



★ ADVENTURES AWAIT! ★

Jan/Feb 2021

# Logan County 4-H Newsletter

## 4-H ONLINE Enrollment – <http://il.4honline.com>



Be sure you have completed your 4-H ONLINE enrollment ASAP if you have not already done so. All 4-H enrollment is done ONLINE through the new 2.0 system and available 24/7! Go to <http://il.4honline.com> to enroll. After enrollment is approved, if you are in need of 4-H manuals for NEW projects be sure to follow link provided from 4-H Online email to

<http://il.4honline.com>

order or visit here to request: <https://go.illinois.edu/pubsrequest>

Please refer to last year's showbook (<https://go.illinois.edu/logan4h> – under the 4-H Shows heading) or contact the office to find out deadline dates for specific project enrollment (some animal/livestock have early in the year enrollment deadlines). You should be enrolled in the animal curriculum area of Dairy and Goats (if you have State Fair Milking Does) by 1/1/2021. Beef Cow 4-H members also should be enrolled by 1/1/2021. Beef Steer project members need to be enrolled by 2/1/2021. All other species and any other project areas last day to enroll is March 1, 2021 — NO exceptions!! **If you are not enrolled in your project areas by the dates above, you may not exhibit the project at 4-H shows.**

## **SURVIVOR! 4-H LEADERSHIP ADVENTURE! (4-H Virtual Officer Training)**

4-H Officers, 4-H Club Leaders and Junior Leaders - or any youth having an interest in running for an office in the future, please **register to attend SURVIVOR!!**

Logan, Sangamon and Menard 4-H Officer/Leadership VIRTUAL Training will be held on **Saturday, January 30<sup>th</sup> from 9 am – 11:30 am, (via ZOOM).**



**4-H LEADERSHIP ADVENTURE** will offer **NEW** special sessions for both Club Officers AND 4-H Leaders. Encounter special leadership challenges, Parli Pro Survivor Edition and construct 4-H meetings with mindboggling themes!

**Are you ready to accept the Challenge?** Register online to attend: <https://web.extension.illinois.edu/registration/?RegistrationID=22750>



**Illinois Extension**  
UNIVERSITY OF ILLINOIS URBANA-CHAMPAIGN

<http://go.illinois.edu/logan4h>      [www.facebook.com/LMS.4H](http://www.facebook.com/LMS.4H)  
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**COLLEGE OF AGRICULTURAL, CONSUMER & ENVIRONMENTAL SCIENCES** University of Illinois | U.S.  
Department of Agriculture | Local Extension Councils Cooperating • University of Illinois Extension provides equal opportunities in programs and employment.

## **Beginning Photography Virtual Workshop – Jan 30!**

This is a beginner photography meeting! If you are interested in photography, bring your camera to this Zoom meeting and learn about how to use your camera. It's ideal to have a camera and not a cell phone for this, but cell phones are okay. Some topics you will be introduced to, include:

Finding your subject  
 Rules of Thirds  
 Depth of Field  
 Camera Settings (Manual, TV, Aperture)  
 4H Fair Entries

This is a beginner level meeting. There will be an intermediate and advanced training, as well. Hope you can make it! **January 30<sup>th</sup> from 2:00 – 4:00 pm** via Zoom, <https://heartland.zoom.us/my/acatterson>. Contact: Anna J. Catterson at [anna.catterson@heartland.edu](mailto:anna.catterson@heartland.edu) for more information.

## **Foods Virtual Workshop – Feb 6!**

If you are interested or enrolled in a foods project, please plan on joining us! This will be a unique opportunity to bake in your kitchen! Together, we will be making "Oatmeal Raisin Drop Cookies". You will join live on **February 6<sup>th</sup> from 10:00 – 11:15 am** at <https://heartland.zoom.us/my/acatterson> and make the cookies with an adult partner. Here is what you need to gather in advance:

Dry Measuring Cups  
 Flour  
 Baking Powder  
 Soda  
 Salt  
 White Sugar  
 Brown Sugar  
 Softened butter  
 Water  
 Vanilla  
 2 Eggs  
 Quick Oatmeal  
 Raisins and/or Pecans

We will talk about food safety & then make the cookies, virtually! In addition, we will discuss how to make them healthier and how to present them for the fair. Please email [anna.catterson@heartland.edu](mailto:anna.catterson@heartland.edu) for more info.

## **Logan 4-H Recognition for 2019-2020 Year Achievements!**

Logan County 4-H member records that were submitted this past September have been judged and top awards selected. All who took time to complete their 4-H records will also be receiving a recognition award. **These awards will be given to 4-H club leaders (sometime in February) who will distribute them at the next 'in person' 4-H club meeting.** The entire list of those being recognized is on next page. The 2020 Logan 4-H Achievement Book can be viewed on our website <http://go.illinois.edu/logan4h>



**Logan County 4-H Recognition 2019-2020 4-H Year**

- F = First Year Member Recognition
- O= Club Officer Recognition
- R = Record Completion Recognition
- B = Blue Award Winner Recognition
- T = Top Award Winner Recognition
- SA = Illinois State Award Winner
- C = Cloverbud Participation Recognition
- G/A = Graduating 4-H member/Alumni 4-H member
- L = Leader Recognition
- CS = Club Scrapbook Recognition
- \*\*\* = Club Award/County & State level + Club Scrapbook Recognition



**Complete 2020 Logan County 4-H Achievement & Recognition Book on website @ [go.illinois.edu/logan4h](http://go.illinois.edu/logan4h)**

Atlanta Ag ***	Beason Ag	Four Corner Clovers/con't	The Whiz Kids	Topper 4-H
Cindy Schempp - L	Nancy Drake – L	Andrea Rogers – F	Rita Davison – C	Debby Aylesworth – L
Kim Carlock - L	Aide Crane – O	James Sewing – O	Beau Ford – C	Clay Aylesworth – O
Jamie Carlock – O	Aaron Roede – O, R	Reagan Titus – F	Palmer Turner - C	Claire Bobell – R
Mary Carlock – O	Alyssa Roede – R	Boston Tomlinson - F		Ella Bobell – R
Winton Carlock – O	Sophia Schneider– R,O, T	Ellie Wrage - O		Wyatt Boyer – G
Rosetta Catterson- O, F, R	Oliver White – O, R			Elliott Cooper – F
Eva Sanders - F	Ashten Wolf – O	<b>Four Corner Buddies</b>	<b>Middletown 4-H'ers ***</b>	Bret Halsey – F
Cavit Schempp – R,T,SA,G		Brantley Conrady – C	Mary Jo Janssen – L	Braden Olson – O
Charlotte Toohill - G	<b>Chester 4-H</b>	Leo Davison – C	Emma Grimsley – R	Kelten Olson – F
Molli Rose Williams – O	Jason Steffens – L	Henry Farmer – C	Kianna Hassebrock – F, R	Ruthie Ruhl – R, T
Spencer Williams - O	Rachel Judd – L	Madison Stoll – C	Makia Hassebrock – R	Landon Smith – O, R
	Caroline Ahrends–O, R, T	Wyatt Stoll – C	Kindall Helton – O, R	Olivia Smith – O, R
<b>Atlanta Ag Cloverbuds</b>	Myah Bowman – O	Cash Tomlinson – C	Klarissa Helton – O, R, T	
Logan Catterson – C, R	Cooper Freitag – O	Olivia Wrage - C	Miranda Nelson – O, R, T	<b>Topper 4-H Cloverbuds</b>
Aiden Fitzpatrick – C	Charlotte Judd – O		Murphy Roate – O	Eli Mercer - C
Hannah Glandon – C	Addisynn Mauhar – O, F			Jesse Werts - C
	Abigail Steffens – R, T, G	<b>Hartem Clovers</b>	<b>Middletown Cloverbuds</b>	Joy Werts - C
	Alex Steffens- O, R	Angela Westen – L	Kristen Helton – L	
		Brianna Eeten – L	Carter Johnson – C	
<b>Atlanta Town &amp; Country</b>	<b>Cloverdale</b>	Alayna Briggs – O	Emily Lawrence – C	
Georgia Green - L	Leslie Starasta – L	Celia Cross - O	Jayden Withers - C	<b>Wide-A-Wake - CS</b>
Dani Alberts – O	Sarai Jackson – O	Mason Grelck - F		Kathy Buse – L
Lane Miller – G	Grace Lessen – G	Drew Hayes - O		Joe Dahmm - O
Tyler Miller – O	Kristina Morrow – R, O	Grant Hayes - F		Sarah Dahmm – O
Reed Naughton – O, R	Sarah Starasta –O, R,T, G	Faith Sanders – O	<b>The Pioneers ***</b>	Haven Henry – F, O, R, T
Luke Prestegaard – R	Stephen Starasta–O, R, T		Darlene Crider – L	Grace Nutter - F
Lucy Prestegaard - R	Roux Starr – O	<b>Hollanders - CS</b>	Aeryahna Atchison - O	Paul Schwantz – O
Hollis Scheets – O	Cameron Wilmert - F	Annie Coers – L	Hunter Bailey – O, G	Will Stambaugh – O, R, T
Palmer Scheets – O		John Coers – L	Ethan Bertram – O	
	<b>Four Corner Clovers</b>	Pam Tibbs – L	Chloe Bottom – O	
<b>Atlanta T &amp; C Cloverbuds</b>	Lori Ward – L	Jaycie Doerr – F, O, R	Jasmine Bottom – O	
Remi Alberts - C	Amy Lawrence – L	Ryan Fruge – R	Daniel Crider – O, R, T	
Lucy Prestegaard – C	Laura Tomlinson - L	Elle Fults – F		
Caden Saddler – C	Brayden Alexander – G	Ariana Hinkle – O,R,T, SA		
	Ryder Conrady – F	Jami Lynn Hill - O		
	Chesney Davison – F	Jessa Hill - O		
	Kamdin Heinzl – O	Wyatt Leinenbach – O		
	Kyleigh Heinzl – O	Paxton Lora - F		
	Jacob Lawrence – R	Max Ramlow – R		
	Sydney Magerl – G	Sydney Ramlow – R		
	Brodee McCormick - G	Emmalynn Splitter - F		

## Calf/Pig/Goat/Chicken Scramble Sign Ups!

All scramble applications will be available online at <https://uofi.box.com/v/LoganCountyScrambles> and can then be filled out and mailed to the Extension Office at 980 N Postville Drive, Lincoln, IL 62656. Applications can also be obtained at the Extension Office. Both formats will be accepted on a **first come first received basis**. Parent/guardian permission is required. **Applications will be available on Monday, Feb 1, 2021.**

**PIG SCRAMBLE** — 10 yrs and not yet 15 as of 8/1/2021

**CALF SCRAMBLE** — 12 yrs & not yet 18 as of 8/1/2021

**GOAT SCRAMBLE** — 8 or 9 yrs as of 9/1/2021

**CHICKEN SCRAMBLE** — 6 or 7 yrs old as of 8/1/2021

**\*\* NO PREVIOUS WINNERS** may participate again except Calf Scramble (if not filled with 'new' participants) **In person scrambles are pending in 2021. Virtual options will be made available if necessary.**

## State Fair Livestock Program

**LAMBS** for the 2021 Illinois State Fair Premiere (Carcass – Wethers OR EWE lambs) programs will need to be weighed, tattooed, and tagged in each Extension Unit (spring date/location TBD). Live lambs/goats for State Fair will use self-nomination process as was implemented previously – completion of form and close-up photo of scrapie ear tags – turned in to Extension Office. **STEERS** will need to be electronically tagged as well as tattooed (see additional Steer Tattoo Date article). Call the 4-H office (732-8289) to make an appointment for **BARROWS**.

## BEEF STEER TATTOO DATE – Feb. 6, 2021 - AFTERNOON

Logan County weigh-in and tattoo date for Steers will take place on **Saturday, Feb. 6, 2021 from 12:30 – 2:30 pm** at **GREENHAVEN ANIMAL CLINIC**, Rte. 136/east side of San Jose. **DO NOT ARRIVE BEFORE 12:30 pm**. This includes ALL steers to be shown at Logan County 4-H Show and ALL steers to be shown at the Illinois State Fair. Information you will need at weigh-in includes: 4-H member name, address, birthday of 4-H'er, BREED of steer. COVID Safety Precautions will need to be followed as directed by Greenhaven.

## State Fair Premiere Program

Anyone planning to enter animals in Illini Premiere program: **STEERS** – may nominate 10, weighed on Feb. 6; **BARROWS** – may nominate 25, must be farrowed on or after Feb. 10 and must be tattooed & weighed between Feb 10 & April 15; **WETHERS/EWES** – may nominate 10, must be weighed/tattooed between 3/15 & 5/15

## ANIMAL OWNERSHIP DATES

**Beef** — Steers 2/1/21, Cows 1/1/21, Heifers 6/1/21

**Dairy** — Cows 1/1/21, Heifers 6/1/21

**Meat Goats**—5/15/21 (must be tattooed for State Fair)

**Dairy Goats** — 6/1/21 (State Fair Milking Does 1/1/21)

**Swine/Horses/Dogs** — 6/1/20

**Rabbits, Pygmy Goats & Poultry** — Does—6/1/21; All Others—out of stock owned prior to 6/1

**Sheep** — Wethers 6/1/21 (State Fair Market Wethers & Market Ewe Lambs 5/15/21), Breeding Sheep — 6/25/21



## **Attention Beef, Swine, Dairy, Goat and Sheep Exhibitors – YQCA Annual Training Requirement**

Illinois 4-H requires all youth ages 8-18 enrolled in livestock projects to complete **annual quality assurance certification** through the Youth for the Quality Care of Animals (YQCA) program.

Youth **MUST** take this training prior to making county 4-H show entries. (Entries will **NOT** be approved for a live animal exhibit unless training is complete.) This **does not** apply to youth exhibiting only animal or veterinary science poster/display projects.

Youth will again have **two options** to be certified in the 2020-2021 4-H year. We hope to be able to schedule 'in person' trainings in late Spring and online-only training/testing will also be an option (however, currently logging in through the 4-H Online log-in section of the system is **not working properly**) – 4-H livestock members be sure to watch email for further notification of when the YQCA training options become available.

## **Attention Horse, Poultry, Rabbit, Dog and Cat Exhibitors!**

Members exhibiting horses, poultry, rabbits, dogs, and cats are still required to take the **Quality Assurance and Ethics (QAEC)** training. QAEC training is only **required once in the member's career**. If it is your first year in the horse, poultry, rabbit, dog, or cat project and you also plan on taking beef, swine, dairy, goat, or sheep, you will need to take both ethics certifications (YQCA and QAEC). QAEC training should be completed prior to making county 4-H show entries. (Entries will **NOT** be approved for a live animal exhibit unless training is complete.)

## **SCHOLARSHIP OPPORTUNITIES**

### **FARM CREDIT ILLINOIS SCHOLARSHIPS**

High school seniors planning careers in agriculture may apply for a \$2,000 scholarship. Farm Credit Illinois will provide 30 scholarships to youth who live or farm in one of the 60 counties in their service area. The first \$1,000 will be distributed for the Fall 2021 semester, and the second \$1,000 applied during the Fall 2023 semester. Apply online at [farmcreditIL.com](http://farmcreditIL.com) **before March 12, 2021**. Are you going to University of Illinois College of Agricultural, Consumer, and Environmental Sciences? The college is **MATCHING** this scholarship, dollar for dollar! Double your money while getting a great ag education! Scholarship match info available from U of I College of ACES.



### **HEARTLAND BEEF ALLIANCE SCHOLARSHIP**

Open to high school seniors who are residents of Logan, Mason, Menard, Sangamon or Tazewell counties and have an immediate family member be **an active member in the Heartland Beef Alliance** – two scholarships will be awarded (amounts between \$500 - \$1000). Must be from a family actively involved in beef industry either showing or in production. **Application/essay required (Essay topic “Opportunities for Young Beef Producers”)** – **due Sat, Jan. 30, 2021**. Applications available online at the “4-H Records, Awards and Scholarship Resources” page of our website: <https://go.illinois.edu/lmsrecords> (near bottom of page).

### **IAA FOUNDATION SCHOLARSHIPS**

The IAA Foundation provides college scholarships to Illinois Farm Families, Illinois Farm Bureau members, spouses, or their children who major in agriculture, agribusiness, or an ag-related course of study. This year, 78 awards ranging from \$1,000 to \$7,500 are offered. Check out more details at the IAA website and apply online **between Jan 1 and Feb 15, 2021**. <https://iaafoundation.org/our-mission-at-work/student-scholarships>



## **Logan County 4-H Foundation Scholarship Opportunity**

Logan County 4-H Foundation will be awarding scholarships on a competitive basis to outstanding eligible 4-H'ers who will be pursuing an education at a college of his/her choice. The recipients must have been a 4-H member for at least 4 years, be accepted for enrollment or be enrolled at an accredited college, university, or community college as well as have submitted the Illinois 4-H Award Application/County 4-H Record for the previous 4-H year (2019-2020 – submitted in Sept. 2020) if a high school senior. Applications will be available on our website (<https://go.illinois.edu/lmsrecords>) by February 1 (all requirements must be met to be eligible to apply) and **must be returned by February 26, 2021.**

## **Educator Corner ~ Carissa Davis - How To Help Stressed Out Youth To Cope**

Do you remember what stressed you out as a kid? I clearly remember worrying a great deal about my school grades and what my peers thought of me. Of course I wanted to do my best, but in my mind, I also had to be the best. That didn't always happen -- which caused me more stress.

Like adults, young people have stress. It can come in many shapes and sizes. Maybe it's due to a test grade, or a friendship, or the perceived expectations of parents. There may be family stress related to finances or farming situations.

What can we as volunteers and parents do to help young people better manage stress? It's important to pay attention to the warning signs of stress:

- Feeling sad or withdrawn.
- More irritable or moody than usual.
- Drastic changes in behavior or sleep patterns.
- Routinely expressing worries.
- Clinging more to parents.
- Sleeping too much or too little.
- Eating too much or too little.
- Complaining about school or activities they attend.



These behaviors may mean something's up and we should pay attention to determine how best to intervene or respond. Listen to the youth to better understand their thoughts, feelings and behaviors. Connect with their parents or other youth workers who know and work with the child.

We know that life events can have very different impacts on youth. For example, getting a C on a test is "no big deal" for some, but for others feels devastating. One factor is resilience -- the ability to recover from difficulties.

The American Psychological Association shares these suggestions:

- Make connections with others.
- Accept that change is a part of life.
- Develop a positive attitude about yourself.
- Take care of yourself.
- Learn about yourself.
- Define goals.
- Have a hopeful outlook.

Looking back, I realize that my 4-H leader tried to help me become resilient. She talked with me about what I was doing well and what I could have changed. She also taught me how to find the good in each life experience, to know that I had done the best I could that day, and to set a goal or two for the next experience.

*Thank you to University of Minnesota Extension for providing valuable information.*

## **4-H Club Community Improvement Grants Available**

Looking for funding support to conduct community service outreach in your community? Farm Credit Illinois is ready to help Illinois 4-H clubs and FFA chapters bring positive and visible change to Illinois communities! Fifty \$500 Community Improvement Grants are available. Clubs must be located in one of the 60 central and southern Illinois counties served by Farm Credit Illinois. Check if your club is eligible and apply today at [farmcreditIL.com](http://farmcreditIL.com). **Be sure to contact your EXTENSION OFFICE BEFORE applying for this grant to ensure you follow all fiscal requirements! Deadline to apply for grant is March 12, 2021.**

## **ILLINOIS 4-H VIRTUAL ESPORTS SPIN CLUB OPPORTUNITY**

With eSports becoming one of the largest growing tech industries in the world, with an annual revenue of \$1.5 billion with an expectation to reach \$2.2 billion by 2023, it is time that our youth become poised and ready to meet the demands of this growing field.

Are you **at least 12 years old and own a computer or gaming system**? This year Illinois 4-H released a pilot curriculum focused on the growing field of electronic sports, or eSports, and we would like to pilot it with you! As a pilot, we hope to add to and modify the curriculum based on the feedback and input of the youth involved. Under the direction of Illinois 4-H Computer Science Innovator Eric Li, youth will be virtually guided (using Zoom) through the eSports Pilot curriculum, learn the basics of the eSports field, and learn about the hardware and software that makes eSports possible. In addition, youth will be able to play and practice their favorite games as a team, and potentially compete in one or more eSports competitions through the Spring and Summer.

**Registration for this opportunity will open on Dec. 1 and close on Jan. 15, with meetings beginning the third week of January.** Schedule and goals will be determined/presented in the first meeting with plans on meeting at least twice a month (and more frequently before competitions).

Interested youth can sign up at the link below:

<https://web.extension.illinois.edu/registration/default.cfm?RegistrationID=22817>

For questions or comments, please contact the Illinois 4-H STEM Team at [Illinois4h-STEM@illinois.edu](mailto:Illinois4h-STEM@illinois.edu)

## **Save The Date! 4-H Alumni Virtual Event (hosted IL 4-H Alumni) - Feb 4!**

We hope you will save the date for a fun evening of networking with 4-H alumni for a **virtual trivia night at 7pm**. Trivia night will be hosted by Hambone Entertainment, and trivia questions will cover a wide range of knowledge, including history, sports, pop culture, and of course, 4-H! Teams will be randomly assigned at the event to encourage new connections. Watch the Illinois 4-H Alumni page for updates on details:

<https://4h.extension.illinois.edu/about/alumni>

Registration will launch in early January 2021. Cost: \$10/per person

### **Join in with the Illinois 4-H Alumni group in the following ways:**

- **Linked In:** <https://go.illinois.edu/LinkedIn4HALumni>
- **Facebook:** <https://www.facebook.com/groups/il4halumni/>
- **Twitter:** <https://twitter.com/IL4halumni>
- **Instagram:** <https://www.instagram.com/il4halumni/>



## **Attention 8th Graders & Above - JOIN Logan County Ambassadors!**

Join us for this year's series of Logan 4-H Ambassadors activities! Ambassadors is open to all 4-H members in 8th grade and older, and you can even bring a non-4-H friend with you. At each Ambassadors meeting this year we will be learning and trying a different strategy for dealing with stress, such as doing something creative or doing something that benefits other people. Ambassadors activities will be held **at 6:00 PM on February 17 and April 21**; meetings will take place in-person at the Logan Extension Office or virtually. Details about each activity will be sent via text or email to all members in 8th grade or older, and pre-registration will be required. Please contact Amy Hyde ([amyhyde@illinois.edu](mailto:amyhyde@illinois.edu)) if you have questions

## **NATIONAL 4-H COUNCIL ANNOUNCES THE UPCOMING 2021 NATIONAL YOUTH AGRISCIENCE SUMMIT**

At the National 4-H Youth Summit on Agri-Science, **March 5 – 7, 2021**, high school students develop the skills and knowledge needed for the challenges facing agriculture, food security, and sustainability. Students will work with each other and experts in the agricultural community in this collaborative, hands-on educational setting. The summit will be an opportunity to meet like-minded peers from across the country, learn more about career opportunities, and network with professionals in the field of Agri-science. As a cornerstone of the experience, participants are challenged to identify and develop action plans that address issues related to agriculture in their community. For more information visit: <https://4-h.org/parents/national-youth-summits/#!agri-science>

For more information, contact Mark Becker, [mbbecker@illinois.edu](mailto:mbbecker@illinois.edu).

### **Calendar of Events & Activities**

(All events and activities are held at the Logan Extension Office unless otherwise noted)  
(If you need a reasonable accommodation to participate in advertised programs, please contact U of I Extension, 732-8289)

- Jan 1 – **OFFICE CLOSED** - New Year's Day Holiday
- Jan 15 – Illinois Esports Virtual SPIN Club Registration deadline (age 12 & older)
- Jan 18 – **OFFICE CLOSED** – Martin Luther King Holiday
- Jan 30 - 4-H Officer Training (**VIRTUAL**), 9 am – 11:30 am, via ZOOM
- Jan 30 – 4-H Photography **Virtual** Workshop, 2 – 4 pm
- Feb 1 – Pig/Calf/Goat/Chicken Scramble Sign Ups available/accepted
- Feb 4 – IL State 4-H Alumni Association Virtual Trivia Night, 7 pm
- Feb 6 – Foods **Virtual** Workshop, 10 – 11:15 am
- Feb 6 – Steer Tattooing, Greenhaven Animal Clinic, **San Jose, 12:30 – 2:30 pm**
- Feb 15 – IAA Scholarship application deadline
- Feb 17 – Logan County Ambassador Meeting/Activity, 6 pm
- Feb 26 – Logan 4-H Foundation Scholarship application deadline, Logan office, 4:30 pm
- **Mar 1 – 4-H Project enrollment DEADLINE** for eligibility to exhibit at 4-H shows
- Mar 12 – Farm Credit Illinois Community Service Grant deadline
- Mar 12 – Farm Credit Illinois Scholarship Application deadline