



4-H Club GO TO Resources



April 2020

Virtual Team Building (*or in person!*)

Lesson Objectives:

Club members and parents will:

- “warm up” the group to get to know each other better

Time: 5—15 minutes per activity

Equipment and supplies:

- Dice or random.org website

Preparations:

- Review Lesson
- Gather equipment and supplies

Here are a couple of Virtual Team Building activities for clubs to easily facilitate. These can also be used at face to face meetings when things are back to normal from COVID-19, as well in a virtual platforms such as ZOOM or Google Hangout.

DICEBREAKERS

- Instruct participants to bring dice to the online meeting, or you can roll the dice for the group if they don't have them. You can also have dice virtually rolled using Random.org.
- Invite one person to volunteer to go first, have them roll the dice and answer the corresponding question to the number on the die. Have each person take turns sharing their responses with the group.

Dicebreakers



If you were invisible for a day, what would you choose to do?



If you could choose a unique super power, what would it be?



What is the grossest food you have ever tried?



Who is your favorite movie character?



What is your favorite game to play?



What is one thing you are really good at?

Dicebreakers



If you could go anywhere in the world, where would you go?



If you were stranded on a desert island, what three things would you want to take with you?



If you could eat only one food for the rest of your life, what would it be?



If you won a million dollars, what is the first thing you would buy?



If you could spend the day with one fictional character, who would it be?



If you found a magic lantern and a genie gave you three wishes, what would you wish?

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CHANGE THREE THINGS

- This is a quick activity that participants can do in pairs.
- Tell them you are going to send them into breakout rooms with one other person for 6 - 7 minutes.
- Tell them to study the appearance of their partner for a few moments.
- Have one person go first. Instruct them to turn off their video function for a brief moment and change three things about their appearance. When they turn their video back on, their partner has to try and guess what three things they changed. You could allow the partner to take a screenshot of them before they turn off their video function.
- Then have them switch roles.
- After both have gone one time and if there is still time left before you bring them back to the large group, have them go again and change three more things.



Can you guess which three things I changed? *(In photo three changes include: necklace, earring, hair)*

- You could also have them change things in their environment and not just on the person. This is much more difficult!



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Sources & Additional Lesson info:

4-H Club GO TO Resources is being offered to 4-H clubs in Jo Daviess, Stephenson, and Winnebago Counties as a way to enrich and enhance 4-H experiences and programming at the club level. It is the goal of the Extension staff to assist 4-H leaders and officers in providing simple hands-on activities on a monthly basis that can broaden the 4-H club experience and as a result heighten positive youth development.

Resources: *Virtual Team Building Activities: 30 Experiential Activities for a Virtual Audience.* Training Wheels. Michelle Cummings

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