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#Opportunity4All

Hello 4-H Families & Volunteers,

Here we are at the end of May already! Looking back 10 months ago, it seemed like a huge mountain to climb at the start of the 20/21 school year, but here we are on the other side! I encourage you to take time this Memorial day weekend and just enjoy your family and the time you have with each other. As we remember all those who have gone before us in service to our Country, we also want to thank those who are serving our Country here and now. Your dedication and service to our Country is greatly appreciated!

Important information:

1) YQCA & QAEC Training, Pig Ear Notch forms, & Dog ownership papers are all due by this Tuesday...June 1st.

2) FAIR ENTRY is OPEN! REMINDER- you MUST register your child in fair entry in order to bring projects and animals to the 4-H show. You have until June 15th to enter your projects... do not wait till the last minute!

3) Babysitting Clinic is June 23rd. You do not have to be in 4-H to do this, so if you want to sign up with a friend, please share the information in this newsletter with them!

4) Kitchen Scrap Gardening Kits– Sign up by June 9th for this fun, summer activity with your kids.

5) The Miller Scholarship Deadline is June 1st as well as the Compeer Financial Blue Ribbon Essay Contest

6) We have an update regarding Covid-19 guidelines for 4-H in this E-News.

Please reach out to me with any questions or concerns!

Have a blessed Memorial day weekend!

~Brenda





Find us on Facebook!

Stephenson County 4-H News

Fair Entry Opens- Deadline June 15th!!

Fair Entry will open on May 14th and will close June 15th.

Go to:

https://stephenson4-hfair.fairentry.com/Fair/SignIn/15241

• Fair Project Registration must be done using the online FAIR ENTRY System by MIDNIGHT June 15.

• To register, please log into the 4-H Fair Entry program using your **4-H Online ID and pass-word**.

- PLEASE COMPLETE ALL FAMILY MEMBERS FAIR ENTRIES BEFORE SUBMITTING.
- YOU WILL NOT BE ABLE TO EDIT OR ADD PROJECTS ONCE YOU "SUBMIT" UNTIL THE EN-TRY HAS BEEN APPROVED.
- **DO NOT WAIT UNTIL THE LAST DAY!** STAFF CAN ONLY ANSWER QUESTIONS DURING OF-FICE HOURS.
- See attached instructions to help guide you through the registration process.

• Animal Science Projects – Animal Science (Beef, Cat, Dog,...) Displays will need to be entered under "General Projects" then "Animal Science". There, you will find each Animal species.

• Pay close attention to the <u>level</u> project area you are exhibiting in for fair.

• **Example:** if you enrolled in Cooking 101, be careful to sign up in Cooking 101 for your FAIR project. All levels of Cooking will be available for your selection, but BE SURE you select the correct level. Your Fair enrollment will be Rejected if it is not correct.

o If you are not sure what level you originally enrolled in, please check your 4-HOnline account under participation/projects.

INCOMPLETE – when you see an "Incomplete" next to an Exhibitors entry, this will require you to click the "Review" button at the top of the page. Once you read the message and "Continue", the Incomplete message will disappear.

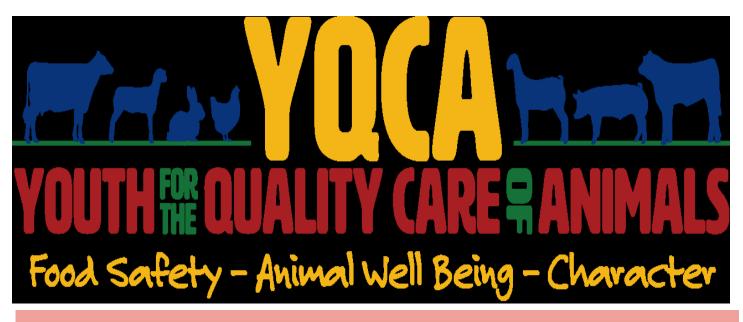
For BEST Results - use Google CHROME when registering.

If you find any problems or errors along the way, please be sure to contact the Extension Office!

Quality Assurance and Ethics Training— The Quality Assurance and Ethics training is required for all youth that enroll in horse, rabbit, poultry, dog, cavy (guinea pigs), and cat. Members must take the training if they plan to show a live animal. It is advised that they complete this one time as soon as they are enrolled in the project area.

Counties will monitor completion of this. Failure to complete QA&E will result in the member's animal science project enrollment being cancelled and they will be ineligible to exhibit at county fairs. The website is open year round @ http://web.extension.illinois.edu/gaec/.

The deadline to complete this training is June 1, 2021.



Don't Forget! YQCA training must be completed and certificates to me BY JUNE 1st.

If you attended a YQCA training on April 10th or April 24th, Please print your certificate and send a copy to me. Email is fine too– <u>bheimann@illinois.edu</u>

SUMMER 4-H SHOWS:

4-H Clothing & Textiles, Candy Making,

Cake Decorating & Flower Arranging- Friday, June 25th

General Projects Day - Wednesday, July 7th

Dog Show, Cat Show, Rabbits & Cavies Show—<u>Saturday, July 10</u>

Crops, Foods, Horticulture & Cloverbud Shows—Monday, July 19

4-H Livestock Shows: Poultry, Dairy, Goat, Swine, Sheep & Beef-Monday, July 26

4-H Horse & Pony Show– August 1

2021 Fair briefing to come...

In years past you have received a newsletter specific to the 4-H shows held at the county fairgrounds. We plan to do that again this year. It will be coming out mid-June and will have IMPORTANT information regarding the event dates, check-in times, how to sign up for judging times, what to bring, & what to expect.

Please be on the look-out for this newsletter!!!



Updated: Illinois 4-H Covid-19 Social Distancing & Safety Practices:

The following COVID-19 social distancing/safety practices reflect requirements of Illinois Department of Public Health and University of Illinois event guidelines. These mitigation protocols may be modified to reflect requirements of local public health department based on local conditions at the time of the event. In line with the latest guidelines from campus, the following will be in place on or before June 30 at all 4-H events:

1. The university will no longer require fully vaccinated people to wear face coverings or practice social distancing indoors or outdoors. "Fully vaccinated" means 14 days after your final dose. Below are the updated policies for summer shows.

2. Face coverings for youth under 12 and people who are not fully vaccinated will be required indoors. Masks may be removed outdoors only when it is possible to maintain social distance of at least 6 feet.

3.These policies are grounded in the honor code. Participants will self-identify as vaccinated or unvaccinated; staff will not verify vaccination status for staff, youth, families, or volunteers. The 4-H program teaches youth the values of honesty and integrity and this is a chance for us all to model and represent those principles. Youth will continue to pay attention to not only our words, but also our actions.

4. Handwashing and sanitizing stations will be provided throughout the venue.

5. Anyone who has experienced COVID-19 symptoms within the previous seven days is asked to stay home. COVID-19 symptoms include fever, cough, loss of taste or smell, or shortness of breath.

If any of these guidelines presents a challenge for you, please contact us directly at 815-235-4125. We are happy to discuss what accommodations are possible so that we can look for ways that all youth can safely participate in this event.

Illinois 4-H reserves the right to adjust or cancel events in the case of identified risk, such as changes in local COVID conditions or known instances of non-compliance with safety guidelines.

Please pay special attention to the fair absentee form and the form for special accommodations in the event something happens and you need it.



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AGES & STAGES OF CHILD DEVELOPMENT

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OPEN TO ALL YOUTH 11+ YEARS OLD * MUST HAVE COMPLETED STH GRADE TO REGISTER CALL \$15.235.4125 OR REGISTER ONLINE @ go.illinois.edu/jsw

PEARL CITY PARK DISTRICT BUILDING WEDNESDAY, JUNE 23, 2021 9 AM-NOON



01

02

03

DEADLINE TO REGISTER IS JUNE 17



A MASK MUST BE WORN AT ALL TIMES PARTICIPANTS WILL BE SOCIALLY DISTANCED HAND SANITIZING STATIONS WILL BE AVAILABLE

If you need a reasonable accommodation to participate in this program, please contact the Extension Office at 815-235-4125. Early requests are strongly encouraged to allow sufficient time for meeting your access needs.



Illinois Extension

UNIVERSITY OF ILLINOIS URBANA-CHAMPAIGN

University of Illinois Extension provides educational programs and research-based information to help Illinois residents improve their quality of life, develop skills and solve problems. If you need a reasonable accommodation to participate in this program, please call the U of I Extension office. University of Illinois Extension provides equal opportunities in programs and employment. University of Illinois College of Agricultural, Consumer and Environmental Sciences – United States Department of Agriculture – Local Extension Councils Cooperating





Kitchen Scrap Gardening Kits

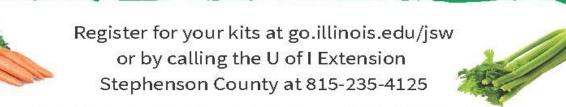
Kitchen Scrap Gardening is a great way to get youth of all ages interested in gardening while also teaching them about reusing and recycling. This project can even be used to teach about plant parts!



Registration Deadline is June 9!

University of Illinois Extension has a great opportunity for you to learn about kitchen scrap gardening through these kits that we are offering!

Kits will be \$5 a piece and will include an information packet on kitchen scrap gardening, romaine lettuce, a plastic cup, a small pot, and soil.



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January 1	June 1
Performance Cows (Beef)	Gilts (Swine)
Dairy Cows	Dairy Calves & Heifers
Milking Does (Goat)	Barrows (Swine)
February 1	All Rabbits
Steers	All Poultry
May 15	Beef Heifers
Market Wethers (sheep)	Horse/Pony
Jr. & Open Premiere Sheep	Dogs
All Meat Goats (wethers and all	Dairy Goat -Kids/Yearlings (not in milk)
breeding animals)	All Pygmy Goats
Beef Bucket Calves	

Breeding Ewes & Rams

June 25



4-H Dog SPIN Club Schedule 2021

Kick Off Meeting: March 24, 2021 at 6:30 p.m. HCC, Bldg R- Room 153

Traditional obedience class (Beginning Novice, Preferred Novice and Novice) will begin at 6 p.m. Showmanship will begin at 6:45 p.m.Rally will begin at 7:00 p.m. These classes will meet on Wednesdays.



May 19 May 26 June 2 June 9 June 16 June 23 June 30 July 7



July 9 *Last practice session on evening before Dog Show

All classes will be held at the Stephenson County Fairgrounds in the Building Under the Grandstand or outside of the building on the grass (weather permitting).

The 4-H Dog Show is Saturday, July 10, 2021 at 9:00 a.m. Building Under the Grandstand.

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2020-2021 Stephenson County 4-H Calendar of Events **Some dates/times subject to change**

MAY 2021	
1	Ownership/ Lease Deadline for Horse Show- Due to Ext. Office
	Swine ownership deadline (No paperwork to Ext. Office)
1	Camp Counselor Training, Ogle County Office, 9-3pm
3	4-H Summer Camp Registration Deadline
3	I Made That, May Deadline -registration online
12	Leader's Meeting, 6:30pm
15	Ownership for Sheep Wethers and ALL Meat Goats
19, 26	Dog Show SPIN Club, 6 pm, Stephenson County Fairgrounds, <mark>Under</mark>
	the grandstand
24	Countywide 4-H ZOOM mtg 6:30 pm
31	Extension Office closed for Memorial Day

JUNE 2021

1	Deadline for YQCA & QAEC Certification
1 Ownership/ Lease Deadline	e for Dog Show- Due to Extension Office
1	Swine Ear Notch form deadline- Due to Extension Office
1	Ownership deadline: Beef Heifers, Beef Bucket Calves, Dairy Goat
	Kids, Dairy Goat Yearling (not in milk), *ALL Pygmy Goats, Dairy
	Calves & Heifers, All Poultry, Rabbits & Cavies (No paperwork to Ext.
	Office)
2, 9, 16, 23, 30	Dog Show SPIN Club, 6 pm, Stephenson County Fairgrounds, Under
	the grandstand
5	Illinois State 4-H Public Speaking Contest, Richland Community
	College, Decatur
15-17 9am-8pm	4-H Day Camp- <u>no overnight</u> , Rock River Christian Camp, Polo
23	Babysitting Clinic, Pearl City Park District- 9-Noon
25	Breeding Sheep Ownership deadline
25	4-H SHOW Clothing & Textiles, Candy Making, Cake Decorating &
	Flower Arranging- HCC TBD 9 AM
30	Wizarding World of 4-H Day Camp* <i>Tentative</i> *, Location TBD
JULY 2021	
5	Extension Office Closed for Independence Day
7	General Projects Day, Stephenson County Fairgrounds, 9 AM
7, 9	Dog Show SPIN Club, 6 pm, Stephenson County Fairgrounds, Under
	the Grandstand Building
10	Stephenson County 4-H Dog Show, 9 am, Stephenson County
	Fairground, <mark>Under the Grandstand Building</mark>
10	Stephenson County Cat Show, 1 pm, Stephenson County
	Fairgrounds, <mark>Under the Grandstand Building</mark>
10	Stephenson County 4-H Rabbit & Cavy Show, 9 am, Stephenson
	County Fairgrounds, Rabbit building
19	4-H Shows: Crops, Foods, & Horticulture 9 AM
	Stephenson County Fairgrounds- Foresight & Liberty buildings
19	4-H Show: Cloverbuds- 1PM- Stephenson County Fairgrounds
	Foresight building

2020-2021 Stephenson County 4-H Calendar of Events

Some dates/times subject to change	
26	Stephenson County 4-H Livestock shows-Poultry, Goat, Dairy,
	Swine, Sheep, & Beef, Stephenson County Fairgrounds
27-31	Stephenson County Fair, Stephenson County Fairgrounds
AUGUST 2021	
12-22	Illinois State Fair, Springfield, IL
13	Stephenson County State Fair Exhibition Day
28	Illinois State 4-H Dog Show, Granny Rose, Dixon

<u>Signing up for Judging times—for</u> <u>General Projects—</u>

- For general project shows this year we will be using Sign up Genius.
- Once fair entry closes on June 15th, we will be putting together the final touches to our sign up genius page.
- You will receive special directions BY EMAIL, after June 15th that will explain how to sign up for your judging time, per project.



• MORE DETAILS TO COME SOON!

R. C. Miller Agriculture Scholarship — Must be a Stephenson County resident, studying agriculture with an emphasis in conservation. Winners will receive a \$1000 scholarship. Contact Julie Miller, Office Support Assistant at 815-235-4125 for an application. Deadline is: June 1, 2021

Stephenson County Association for Home & Community Education:

The SCAHCE scholarship is awarded to 1 recipient in the amount of \$300.00. The applicants must be an immediate member of a county HCE/HEA member for a minimum of 3 years & live in Illinois.

Deadline is July 15th.

Contact the Extension office for an application–815-235-4125.



Now accepting submissions! BLUE RIBBON PROJECT CONTEST

Compeer Financial knows how much you love your fair. We appreciate the determination and dedication you put into your projects every year.

That is why we are proud to continue our Blue Ribbon Project contest. We want to recognize 4-H and FFA members who have been working hard all year on their projects.

Submit a picture of your project - from aerospace to woodworking and everything in between - and a brief description of how your project champions rural America.

Monetary prizes will be awarded in various categories based on age and location. Plus, the first 1,000 entries receive a free t- shirt.

Visit compeer.com/BlueRibbon to learn more, including submission details, rules and prizes.

Deadline for submissions: **JUNE 1, 2021**

Submit essays and see full contest details at: compeer.com/BlueRibbon

COMPEER FINANCIAL

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Essay Contest

Compeer Financial has been a longtime supporter of 4-H youth through donations and actively attending the county 4-H Livestock Auction in the past. We would like to continue to support our local youth's 4-H experience by broadening our approach and providing all 4-H members in our area a donation.

In order to qualify, 4-H members must submit an essay describing their 2021 project, what they learned completing their project and knowledge gained. We ask that the essay be at least 150 words and picture of the member with their project when possible. The 4-H member's name and address must be included with the essay. Essay form is attached and needs to be submitted to Compeer Financial by September 1st, 2021. The amount of each award will be determined by the final number of applicants and will be delivered by mail.

See the attachment to this newsletter for more details and form.





Registrations are NOW OPEN for the 2021 State 4-H LIVE-STOCK JUDGING CONTEST!!

The contest is being held June 21st at the Peoria County Fairgrounds. This event is open to 4-H members ages 8-19. Registration begins at 8:30 a.m., contest starts at 10 a.m. All participants must be there and checked in by 9:15 a.m. For more info contact the Extension Office at 815-235-4125!

Summer Opportunities



8118

WHAT'S YOUR STORY?

What do you think would happen if the toy company Schleich got together with 4-H to create the most fantastic animal tale of all time? Find out with the "Create Your Story" contest, launching NOW! Join in the fun by creating a story only YOU can imagine. The top 10 stories will go to a vote and the top two will be part of an interactive "create your own adventure" video premiering this fall!

Schleich Toys now carries 4-H bundles, along with a story starter contest where kids get to use their imaginations to come up with the next chapter in a creative tale. All the info about the contest and the partnership can be found on their website <u>https://www.schleich-s.com/en/US/4h?</u>

<u>&promo_name=branding&promo_id=us_4h_story&promo_position=slider_3</u> The story contest will have several iterations (it's like a choose your own adventure book) and will run all summer into early fall.

If creative writing is your thing, or maybe you have a really good imagination...Check out this national opportunity!

Summer Opportunities

ANNOUNCING THE BOGS DESIGN A BOOT 4-H THEMED CONTEST

BOGS is asking for kids and adults to help design the next limited-edition BOGS 4-H boot. For inspiration, participants are encouraged to draw something that represents a 4-H activity or their own 4-H experience for the chance to have their design reproduced on the limited-edition boots. This contest is open to both kids and adults, and designs will be accepted through June 1st.

GO to: https://www.bogsfootwear.com/shop/contestDesignBoot.html Or see attachment to this E-news!

Summer Opportunities

Is Photography your passion? Check out this Midwest Challenge:



Youth encouraged to photograph what makes the Midwest great

The challenge is to capture the places that make your state great. The *Capture What's Great in Midwest States 4-H Photography Challenge is an effort to promote creativity, healthy living and outdoor exploration. Youth should highlight something that stands out about their town, county, state or travels to another Midwest state. There are many hidden gems in the Midwest so get out and capture them.*

Eligibility is open to youth in grades K-13 in Illinois, Indiana, Iowa, Kansas, Michigan, Minnesota, Missouri, Nebraska, North Dakota, Ohio, South Dakota and Wisconsin. Submissions will be accepted through June 30. Find more information at <u>https://z.umn.edu/Midwest-states-photo-challenge</u>



What's Happening at the Extension:

Arthritis is a condition in which one or more of your joints become inflamed, often leading to stiffness, soreness, and in some cases, swelling. This disease affects the lives of more than 54 million adults in the US, with more than 21 million having osteoarthritis. However, certain lifestyle behaviors could help improve your joint health and help prevent, relieve, and manage its symptoms.

University of Illinois Extension Nutrition and Wellness Educator Diane Reinhold will be offering an educational workshop, "*Living with Arthritis*." During this workshop, we will provide insights into the most common forms of arthritis. You will also learn how diet, physical activity, and maintaining a healthy body weight can help manage symptoms.

This workshop will be held Thursday, June 3, 2021, from 1:00 - 3:00 PM. This virtual event is free but preregistration is required in order to receive the Zoom link. For more information on this program or if you need a reasonable accommodation to participate, please contact our office at (815) 235-4125 or visit us online at <u>go.illinois.edu/jsw</u>.



What's Happening at the Extension?

Move more for better health......

No matter your age, everyone can benefit from physical activity. Physical activity is a cornerstone for wellness and plays a significant role in improving brain health, strengthening bones and muscles, and reducing the risk of many chronic health conditions. Whether you are looking to prevent or manage a chronic illness or simply want to improve your ability to do everyday activities, this workshop is for you.

Join University of Illinois Extension Nutrition and Wellness Educator Diane Reinhold, Tuesday, June 22, from 1-3 PM for "*Move More for Better Health*." This virtual event is free. However, preregistration is required. We will provide insight into the many health benefits of physical activity during this workshop and share resources and tips for activities you can do without even leaving the house.

Beat the registration deadline of June 20 and receive your link to join the presentation. For more information on this program, or if you need a reasonable accommodation to participate, please contact our office at (815) 235-4125, or visit us online at <u>go.illinois.edu/jsw</u>.



Get your pressure canner dial gauge tested!

Pressure Canner Dial Gauge Testing Walk-in Clinic will be held twice locally. Once on Wednesday, June 9, and again on Wednesday, July 28. Both events will be held from 1:00 to 3:00 PM at the University of Illinois Extension-Stephenson County, 2998 W. Pearl City Road, Freeport. Pre-registration is requested for this free clinic. If you cannot make it during clinic hours, drop off the canner lid with a dial gauge, complete the required form, and pick up your canner lid and gauge after the clinic date. Office hours for University of Illinois Extension-Stephenson County are 8 a.m. to 4:30 p.m.

What's Happening at the Extension:

EAT FRESH, EAT LOCAL

Wednesdays just got better with this healthy eating series from University of Illinois Extension. Join us at noon for a 30-minute discussion on eating fresh while supporting local community growers. Come with questions for our panel of nutrition experts.

MAY 19– Noon– Sample the Season

Learn how to prepare the fruits and vegetables found at the farmers market.

June 16—Noon– What to expect at the Farmers Market

Get to know the farmer who grows the food. Learn the ins and outs of shopping at the market: when to go, what to buy, what to bring

July 21—Noon– Preserve Like a Pro

This session will cover the pros and cons of canning, freezing, drying and fermenting your favorite foods.

August 18—Noon– Storing Your Bountiful Harvest

Learn how to cure squash, and the best conditions for storing your root vegetables, winter squash, and apples.

REGISTER at: https://extension.illinois.edu/jsw



What's happening at the Extension: 2021 Four-State Dairy Nutrition & Management Conference– June 9 & 10

- June 9th—Dr. Bill Weiss, Ohio State University, will be discussing updated energy systems for dairy cows. Dr. Jim Drakley, University of Illinois, will be explaining a new system for determining the nutrient requirements of young dairy calves.
- June 10th—Dr. Jesse Goff, Iowa State University; & Dr. Laura Hernandez, University of Wisconsin will be discussing hypocalcemia treatment & prevention.

Check out the whole conference at: <u>https://extension.illinois.edu/jsw</u>

