



**To Make the Best
BETTER**

ILLINOIS
Extension
COLLEGE OF AGRICULTURAL, CONSUMER
& ENVIRONMENTAL SCIENCES



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Lawrence County 4-H Clover Chatter

November 2018

4-H Happenings

November 5	Scrumptious Science
November 5	Expansion and Review Meeting
November 8	Federation Meeting
November 11	Veteran's Day
	Show and Grow Meeting
November 12	Scrumptious Science
November 14	Trailblazers Club Meeting
	Russell Community Club Meeting
November 19	Scrumptious Science
	Adventure Club Meeting
	Crafts and Critters Meeting
	Lucky Clovers Meeting
November 22	Happy Thanksgiving
November 22-23	Office Closed
November 26	Scrumptious Science
	Clever Clovers Club Meeting
December 1	Re-enrollment Deadline



4-H Enrollment

It is a busy time getting ready for the up coming holidays, but don't forget to re-enroll or enroll in 4-H. Re-enrollment deadline is December 1, 2018 and new members have until March 1, 2018 to enroll. The sooner you get enrolled the more activities you will be able to participate in.

There are some important announcements about the Risk Agreement. New this year is the Extension Participant/Volunteer Agreement to Assume Risks and Fully Release all Claims, and this form is a lifetime form. You will need to sign this form and get it back to the office as soon as possible. You may not participate in a 4-H activity until this form has been signed and is turned into the office. It is on the county website under 4-H projects and forms. Also new this year, is that medical forms are not required.

If you need assistance with registering at il.4honline.com, please contact the office for help.

I PLEDGE ... MY HEAD TO CLEARER THINKING

Federation News!

Meeting: Thursday, November 8
Extension office @ 6 PM



Federation will hold their next meeting on Thursday, November 8 at 6 PM in the Extension office. The group will be discussing up-coming workshops and planning fun events for Lawrence County 4-H families. If you are in 8th grade or higher and would like to take a leadership roll in the Lawrence County 4-H program, we would love to have you!

Community Service Opportunities

Flags on Veterans Graves

Saturday, November 10th at 9:00 AM at the Shiloh Baptist Church in Bridgeport we will be meeting there to put flags on Veterans graves.

Monday, November 12th at 3:30 PM youth will once again meet at Shiloh Baptist Church to remove American flags and replace with utility flags for Wreaths Across America.

Flag Retirement Ceremony

On Sunday, November 11th Todd Gray will be holding a flag retirement ceremony and the 4-H program has been asked to assist with this event. The ceremony will take place at Bridgeport First United Methodist Church at 4 PM.

Mark your calendars for December 15th as the date the placement of wreaths will take place for Wreaths Across America. More information in your next newsletter.



For more information about any Community Service Project please contact the Extension office at 618-943-5018.





Scrumptious Science

Science you can eat!

Youth 3rd to 12th grade are invited to attend Scrumptious Science and learn about the science behind cooking. Each Monday in November from 3:30-5:30 PM at the Red Hill High School food lab youth will be cooking and exploring science in cooking. There is a limited number, so please register at web.extension.illinois.edu/elrww/.



Looking Ahead

Lawrence County Jr. Fair dates: July 27 – August 2 , 2019

Lawrence County 4-H Fair Dates: July 24 – August 2, 2019



Tell your 4-H story and win a free t-shirt.

We'll choose 50 winners and feature your story and photo throughout the year! It's easy to enter.

Tell us what 4-H has inspired you to do! Your story can be as long or short as you want.

Include a picture ... of you being inspired.

Email both to Judy at illinois4H@illinois.edu

If your family allows, post it to social media with the hashtag #4Hinspiresme. Tag @illinois4H so we'll see it too!

Grownups can play, too! We'll have a special category for 4-H alums and 4-H leaders.

The contest ends November 30!



CAMP LEAD

February 23 & 24 | Champaign, IL

Join in the fun of summer camp in the middle of winter at this year's Illinois 4-H Junior Leadership Conference. The conference is open to 4-H members in 7th and 8th grade. Cost is \$160. Registration will open in November at go.illinois.edu/4Hjlc.

Check out these workshops:

Survival Wearables: There are many kids in the world who will never get the chance to go to camp. In this workshop, you'll work with Real Hope for Haiti to help clothe boys and girls around the world!

The Wilderness Challenge: Do you have what it takes? Come experience the wilderness and try your best to overcome challenging physical and mental obstacles.

Exploring the Forest of 4-H: Discover all of the opportunities 4-H has to offer. The possibilities in 4-H are endless. 4-H offers opportunities in science, agriculture and citizenship, in a positive environment where you get guidance from adult mentors and are encouraged to be a leader. Explore the forest of 4-H and search for your team.

Crafty Rafty: Venture into the unknown with only a backpack as you build a raft to help you and your fellow explorers cross a ravine. This workshop allows attendees to work together and be creative to accomplish their goal!

Science Explorers: Join us to explore different area of science under the Milky Way. You'll create glow-in-the-dark elephant toothpaste, experience the effects of static electricity, and fly to the stars with your man made rockets.

World of 7 Billion Video Contest



Back by popular demand, the World of 7 Billion student video contest helps you bring technology and creativity into your world. The contest challenges students to create a short video connecting world population growth to one of three global challenges: preserving biodiversity, sustainable resource use, or human rights. Students can win cash prizes. The deadline is February 28, 2019. Full contest guidelines, resources for

research, past winners, and more can be found online @ <https://www.worldof7billion.org>.

I PLEDGE ... MY HEALTH FOR BETTER LIVING

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2019 Youth Livestock Superhero Conference: It's More than 'Meats' the Eye

The Conference is a fun-filled overnight weekend event for 4-H members. This program provides leadership and team building activities as well as exciting hands-on opportunities built around the science and disciplines of livestock production and exhibition.

January 26 & 27, 2019

Decatur Hotel & Conference Center, 4191 W US Highway 36, Decatur

REGISTER BY 12/17/18 ONLINE @ go.illinois.edu/4Hlivestock

OPEN to 4-H youth in 7th, 8th, & 9th grade

COST is \$165 per participant

Cost includes participant t-shirt, Saturday lunch and dinner, Sunday breakfast, snacks, and all workshop materials.

ARRIVE by 10 AM Saturday, Jan. 26

DEPART by 11:30 AM Sunday, Jan. 27

Here are a few of the "Glove-up" workshops we think you'll enjoy:

"Marvelous Medics"

Youth Assemble! Help us unmask the possibilities of vet science in the Marvelous Medics workshop! Become a lifesaver as we learn how to dissect, inject, and get your suture-senses tingling! By the time you leave, you'll be able to stitch, vaccinate, and see your way well enough to save the day!

"What Makes a Super Animal?"

Come discover the parts that gives super animals their power. Participants will get hands-on experience revolving around meat production. Individuals will get a chance to glove up and get into the cooler to explore a variety of different cuts. Use your X-ray vision with the help of ultrasound to see inside the super animals and "Super-Suit" up to end this session by competing against your peers. Here you will gain more power to fuel your super brains about the meat science industry.

"Becoming Incredible"

Glove up and power up as you learn the basic of breeding and genetics. We will start with learning about the multiple gadgets that you use in the barn for artificial insemination. Our adventure then takes us under the microscope to view the early stages of life while simulating embryo transfer and in-vitro fertilization!

"Saving the Day, the Social Media Way"

Save the livestock industry in the social media world with a jam-packed session about the proper way to promote animal science and 4-H to the general public. You will leave knowing how to respond to questions that families or reporters may have while walking through the barn at the fair. Learn the appropriate ways to use social media to promote not only the industry as a whole, but also your individual farm.



Many say it's the best trip of their 4-H career. Join us for Citizenship Washington Focus! The national conference is open to 4-H members age 14-18 by May 1, 2019. The trip is June 8-15. Teens

explore the federal legislative process through workshops and hands-on sessions, tour historical sights and museums, provide youth voice on issues that concern them, visit federal legislative offices, and meet teens from other states. The 2019 cost is \$1,400, with financial assistance from the Illinois 4-H Foundation. Register to attend NOW at go.illinois.edu/4HCWF

There's a place for you at 4-H House

Young women attending University of Illinois may wish to consider 4-H House Cooperative Sorority as their home away from home in the Fall of 2019. 4-H House is a cooperative, which means they do all of our own cooking and cleaning. Tasks are split between members who encourage teamwork and cooperation. Living cooperatively means they can provide an extremely affordable housing option; nearly half the cost of the dorms. Their values are philanthropic, recreational, and scholastic achievement, and they pride themselves on their strong sisterhood bond.



Eligible students must have three or more years of experience in a nationally-recognized leadership organization, such as 4-H, FFA, National Honor Society, Student Council, and others.

Interview will be held on February 23-24 and March 9-10. If you or someone you know would be interested in interviewing or taking a tour, please visit 4hhouse.com or contact Interviewing Chair, Madison Wilson, @ 4hhouseinterview@gmail.com.

Help us understand youth!

The Youth Engaged 4 Change website has a fresh, new look with content that continues to inspire and empower young people to improve their lives and the world around them. Check it out @ <https://engage.youth.gov>. The site will help you **FIND OPPORTUNITIES**, including volunteering, internships, jobs, and leadership opportunities. **FIND ANSWERS** and explore resources on topics they care about, like mental health, relationships, education, and more. **FIND INSPIRATION** from Change Makers who are volunteering, acting as leaders and role models, advocating, and making an impact in the lives of others.

Need some inspiration to visit the site? Youth Engaged 4 Change wants to hear from youth ages 10-24 to learn more about what big decisions they face in their daily lives. As you enter your comments about **"What big decisions are you facing right now?"**, you'll be registered for a contest. The top three entrants will receive a \$50 Amazon gift card.



Apply for national award

Are you a middle or high school student making a difference through volunteering? Apply today for national recognition, monetary awards, and an all-expense-paid trip to Washington, D.C.!

The Prudential Spirit of Community Awards honors students in grades 5-12 for making meaningful contributions to their communities through volunteer service. The deadline to apply for the Prudential Spirit of Community Awards in November 6. Learn more and apply online @ spirit.prudential.com/apply/2019.



JOIN US ON FACEBOOK!!
4-H Lawrence County Illinois



Begin your global travels with 4-H

Make your 2019 an international summer! Here are outbound travel dates:

Japan 8-week: June 12—August 8, 2019

Costa Rica: June 20—July 19, 2019

Finland: June 26—July 27, 2019

Japan 4-week: July 10—August 8, 2019

South Korea: July 15—August 13, 2019



Eligibility:

- Age **12-18** for Japan & South Korea and age **15-18** for Costa Rica & Finland from the first day to the last day of the exchange.

These programs enhance the 4-H program through international, cross-cultural experiences that enable young people to improve their leadership and communication skills, while increasing their international awareness and understanding. Selected delegates will be placed with a host family where they will experience family life, community activities and be immersed in the local culture of the country. With 4-H exchange opportunities, you are not just a tourist, but also a family member and expected to participate in all aspects of family and community life the program has to offer. Check out the information for each country online @ go.illinois.edu/global4H.

Neat opportunity for 4-H alum

One of the most exciting trips 4-H members can take is the Citizenship Washington Focus in Washington D.C. Young adults are needed as program assistants for the summer program. The commitment includes three weeks of training, seven weeks of programming, and one week of program wrap-up. During programming weeks, the assistants work with client groups for the group's entire stay, from Sunday afternoon until Friday night, working in collaboration with each group's coordinator as well as Council program and planning staff. The assistants become licensed Class B Tour Guides for the District of Columbia metro area and will work to facilitate National 4-H Council's educational curricula to groups of youth. Apply online by January 15 @ 4-h.org/parents/citizenship-washington-focus/#!program-assistants

Scholarships honors 4-H club leader

Two scholarships honor the late Joyce Betz. Joyce was a 4-H club leader in Will County and her children are current 4-H club members.



A **\$500 TEACH OUTDOORS Scholarship** will be awarded to a student who will be a freshman or sophomore in college or trade school during the 2019-2020 school year. Applicants must be a current high school or home school student. Applications are due January 1 and can be downloaded @ <http://www.teachoutdoors.org/scholarship.html>.

The **\$1,000 Joyce Betz Memorial Scholarship** will be awarded to a 4-H member who will be a freshman or sophomore in college or trade school during the 2019-2020 school year. Applicants must be a current high school or home school student. Applications are due January 1 and can be downloaded @ <http://www.teachoutdoors.org/scholarship.html>.

It's a promise

Beginning with first-time freshmen and new transfer students in the fall of 2019, all tuition and campus fees will be fully covered for four years if an in-state student's family income is \$61,000 (the median for the state) or less at the University of Illinois Urbana-Champaign campus. Check out all the details online @ go.illinois.edu/college4me.

November Meetings

- ♦ **November 11– Show and Grow** at 3:00 PM in the Rucker's Conference room. Contact Lindsy Tiffany for more information at 618-263-8327 or Kristen Stanescu at 812-830-8838.
- ♦ **November 14– Trailblazers** at 6:30 PM at the University of Illinois Extension office. For more information contact Mandy Loveland at 618-945-8089 or Michal Hendy at 812-890-2474.
- ♦ **November 14– Russell Community Club** at 6:30 PM at Julie Decker's House. For more information contact Deb Weger at 618-928-2303 or Julie Decker at 618-928-2432.
- ♦ **November 19– Lucky Clovers** at 6:30 PM at New Hope Christian Church. Contact Angle for more information at 812-890-1269.
- ♦ **November 19– Adventure Club** at 6:00 PM at Bethlehem New Light Church. Contact Steven or Carrie Potts for more information at 618-936-9056.
- ♦ **November 19– Crafts and Critters** at 6:00 PM at Rita Griggs House. Contact Rita for more information at 618-943-5001 or Deetta Gaither at 812-830-8875.
- ♦ **November 23– Clever Clovers** at 6:30 PM at the Lawrence County Fairgrounds. For more information contact Rita Palmer at 618-843-7138.
- ♦ **Lucky Leafers will not meet in November.**



4-H PLEDGE

I pledge my **HEAD** to clearer thinking,
my **HEART** to greater loyalty,
my **HANDS** to larger service,
and my **HEALTH** to better living,
for my club, my community,
my country, and my world.

