



My 4-H Records – Logan/Menard/Sangamon Counties

September 1, 2021-August 31, 2022

Typed Records are preferred, but handwritten is acceptable for members ages 8-10.

Give completed Records to your club leader at the end of the 4-H year. After signing them, your leader will submit them to the county 4-H office. Your records will be reviewed at the county level, and you will be given feedback on areas to expand or improve.

Name: Sam Member

4-H age (your age as of September 1, 2021): 8

Year you joined 4-H: 2021

4-H Club: Clover Pals

Number of meetings held by your 4-H club this year: 10

Number of 4-H club meetings you attended this year: 10

Digital signatures are acceptable.

I personally completed this document, and it accurately reflects my work.

Member's Signature 8/28/22
Date

I reviewed this document, and it accurately reflects the member's work.

Parent's Signature 8/28/22
Date

4-H Club Leader's Signature 8/29/22
Date

I am submitting my Records in the following Award Area(s): Choose one or more areas in which you had the most experience and/or accomplishments during the 2021-2022 4-H year. Your essay(s) for Section 2 will focus on the Award Area(s) you choose.

☐ Community Service Award Area

☐ Leadership Award Area

☐ Personal Growth Award Area

☒ Project Achievement Award Area in (choose one):

☐ Animal Science Projects (Beef, Cats, Dairy Cattle, Dairy Goat, Dogs, Horse, Meat Goats, Poultry, Rabbit, Sheep, Swine, Small Pets, Swine, Vet Science)

☐ Career/Leadership Projects (Build Your Future, Entrepreneurship, My Financial Future, Leadership)

☐ Civic Engagement Projects (Civic Engagement, Service Learning, Collectibles, Exploratory, Family Heritage, Passport to the World, Diversity & Cultural Awareness)

☐ Creative Arts Projects (Communications, Creative Writing, Journalism, Public Speaking, Interior Design, Photography, Theatre Arts, Video, Visual Arts, Clothing, Shopping in Style)

☐ Environmental Sciences Projects (Entomology, Beekeeping, Forestry, Geology, Exploring Your Environment, Natural Resources, Outdoor Adventures, Sportfishing, Wildlife, Weather, Shooting Sports)

☒ Food Systems Projects (Crops, Floriculture, Vegetable Gardening, Crop Cover, Plants & Soils)

☐ Healthy Living Projects (Child Development, Cooking, Food Science, Sports Nutrition, Food Preservation, Health)

☐ STEM Projects (Aerospace, Bicycle, Computer Science, Electricity, Robotics, Small Engines, Maker, ESports, Drones, Tractor, Welding, Woodworking)

Section 1 – Activity Lists

Even if you are submitting in multiple Award Areas, you should only complete Section 1 one time. Space is limited, so you may have to choose which items are most relevant and leave out things that are less important. You do not need to fill all rows.

4-H Project Learning – List 4-H project work completed in the past 3 years. Show the size and scope by including quantities, such as the number of animals owned/leased, dishes prepared, items made, etc. Include things you learned, things you created, workshops attended, and what you exhibited.

[illegible]

[illegible]

[illegible]

[illegible]

Section 2 - My 4-H Story

Use the text box on the following page, or attach extra pages as necessary.

If you are **8-10 years old** (as of September 1), write an essay of at least 1 paragraph of 4-5 sentences. Tell us about what you did in 4-H this year. What did you like best about your year in 4-H and what would you like to do next year? Try to be specific. (For example, write "I had fun using clay to make a cat figure," instead of just "I liked doing Visual Arts.") If you are submitting in multiple Award Areas, you can cover them all within one essay.

If you are **11-13 years old** (as of September 1), write a 100-400 word essay for each Award Area you are entering. Write about what you accomplished over the past 3 years in that Award Area. Include what you liked best, challenges you faced, how you incorporated what you learned in previous years, and/or what you would like to do next year.

If you are **14-18 years old** (as of September 1), write an essay of at least 300 words for each Award Area you are entering. The essay should emphasize activities done in the past 3 years, but it may also include earlier motivations and experiences that laid the foundation for your current involvement. It should NOT be a listing of awards received.

- For Community Service, focus on your 4-H work in service to others, including things you have done as an individual as well as group activities with your club.
- For Leadership, focus on the development of your leadership skills, including offices held, committees served on, programs led, public presentations on behalf of 4-H, and teen leadership roles such as teaching, mentoring, planning, promoting, advocating, etc.
- For Personal Growth, focus on your own personal growth through participating in 4-H. This can include, but is not limited to, growth in skills, demonstrated initiative, self-confidence, interpersonal interactions, etc.
- For Project Achievement, explain how you have mastered or excelled in that particular project area. This can include, but is not limited to, describing knowledge gained and skills developed in that area, goals set and how they were achieved, and how you used project-related knowledge/skills in other areas of your life.

This year I learned to plant and grow vegetables in our garden. I got to plant carrots, potatoes, sweet corn, and green beans. I was really excited about the sweet corn because it is my favorite vegetable! Some of the hot days I had to be sure to go out and water the garden. I think I met my goal of learning to plant and care for vegetables. I liked showing my vegetables at the Fair the best. Next year I hope to plant some different things in my garden and might try strawberries.