreme weather and potential soil impacts, controlled CRP burns and soil quality, irrigation water use reporting, and field research on cover crops and soil quality. Certified Crop Advisors will receive 4.5 continuing education units in Soil and Water Management by attending this seminar.

Cost will be \$45 per person which includes lunch

Cooking Under Pressure: Air Fryers & Pressure Cookers

Tuesday, February 25, 2020
1:00—3:00 pm
Jo Daviess County Extension Office
204 Vine St., Elizabeth

During this workshop we will discuss the pros and cons of using either the air fryer or pressure cooker, offer helpful tips when using either and discuss healthy cooking options to help you meet your wellness goals.

Cost for this program will be \$5
Registration is requested by Friday, February 21



Private Applicator Testing

Thursday, February 20, 2020
10:00 am
Elizabeth Community Building
402 West St., Elizabeth

The University of Illinois Extension-Jo Daviess County in cooperation with the Illinois Department of Agriculture will be offering **TEST ONLY** site for Private Pesticide Applicators. A representative from the Illinois Department of Agriculture will be on hand to offer the test.

There is no charge for this event but pre-registration is requested to plan for space and materials. This is a test only session, no training will be provided.

Registration is REQUIRED by Wednesday, February 19

2020 Northwest Illinois Grazing Conference

Friday, March 6, 2020
9:30 am—3:30 pm
Elizabeth Community Building
402 West St., Elizabeth

"Understanding the Value of Pasture and Forages".

Presenters at the event will include Larry Tranel, ISU Extension Dairy Field Specialist; Phil Cardoso, Illinois Extension Dairy Specialist; Laura Lant, Midwest Grass and Forage; Jay Solomon, Illinois Extension Energy and Environmental Stewardship Educator, and Philip Alberti, Illinois Extension Commercial Ag Educator.

Registration fee is \$20 before February 21, \$25 after February 21, or \$30 the day of the conference.
The fee will include handouts and lunch.



Beyond Dirt

Tuesday, March 10, 2020
10:00 am—Noon
Jo Daviess County Extension Office
204 N Vine St., Elizabeth

Soil can be one of the main reasons your plants do well or ultimately fail. Topics will include the basics of soil biology, organic matters, and fertilizers along with compost and vermicompost bins.

Cost for this program will be \$5
Registration is requested prior to Monday, March 9

To register for any of these programs or for more information call University of IL Extension, Jo Daviess County, contact us! go.illinois.edu/jew/ 204 Vine Street, PO Box 600, Elizabeth, IL 61028 (815) 858-2273

University of Illinois Extension provides educational programs and research-based information to help Illinois residents improve their quality of life, develop skills and solve problems. If you need a reasonable accommodation to participate in this program, please contact the Extension Office at 815-858-2273. Early requests are strongly encouraged to allow sufficient time for meeting your access needs.

Dates to Remember

February, 2020

1	9 am-4:30 pm	Camp Counselor Training- Ogle Co. Extension Office, Oregon, IL
1	10 am-noon	Beef Weigh @ 5825 S. Schnitzler Rd., Elizabeth
3	7 pm	Federation Meeting- Extension Office
8	10-11:30 am	Cloverbud Activity- Extension Office
8	2:30-4:30 pm	Owl Club Meeting- Extension Office
8	1-3 pm	Dog Club Meeting- Safe Haven, Elizabeth, IL
10	6:30 pm	Leaders Meeting- Elizabeth Community Building-tentative
11	5 pm	Stephenson Co. Face-to-Face YQCA Training- Freeport Public Library
27	4:30 pm	DEADLINE: Program Book Cover Deadline due- Extension
22		Beef Weigh-In: Bad Weather Date
22-23		Illinois 4-H Jr. Leadership Conference @ Effingham
29	9 am- 3 pm	Camp Counselor Training- Sterling, IL

March, 2020

2	7 pm	Federation Meeting @ Stockton Lutheran Church
7	9:30 am	Winnabego Co. Face-to-Face YQCA Training, Prince of Peach Church-
13-14		Boys Science Siesta 4 th -6 th grade- Discovery Center @ Rockford, IL
8	1-3 and 3-5 pm	Stockton Bowling Lanes- Stockton
14		Carroll County Livestock Judging Contest, Mt. Carroll
21	9 am-noon	Sewing Clinic @ Elizabeth Community Building

April, 2020

3	4:30 pm	DEADLINE: 4-H Fun Day Registrations due
3-4		Girls Science Siesta 4 th -6 th grade- Discovery Center @ Rockford, IL
6	6:30 pm	Federation Meeting- International Potluck @ Eliz. Comm. Bldg.
10	8 am	4-H Fun Day @ CTE Academy, Elizabeth
18	9 am- 3 pm	Camp Counselor Training- Stephenson Ext. Office, Freeport
19-25		National Volunteer Week
25		National 4-H Day of Service

web.extension.illinois.edu/jsw

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