

ILLINOIS EXTENSION COLLEGE OF AGRICULTURAL, CONSUMER & ENVIRONMENTAL SCIENCES

Loaded Baked Potato Casserole

8 slices turkey bacon, cooked

3 lbs. Yukon Gold (yellow) potatoes, washed and diced

4 Tbsp. butter, melted

3/4 cup fat-free chicken broth

½ cup skim milk

1 medium head fresh broccoli, cut into florets and steamed (about 4 cups)

8 ounces plain nonfat Greek yogurt

1 bunch green onions, chopped

8 ounces extra sharp cheddar cheese, shredded

8 ounces light sour cream

Directions

- 1. Wash hands with soap and water.
- 2. Preheat oven to 350°F. Place potatoes in a pot of water to boil. Meanwhile, crumble or chop bacon. When potatoes are fork-tender, remove from heat and drain. Place in a large bowl.
- 3. Combine melted butter, chicken broth, milk, steamed broccoli, Greek yogurt, and half-of-the-bacon, onions, and shredded cheese over potatoes in the bowl. Mix well.
- 4. Spread potato mixture in a 13x9" baking dish prepared with nonstick cooking spray. Bake for 30 minutes.
- 5. Top with remaining shredded extra sharp cheddar cheese. Return pan to oven and broil until cheese is melted, bubbly, and starting to brown (about 1 minute). Garnish with sour cream, remaining bacon, and onions. Enjoy! *Yield:* 12 Servings

Nutrition Facts (per serving): 260 calories, 13 g. fat, 350 mg. sodium, 27 g. carbohydrates, 3 g. dietary fiber, 12 g. protein

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