

PROGRAMS & EVENTS | December 2019 - March 2020

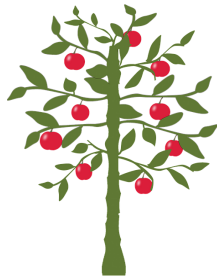
Winnebago County

INTRO to APPLE TREE PRUNING: THE OLD and NEGLECTED

You may have inherited property that has a number of mature apple trees. You may also have ignored and neglected your apple trees for a number of years. Whichever category you fall into, it is not too late to get your trees on the path towards productive yields.

This course will go into the decisions you need to make when it comes to getting mature apple trees back into shape over the next couple of years. Topics to be covered include when to let go of trees, basics of seasonal/older pruning, disease/insect management, choices of tools, making the first cuts of a multi-year process, apple tree grafting options, and working through visual examples of trees that have been neglected.

Friday, December 6, 2019
3PM - 5PM
Extension Office -Winnebago
Cost is \$5



HORT for the HOLIDAYS

Participants will participate in a make-and-take workshops that demonstrates how to incorporate the garden into seasonal celebrations and gift giving.

Holiday Picture Frames with Garland
Making Holiday Pomanders

Saturday, December 7, 2019
9AM to NOON
(check-in begins at 8:30AM)
Lockwood Park - Cookhouse
5201 Safford Rd., Rockford, IL
Cost is \$25



HEMP BASICS

Topics include: types of hemp, production systems, licensing, rules, and regulations, end products; and an update on hemp in Illinois. This workshop will discuss grain and fiber production but will set a particular emphasis on CBD production. Demonstrations of various production methods will be shown while addressing issues faced throughout the growing season.

Friday, December 20, 2019
2PM - 5PM
Extension Office - Winnebago
Cost is \$10

4-H Project Workshop Day

Join us for a morning of fun and learning!

There is a **\$7.00** fee for participants. Some sessions may require additional fees. Registration deadline is January 22.

Must be between the ages 8-13
(as of September 1, 2019)

You do not need to be a 4-H member to attend.



Saturday, January 25, 2020
9AM – 12PM
Prince of Peace Church
2336 Freeport Road. Rockton



This conference addresses common issues facing fruit and vegetable growers, with the hopes of providing the most up-to-date information to ensure a successful growing season and business. Conference will be held at Midway Village.

Monday, February 24, 2020
9:00-2:00PM
Midway Village Museum
Cost is \$40 per person
Check for Early-Bird Registration

Winnebago County

Gardening

for Food, Flowers, & Fun

Join us for this early rite of spring - an educational venture presenting fresh horticultural ideas, insights and techniques. Registration cost includes keynote presentation, admission to all sessions, morning beverage service and a boxed lunch. The registration fee does not include additional fees for workshops. Register early as some sessions have a limited number of seats.

Saturday, March 7, 2020

8:30 - 2:45PM

NIU Rockford

8500 E State Street. Rockford

Cost is \$40 per person

MEET OUR STAFF

Margaret Larson *Tri-County Director*

Margaret provides leadership for all aspects of Illinois Extension in the Stephenson, Winnebago, and Jo Daviess Counties.

Grant McCarty *Local Foods Systems and Small Farms Unit Educator*

Grant works with backyard growers, producers, and other stakeholders in the local food system. His areas of focus include fruit and vegetable production.

Diane Reinhold *Nutrition and Wellness Unit Educator*

Diane provides leadership in the nutritional and wellness programs for all ages of our local population as well as the Public Health and Dietetics areas.

Jay Solomon *Energy and Environmental Stewardship Unit Educator*

Jay provides leadership in environmental and energy programs for landowners, homeowners, and residents. His areas of focus include energy conservation, development of alternative energy sources, and enhancement and protection of natural resources.

Carol Erickson *SNAP-Ed Educator*

Carol works within the community to assess, develop, and implement changes that lead individuals toward making healthy food choices.

Phillip Alberti *Commercial Agriculture Unit Educator*

Phillip serves as an agronomist and provides training and consultation with area producers, focusing on row crop issues. He is also part of many statewide training programs, such as the Pesticide Applicator Training.

Stacy Cwiklo *4-H Youth Development Program Coordinator*

Stacy works with the 4-H program to coordinate activities for members and volunteers; she also works with community youth education programs.

Mia Chase *4-H Community Worker-Tech Wizard*

Mia works with afterschool programs to deliver STEM related programming.

Tammy Bene' *Office Support Assistant*

Tammy is the receptionist, directs office activity, & provides program support.

Gina Adams *SNAP-Ed Program Coordinator*

Gina works with a variety of community organizations to ensure that limited resource families have access to information on good nutrition & physical activity.

SNAP-Ed Community Workers

Community Workers partner with diverse groups of community organizations to help limited income households focus on healthful diets and physical activity.

Laurencia Hubbard

Linda Ricker

Terre McGee

Rita Gillette

UPCOMING EVENTS

February 2020: Winter Trails and Naturalist Tales

Embrace winter's beauty through outdoor exploration and indoor inspiration



To register for any of these programs or for more information call Illinois Extension, Winnebago County, contact us!

<http://web.extension.illinois.edu/jsw/>

1040 N. 2nd Street, Rockford, IL 61104

(815) 986-4357

Our office will be **CLOSED**

November 28 - 29: Thanksgiving

December 24 - January 1: Holiday

January 20 - Martin Luther King Jr.

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