



# Lawrence County 4-H Clover Chatter

March 2019

To Make the Best  
**BETTER**



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**Unit #25**  
**Edwards, Lawrence,  
Richland, Wabash &  
Wayne**

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County Extension office at  
618-943-5018. Early  
requests are strongly  
encouraged to allow  
sufficient time for meeting  
your access needs.

## 4-H Happenings

March 8	Federation Meeting Livestock Judging Meeting
March 12	New Member Workshop
March 23	Fill the Mystery Machine Set up for Garage Sale for Fish and Loaves
March 25-27	Set up for Garage Sale for Fish and Loaves
March 30	Scholarships are Due

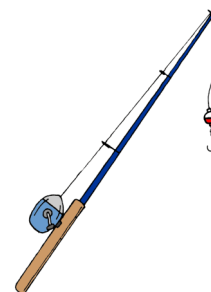
## County Fair Changes:

Please make sure to check out the changes that have been made to the 2019 Fair. All past exhibitors should have received in the mail a newsletter from the Lawrence County Jr. Fair. This letter had changes to the Jr. Fair that will effect our 2019 4-H shows. Please see page 9 in this newsletter for the changes that are being made to the 2019 4-H Fair. We will be highlighting every newsletter changes to state requirements for general projects under the heading What's new in 2019. If you have any questions about the changes please contact the Extension office at 618-943-5018.

## Let's go fishing

With the lake fully stocked, 4-H Fish Camp is back at 4-H Memorial Camp near Monticello. Fishing begins at 10 a.m. Saturday, May 4 and lasts until 2 p.m. Sunday, May 5. Learn how to catch largemouth bass, crappie, bluegill, and channel catfish. Learn about fishing tips, lures, bait, equipment, knots, fish behavior, fish management, and fish cleaning. Each group registered will be assigned their own log cabin for lodging with single bunks. Participants must bring their own bedding and toiletries.

A fee of \$50 per person covers the complete program, lodging, boat, bait, and three buffet meals, including Saturday lunch and supper and a Sunday brunch. You'll also have fresh fish fillets to take home! Pre-registration and payment is required. To register, contact 4-H Memorial Camp at 217) 762-2741 or send an email to Curt Sinclair at [sinclair@illinois.edu](mailto:sinclair@illinois.edu).



## Paid camp counselor positions open, male applicants encouraged to apply

Earn a starting salary of \$1,925 while you work outside and lakeside for seven weeks this summer! Counselors, minimum age 16, are needed at 4-H Memorial Camp near Monticello. You will live on-site at Memorial the following days: June 4-13, June 16-20, June 30 - July 4, July 7 - 12, and July 28 - Aug. 1. Meals are provided. Counselors receive a week of training prior to the start of camp. Training dates will be set later according to school schedules. Materials available online at <https://4h.extension.illinois.edu/programs/camping/4-h-memorial-camp>.



## Legislative Connection Dates



Illinois 4-H members who have completed *Speaking for Illinois 4-H* training and participated in the annual updates are invited to participate in **Legislative Connection** at the State Capitol in Springfield. There are four days in 2019: March 26 & 27 and May 8 & 9. All youth who have completed *Speaking for Illinois 4-H* training or complete one of the upcoming training opportunities will receive registration information through an email invitation.

**I PLEDGE ... MY HEART TO GREATER LOYALTY**

**I ILLINOIS**  
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COLLEGE OF AGRICULTURAL, CONSUMER  
& ENVIRONMENTAL SCIENCES





## Be a true leader in service

Join 4-H Members and Clubs across Illinois and the nation on **Saturday, April 27** as part of **True Leaders in Service!** 4-H clubs serve their communities all year long however the month of April has been selected as a time for ALL 4-H clubs to join together to roll up their sleeves in service to local communities. This could mean helping a person or family in need doing yard work or minor home repairs, cleaning up streets or parks, planting trees or gardens, supporting your local food pantry or any other project that supports a local need.



We'd like you to register your effort on the National 4-H True Leaders in Service website prior to April 27. Here is the link to the website, [go.illinois.edu/4Hdayofservice](http://go.illinois.edu/4Hdayofservice). **The link to register your event is now OPEN. Resources to use to help in your planning are also available on the website.**

The goal of the 4-H True Leaders in Service day is to encourage 4-H members in every county to make a positive difference. Service projects can be done by individuals, by 4-H clubs, or as a countywide service project. No matter what the project is, this will be a day to make a difference. **Illinois members and/or clubs who complete the 5 steps below can claim a "national" 4-H activity on their end-of-year 4-H Experience Award Application.**

**Register your event beforehand at** [go.illinois.edu/4Hdayofservice](http://go.illinois.edu/4Hdayofservice) through the National 4-H Council website.

Go to [go.illinois.edu/4Hservice](http://go.illinois.edu/4Hservice) and **find helpful resources** – the Illinois resources are also posted on the National 4-H True Leaders in Service website.

**Promote your event on social media** using #thats4H and #TrueLeaders. Tag @illinois4H for a chance at fun prizes for your club!

**Complete your event** then use the link to go back to the National 4-H True Leaders in Service site to **REPORT** the number of youth and adults who volunteered/participated in the service project; number of hours youth and adults were involved in the service effort; and upload photos of the event in action.

Go to [go.illinois.edu/4Hservice](http://go.illinois.edu/4Hservice) after your event and **submit a report on what you did.**

Please use both the National and State registration links for registration and reporting to create greater visibility for the Illinois 4-H service events! **FUN FACT** – Illinois 4-H had more True Leaders in Service activities conducted and reported than **ANY OTHER STATE in 2018!** Let's see if we can go even bigger in 2019! *If you have questions, please contact Pat McGlaughlin, [patm@illinois.edu](mailto:patm@illinois.edu).*

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## Host an international youth this summer

Host a Japanese or Korean youth this summer through States' 4-H International! Expand your family's cultural understanding, learn about new foods and customs, and possibly learn a new language all while sharing your own. Your children will build lifelong friendships and will gain new perspectives on their own country, too!

Be aware:

Families hosting a youth must have a child the same gender and approximate age (12-18) as the incoming youth.

Youth must have a separate bed; a separate room is not required.

Host family selection is dependent on completion of an application and screening process as well as student availability and personality compatibility.

Applications are due April 1.

## Get your poultry tested

The Illinois Department of Agriculture is again enforcing a clear pullorum test for all 4-H and county poultry in shows lasting longer than one day. The rule was suspended in 2018 due to a shortage of antigen. Be sure to allow adequate time and consult with your local veterinarian. This rule does not apply to waterfowl that normally swim, such as ducks and geese, per the county exhibition guidelines. 4-H and FFA shows lasting only one day are also exempt.

## You be the judge at Illinois 4-H State Livestock Judging Contest

The Illinois 4-H Livestock Judging Contest will be held Monday, June 17 at the Stock Pavilion in Urbana (1402 West Pennsylvania Ave.) beginning with registration at 8:30 a.m. All participants must be checked in by 9:30. The contest will begin at 10. Each county may enter a total of three teams, with no more than two junior teams or two senior teams. Get all the rules and details online @ [go.illinois.edu/4Hlivestock](http://go.illinois.edu/4Hlivestock). There will be three classes of beef, three classes of swine and two classes of sheep. There may also be a class of meat goats substituted for one class of the other species. There will also be a class of 15 questions (5 from a beef class, 5 from a swine class and 5 from a sheep class). Cost for senior is \$10 to cover the cost of lunch. Juniors will be dismissed by lunch to get their own meals.

## 4-H Poultry judging returns to state fair

The Illinois 4-H State Poultry Judging Contest will be held Wednesday, Aug. 7 immediately following the State Fair Junior Poultry Show at about 4:30 p.m. in Building 105 of the State Fairgrounds in Springfield. There is no limit to the number of exhibitors each county may send. Teams of three or four contestants may be submitted. The four top seniors (age 14-18 on Jan. 1, 2019) will compete as the Illinois team at the National 4-H Poultry and Egg Conference in November. Registration begins at 4. Check out the state 4-H website on the Events page for all the details.

## Celebrate 4-H Volunteers April 7 – 13

Illinois 4-H will celebrate the more than 11,000 4-H adult volunteers supporting and guiding 4-H members during National Volunteer Week, April 7 – 13. 4-H volunteers are the caring adults who are empowering and preparing youth for success as 4-H members provide service to others and in their communities. Today's 4-H youth are engaged in diverse learning experiences where they practice skills employers want; grow and distribute food to communities in need; steward our natural resources; identify local issues and initiate positive change in local, state, national, and global issues; and they make and influence positive choices for healthy living. All of these things happen because of engaged volunteers in local communities.



In Lawrence County, there are 31 volunteers who inspire youth involved in local 4-H programs. 4-H and their leaders include community clubs, SPIN Clubs, and livestock superintendents. Celebrate your leaders all month!





## Speaking for Illinois 4-H Training Opportunities

Teens have an opportunity this spring to be trained as an Illinois 4-H spokesperson through the *Speaking for Illinois 4-H* program. Speaking for Illinois 4-H training is open to 4-H members who are 14 and older. Both will be all-day training experiences to prepare teens to support our local 4-H program by soliciting donors, speaking to community groups, and updating county boards or other community governing bodies about local 4-H impact. On a state level, those attending a training can register for 4-H Legislative Connection events at the State Capitol where they will tell their story to Illinois legislators. The registration cost is \$12.

**WASHINGTON COUNTY:** Attend training on Saturday, March 9 at Okawville Community Center, 905 N. Henrietta Street, Okawville. Register online @ [go.illinois.edu/sfi4h](http://go.illinois.edu/sfi4h).

**LOGAN COUNTY:** Attend training on Saturday, April 27 at the Logan County Extension office, 980 N. Postville Dr., Lincoln. Register online @ [go.illinois.edu/sfi4h](http://go.illinois.edu/sfi4h) after March 28.



### Plant your own pollinator garden

You can receive free seed to help establish habitats for honey bees and other pollinators with the help of the GROWMARK System. Growing the number of pollinator gardens this year will help provide even more habitat for bees and other beneficial pollinator species. Here's how:

Find a public place and get permission to plant a pollinator garden before you apply.

Complete the online application by April 1 @

[www.bit.ly/2019GMKPollinator](http://www.bit.ly/2019GMKPollinator)

If you have questions, contact Karen Jones, [kjones@growmark.com](mailto:kjones@growmark.com) or 309-557-6184.

You'll receive enough seed to plant a 700-square foot area. GROWMARK will provide educational signage you are asked to post.

**2019 Lawrence County 4-H Fair – July 24–August 2**  
**Lawrence County State Fair Date – Saturday August 10**



## Illini Summer Academies

Spend 7 days and 6 nights on the University of Illinois Urbana-Champaign campus for the 4-H Illini Summer Academies. Registration opens March 1 at [go.illinois.edu/illini4H](http://go.illinois.edu/illini4H). Check in at 3 PM Sunday, June 23. The conference ends the morning of Saturday, June 29.

The conference is open to youth who will have completed 8<sup>th</sup> thru 12<sup>th</sup> grade by the time of the conference and will be at least 14 years old before the end of 2019. Cost varies based on the Academy section you choose! A limited number of scholarships are available.

Spend 18 hours in an up-close exploration of one of these exciting fields of study\*:

**\*Aerospace Engineering \$440**

**\*Ag Mechanization:**

From Horses to Drones \$440

**\*Animal Sciences \$350**

**\*Work Hard & Play Hard:**

Health, sports and Wellness Careers \$250

**\*Electrical & Computer Engineering \$465**

**\*Game Design: Digital Art,  
Storytelling & fabrication**

**\*Molecular & Cellular Biology \$365**

**\*Natural Resources & Environmental Sciences:**  
Sustainable Summer

**\*Ag Communications:**

Telling Stories of Ag & Environment \$280

**\*Animal Nutrition & Welfare:**

From the Wild to the Mild \$440

**\*Beekeeping \$TBD**

**\*Crop Sciences :**

Sustainable Food Systems \$240

**\*Food Science & Human Nutrition:**

From Farm to Table \$290

**\*Human Development & Family Studies \$275**

**\*MyPI Disaster Preparedness \$400**

**\*Veterinary Medicine \$355**

Outside of class time, you will be exploring campus, hanging with friends, and having adventures you will only find at the UIUC campus.

\*prices and availability subject to change.

## Register your team for Illinois 4-H STEMbot Robotics Competition

Join Illinois 4-H and over 500 youth at the 2019 State Robotics Challenge! This year's challenge revolves around one of the largest and fastest growing professional sectors in the world...STEM! As such, each task this year will revolve around STEM related fields and concepts, and will help illuminate some of the work that STEM professionals do.

This year's competition will take place at the McLean County Fairgrounds in Bloomington on Saturday, May 11. Team registration will close March 31. There is a \$20 Entry fee per team assessed at the time of registration. To register follow this link:

[4h.extension.illinois.edu/events/illinois-4-h-state-robotics-competition](http://4h.extension.illinois.edu/events/illinois-4-h-state-robotics-competition)

To view the challenge introduction video, follow this link:

<https://youtu.be/xtLxA-kL49c>



## Federation News:

- Federation is sponsoring the Club Challenge where clubs will be collecting food for Fish and Loaves. The Club that collects the most will receive a pizza party.
- Federation meeting Friday, March 8 at 8:30 AM in the Extension Office.
- Making refreshments for Fair Board meeting on Monday, April 1 at the Extension office at 3:30 PM.
- Attending County Board meeting on Wednesday, April 17.
- Federation will be making food for leaders on Tuesday, April 23 for their leader's meeting.

If you would like to be a federation member please contact Samantha Gaither at the Extension office for more information.

Samantha is also looking for an adult volunteer to assist with the Lawrence County Federation. If you are interested please contact the Extension office at 618-943-5018 or email Samantha at [sgaither@illinois.edu](mailto:sgaither@illinois.edu).

### Community Service Projects

#### Fish and Loaves Garage Sale:

The Fish and Loaves Organization has asked Lawrence County 4-H to help with their garage sale. Saturday, March 23-Wednesday, March 27th to set up this event. The Garage Sale will take place during Red Hill School District Spring Break and the sale will be at Bridgeport Grade School. There is a registration on our website for you to register what day or days you can help. Please see times below.



Saturday, March 23—8 AM-2 PM	Monday, March 25—4 PM-8 PM
Tuesday, March 26—2 PM-7 PM	Wednesday, March 27—9 AM-3 PM

#### Fill The Mystery Machine:

Adventure Club will be hosting a pet food drive for Lawrence County Humane Society on Saturday, March 23 from 10 AM to 2 PM at the Lawrenceville Wal-Mart. They need help packing the van as well as passing out flyers. If you can't stay and help please consider donating pet food supplies. Please register on our website so that the Adventure Club knows how many helpers they will have.

### Unit #25 Livestock Judging Team

Unit #25 Livestock Judging Team will be starting practices on Friday, March 8. There will be a live workout at Joe Mills Farm. The group will be meeting in Sumner at the exit off of Highway 50 at 5 PM. For more information please contact Kristen Stanescu or Michal Hendy.

University of Illinois – U.S. Department of Agriculture—Local Extension Councils Cooperating University of Illinois Extension provides equal opportunities in programs and employment. If you need reasonable accommodation to participate in this program please contact the Lawrence County Extension office at 618-943-5018. Early requests are strongly encouraged to allow sufficient time for meeting your access needs.



**JOIN US ON FACEBOOK!!**  
4-H Lawrence County Illinois



## New Member Workshop

Tuesday, March 12, 2019

New Hope Christian Church

Bridgeport

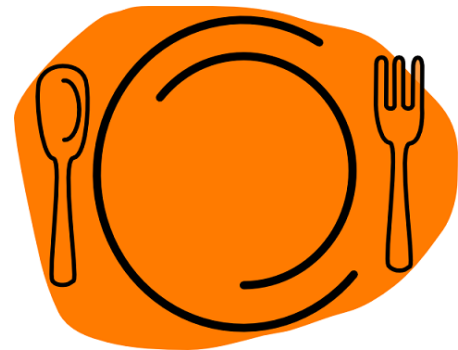
5:30 PM

New members and their parents are invited to come and learn more about the 4-H Program and what fair is going to be like. Youth will have a fun activity to participate in, while parents can ask questions to Leah Miller, Youth and Development Educator for the unit. We will also have superintendents there to answer questions. Please register online: [web.extension.illinois.edu/elrww/](http://web.extension.illinois.edu/elrww/).

## What's New in 2019

### 4-H Cooking 101-401

4-H cooking looks a little different this year and we want to make sure you are aware. Recopies are no longer required to accompany the project unless you have made changes to the recipe. Youth are no longer required to create a meal plan. They are now required to complete specific activities from their project books. Check out the example below.



Cooking 101: Complete the *What's on Your Plate? Activity* on pages 10-11 in the 4-H Cooking 101 project manual. Bring a document with printed pictures of your 3 or more plates and the answers to questions 1-7 to remain on display with your project. The words on the plates must be legible and clearly visible in the picture.

## Animal Livestock Ownership Dates

Ownership dates for animals is as follows:

- April - 15 Purebred Beef, Dairy Heifers and Bull Calves
- May - 1 Market Goats, Sheep, and Swine;  
Purebred and Commercial Does, Ewes, and Rams  
All Horses
- June - 1 All Poultry  
Rabbit Breeding Does and Bucks and Market

All 4Her's entering these projects must have the animal in their possession by these dates.

Identification papers will be sent in the end of March.







## 2019 County Fair Changes



### 4-H General Projects:

**Project Release-** Projects will be released on Thursday, August 1 from 4-6 PM. Please make sure to pick up your projects during this time. The office has limited space and cannot store projects.

### 4-H Livestock:

**Beef-** Beef must be on the fairgrounds by 9 PM on Saturday, July 27. They will register and weigh-in on Sunday, July 28 from 11 AM and 2 PM. Commercial Heifers will show with the Market Steers on Tuesday, July 30 at 6 PM.

**Dairy-** Dairy must be on the fairgrounds by 9 PM on Saturday, July 27. They will register on Sunday, July 28 from 11 AM and 2 PM.

**Goats-** Wethers can be born October 1, 2018, which follows state fair dates.

**Rabbits-** All rabbits will be tattooed on Sunday, June 2 at 2 PM at the Lawrence County Fairgrounds. Pictures of your rabbits will be taken at this time as youths identification paperwork. **All Rabbits** have to be in the possession of the youth by **June 1**.

**Swine-** The 4-H swine show will be moved to Sunday, July 28 at 5 PM.

If you have any questions about the changes please contact Samantha at the office (618-943-5018) or via email [sgaither@illinois.edu](mailto:sgaither@illinois.edu).

Please check out the 4-H Facebook page and the Lawrence County Jr. Fair Facebook pages for changes. If you have questions about the changes to Jr. Fair please contact a fair board member.

## Fish & Loaves



We Serve, God Supplies and Multiplies

### Friday Backpack Program Food List

#### Breakfast:

Cereal Bars  
Individual Boxes of Cereal  
Individual Bowls of Cereal  
Pop Tarts

#### Lunch and Dinner

Individual Size Pop-top Cans or Individual Size Microwaveable Bowls of:

Spaghetti  
Spaghetti and Meatballs  
Spaghetti O's  
Spaghetti O's and Meatballs  
Rice and Chicken  
Beefaroni  
Ravioli  
ABC's and 123's  
Chili  
Mac and Cheese  
Vienna Sausages  
Peanut Butter (small jars – 16 oz)  
Pop Top Cans of Ready to Eat Soup (does not have to be individual size)

#### Snacks:

Granola Bars  
Individual Packages of Apple Sauce  
Individual Packages of Pudding  
Fruit Snacks  
Fruit Leathers  
Fruit Roll-Ups

**\*\*This is just a suggested list. Any variation of the items listed will be accepted; brand name or generic.**  
We just ask that the items (unless otherwise noted) be individually packaged so that we do not weigh down the child's backpack and make it difficult to carry and be precooked and easy to open so that even young children can eat without preparation.