



# NEWSFLASH



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HAPPY \*  
*St. Patrick's*  
\* Day



Find us on  
[Facebook!](#)

March 6, 2020

*Inspired to Lead– Called to Serve*

Good afternoon 4-H Families,

I hope this Newsflash finds you all healthy and able to get out to enjoy the sunshine and warmth! I have been busy preparing for Super Saturday tomorrow. We have some great presentations planned and I'm looking forward to this experience!

Our April 1st 4-H Online project selection deadline is quickly approaching! Be sure to select the manuals you would like me to order. I will place that order on Monday, April 6th and should have them here at the office by the end of that week. Fair Entry for Public Presentations registrations will open March 15th and for General Projects Day/ Fair on April 15th. It will close on June 15th. All livestock required trainings (YQCA and/or QAEC) must be completed by June 1st– See page 5!

Be sure to check in with your club leader to volunteer for the Pork Chop Dinner on April 19th! Those forms are due next week! Tickets and money are due March 27th.

Have a fabulous Friday & weekend!

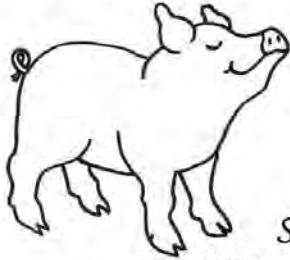
~Becky Gocken



Thank you Jamie at Jelly Art Studio for our fun-filled painting workshop held on February 22!

## STEPHENSON COUNTY 4-H INFORMATION

### STEPHENSON COUNTY 4-H & EXTENSION FOUNDATION PORK CHOP DINNER FUNDRAISER



*13<sup>th</sup> Annual  
Pork Chop Fundraiser 2020*

*SUNDAY, APRIL 19, 2020 11AM-2PM  
EAGLES CLUB - 1200 W GALENA AVE, FREEPORT*

*\$7.00 INCLUDES 1-6 OUNCE PORK CHOP SANDWICH,  
POTATO SALAD OR CHIPS,  
CHEESE, APPLESAUCE, DRINK  
AND COOKIE*

*(Tickets \$1.00 EXTRA @ THE DOOR)*

*HOT DOG TICKETS \$3 AVAILABLE ONLY AT THE DOOR*

*CARRY OUTS AVAILABLE*

*SILENT AUCTION AND BUCKET DRAWING*

*ALL PROCEEDS TO BENEFIT  
STEPHENSON COUNTY 4-H PROGRAMS*

Checks should be written to: "4-H and Extension Foundation"

*Stephenson County 4-H  
and Extension Foundation*



*Supporting 4-H and Extension  
in Stephenson County*

**NOTE:**

*Advance Ticket Sales*

*end March 27th*

*& cost at door is \$1 extra!*



Please email me @ [rgocken@illinois.edu](mailto:rgocken@illinois.edu) or call 815-235-4125 if you are planning to attend!

# 4-H Dog Class Schedule 2020

**Kick Off Meeting: March 25, 2020 at 6:30 p.m. at  
Extension Office, Room 153**

Traditional obedience class (Beginning Novice, Preferred Novice and Novice) will begin at 6 p.m. Showmanship will begin at 6:45 p.m. Rally will begin at 7:00 p.m. These classes will meet on Wednesdays.



May 20  
May 27  
June 3  
June 10  
June 17  
June 24  
July 1  
July 8  
July 10



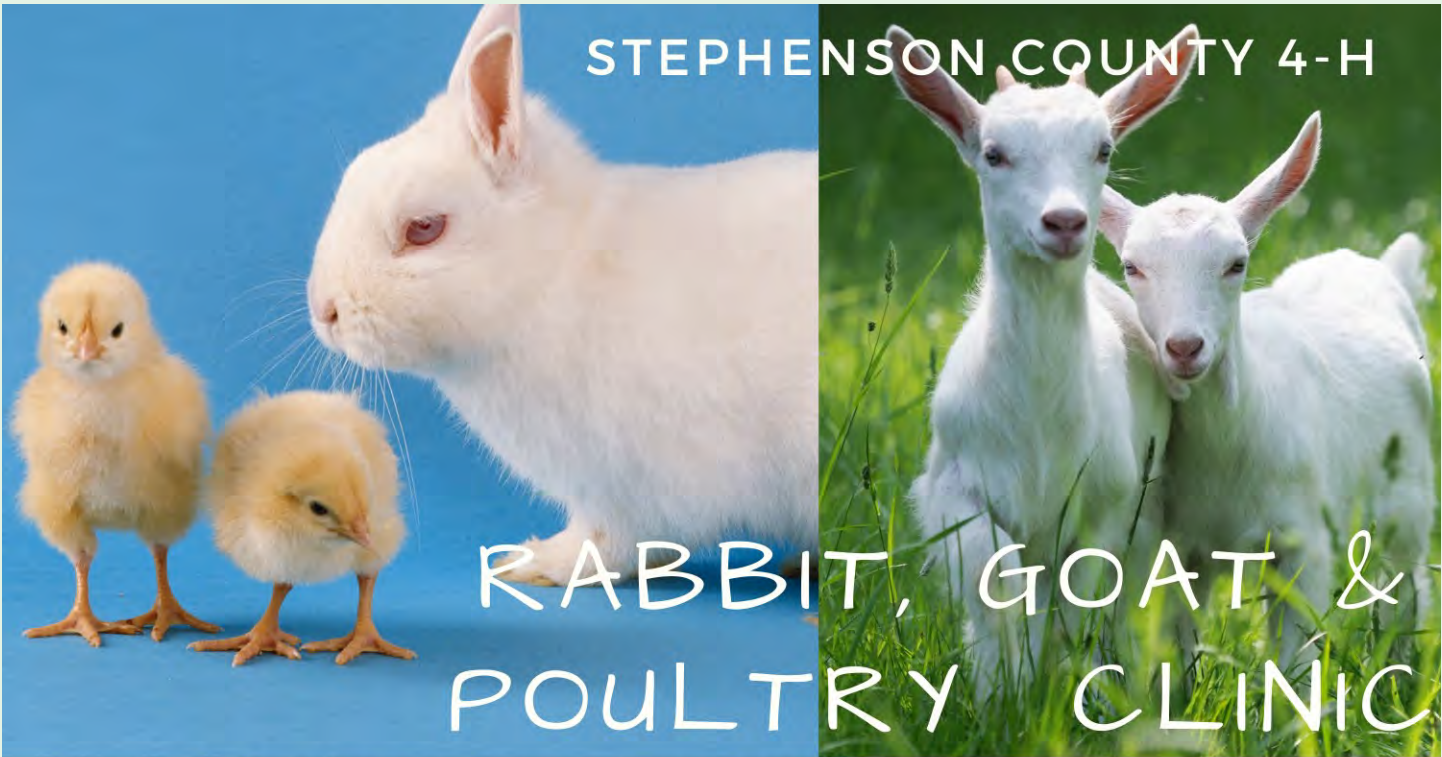
All classes will be held at the Stephenson County Fairgrounds in the Foresight Commercial Building or outside of the building on the grass (weather permitting).

**The 4-H Dog Show is Saturday, July 11, 2020 at 9:00 a.m.  
Foresight Commerical Building.**

University of Illinois Extension provides educational programs and research-based information to help Illinois residents improve their quality of life, develop skills and solve problems. If you need a reasonable accommodation to participate in this program, please call the U of I Extension office. Early requests are strongly encouraged to allow sufficient time for meeting your access needs. University of Illinois Extension provides equal opportunities in programs and employment. University of Illinois College of Agricultural, Consumer and Environmental Sciences - United States Department of Agriculture - Local Extension Councils Cooperating.







STEPHENSON COUNTY 4-H

RABBIT, GOAT &  
POULTRY CLINIC

**SATURDAY, APRIL 25, 2020**

**10:00 A.M.- RABBITS (BRING RABBITS FOR TATTOOING)**

**10:00 A.M.- GOATS**

**11:00 A.M.- POULTRY**

**STEPHENSON COUNTY FAIRGROUNDS, POULTRY BARN  
2250 WALNUT, FREEPORT**

**(THE SMALL ANIMAL SWAP IS THE SAME DAY. IN ORDER TO AVOID PAYING AN ENTRY FEE, PLEASE MENTION YOU ARE A 4-H MEMBER AND YOU CAN ENTER FOR NO CHARGE)**

The day will focus on everything you need to prepare your animals for show!

For more information contact:

Poultry- Rita Koch at 815-449-2910

Rabbit- Judy Cary- 815-238-5312

Goat- Karlene Beckmeier- 815-821-3991

Please RSVP to the Stephenson County Extension Office at [go.illinois.edu/jsw](http://go.illinois.edu/jsw) or call (815) 235-4125 by Friday, April 17 by 4 p.m.

**I ILLINOIS**  
Extension  
COLLEGE OF AGRICULTURAL, CONSUMER  
& ENVIRONMENTAL SCIENCES



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## STEPHENSON COUNTY 4-H INFORMATION



UNIVERSITY OF ILLINOIS EXTENSION PRESENTS

# Girls Science Siesta

4TH-6TH GRADE  
FRIDAY, APRIL 3 @ 5:00 P.M. UNTIL  
SATURDAY, APRIL 4 @ 8:30 A.M.

REGISTER AND PAY ONLINE AT:  
[GO.ILLINOIS.EDU/GIRLSSCIENCESIESTA](http://GO.ILLINOIS.EDU/GIRLSSCIENCESIESTA)

FEE: \$40  
GET A COOL T-SHIRT, LOTS OF FOOD,  
OVERNIGHT IN THE MUSEUM, AND LOTS OF FUN!



College of Agricultural, Consumer and Environmental Sciences \* USDA \* Local Extension Councils Cooperating  
University of Illinois Extension provides equal opportunities in programs and employment.  
If you need a reasonable accommodation to participate in this program, please contact the DeKalb County Extension Office at 815-798-8194.  
Early requests are strongly encouraged to allow sufficient time for meeting your access needs.



SPEND A NIGHT AT THE DISCOVERY CENTER CHILDREN'S MUSEUM IN ROCKFORD, IL

LEARN ABOUT:  
DRONES  
MONARCHS ON THE MOVE  
OR  
ROCKETS TO THE RESCUE  
AND  
MEET REAL SCIENTISTS

### NORTHERN ILLINOIS 4-H SUMMER CAMP



ILLINOIS Extension  
COLLEGE OF AGRICULTURAL, CONSUMER & ENVIRONMENTAL SCIENCES

**JUNE 8-12**  
ROCK RIVER CHRISTIAN CAMP  
POLO, IL



COME JOIN THE FUN

4-H CAMP IS OPEN TO ALL YOUTH AGES 8-14 BY JUNE 8, 2020  
REGISTER ONLINE BY MARCH 1  
[GO.ILLINOIS.EDU/4HSUMMERCAMP](http://GO.ILLINOIS.EDU/4HSUMMERCAMP)

We are currently seeking a new **Technologies** Superintendent for the fair!  
Please email or call Becky if you are interested!  
815-235-4125 or [rgocken@illinois.edu](mailto:rgocken@illinois.edu)



## Attention 4-H Swine, Sheep, Goats, Beef and Dairy Show Participants:

The YQCA annual training is required by the state 4-H office this year to show in any 4-H Swine, Sheep, Goat, Beef or Dairy livestock show. You may take the in-person training in any other Illinois county for \$3 per member, or on your own for \$12 per member. The list of dates and times offered by other counties is available when you sign in to pre-register on the website (upper right corner- Find a Training).

<https://yqca.learn-grow.io/Account/Login>

All other livestock shows still require the QAEC training which can be found at <https://web.extension.illinois.edu/qaec/>.

**These trainings must be completed by June 1, 2020!**

## STEPHENSON COUNTY 4-H CLUB UPDATES/ SHOUT OUTS



### Country Cuzins



The Country Cuzins had officer Dave Mordt from the Freeport Police Department come to our March Meeting and speak. He brought his K9 dog Simon along. We learned what a typical day looks like for Officer Mordt and Simon, as well as we watched Simon do some commands.



### Freeport Fantastics

Freeport Fantastics recently did a drive for supplies for Friends Forever Humane Society.

They also made Valentines for the Ferguson Cancer Center to brighten patient's days.



# STEPHENSON COUNTY IMPORTANT DATES TO REMEMBER

## MARCH 2020

- 7 9– 11:45 a.m. **Super Saturday, HCC, Building R**
- 13 **Pork Chop Dinner Volunteer Worker Sheet Due**
- 13-14 Boys Science Siesta, Discovery Center, Rockford
- 15 Fair Entry Opens for Public Speaking & Demonstrations
- 25 6:30 p.m. Dog Classes Kick-Off Meeting, HCC, Room 153
- 27 Pork Chop Dinner Tickets/ \$ Due to Extension Office

**Stephenson  
County Fair  
is  
July 21-25!**

## APRIL 2020

- 1 **Final day to add/change projects in 4-H Online**
- 3-4 Girls Science Siesta, Discovery Center, Rockford
- 15 Fair Entry Opens for GP & Fair
- 18-25 National Volunteer Week
- 18 9-3 p.m. Camp Counselor Training, Stephenson Co. Ext. Office, Freeport
- 19 11-2 p.m. 13<sup>th</sup> Annual Stephenson County 4-H & Extension Foundation Pork Chop Dinner, Eagles Club 1200 West Galena Ave, Freeport
- 22 6pm 4-H Public Speaking & Demo Contest, HCC, Building R, Room 102
- 25 Rabbit, Goat & Poultry Clinic, Stephenson County Fairgrounds
- 27 6:30 p.m. Organizational Leaders Meeting, HCC, Bldg. H



## MAY 2020

- 1 **Ownership/ Lease Deadline for Horse Show– due to Extension Office**
- 20, 27 6:00 p.m. Dog Class, Stephenson County Fairgrounds, New Commercial Bldg.
- 25 Extension Office closed for Memorial Day

## JUNE 2020

- 1 **Deadline for YQCA & QAEC Certification**
- 2 **Ownership deadline: Beef Heifers, Beef Bucket Calves, Dairy Goat Kids, Dairy Goat Yearling (not in milk), \*ALL Pygmy Goats, Dairy Calves & Heifers, All Poultry, Rabbit & Cavies (No paperwork to Ext. Office)**
- 1 **Ownership/ Lease Deadline Dog Show—due to Extension Office**
- 3, 10, 17, 24 6 p.m. Dog Class, Stephenson Co. Fairgrounds, Foresight Commercial Bldg.
- 8-12 **4-H Camp, Rock River Christian Camp, Polo, IL**
- 14 2020 Northern Illinois 4-H Horse & Pony Show, Stephenson County Fairgrounds, Freeport

# STEPHENSON COUNTY IMPORTANT DATES TO REMEMBER

## JUNE 2020

<b>15</b>		<b>LAST DAY TO REGISTER IN FAIR ENTRY</b>
19	9-2:30 p.m.	Babysitting Clinic, Pearl City Park District
20		Stephenson County Ag Breakfast
20	9:00 a.m.	2020 Western Illinois 4-H Horse Show, Monmouth, IL
22	5:30 p.m.	Fair Committee Meeting



## JULY 2020

1	6 p.m.	Dog Class, Stephenson County Fairgrounds, Foresight Commercial Bldg.
3	9:00 a.m.	4-H Stephenson County Fashion, Highland Community College Cafeteria
3	1-1:30 p.m.	4-H Candy Making Shows, Highland Community College Cafeteria
3	1:30-3:30 p.m.	4-H Cake Decorating, Cookie Decorating, Highland Community College Cafeteria
3	2:30 p.m.	4-H Flower Arranging Contest, Highland Community College Cafeteria
4		Extension Office closed for Independence Day
<b>8</b>	<b>9 a.m.</b>	<b>General Projects Day</b> , Stephenson County Fairgrounds, Foresight Commercial Bldg.
8	6 p.m.	Dog Class, Stephenson County Fairgrounds, Foresight Commercial Bldg.
10	6 p.m.	Dog Class, Stephenson County Fairgrounds, Foresight Commercial Bldg.
11	9:00 a.m.	Stephenson County 4-H Dog Show, Stephenson County Fairgrounds, Foresight Commercial Bldg.
11	1:00 p.m.	Stephenson County 4-H Cat Show, Stephenson County Fairgrounds, Foresight Commercial Bldg.
20	9:00 a.m.	4-H Crops, Cooking, Cloverbuds Shows, Stephenson County Fairgrounds, Foresight Commercial Building
20	1:00 p.m.	Cloverbud Show, Stephenson County Fairgrounds, Foresight Commercial Building
<b>21-25</b>		<b>Stephenson County Fair</b>
21	8:30 a.m.	4-H Rabbit & Cavy Show, Rabbit Barn
21	8:45 a.m.	4-H Poultry Shows, Poultry Barn
21	9:00 a.m.	4-H Swine Show, Swine Barn
21	9:00 a.m.	4-H Beef Show, Beef Show Ring
21	9:00 a.m.	4-H Sheep Show, Sheep Show Ring
21	9:30 a.m.	4-H Goat Show, Goat Show Ring
21	9:30 a.m.	4-H Dairy Show, Dairy Show Ring





## STEPHENSON COUNTY IMPORTANT DATES TO REMEMBER

### JULY 2020

#### 21-25

#### Stephenson County Fair

21	8:30 a.m.	4-H Rabbit & Cavy Show, Rabbit Barn
21	8:45 a.m.	4-H Poultry Shows, Poultry Barn
21	9:00 a.m.	4-H Swine Show, Swine Barn
21	9:00 a.m.	4-H Beef Show, Beef Show Ring
21	9:00 a.m.	4-H Sheep Show, Sheep Show Ring
21	9:30 a.m.	4-H Goat Show, Goat Show Ring
21	9:30 a.m.	4-H Dairy Show, Dairy Show Ring
23	5:30 p.m.	Parade of Excellence, FHN Grandstand
25	1:00 p.m.	4-H Master Showmanship Contest (Swine, Sheep, Beef Show Rings)
26	8:30 a.m.	4-H Stephenson County Horse Show- Rain or Shine



### AUGUST 2020

14		Stephenson County State Fair Show Date
29		State 4-H Dog Show, Granny Rose K-9 Enrichment Center, Dixon, IL

### SEPTEMBER 2020

11-12		Stephenson County 4-H and Extension Foundation Cub Foods Brat Stand Fundraiser
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## STATE 4-H CONTESTS:

### Tell Your 4-H Story

March 21 | 9 AM – 3 PM

Whiteside County Extension Office in Sterling  
Shawnee Community College in Ullin



We're looking for 4-H members interested in spreading the great news about 4-H. 4-H members 14 years of age or older can join the *Speaking for Illinois 4-H* team. There will be two trainings on **Saturday, March 21**. The Northern training will be held at the Whiteside County Extension Office in Sterling. The Southern training will be held at Shawnee Community College in Ullin.

The training, provided by the Illinois State 4-H Youth Leadership Team, gives you the chance to explore your own 4-H history and why you are involved and put that story into words. Learn the best ways to approach donors, civic groups, elected officials, and others to talk about 4-H. Learn why 4-H believes in Positive Youth Development and how we emphasize the essential elements of Belonging, Independence, Generosity and Mastery. All of this – and more – is a part of *Speaking for Illinois 4-H*! Once you're trained, you'll receive an invitation to be a part of our Legislative Connection events at the State Capitol this spring.

### STATE 4-H HORSE HIPPOLOGY CONTEST

April 18 | 8 AM

David Kinley Hall | University of Illinois at Urbana-Champaign

You must pre-qualify at the regional contest to be held April 4 at Knoxville High School

Take your love of horses to a new level and compete in the State 4-H Hippology Contest. There are several phases in this horse-related contest: written test, horse judging, station identification, and problem solving. Cost is \$5 per person. Learn more @ [go.illinois.edu/4Hhippology](http://go.illinois.edu/4Hhippology).

### STATE 4-H HORSE BOWL CONTEST

April 19 | 8 AM

Education Building | University of Illinois, Urbana-Champaign

You must pre-qualify at the regional contest to be held April 4 at Knoxville High School

There are several ways to learn about horses, and you don't even need a horse! This contest operates very similar to scholastic bowls at school, with all the questions related to the horse industry! Cost is \$5 per entry or \$25 per team. Learn more @ [go.illinois.edu/4Hhorsebowl](http://go.illinois.edu/4Hhorsebowl).

### STATE 4-H HORSE SPEAKING CONTEST

April 18 | David Kinley Hall, University of Illinois, Urbana-Champaign | 10 AM

Any 4-H members may participate. No pre-qualifying is needed, but you must register at the Extension office by mid-March. Cost is \$3 per entry. You'll share ideas with others as you develop the ability to speak in public about the horse industry and the 4-H Horse project. Learn more @ [go.illinois.edu/4Hhorsespeaking](http://go.illinois.edu/4Hhorsespeaking). There are 5 divisions

- **Original individual formal speech**
- **Original individual presentation:** either demonstration (step by step process) or illustrated talk on an idea or topic; both use visual aids.
- **Original team presentation:** either demonstration (step by step process) or illustrated talk on an idea or topic; both using visual aids.
- **Extempore speaking:** topic is selected at the event and participants have 25 minutes to prepare a 4- to 6-minute speech.
- **NEW IN 2020: Interpretive Reading** is the art of reading aloud from a printed page. The reading must be published works that are horse-related. They may be prose, poetry, short stories, play cuttings, narratives, book or review, or theatrical. You should NOT memorize; they are intended to be read from a page.



## STATE 4-H INFORMATION:

### Shooting Sports Volunteers Needed

Many young people don't have someone to show them how to safely handle a firearm or bow. Think back to the person who taught you to shoot. The Illinois 4-H program needs adults willing to serve as mentors and share their passion of shooting sports. Here's what you need to do:

- Contact your local Extension office and complete the required forms and background checks. The local office will complete your registration.
- Complete a 3-hour online training module at home.
- Attend a 9-hour hands-on field day which runs from 9 AM to 7 PM. Check your local office to see if assistance is available for the \$85 fee. Training dates for 2020 are:
  - Southern Illinois: Saturday, March 28** at Tombstone Gun Range, Marion. Register by March 18.
  - Western Illinois: Saturday, June 13** at Gardner Camp, Hull. Register by June 3.
  - Northern Illinois: Saturday, Sept. 12** at Torstenson Youth Education Center, Pecatonica. Register by September 2.

### State Robotics Challenge

May 9

#### McLean County Fairgrounds | Bloomington

The state's robotics clubs are encouraged to register for the 2020 Robotics Competition May 9 at the McLean County Fairgrounds. Entry fee is \$20 per team and due at registration.

Register at [go.illinois.edu/4HR2020](http://go.illinois.edu/4HR2020) before March 31.

Download the challenge at

[go.illinois.edu/2020CHALLENGE](http://go.illinois.edu/2020CHALLENGE).

Watch the video at [youtu.be/IEAv1USEGS8](https://youtu.be/IEAv1USEGS8).

### 4-H Poultry Judging

#### Returns to State Fair

August 17 | 4-6 PM

#### Jr. Livestock Barns | Illinois State Fair

The Illinois 4-H State Poultry Judging Contest will be held from 4 to 6 PM Aug. 17 in the junior livestock barns on the State Fairgrounds in Springfield. There is no limit to the number of exhibitors each county may send. Teams of three or four contestants may be submitted. The four top seniors (age 14-18 on Jan. 1, 2020) will compete as the Illinois team at the National 4-H Poultry and Egg Conference in November. Registration begins at 3:30. Check out the state 4-H website on the Events page for all the details.

### Host an International Youth This Summer



Host a Japanese or South Korean youth this summer through States' 4-H International! Expand your family's cultural understanding, learn about new foods and customs, and possibly learn a new language all while sharing your own. Your children will build lifelong friendships and will gain new perspectives on their own country, too! Families are needed for July 22 through August 17.

Be aware:

- Families hosting a youth must have a child the same gender and approximate age (12-18) as the incoming youth.
- Youth must have a separate bed; a separate room is not required.
- Host family selection is dependent on completion of an application and screening process, as well as student availability and personality compatibility.
- Applications are accepted until all placements are made

For more information, visit: <http://www.states4hexchange.org>. Find us on Facebook @ [facebook.com/illinois4hexchange](https://www.facebook.com/illinois4hexchange) or contact Illinois representatives Miriam Rosenbohm @ [rosenbohm07@comcast.net](mailto:rosenbohm07@comcast.net) or Elisha Hughes @ [ehugh2@illinois.edu](mailto:ehugh2@illinois.edu).

## STATE 4-H INFORMATION:

### Change Lives, Be a 4-H Camp Counselor

4-H Memorial Camp is now accepting applications for summer camp employment. We are looking for energetic, responsible individuals to serve as counselors and program staff for 6 weeks of summer camp. We will train you for a week before the campers arrive. You'll get valuable experience working with young people while you have a great summer. We are also looking for people with lifeguard certifications, outdoor education programming experience, and arts/crafts teaching experience. Application paperwork can be found at [4h.extension.illinois.edu/programs/camping/4-h-memorial-camp](http://4h.extension.illinois.edu/programs/camping/4-h-memorial-camp). Come be a mentor to 1500 campers while creating memories and friendships that last a lifetime.

For more information, contact Andy Davis @ [Ardavis1@illinois.edu](mailto:Ardavis1@illinois.edu) or call (217) 762-2741.

### Nothing Beats Summer at 4-H Memorial Camp

**5 weeks to choose: Learn more and register online @ [go.illinois.edu/4Hcamp](http://go.illinois.edu/4Hcamp)**

Camping at 4-H Memorial Camp will open February 3. Spaces fill up immediately, so save the date on your calendar! There are 5 weeks of youth camp this year. Cost is \$250 for 4-H members or \$290 for youth not yet in 4-H. The fee includes a camp t-shirt and \$15 in credit at the Trading Post. No extra cash is needed for camp!

Week 1: June 2-6

Week 2: June 7-11

Week 3: June 14-18

Week 4: July 5-9

Week 5: July 26-30



### Be a True Leader in Service



Join 4-H members and clubs across Illinois and the nation on **Saturday, April 25** as part of **True Leaders in Service!** 4-H clubs serve their communities all year long however the month of April has been selected as a time for ALL 4-H clubs to join together to roll up their sleeves in service to local communities. This could mean helping a person or family in need doing yard work or minor home repairs, cleaning up streets or parks, planting trees or gardens, supporting your local food pantry or any other project that supports a local need.

Make your plans now on how you'll help others. Find resources @ [go.illinois.edu/4Hdayofservice](http://go.illinois.edu/4Hdayofservice). Later in 2020, you can register your projects there! The goal of the 4-H True Leaders in Service day is to encourage 4-H members in every county to make a positive difference. Service projects can be done by individuals, by 4-H clubs, or as a countywide service project. No matter what the project is, this will be a day to make a difference.



### Two Ways to Give to 4-H

**Paper Clover Campaign returns in April:** It's never been easier to support 4-H. From April 29 to May 10, you can donate to 4-H at your local Tractor Supply stores as part of the Paper Clover campaign. Money donated at your store stays right in the county where it's given! Last fall, the campaign raised almost \$1 million!

**Get your Clover at JOANN stores:** Between March 1 and April 30, you can donate to 4-H at your local JOANN store.

### Foundation Hall of Fame Ceremony

The Illinois 4-H Foundation will honor one volunteer leader from each county at a ceremony during the Illinois State Fair. The celebration begins at 3 p.m. Tuesday, Aug. 18 as part of Ag Day at the fair right before the Sale of Champions activities begin. Supporters and families of the recipients are welcome to attend.

### Find Help for Your Projects

We have dozens of projects you can choose to take, and ways to help you learn! Check out the resources available @ <https://4h.extension.illinois.edu/project-resources>. Some are available from the county Extension office. Others you can order directly from Shop 4-H or other state Extension programs.

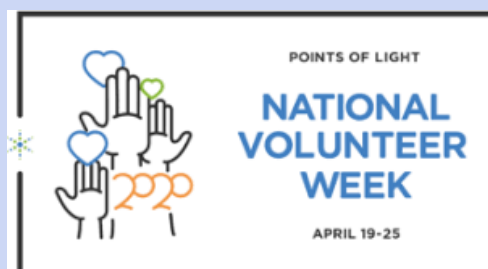
Give us a call if you have questions.



## STATE 4-H INFORMATION:

### Celebrate 4-H Volunteers April 19-25

Illinois 4-H will celebrate the more than 11,000 4-H adult volunteers supporting and guiding 4-H members during National Volunteer Week, April 19-25. 4-H volunteers are the caring adults who are empowering and preparing youth for success as 4-H members provide service to others and in their communities. Today's 4-H youth are engaged in diverse learning experiences where they practice skills employers want; grow and distribute food to communities in need; steward our natural resources; identify local issues and initiate positive change in local, state, national, and global issues; and they make and influence positive choices for healthy living. All of these things happen because of engaged volunteers in local communities.



In Stephenson County, there are 98 volunteers who inspire youth involved in local 4-H programs.

4-H and their leaders include:

#### Leader

Stephanie Mitchell

Bonnie Campbell

Alicia Glendenning, Dean Kuper

Denise Hayunga

Josh & Stacey Bolen, Ann Johnson

Bonnie Bawinkel, Rose DeVries

Kathy Baumgartner, Sheila Keene

Kristi Krahmer, Jamie Stabenow

Jen Brenner, Nikki Keltner, Barb Curry

Curt & Pennie Miller, Brenda Forth

Becky Thomas

Gail Engelkens

Karen Wilhelms

Pat Yeagle

Courtney Cary

#### Club

Country Cuzins

Davis Rockets

Florence Crickets

Freeport Fantastics

German Valley Golden Eagles

Harlem Helpers

Lena Live Wires

Lena Lucky Clovers

Pearl City Hornets

Pearl Valley Rangers

Pearl Valley Rangers

Rainbow Rangers

Rainbow Rangers

Snappy Snazzers

Whiz Kids

## STATE 4-H INFORMATION:

### Look for These Changes at the Illinois State Fair

With the timing of the state fair and the anticipated start of school, the 4-H General Project Show at the state fair has been condensed to three days: Aug. 14, 15, and 16.

- Exhibits must be in place by 9:30 AM and remain on display **until 4 PM**. (new release time)
- The awards will include **Champion Medals** for the highest score in each project class and **Reserve Medals** for the second highest score in each class. Cash premiums from the state will be paid to the medal winners. **Innovation Awards** will be given to exhibits judges find inspiring, innovative, or creative and are not based on scores. Medal winners cannot receive the innovation award in 2020.
- **New projects** at the state fair include: Child Development, Leather, Sports Nutrition, Family Heritage, and Shooting Sports
- The **State 4-H Public Speaking Contest** will be held at the same time as the state fair. Youth can compete in a speech and also bring a project to the General Project Show. Youth must be selected in their county contest to advance and will speak the same day as their county exhibit day.
- **Ewe lambs** are now eligible for the premier show.
- Steers advancing to state fair **must be weighed by Feb. 29**.
- The **junior poultry show** begins Monday, Aug. 17.
- The **State 4-H Poultry Judging Contest** will be held at the state fair on Monday, Aug. 17.
- The **junior rabbit show** begins Saturday, Aug. 22.
- Check out all the livestock ownership deadlines online @ [go.illinois.edu/4Hlivestock](http://go.illinois.edu/4Hlivestock).

### Our exhibit day is August 14, 2020.

<b>August 14</b>	Bureau, Carroll, Champaign, Coles, Cumberland, DeWitt, Ford, Fulton, Henry, Iroquois, Jo Daviess, LaSalle, Lee, Macon, Marshall-Putnam, Mason, Mercer, Moultrie-Douglas, Peoria, Piatt, Rock Island, Shelby, Stark, Stephenson, Tazewell, Vermilion, Whiteside, Winnebago
<b>August 15</b>	Christian, Clark, Clay, Cook, Crawford, DeKalb, DuPage, Edgar, Effingham, Fayette, Franklin, Jackson, Jasper, Jersey, Johnson, Kane, Kendall, Livingston, Logan, Macoupin, Massac, McLean, Menard, Montgomery, Ogle, Perry, Pulaski-Alexander, Randolph, Sangamon, Union, Williamson, Woodford
<b>August 16</b>	Adams, Bond, Boone, Brown, Calhoun, Cass, Clinton, Edwards, Gallatin, Greene, Grundy, Hamilton, Hancock, Henderson, Jefferson, Kankakee, Knox, Lake, Lawrence, Madison, Marion, McDonough, McHenry, Monroe, Morgan, Pike, Pope-Hardin, Richland, Saline, Schuyler, Scott, St. Clair, Wabash, Warren, Washington, Wayne, White, Will

### New Certification Required for Youth Exhibiting Livestock

4-H members exhibiting animals entering the food production system will be required to complete the **Youth for the Quality Care of Animal** certification (YQCA). It will replace former trainings: PQA and QAEC. This program is the industry-standard certification. Check with local offices about completing the training. **The training must be completed by June 1 each year.**

Horses, dogs, and cats will still be required to take the **Quality Assurance and Ethics** (QAEC) training. This training is only required once in the member's career and must be completed by June 1.

### We're Going to the Capitol

**March 4-5 & May 6-7 | Springfield**

Illinois 4-H members who have completed *Speaking for Illinois 4-H* training and participated in the annual updates are invited to participate in **Legislative Connection** at the State Capitol in Springfield. There are four days in 2020: March 4&5 and May 6&7. All youth who have completed *Speaking for Illinois 4-H* training or complete one of the upcoming training opportunities will receive registration information through an email invitation.



## STATE 4-H INFORMATION:

### Illini Summer Academies

June 21 – 26 | University of Illinois at Urbana-Champaign

Imagine getting to work alongside university professors while you're still in HIGH SCHOOL! Imagine getting to hang out on a college campus. Imagine spending five days with kids your age from all across Illinois. That's what happens at Illini Summer Academies, so stop imagining it and just do it!

This conference runs June 21-26 on the University of Illinois campus. Explore one of 13 different programs during the week. Illini Summer Academies is supported through the Illinois 4-H Foundation and intended to serve youth living in Illinois.

Learn more @ [go.illinois.edu/illini4H](http://go.illinois.edu/illini4H). Registration opens March 16 and closes April 17.

Apply for a scholarship @ [go.illinois.edu/illini4Hscholarship](http://go.illinois.edu/illini4Hscholarship) before April 1. The scholarship covers the \$260 base cost of the conference. Any academy cost is responsibility of the attendee.

Space for each academy is limited and available on a first-come, first-served basis. Many academies reach capacity before the registration closes, so don't wait. Academies and costs include:

- **AGRICULTURAL LEADERSHIP AND COMMUNICATION.** Department: Ag Leadership, Education, and Communication. College: Agricultural, Consumer, and Environmental Sciences. Cost TBD.
- **ANIMAL SCIENCES.** Department: Animal Sciences. College: Agricultural, Consumer & Environmental Sciences. Cost: \$370.
- **BEEKEEPING.** Department: Entomology. College: Liberal Arts and Sciences. Cost: TBD
- **CHEMISTRY AROUND US.** Department: Chemistry. College: Liberal Arts and Sciences. Cost: \$280.
- **ELECTRICAL AND COMPUTER ENGINEERING.** Department: Electrical & Computer Engineering. College: Engineering. Cost: \$485.
- **GAME DESIGN: STORYTELLING AND FABRICATION.** Champaign-Urbana Fab Lab. Cost: \$335.
- **HUMAN DEVELOPMENT AND FAMILY STUDIES.** Department: Human Development and Family Studies. College: Agricultural, Consumer, and Environmental Sciences. Cost: \$295.
- **JOURNEY FROM FARM TO TABLE.** Department: Food Science and Human Nutrition. College: Agricultural, Consumer & Environmental Sciences. Cost \$360.
- **MEAT JUDGING & EVALUATION.** Department: Animal Sciences. College: Agricultural, Consumer & Environmental Sciences. Cost: \$310.
- **SUSTAINABLE SUMMER.** Department: Natural Resources and Environmental Sciences. College: Agricultural, Consumer, and Environmental Sciences. Cost: \$310.
- **MOLECULAR AND CELLULAR BIOLOGY.** School: Molecular & Cellular Biology. College: Liberal Arts & Sciences. Cost: \$385. No repeat students from last year.
- **VETERINARY MEDICINE.** Graduate College: Veterinary Medicine. Cost: \$375. Open to youth who have completed 10<sup>th</sup> grade. No repeat students from last year.
- **WORK HARD, PLAY HARD.** College: Applied Health Sciences. Cost: \$280.



## STATE 4-H INFORMATION:

### Important Dates for 2020 Illinois State Fair Junior Show

Active 4-H members who are 8 to 18 years of age (9/1/19) are eligible to exhibit in the Illinois State Fair Junior Show. Youth older than 18 may exhibit if active FFA alumni. Below is the tentative schedule for the junior livestock show. Check the Illinois State Fair website for any updates.

#### ARRIVAL TIMES

**BEEF:** Performance Cow/Calf must be in place by noon on 8/11

**BEEF:** Heifers must be in place by noon on 8/11

**BEEF:** Steers must be in place by 8 PM on 8/11

**DAIRY:** must be in place by 5 PM on 8/18

**GOATS:** Meat Goats must be in place by noon on 8/12

**GOATS:** Dairy Goats must be in place by 8 AM on 8/16

**GOATS:** Pygmy Goats must be in place by 11 AM on 8/21

**SHEEP:** Market Lambs must be in place by 8 PM on 8/13

**SHEEP:** Breeding Sheep must be in place by 9 PM on 8/15

**SWINE:** Gilts must be in place by 8 AM on 8/12

**SWINE:** Barrows must be in place by 8 AM on 8/13

**POULTRY:** must be in place by 9 AM on 8/17

**RABBITS:** Meat pens must be in place by 9 AM on 8/17

**RABBITS:** All others must be in place by 3 PM on 8/21

#### SHOW TIMES

**SUPERIOR YOUNG PRODUCER CONTEST BEEF/SHEEP/SWINE:** 7 PM on 8/12

**SUPERIOR YOUNG PRODUCER CONTEST DAIRY:** 8:30 AM on 8/22

**MASTER SHOWMANSHIP:** 7:30 PM on 8/14

**BEEF:** Showmanship: 1 PM on 8/12

**BEEF:** Performance Cow/Calf: 8:30 AM on 8/13

**BEEF:** Heifers: AOB, Charolais, Chianina, Hereford, Polled Hereford, Maine Anjou, Maintainer: Time TBA on 8/13

**BEEF:** Heifers: Angus (at 8:30 AM), Limousin, Shorthorn, Shorthorn Plus, Simmental, %Simmental: on 8/14 (other breed times TBA)

**BEEF:** Steers: 8:30 AM on 8/15

**DAIRY:** Brown Swiss: 9 AM on 8/19

## STATE 4-H INFORMATION:

### Important Dates for 2020 Illinois State Fair Junior Show

**DAIRY:** Holstein: 1 PM on 8/19

**DAIRY:** Guernsey: 9 AM on 8/20

**DAIRY:** Ayrshire: 1 PM on 8/20

**DAIRY:** Milking Shorthorns: 9 AM on 8/21

**DAIRY:** Jersey: 1 PM on 8/21

**GOATS:** Breeding Meat Goats: 8 AM on 8/14

**GOATS:** Wether Meat Goats: after breeding show on 8/14

**GOATS:** Market Meat Does: after wether show on 8/14

**GOATS:** Dairy Goats: 9 AM on 8/16

**GOATS:** Pygmy Goats: 8:30 AM on 8/22

**SHEEP:** Market Lambs: 8 AM on 8/15

**SHEEP:** Breeding Sheep: 8 AM on 8/17

**SWINE:** Showmanship: 5 PM on 8/13

**SWINE:** Gilts: 7:30 AM on 8/14

**SWINE:** Barrows: 7:30 AM on 8/15

**POULTRY:** 10 AM on 8/17

**RABBITS:** Meat Pens 10 AM on 8/17

**RABBITS:** All Others 9 AM on 8/22

#### RELEASE TIMES

**BEEF CATTLE:** released after 5 PM (or after all steer classes have shown) on 8/15

**DAIRY CATTLE:** released after 4 PM on 8/22

**MEAT GOATS:** released after the meat goat show on 8/14

**DAIRY GOATS:** released after the dairy goat show on 8/16

**PYGMY GOATS:** released after the pygmy goat show on 8/22

**MARKET SHEEP:** released after the market show on 8/15

**BREEDING SHEEP:** released after the breeding show on 8/17

**SWINE:** released after the barrow show on 8/15

**POULTRY:** released after the poultry show on 8/17

**MEAT PEN RABBITS:** release after the show on 8/17

**ALL OTHER RABBITS:** release 8/23



# SFI4-H

## Speaking for Illinois 4-H

**SATURDAY, March 21 – Whiteside County Extension Office**  
**9:30 A.M. Registration; 10:00 A.M. - 3:00 P.M. Training**



The Illinois State 4-H Youth Leadership Team has designed *SFI4-H* to train 4-H members in advanced presentation skills and business etiquette to effectively promote the University of Illinois Extension 4-H Youth Development Program. The ultimate goal is to create a team of polished teen speakers across the state that can speak to civic groups, potential donors, and elected officials on the local, state, and federal level. Whether the topic is recruitment of potential 4-H volunteers, fund-raising, or budgets, we need 4-H members who are trained and qualified to share the 4-H vision and get the job done!



Current 4-H members, ages 14-18, *should let their local Extension office know* that they wish to register for the training. Training will focus on building a variety of presentation skills and help the member tell their 4-H Story in the most effective way possible to share with elected officials, donors, civic groups and similar audiences.

**Youth must register on-line for training by March 13 for the March 21 training.**

The application requirement has been removed so the only documentation we need is the photo release form as well as the online registration. Registration for the training is \$12.00 to cover the cost of lunch.



**Registration is now open!**

Registration must be completed on-line:

<https://web.extension.illinois.edu/registration/?RegistrationID=21680>

**Help Your Local and State 4-H Program**  
**Join the *SFI4-H* Team!**

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## 19th Annual 4-H Day with the St. Louis Cardinals

### Order tickets by March 23

Illinois and Missouri 4-H members, parents, volunteers and alumni will gather at Busch Stadium on Saturday, May 9, 2020 for the 19th annual 4-H Day with the Cardinals. The reigning East Central Division Champion Cardinals will be playing the New York Mets in a 1:15 p.m. game. Tickets for the game will be \$28.00 each and includes a specially designed t-shirt featuring the 4-H Clover on the back and the Cardinals emblem on the front.

4-H members, leaders, alumni, and their families who purchase 4-H Day with the Cardinals tickets will have the opportunity to participate in a parade around the Busch Stadium outfield. Pre-game ceremonies will include a recitation of the 4-H pledge and ceremonial first pitches by an Illinois and Missouri 4-H member. As added bonus the Cardinals give-away item for the game is an adult mystery player alternate blue jersey. The first 30,000 fans age 16 and older will receive either a Mikolas, DeJong, or Flaherty jersey.

Tickets for the event must be ordered through the Missouri 4-H Online system and paid for with a debit/credit card. Ticket orders must be completed by March 23! Tickets often sell out before the order deadline so families are encouraged to order early. 4-H Clubs, counties, or groups of families who would like to be seated together must submit one order!

Illinois 4-H families, alumni, and others will follow the [instructions](#) for those who are “not a Missouri 4-H family”, on the [4-H Day with the Cardinals webpage](#) (the button reads “Non-4-H Member Instructions”, but that means non-Missouri member). Complete ticket order instructions and additional information is available at:

<https://extension2.missouri.edu/programs/missouri-4-h/4-h-opportunities/4-h-prog/4-h-days/4-h-day-with-the-cardinals>

Families can also participate in the 4-H Day with the Cardinals raffle to win prizes such as throwing out the first pitch, autographed baseballs, and tickets to other Cardinal baseball games. Funds raised through the raffle support Missouri and Illinois 4-H programs. 4-H Day with the Cardinals has raised \$82,000.00 to support Missouri and Illinois 4-H programs in the first 18 years. Complete information about the 4-H Day with the Cardinals raffle is on the [4-H Day website](#).

Questions regarding ticket or t-shirt orders should be addressed to [Rhonda Shafer](#), at [shafferr@missouri.edu](mailto:shafferr@missouri.edu) or 636-528-4613. For questions about the parade, game day activities or raffle contact [Dave Hileman](#) at [hilemand@missouri.edu](mailto:hilemand@missouri.edu) or 636-583-5141.

# STATE 4-H 2020 CALENDAR OF EVENTS

## State Coming Events

March 1 – April 30	JOANN Clovers for Kids Campaign
March 6	Women Changing the Face of Agriculture, Decatur
March 14	2020 Awards Banquet by invitation only
March 21	Speaking for Illinois 4-H Training, Whiteside County, Sterling
March 21	Sewing Community Service project, 4-H Memorial Camp
March 28	Northeast Regional Horse Bowl and Hippology Contest
March 28	Southern Regional Horse Bowl and Hippology Contest
April 4	Central Regional Horse Bowl and Hippology Contest, Lincoln Land Community College
April 4	Northwest Regional Horse Bowl and Hippology Contest, Knoxville
April 18	State 4-H Horse Speaking Contest, Champaign
April 18	State 4-H Horse Hippology Contest, Champaign
April 19	State 4-H Horse Bowl Contest, Champaign
April 19-25	National Volunteer Week
April 25	National 4-H Day of Service
April 25	Shooting Sports Training, Williamson County
April 29 – May 10	Tractor Supply Paper Clover Campaign
May 1	DEADLINE: Family Spirit Award Nominations
May 2-3	4-H Fish Camp, 4-H Memorial Camp
May 6-7	4-H Legislative Connection, Springfield
May 9	State 4-H Robotics Competition, Bloomington
June 2 – 6	Week 1: Camping at 4-H Memorial Camp
June 7 – 11	Week 2: Camping at 4-H Memorial Camp
June 13	Shooting Sports Training, Pike County
June 15	State Livestock Judging Contest
June 15-18	Week 3: Camping at 4-H Memorial Camp
June 18 – July 17	Outbound to Costa Rica
June 18 – August 6	Outbound to Japan
June 21 – June 26	Illini Summer Academies
June 24 – July 24	Outbound to Norway
June 24 – July 24	Outbound to Romania
June 28 – July 28	Outbound to Taiwan
July 4 – 11	Citizenship Washington Focus
July 5 – 9	Week 4: Camping at 4-H Memorial Camp
July 8 – August 6	Outbound to Japan
July 15 – August 13	Outbound to South Korea



## STATE 4-H 2020 CALENDAR OF EVENTS

### State Coming Events Continued

July 15 – August 13	Outbound to South Korea
July 22 – August 17	Inbound youth from Japan and South Korea in states
July 26 – 30	Week 5: Camping at 4-H Memorial Camp
July 26 – August 2	Illinois State Junior Horse Show, Springfield
<b>August 14</b>	Bureau, Carroll, Champaign, Coles, Cumberland, DeWitt, Ford, Fulton, Henry, Iroquois, Jo Daviess, LaSalle, Lee, Macon, Marshall-Putnam, Mason, Mercer, Moultrie-Douglas, Peoria, Piatt, Rock Island, Shelby, Stark, Stephenson, Tazewell, Vermilion, Whiteside, Winnebago.
<b>August 15</b>	Christian, Clark, Clay, Cook, Crawford, DeKalb, DuPage, Edgar, Effingham, Fayette, Franklin, Jackson, Jasper, Jersey, Johnson, Kane, Kendall, Livingston, Logan, Macoupin, Massac, McLean, Menard, Montgomery, Ogle, Perry, Pulaski-Alexander, Randolph, Sangamon, Union, Williamson, Woodford
<b>August 16</b>	Adams, Bond, Boone, Brown, Calhoun, Cass, Clinton, Edwards, Gallatin, Greene, Grundy, Hamilton, Hancock, Henderson, Jefferson, Kankakee, Knox, Lake, Lawrence, Madison, Marion, McDonough, McHenry, Monroe, Morgan, Pike, Pope-Hardin, Richland, Saline, Schuyler, Scott, St. Clair, Wabash, Warren, Washington, Wayne, White, Will
August 14-16	State 4-H Public Speaking Contest, Illinois State Fair, Springfield
August 17	State 4-H Poultry Show, State Fair
August 17	IL State Fair junior poultry show
August 18	Illinois 4-H Foundation Celebration Event at the State Fair
August 22	IL State Fair junior rabbit show
August 29	State 4-H Dog Show, Dixon
September 12	Shooting Sports Training, Winnebago County
September 19	State Archery Shoot, Pekin
September 26	State Shotgun Shoot, Brittany Shooting Park
October 10, 11	State Rifle & Pistol Shoot, Bloomington



### You be the Judge at Illinois 4-H State Livestock Judging Contest

June 15 | 9 AM – 4 PM

Stock Pavilion | University of Illinois, Urbana

The Illinois 4-H Livestock Judging Contest will be held Monday, June 15 at the Stock Pavilion in Urbana (1402 West Pennsylvania Ave.) beginning with registration at 8:30 a.m. All participants must be checked in by 9:30. The contest will begin at 10. Each county may enter a total of three teams, with no more than two junior teams or two senior teams. Get all the rules and details online @ [go.illinois.edu/4Hlivestock](http://go.illinois.edu/4Hlivestock). There will be three classes of beef, three classes of swine and two classes of sheep. There may also be a class of meat goats substituted for one class of the other species. There will also be a class of 15 questions (5 from a beef class, 5 from a swine class and 5 from a sheep class). Cost for each senior competitor is \$10 to cover the cost of lunch. Juniors will be dismissed by lunch to get their own meals.

# Carroll County 4-H Livestock & Dairy Judging



March 14  
2020

Carroll County  
Highway Bldg.  
10735 Mill Rd  
Mt. Carroll, IL 61053

**Come Join us on  
Saturday, March 14, 2020  
Carroll County Highway Building  
10735 Mill Rd.  
Mt. Carroll, IL 61053**

## Livestock Judging

Registration  
8-8:45 am  
Contest  
9:00 am

3 rings of each  
species, 1 production  
ring in each species,  
10th ring will be a  
question class

Lunch Stand  
On Site

## Dairy Judging

Registration  
11:45-12:15pm  
Contest  
12:30pm

If we are unable to  
use the building  
because of snow/  
ice, you will be  
contacted early that  
morning. Please pre-  
register and  
indicate a cell  
number where you  
can be reached early  
morning. You will  
also be added to a  
text group named  
"remind livestock  
judging group."

**Livestock Judging: Registration 8-8:45am- Contest 9:00 am**

**Dairy Judging: Registration 11:45-12:15pm- Contest 12:30pm**

Register online at [go.illinois.edu/CarrollJudging](http://go.illinois.edu/CarrollJudging) or use form



-----Registration Form ~ Livestock & Dairy Judging 2020-----

County Name: \_\_\_\_\_

# of 4-Her's Attending: \_\_\_\_\_

Adult Volunteer Helping: \_\_\_\_\_

Attending  Livestock  Dairy Contest: Check all that apply

Contact Person: \_\_\_\_\_ Phone # \_\_\_\_\_

E-mail: \_\_\_\_\_ Cell # \_\_\_\_\_

Questions Call Molly Sedig | 815-244-9444

**Return to:**  
**Molly Sedig**  
University of Illinois  
Extension  
807 D South Clay  
Mt. Carroll, IL 61053

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If you need a reasonable accommodation to attend, call the registration office.



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# 4-H Livestock Judging Contest

SPONSORED BY

ILLINOIS EXTENSION, MCDONOUGH COUNTY &  
WIU INTERCOLLEGIATE LIVESTOCK JUDGING TEAM

## Saturday, April 4, 2020

At The W.I.U. Livestock Pavilion  
Wigwam Hollow & Tower Road, Macomb

Registration begins at 8:00 a.m. • Contest will start at 9:00 a.m.

**FAST** Check in for those who register by April 1st  
Day of registration will be available

**NEW** Cost: \$5.00 Per Contestant or \$20.00 Per Team of 4  
payment due at contest

*Contest open to 4-H members only*

**JUNIOR Division ~ Under 14 as of 1/1/20**

**SENIOR Division ~ 14 & Older as of 1/1/20**

May register multiple youth at a time.

Teams will be four members and determined by top 3 scores.  
Teams must be comprised of individuals from the same county.

**Register Online at <https://go.illinois.edu/WIU>**

For additional information, please contact:

McDonough County Extension Office at (309)837-3939

or email Beth Chatterton at [chattert@illinois.edu](mailto:chattert@illinois.edu)

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If you need a reasonable accommodation to participate in this program, please contact your county Extension office.



# Warren County Livestock Judging Contest



**Saturday, May 30, 2020**

**Warren County Fairgrounds, Roseville**

**Registration begins at 8:00 AM**

**Contest begins at 9:00 AM**

- Junior Division (Ages 8-13 as of Jan. 1)
- Senior Division (Ages 14-18 as of Jan. 1)
- Team & Individual awards will be presented for overall & species winners
- \$3.00/person (Checks made payable to University of Illinois Extension).
- Contact Shelby Carlson, University of Illinois Extension Warren County at [srcarls2@illinois.edu](mailto:srcarls2@illinois.edu) or (309) 734-5161 or Lynn Shimmin at (309)-224-1469 with questions.

**Happy Hustlers 4-H Club will have boxed lunches available for \$5.00. Your support is appreciated!**

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If you need reasonable accommodation to participate in this program, contact Extension at (309) 734-5161.

## NATIONAL 4-H INFORMATION:



### 2021 YOUTH IN ACTION APPLICATIONS ARE OPEN

2021 Youth in Action applications are now open! We heard from Extension professionals and students that spring is a better time for youth to apply for scholarships, so we've shifted our application season to better support 4-H'ers and professionals alike! From January 29 - April 27, youth can share their stories of developing passion, finding purpose and inspiring others by applying for the 4-H Youth in Action Awards for a chance to earn a \$5,000 scholarship and a trip to Washington, DC!

[Click Here for Youth in Action Awards Info!](#)

### THE 11TH ANNUAL LEGACY AWARDS

Come celebrate the 11th annual 4-H Legacy Awards. This year's fundraising event will be held on Wednesday, March 25 in Washington, D.C. to recognize youth, alumni and supporters who make life-changing experiences possible for millions of young people. **Mark your calendars for the start of The Legacy Awards' Online Auction on March 11th!** This year's auction will include exclusive experiences from our 4-H celebrities and alumni.



[Click Here for more info!](#)



### CELEBRATING THE CONTRIBUTIONS OF UNIVERSITY LEADERS AND THEIR 4-H STORIES

Throughout the month of February, we celebrated the stories of historically Black college and university (HBCU) leaders, highlighting the impact of 1890 Land Grant Universities and the leaders whose careers were built on their 4-H experiences. Learn more from leaders of Prairie View A&M University, North Carolina A&T State University, Virginia State University, Southern University, the University of Arkansas at Pine Bluff, and Alcorn State University.

[Click to read their stories!](#)



### JOIN MANNA PRO IN CELEBRATING ALL 4-H'ERS

Calling All Champions! Manna Pro is celebrating the champions in all 4-H'ers. Now through April 30, encourage your network to share their favorite 4-H photos to create a 4-H mosaic. The states with the most photo uploads could win a cash prize, plus some great coupons for all participants.

[Learn More Here!](#)

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## WHAT'S HAPPENING AT THE EXTENSION:

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### Beyond Dirt

Grant McCarty, Illinois Extension  
Local Foods and Small Farms Educator

Tuesday, March 10, 2020  
10 a.m. to noon  
Jo Daviess County Extension Office  
204, Vine St. Elizabeth, IL

#### Topics to be covered include:

- basics of soil
- soil biology
- organic matters
- fertilizers
- compost
- vermicompost bins

The cost to attend this program is \$5. Pre-registration is required by Monday, March 9. To register or for more information visit us online at [go.illinois.edu/jsw](http://go.illinois.edu/jsw) or call us at 815-858-2273.

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**TUESDAY, MARCH 24, 2020**  
**8:30 AM - 3:00 PM**  
HIGHLAND COMMUNITY COLLEGE  
CONFERENCE CENTER, FREEPORT, IL

## INDUSTRIAL HEMP PRODUCTION WORKSHOP

Designed to inform producers about legislation, registration, best management practices, and processing of this new crop.

**Topics include:** Variety selection and cloning, greenhouse production tips, seeding methods, drying and ethanol extraction, insurance, marketing and MORE!  
The day will include updates from the University of Illinois Extension and the Illinois Hemp Growers Association. For a complete agenda, visit our website at [go.illinois.edu/jsw](http://go.illinois.edu/jsw).

**COST IS \$25 PER PERSON**  
**PRE-REGISTRATION BY MARCH 18TH**  
**815-235-4125 OR [GO.ILLINOIS.EDU/JSW](http://GO.ILLINOIS.EDU/JSW)**

Serving Jo Daviess, Stephenson and Winnebago Counties  
Jo Daviess County 204 N. Vine Street, Elizabeth IL 61028 - 815.858.2273  
Stephenson County 2598 W Pearl City Rd, Freeport IL 61032 - 815.235.4125  
Winnebago County 1040 N Second St, Rockford IL 61107 - 815.986.4357

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## Save the Date: March 14, 2020

### 25<sup>th</sup> Anniversary: Tri-State Forest Stewardship Conference

- 2020 marks the 25<sup>th</sup> Anniversary of the Tri-State Forest Stewardship
- **Date:** Saturday, March 14, 2020
- **New Location:** The Conference Center at Highland Community College (Freeport, IL)
- **Keynote Speaker:** Mr. Paul DeLong
  - Sr. VP, Am. Tree Farm System
  - Former WI-DNR State Forester
  - “The White Oak Initiative”
- **Contacts:**
  - Mr. Jay Hayek ([jhayek@illinois.edu](mailto:jhayek@illinois.edu))
  - Dr. Billy Beck ([wjbeck@iastate.edu](mailto:wjbeck@iastate.edu))
- This annual conference attracts 400+ woodland owners and conservation enthusiasts from the Tri-State area of Illinois, Iowa, Wisconsin, and beyond

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[www.extension.iastate.edu/forestry/tri\\_state/introduction.html](http://www.extension.iastate.edu/forestry/tri_state/introduction.html)



## WHAT'S HAPPENING AT THE EXTENSION:

### University of Illinois Extension Certified Food Protection Manager (CFPM)

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#### 2020 Course Dates

**March 31, 9:00 am - 3:00 pm AND April 3, 9:00 am - 2:30 pm**  
Location: Stephenson County Farm Bureau, 210 W Spring St, Freeport, IL.  
**July 28, 9:00 am - 3:00 pm AND July 31, 9:00 am - 2:30 pm**  
Location: Winnebago County Farm Bureau, 1925 S Meridian Rd, Rockford, IL.  
**August 03, 9:00 am - 3:00 pm AND August 03, 9:00 am - 2:30 pm**  
Location: Elizabeth Community Center Building, 402 West St, Elizabeth, IL.  
**October 27, 9:00 am - 3:00 pm AND October 30, 9:00 am - 2:30 pm**  
Location: Winnebago County Farm Bureau, 1925 S Meridian Rd, Rockford, IL.  
**December 1, 9:00 am - 3:00 pm AND December 4, 9:00 am - 2:30 pm**  
Location: Stephenson County Farm Bureau, 210 W Spring St, Freeport, IL.



This course meets the 8-hour coursework and examination required by the state of Illinois for the Certified Food Protection Manager certification, which is required every 5 years. (Formerly called the Food Service Sanitation Manager Certification). This course is taught by Diane Reinhold, Nutrition & Wellness Educator, University of Illinois Extension.

**Each class is taught over two days - You Must be Present the Entire Time**  
**The exam is administered the second day from 12:30 - 2:30 pm**

**PROGRAM FEE:** \$100 includes purchase of the book, examination, educational materials, and lunch (Pre-registration is Required)

**Photo ID Required for EACH day of Class**

**INFORMATION:** Please arrive 15 minutes early to register as class will begin promptly at 9:00

**REGISTRATION: Pre-registration is required.** To register call our office at 815.235.4125 or visit us online at: <http://web.extension.illinois.edu/jsw>

*If you need a reasonable accommodation to participate in this program, please contact our office at least 30 days prior to the program.*



#### UNIVERSITY OF ILLINOIS EXTENSION

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& Winnebago Counties  
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If you need a reasonable accommodation to participate in this program, please contact the Extension Office at (815)235-4125. Early requests are strongly encouraged to allow sufficient time for meeting your access needs. University of Illinois Extension provides equal opportunities in programs and employment. University of Illinois College of Agricultural, Consumer and Environmental Sciences - United States Department of Agriculture - Local Extension Councils Co-sponsoring.

## Living with Arthritis

**ILLINOIS**  
Extension  
COLLEGE OF AGRICULTURAL, CONSUMER  
& ENVIRONMENTAL SCIENCES

### A Journey of Wellness



Healthy Knee Joint



Knee Joint with Arthritis

**Date: Thursday, March 26, 2020**  
**Time: 1:00 PM - 3:00 PM**

**Location:** Stephenson County Senior Activity Center, 216 E. Stephenson Street, Freeport

Join us to **Learn** about the **Most Common Forms of Arthritis**. **How Diet, Physical Activity and Lifestyle** can help **Manage Arthritis**.

**To register or for more information:**

**Call our office at (815) 235-4125**

or visit us online at [web.extension.illinois.edu/jsw](http://web.extension.illinois.edu/jsw)



**Registration:** This program is free however pre-registration is requested due to limited seating.

**Registration Deadline: Monday, March 23, 2020**

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University of Illinois Extension provides educational programs and research-based information to help Illinois residents improve their quality of life, develop skills and solve problems. If you need a reasonable accommodation to participate in this program, please call the U of I Extension office. University of Illinois Extension provides equal opportunities in programs and employment. University of Illinois College of Agricultural, Consumer and Environmental Sciences - United States Department of Agriculture - Local Extension Councils Co-sponsoring.



Candice Hart, State Master Gardener,  
University of Illinois Extension

### Planning for a Popular Rockford, Illinois Gardening Conference is Underway

Gardening for Food, Flowers and Fun will be held on Saturday, March 7. The University of Illinois Extension presents this popular gardening conference, which features local experts, Extension Master Gardeners and staff. This year, the keynote speaker is Candice Hart, Extension Specialist. Candice will present the keynote address on Gardening with a Purpose, which will explore the latest trends in gardening which are done with intention. Practices that include things like growing our own food, planting flowers for bees & pollinators, changing the aesthetics of our neighborhoods and communities for the better, are more important than ever. Candice will inspire participants to learn

about some ways people are gardening for a purpose and how you can reflect on your motivation to garden. In addition to the keynote address, each participant will also select three breakout sessions on a variety of horticulture related topics.

"Gardening for Food, Flowers and Fun has been a favorite program of mine since I started participating in this day of learning 7 years ago," stated Hart recently. "It's a great opportunity for gardeners of all kinds to get inspired and gain knowledge in order to better their own gardens at home. I'm excited to talk all about the latest gardening trends and what motivates a person to garden, as well as offer a hands-on workshop on creating indoor terrarium gardens. Growing our own food, planting flowers for bees & pollinators, changing the aesthetics of our neighborhoods and communities for the better, are all important ways to garden that can improve people's lives."

More information and registration is available online at <https://extension.illinois.edu/jsw> or by calling Illinois Extension at 815-986-4357. Call to request a brochure. Registration fee is \$40 and participants are encouraged to register early to ensure their selection of session topics. The conference will be held at the NIU Conference Center, 8500 E. State Street, Rockford.

# MENTAL HEALTH FIRST AID - *Youth* *8-hour Course*

Friday, March 20, 2020

Registration 7:30 a.m. – 8 a.m.

Training 8 a.m. – 4:30 p.m. (Lunch provided)

Senior Resource Center

206 E. Stephenson St. Freeport, IL 61032

## REGISTRATION

To register, please mail completed form with \$25 check made payable to Monroe Clinic:

Tammie Jamiska

Community Outreach Specialist

Monroe Clinic/SSM Health

515 22nd Ave. Monroe, WI 53566

Questions? Call Tammie @ 608-324-2639 or email [tammie.jamiska@ssmhealth.com](mailto:tammie.jamiska@ssmhealth.com)

Name: \_\_\_\_\_

Phone number: \_\_\_\_\_

E-mail address: \_\_\_\_\_

Occupation and employer name: \_\_\_\_\_

Brief description of why you're enrolling in the course: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_



# STOP THE SPREAD OF GERMS

Help prevent the spread of respiratory viruses like 2019 novel coronavirus.

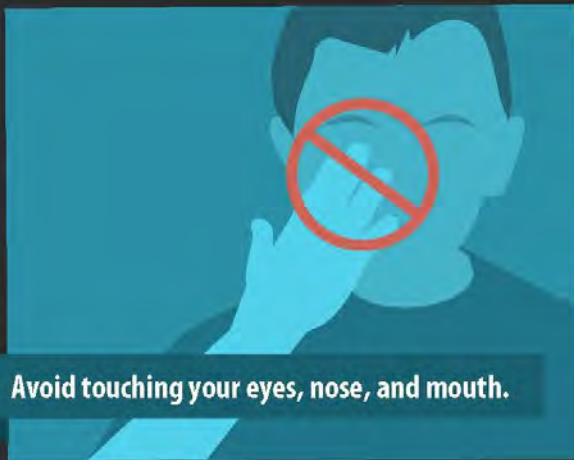
Avoid close contact with people who are sick.



Cover your cough or sneeze with a tissue, then throw the tissue in the trash.



Avoid touching your eyes, nose, and mouth.



Clean and disinfect frequently touched objects and surfaces.



Stay home when you are sick, except to get medical care.



Wash your hands often with soap and water for at least 20 seconds.



For more information: [www.cdc.gov/nCoV](http://www.cdc.gov/nCoV)



The current outbreak of 2019 novel coronavirus (2019-nCoV) was first identified in China but has now spread internationally, impacting an increasing number of countries. Sustained community spread is occurring in China. Limited person-to-person spread, most associated with close contact with a patient with confirmed 2019-nCoV, has been seen outside of China. No community spread of 2019-nCoV has been identified in the United States at this time.

In the coming days and weeks, we expect more confirmed cases in the United States, including some person-to-person spread. The goal of CDC's aggressive ongoing public health response is to prevent spread of 2019-nCoV in the United States.

## What you should do

- **STAY INFORMED** – CDC is updating its website daily with the latest information and advice for the public. ([www.cdc.gov/ncov](http://www.cdc.gov/ncov))
- **REMEMBER TO TAKE EVERYDAY PREVENTIVE ACTIONS** that are always recommended to prevent the spread of respiratory viruses.
  - » Avoid close contact with sick people.
  - » While sick, limit contact with others as much as possible.
  - » Stay home if you are sick.
  - » Cover your nose and mouth when you cough or sneeze. Avoid touching your eyes, nose and mouth with unwashed hands; germs spread this way.
  - » Clean and disinfect surfaces and objects that may be contaminated with germs.
  - » Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand rub with at least 60% alcohol.
- **IF YOU FEEL SICK** with fever, cough, or difficulty breathing, and have traveled to China or were in close contact with someone with 2019-nCoV in the 14 days before you began to feel sick, seek medical care. Before you go to a doctor's office or emergency room, call ahead and tell them about your recent travel and your symptoms.

## What you should not do

- **DO NOT** travel to China.
- **DO NOT** use facemasks. CDC does not recommend the use of facemasks for the **general U.S. public** to prevent the spread of 2019-nCoV.
- **DO NOT** show prejudice to people of Asian descent, because of fear of this new virus. Do not assume that someone of Asian descent is more likely to have 2019-nCoV.

All persons in the U.S.—including those of Asian descent—who have not traveled to China or been in contact with someone with a confirmed or suspected nCoV case in the last 14 days are at low risk of becoming sick.

