



I MADE THAT!

Hydrating Summer Sippers

University of Illinois Extension and 4-H have put together fun educational kits designed to inspire healthy hydration and physical activity in celebration of the 2021 Summer Olympics in Tokyo.

Sign up early, supplies are limited

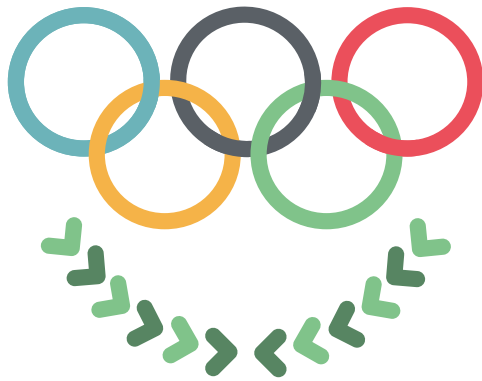


Register for your kit at: go.illinois.edu/MadeThatJuly

REGISTRATION DEADLINE - JULY 2, 2021

Each kit is \$5 and includes:

- July "I Made That!" booklet
- Fun Olympic-themed activities
- Healthy and hydrating recipes
- Popsicle molds
- Plus a 4-H frisbee and beach ball for your activities



Kits will be available for pick-up the second week in July at one of our Extension offices in Milan, Viola and Galva, Ill.



Illinois Extension

UNIVERSITY OF ILLINOIS URBANA-CHAMPAIGN

Henry County 4-H

Mercer County 4-H

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