



My 4-H Activities

4-H Program Year: 20___ - 20___

Club Name:						Age as of September 1:						
Participation Record Remember you must attend 3 club meetings OR club/4-H events throughout the year in order to show at the 4-H show for premiums. Club Meeting Attendance: Mark all months you attended												
Sept	Oc	t No	V	Dec	Jan	Feb	Mar	April	May	June	July	Aug
Talk and	/or De	amo.										
Date	701 0	Topic										
Club/4-F	l Even	t Attendaı	nce (no	ot a club	meeting)							
Date		Event										
List all acti	vities th	n Activities nat you partion d stand, atte	ipated					roject area yo	ou are taking.	Examples: L	.earn & Fur	n Day,
Club:												
County	:											
Multi-C	County	:										
State/N	lation	al/Int'l:										

-H Promotion									
Summarize 4-H promotional activities. This could include presentations to groups, TV or radio interviews, website postings, or newspaper articles/photos. If known, give the estimated number of people who attended. (Ex. 4-H Project Night at Kiwanis (24); National 4-H Week Radio spots (3 public service announcements); Newspaper articles (4) promoting county 4-H show results; 4-H club website (3 blog entries, 4 photos)									
articipation in 4-H Leadership and/or Community Service									
Leadership: (Examples: Chaired bake sale committee, served on Federation/Ambassadors, taught members about state government, held position of Club President, etc.)									
Community Service: (Examples: Raked leaves for neighborhood, donated money to tsunami victims, volunteer at local nursing home, etc.)									
lonors and Recognitions: List exhibit ratings, trophies, medals and other special recognition received in 4-H during the year. xample: Outstanding Club Member, Best of Class- Cooking 101, etc.)									
Ion 4-H Community/Individual Involvement									
List any memberships in school/church/community groups, clubs and organizations. List any non 4-H related community service projects, non-4-H offices held or committees chaired and other non 4-H activities or honors/recognitions.									