

**Lesson Objectives:**

Club members and parents will:

- Learn how to properly make and second motions as well as how to voice their opinion during discussion.
- Enjoy a delicious treat after the activity.

Time: 10-15 minutes

Equipment and supplies:

- Large bowl, spoon & measuring cups
- Several cereal choices
- Candy, peanuts, pretzels, raisins or other ingredients to make the trail mix.
- 1-2 ingredients that would be questionable to add to the mix.
- 1 cup/person

Preparations:

- Review Lesson
- Gather supplies & equipment.

4-H Club GO TO Resources



September, 2017

Parliamentary Procedure Let's Make Trail Mix



Using parliamentary procedure can be a challenge for both 4-H'ers and adults. However, you can make learning the basic rules of parliamentary procedure simple and fun. In this activity, youth will practice parliamentary procedure by making, seconding, amending, and discussing motions as well as voting as they make a trail mix. As a bonus, the club will have a fun snack to eat and it will be something they made together.

For this activity, you will need to gather a variety of ingredients that could be used in making trail mix. In addition, you will want to provide a few items that would not be a good addition to the trail mix so that the 4-H'ers can see that it is appropriate to vote "nay" or against an idea that they do not support. You will also need to provide a large mixing bowl, a spoon to stir the trail mix, and some measuring cups so that the 4-H'ers can make specific motions including the amount of an item they want to add to the trail mix. Finally, provide cups or bowls so that the 4-H'ers can enjoy the trail mix they make during the activity.

Activity Procedure:

- Discuss the importance of using parliamentary procedure in helping meetings run smoothly.
- Display the ingredients and explain that by making a series of proper motions they will make a trail mix that the whole club will enjoy at the end of the activity.
- As members go through the process of deciding what ingredients they will put in the trail mix, they will need to correctly make a motion for each ingredient they want to add by saying, "I move that we add 2 cups of _____ to the trail mix. The President or chairperson will ask for a second, facilitate discussion on the motion, and take a vote.
- Continue for each ingredient to be added.
- Remember that if a questionable ingredient is suggested, there are several ways to handle it. If the motion is made, but not seconded, then the motion would die due to a lack of a second. If it is moved and seconded, it can fail by a vote of the members. Finally, if it is moved and seconded, it can be amended.
- Once the activity is complete, share the trail mix with the members and guests present at the meeting.

As a leader if you are not comfortable with using parliamentary procedure, please go to the Illinois 4-H website and watch the training titled "Parliamentary Procedures for 4-H Meetings." Here is the link to the training: <https://4h.extension.illinois.edu/volunteers/training>.

University of Illinois Extension — Unit I — Jo Daviess, Stephenson, and Winnebago Counties

Jo Daviess County Extension Office

204 Vine St., PO Box 600

Elizabeth, IL 61028

Phone: 815-858-2273

Program Coordinator: Angela Miller

Email: amillr11@illinois.edu

Winnebago County Extension Office

1040 North Second St.

Rockford, IL 61107

Phone: 815-986-4357

Program Coordinator:

Email: tbene@illinois.edu

Stephenson County Extension Office

2998 W. Pearl City Rd., Building R

Freeport, IL 61032

Phone: 815-235-4125

Program Coordinator: Becky Gocken

Email: rgocken@illinois.edu



Sources & Additional Lesson info:

4-H Club GO TO Resources is being offered to 4-H clubs in Jo Daviess, Stephenson, and Winnebago Counties as a way to enrich and enhance 4-H experiences and programming at the club level. It is the goal of the Extension staff to assist 4-H leaders and officers in providing simple hands-on activities on a monthly basis that can broaden the 4-H club experience and as a result heighten positive youth development.

This activity was adapted from the following sources:

- “Snacking Your Way to Better Meetings” produced by Purdue University Extension Service. To see a YouTube video example of the trail mix activity, please follow this link:
<https://www.youtube.com/watch?v=0z3s8ocf-vs>.
- “Teaching Parliamentary Procedure: Let’s Make Trail Mix” by the University of Nebraska Extension, 4-H Volunteer Information Series, Nebraska 4-H Youth Development.

Prepared by: Melissa Irwin, 4-H Youth Development Program Coordinator

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