



NEWSFLASH



April 29, 2021

#Opportunity4All

Stephenson County
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• **Margaret Larson**
County Extension
Director

• **Brenda Heimann**
Program Coordinator
4-H Youth
Development

• **Julie Miller**
Office Support
Assistant

Hello 4-H Families & Volunteers,

As we start to gear up for our summer events I want to remind you to please read through the E-news and make sure you are staying ahead of the deadlines that are quickly approaching!

- ◆ YQCA & QAEC- June 1st- I need your certificate in my office by this date
- ◆ Ownership dates for animals (If you don't already have yours)
- ◆ Horse Paperwork- May 1st
- ◆ Pig Ear Notch Paperwork- June 1st (letters just went out today)
- ◆ Registration for I MADE THAT- May 3rd
- ◆ 4-H camp registration deadline—May 3rd

Please check out the NEW INFO in this E-news:

- ◆ Compeer Financial Contest: this is a fun way to tell about your project and win some cool prizes.
- ◆ Public Speaking Winners
- ◆ Babysitting Clinic on June 3rd is moving to a NEW DATE- stay tuned for that information Soon

And last but not least, we are about 2 months away from the start of our general project 4-H shows!!! With that in mind, I want to encourage you to get started on your projects!! Don't wait till the week before the fair, START NOW! You will be so glad you did once your summer schedule starts getting busy!

~Happy Spring

Brenda



Find us on
[Facebook!](#)



PUBLIC SPEAKING CONTEST



Congratulations to our Public Speaking Winners:

Formal Speech:

Champion– Nathaniel Stache (Davis Rockets)

Reserve– Rowan Stache (Davis Rockets)

Oral Interpretation:

Champion– Michelle Marck (Freeport Fantastics)

Trophy Winner– Michelle Marck

All 3 are Delegates to the State Fair!!!

Great job Nathaniel, Rowan, and Michelle!!!

Stephenson County 4-H News

4-H UNIVERSITY APP- The State 4-H Office has launched a free app for all androids and iPhones called “4-H University.” Currently, this app will feature “Cooking 101” material, project manual for the “Technology: Drone” project and material for the new “Maker” project. You may find this app on the Apple Store and Google Play Store.

Manuals: The last set of manuals have been sorted and are either being picked up by leaders, or you should have received an e-mail from me! If you ordered some recently they should be getting handed out at your next 4-H meeting. Any questions, give Brenda a call– 815-235-4125.

DEADLINE is quickly approaching.....

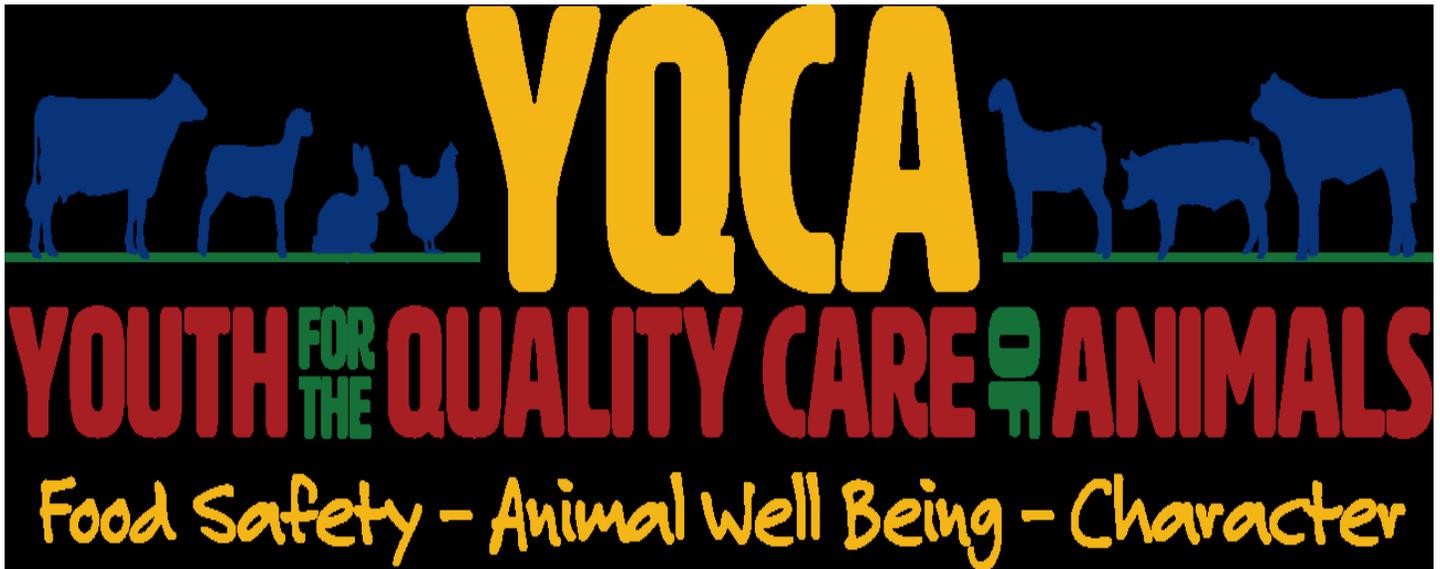
HORSE LEASE/OWNERSHIP PAPERWORK– All horse paperwork is due on May 1 in the Extension Office. This means you must own a horse or have one leased by this date. All horse show exhibitors must have completed the QAEC at least once in their career. You must turn in the ownership/lease form, must have a lifetime liability waiver on file, medical release, and your guidelines and policies forms. You must take NEW pictures. Pictures from previous years have been discarded. I will email these to you!

Please keep in mind that you are NOT required to turn in your Coggins at this time. You will be required to have it “in hand” for the 4-H show or any show/clinic that you participate in, however.

Quality Assurance and Ethics Training— The Quality Assurance and Ethics training is required for all youth that enroll in **horse, rabbit, poultry, dog, cavy (guinea pigs), and cat**. Members must take the training whether they own a live animal or not. It is advised that they complete this one time as soon as they are enrolled in the project area.

Counties will monitor completion of this. Failure to complete QA&E will result in the member's animal science project enrollment being cancelled and they will be ineligible to exhibit at county fairs. The website is open year round @ <http://web.extension.illinois.edu/qaec/>.

The deadline to complete this training is June 1, 2021.



Don't Forget! YQCA training must be completed and certificates to me BY JUNE 1st.

If you attended a YQCA training on April 10th or April 24th, Please print your certificate and send a copy to me. Email is fine too— bheimann@illinois.edu

SUMMER SHOWS: 4-H staff across Illinois are excited about the possibility of stepping back into face-to-face judging this summer. Stephenson County 4-H is planning for in-person Summer Shows. Although I do not have all the answers at this time, I can say with certainty that things will look different. The decisions that will be made in the upcoming months will be based on local conditions and will reflect the requirements of the Illinois Department of Public Health and University of Illinois event guidelines. These mitigation protocols may also be modified to reflect any requirements of the local public health department (based on local conditions at the time of the event).

This is an evolving situation. Please keep in mind that Illinois 4-H reserves the right to adjust or cancel events in the case of identified risk, such as changes in local COVID conditions or known instances of non-compliance with safety guidelines. I will be sending more information in the upcoming months. You will be responsible for reading, understanding, and complying with all guidelines. Here are some dates for you to begin thinking about (keep in mind these may change).

TENTATIVE:

4-H Clothing & Textiles, Candy Making,

Cake Decorating & Flower Arranging— Friday, June 25th

General Projects Day - Wednesday, July 7th

Dog Show, Cat Show, Rabbits & Cavies Show—Saturday, July 10

Crops, Foods, Horticulture & Cloverbud Shows—Monday, July 19

4-H Livestock Shows: Poultry, Dairy, Goat, Swine, Sheep & Beef—Monday, July 26

4-H Horse & Pony Show— August 1

Animal Ownership Deadlines— All 4-Hers who intend to exhibit at the 2021 Stephenson County 4-H Show must abide by the following ownership deadlines.

January 1

Performance Cows (Beef)

Dairy Cows

Milking Does (Goat)

February 1

Steers

May 15

Market Wethers (sheep)

Jr. & Open Premiere Sheep

All Meat Goats (wethers and all breeding animals)

Beef Bucket Calves

June 1

Gilts (Swine)

Dairy Calves & Heifers

Barrows (Swine)

All Rabbits

All Poultry

Beef Heifers

Horse/Pony

Dogs

Dairy Goat -Kids/Yearlings (not in milk)

All Pygmy Goats

June 25

Breeding Ewes & Rams



STEPHENSON COUNTY 4-H INFORMATION:

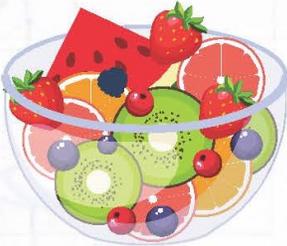


Illinois Extension
UNIVERSITY OF ILLINOIS URBANA-CHAMPAIGN

I MADE THAT! MEDITERRANEAN MEALS

Send your taste buds on a trip to the Mediterranean in celebration of Mediterranean Diet Month!

University of Illinois Extension & 4-H has a fun opportunity to enhance your cooking skills! We are putting together educational cooking kits - designed to inspire the inner chef and help youth gain confidence while working in the kitchen.



Register for your kit at:
go.illinois.edu/jswIMadeThat

Sign up early, supplies are limited

REGISTRATION DEADLINE - MAY 3, 2021

The cost is \$5 per kit. It includes the May "I Made That!" booklet, Mediterranean-based recipes, a sensory evaluation, plus olive oil to get you started. Each kit also comes with a salad bowl to showcase your masterpiece!

Kits will be available for pick-up the second week in May at one of our Extension offices in Jo Daviess, Stephenson & Winnebago Counties.



Jo Daviess County 4-H Stephenson County 4-H Winnebago County 4-H
University of Illinois Extension College of Agriculture Consumer & Environmental Sciences



University of Illinois Extension provides equal opportunities in programs and employment. If you need a reasonable accommodation to participate, contact our office at (815)235-4125

4-H Dog SPIN Club Schedule 2021

**Kick Off Meeting: March 24, 2021 at 6:30 p.m.
HCC, Bldg R- Room 153**

Traditional obedience class (Beginning Novice, Preferred Novice and Novice) will begin at 6 p.m. Showmanship will begin at 6:45 p.m. Rally will begin at 7:00 p.m. These classes will meet on Wednesdays.



May 19
May 26
June 2
June 9
June 16
June 23
June 30
July 7



July 9 *Last practice session on evening before Dog Show

All classes will be held at the Stephenson County Fairgrounds in the Foresight Commercial Building or outside of the building on the grass (weather permitting).

**The 4-H Dog Show is Saturday, July 10, 2021 at 9:00 a.m.
Foresight Commerical Building.**

University of Illinois Extension provides educational programs and research-based information to help Illinois residents improve their quality of life, develop skills and solve problems. If you need a reasonable accommodation to participate in this program, please call the U of I Extension office. Early requests are strongly encouraged to allow sufficient time for meeting your access needs. University of Illinois Extension provides equal opportunities in programs and employment. University of Illinois College of Agricultural, Consumer and Environmental Sciences - United States Department of Agriculture - Local Extension Councils Cooperating.





Life at 4-H Camp

We are very thrilled to announce that we will be hosting 4-H Camp - day camps this year! While we are unable to host an overnight due to COVID policies, we are excited to host three days of 4-H Day camp. These three days will give campers a similar experience to past 4-H camp without the overnight. We will again be attending Rock River Christian Camp, in Polo, Illinois. 4-H Day Camp will offer a variety of safely-led activities such as: archery, crate stacking, arts and crafts, hiking, zip-line, team building and large group games, as well as end each day with a camp evening program.

4-H Camp is open to a total of 75 youth each day that are between the ages 8-14 by June 15, 2021. Campers do not have to be a 4-H member to attend 4-H Camp. Youth may choose to attend, one, two or all three days for 4-H day camp. Camp runs from 9:00 a.m. to 8:00 p.m. with check-in and check-out procedures.

Camp Location

4-H Camp is at Rock River Christian Camp in Polo, IL. Rock River Christian Camp has 94 acres that have been transformed over the years into a beautiful facility for youth and adults.

Staff at RRCC are certified in First Aid, CPR and AED. There is a qualified first aid person at camp at all times. Campers select their own activities, and are supervised at all times. 4-H Youth Development staff extensively train all camp counselors. We strive to maintain an environment that both encourages personal growth and creates an unforgettable summer experience.



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University of Illinois Extension provides equal opportunities in programs and employment.
If you need a reasonable accommodation to attend contact the registration office at 815-732-2191

Northern Illinois 4-H Summer Camp

(4-H Camp without the overnight)

Rock River Christian Camp | Polo June 15-16-17 | 9AM-8PM



Cost: \$60 per day

Options to choose 1, 2 or all 3 days
Includes boxed lunch, dinner and snack
Must pay in full by credit card



Registration Information:

Register by May 3, 2021

Limited space so sign up today!

go.illinois.edu/4Hsummercamp



Contact Information:

Martha Ebbesmeyer, (Carroll, Lee, Whiteside)
Youth Development Educator
(815) 632-3611, ebbesmey@illinois.edu

Johnna Jennings, (Boone, DeKalb, Ogle)
Youth Development Educator
(815) 758-8194, jbjennin@illinois.edu

Angela Miller, (Jo Daviess, Winnebago, Stephenson)
4-H Program Coordinator
(815) 858-2273, amillr11@illinois.edu

Covid restrictions and safety guidelines will be followed to ensure a safe camp experience. Campers will need to be dropped off/picked up each day. Adults/guardians will NOT be allowed to stay.



CALENDAR OF EVENTS

MAY 2021

1	Ownership/ Lease Deadline for Horse Show- Due to Ext. Office Swine ownership deadline (No paperwork to Ext. Office)
1	Camp Counselor Training, Ogle County Office, 9-3pm
3	4-H Summer Camp Registration Deadline
3	I Made That, May Deadline -registration online
12	Leader's Meeting, 6:30pm
15	Ownership for Sheep Wethers and ALL Meat Goats
19, 26	Dog Show SPIN Club, 6 pm, Stephenson County Fairgrounds, Foresight Commercial Building
24	Countywide 4-H ZOOM mtg, 6:30 pm
31	Extension Office closed for Memorial Day

JUNE 2021

1	Deadline for YQCA & QAEC Certification Ownership/ Lease Deadline for Dog Show- Due to Extension Office
1	Swine Ear Notch form deadline- Due to Extension Office
1	Ownership deadline: Beef Heifers, Beef Bucket Calves, Dairy Goat Kids, Dairy Goat Yearling (not in milk), *ALL Pygmy Goats, Dairy Calves & Heifers, All Poultry, Rabbits & Cavies (No paperwork to Ext. Office)
2, 9, 16, 23, 30	Dog Show SPIN Club, 6 pm, Stephenson County Fairgrounds, Foresight Commercial Building
3	Babysitting Clinic, Pearl City District- NEW DATE WILL be coming soon
5	Illinois State 4-H Public Speaking Contest, Richland Community College, Decatur
15-17 9am-8pm Polo	4-H Day Camp- <u>no overnight</u> , Rock River Christian Camp,
25	Breeding Sheep Ownership deadline
25	4-H SHOW Clothing & Textiles, Candy Making, Cake Decorating & Flower Arranging- HCC TBD 9 AM
30	Wizarding World of 4-H Day Camp* <i>Tentative</i> *, Location TBD

JULY 2021

5	Extension Office Closed for Independence Day
7	General Projects Day, Stephenson County Fairgrounds, 9 AM
7, 9	Dog Show SPIN Club, 6 pm, Stephenson County Fairgrounds, Foresight Commercial Building

CALENDAR OF EVENTS

10	Stephenson County 4-H Dog Show, 9 am, Stephenson County Fairgrounds, Foresight Commercial Building
10	Stephenson County Cat Show, 1 pm, Stephenson County Fairgrounds, Foresight Commercial Building
10	Stephenson County 4-H Rabbit & Cavy Show, 9 am, Stephenson County Fairgrounds, Rabbit building
19	4-H Shows: Crops, Foods, & Horticulture 9 AM Stephenson County Fairgrounds- Foresight & Liberty buildings
19	4-H Show: Cloverbuds- 1PM- Stephenson County Fairgrounds Foresight building
26	Stephenson County 4-H Livestock shows-Poultry, Goat, Dairy, Swine, Sheep, & Beef, Stephenson County Fairgrounds
27-31	Stephenson County Fair, Stephenson County Fairgrounds
AUGUST 2021	
1	4-H Horse & Pony Show
12-22	Illinois State Fair, Springfield, IL
13	Stephenson County State Fair Exhibition Day
28	Illinois State 4-H Dog Show, Granny Rose, Dixon

Program Books are being printed NOW!!

We should have them Early May!



Stay Tuned for when Fair Entry will be opened

SCHOLARSHIP INFORMATION:

R. C. Miller Agriculture Scholarship— Must be a Stephenson County resident, studying agriculture with an emphasis in conservation. 1- \$1000 scholarship will be awarded. Please contact Julie Miller, Office Support Assistant at 815-235-4125 for application. **Deadline is:**



I

4-H Seniors!

Don't forget to complete
the 4-H Senior Survey
to receive a
4-H Memorabilia Tassel!



We are Proud of You!

DUE MAY 1, 2021



Now accepting submissions!

BLUE RIBBON PROJECT CONTEST

Compeer Financial knows how much you love your fair. We appreciate the determination and dedication you put into your projects every year.

That is why we are proud to continue our Blue Ribbon Project contest. We want to recognize 4-H and FFA members who have been working hard all year on their projects.

Submit a picture of your project — from aerospace to woodworking and everything in between — and a brief description of how your project champions rural America.

Monetary prizes will be awarded in various categories based on age and location. Plus, the first 1,000 entries receive a free t-shirt.

Visit compeer.com/BlueRibbon to learn more, including submission details, rules and prizes.

Deadline for submissions:
JUNE 1, 2021

Submit essays and see full contest details at:
compeer.com/BlueRibbon



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ILLINOIS 4-H VOLUNTEER DEVELOPMENT

4-H VOLUNTEER CAFÉ CONVERSATIONS!

Register to participate in the *4-H Volunteer Café Conversations*. We are so excited to continue this new Illinois 4-H opportunity creating a platform for 4-H Volunteers from across Illinois to meet virtually and discuss topics of interest, share both ideas and challenges. Volunteers will gain access to tools & techniques to support their volunteer efforts, strengthening 4-H club and member learning experiences. We have two upcoming Café Conversation opportunities coming up in the next few months. We will address two topics during each Café Conversation so bring your ideas, questions, and since this is a Café Conversation, feel free to bring a snack!

4-H Volunteer Café Conversation - Thursday, May 20, 2021; 7 PM

TOPICS will include:

One for the Project, Two for the Show, Three to Get Ready...Go Clover Go! Summer Fun!

Link to register for the **May 20, 2021** Volunteer Café Conversation:

<https://web.extension.illinois.edu/registration/default.cfm?RegistrationID=22738>

Thank you 4-H Volunteers! We
appreciate all you do for our
Youth!

We  Volunteers

WHAT'S HAPPENING AT THE EXTENSION:

Illinois Extension to Offer Get Growing Webinar Series

Join Grant McCarty, Illinois Extension Local Foods and Small Farms Educator, for the Get Growing Webinar Series. The series will be held on Thursday evenings beginning April 22 and going through May 13. The presentations will be from 6:00 to 7:30 p.m. each evening and will be held via the Zoom platform. You must pre-register to receive the Zoom link to join the presentation. The series is being held free of charge, but donations are being accepted to help offset the cost of Extension programming. To register or for more information visit us online at go.illinois.edu/jsw or call us at 815-235-4125.

April 22: Growing Perennial Vegetables (Rhubarb, Asparagus, Horseradish)

April 29: Raspberry and Blackberry Production for the Backyard

May 6: Raised Bed and Container Vegetable Gardening

May 13: Weed Management in the Vegetable Garden



What's Happening at the Extension:

Arthritis is a condition in which one or more of your joints become inflamed, often leading to stiffness, soreness, and in some cases, swelling. This disease affects the lives of more than 54 million adults in the US, with more than 21 million having osteoarthritis. However, certain lifestyle behaviors could help improve your joint health and help prevent, relieve, and manage its symptoms.

University of Illinois Extension Nutrition and Wellness Educator Diane Reinhold will be offering an educational workshop, “*Living with Arthritis.*” During this workshop, we will provide insights into the most common forms of arthritis. You will also learn how diet, physical activity, and maintaining a healthy body weight can help manage symptoms.

This workshop will be held Tuesday, May 25, 2021, from 1:00 – 3:00 PM. This virtual event is free but preregistration is required in order to receive the Zoom link. The registration deadline is May 23, 2021. For more information on this program or if you need a reasonable accommodation to participate, please contact our office at (815) 235-4125 or visit us online at go.illinois.edu/jsw.

