



**Illinois Extension**

UNIVERSITY OF ILLINOIS URBANA-CHAMPAIGN

## April and May Learning Opportunities



### Get Growing Webinar Series

This series will cover growing perennial vegetables, raspberry & blackberry production, raised bed and container gardening along with weed management in your garden.

*All sessions will be from 6:00 - 7:30 p.m. each evening via Zoom platform*

**April 22** - Growing Perennial Vegetables (Rhubarb, Asparagus, Horseradish)

**April 29** - Raspberry and Blackberry Production for the Backyard

**May 6** - Raised Bed and Container Vegetable Gardening

**May 13** - Weed Management in the Vegetable Garden

[Learn More](#)



### I Made That! Youth Mediterranean Educational Cooking Kit

We are putting together educational cooking kits designed to inspire the inner chef and educate youth about the Mediterranean eating plan. This



### Northern Illinois 4-H Camp

University of Illinois Extension is excited to host three days of 4-H Camp in Northern Illinois. These three days will give campers similar experience to past 4-H camp without the overnight.

project is ideal for families to work on together or for youth with cooking experience. Youth will learn to make a variety of vibrant salads inspired by the Mediterranean.

Order your kit prior to May 3 for this take and bake opportunity.

[Visit our website](#)

June 15 - 17, 2021  
Rock River Christian Camp  
9:00 a.m. - 8:00 p.m.  
\$60/day  
Register by May 3, 2021

[Visit our website](#)



The Illinois Department of Public Health requires retail food establishment managers to obtain an American National Standards Institute (ANSI) accredited **Certified Food Protection Manager (CFPM)** certificate.

Those receiving this certification have specialized training regarding the safe handling, preparation, and storage of food to help prevent foodborne related illnesses. The certificate is valid for five years from the exam date and must be retaken once a certificate expires.

University of Illinois Extension will offer a web-based Certified Food Protection Manager course

May 10, 11 & 12, 2021  
9:00 a.m. - Noon  
Online training  
May 13, 2021  
9:00 a.m. - Noon  
In person testing in Freeport, IL



## Forestry Spring Webinar Series

Arguably the best forest stand management practice a woodland owner can undertake on their property is the release of crop trees. Explore crop tree management selection, potential, and maximizing return on investment.

1:30-2:30 p.m.

**April 14** - Identification and Management of Herbaceous Invasive Plants

**April 21** - Safe use of Herbicide In Natural Settings

**April 28** - Providing Suitable Woodland Habitat for Secretive Animals - Bats, Snakes and Salamanders

[Learn More!](#)

[Learn More!](#)

## Exploring Current Diet Trends: The Good, The Bad and the Hard To Maintain

Explore the world of dieting. Learn what foods are recommended by some popular diets, such as Keto, Whole 30, Paleo, and Intermittent Fasting. During this session, we will explore the pros and cons of these diets. We will also look at the research and safety of these diets and help you identify potential red flags of any diet plan, allowing you to walk away empowered to lead a healthy lifestyle.



[Register Today!](#)

## FOUR SEASONS GARDENING

Webinar Series

1:30-2:30 p.m.

### **April 27** - What's That Bug? How To Identify Insects

Explore how to identify different groups of insects commonly found in Illinois.

### **May 11** - Green Screens, Fences and Borders

Explore design elements, some good species for creating screening, and design considerations for creating a green fence or screen successfully.

[Learn More](#)

**Master Gardener Helpline** will soon be open in our offices, staffed by Master Gardener Volunteers, to answer your home gardening questions. If you have current questions about growing houseplants, pruning, planning your garden or more for the upcoming growing season, give us a call at your local Extension office:

**Jo Daviess County: 815.858.2273**  
**Stephenson County: 815.235.4125**  
**Winnebago County: 815.986.4357**

University of Illinois Extension provides educational programs and research based information to help Illinois residents improve their quality of life, develop skills and solve problems. If you need a reasonable accommodation to participate in this program, please contact the Extension office. Early requests are strongly encouraged to allow sufficient time for meeting your access needs.

*Serving Jo Daviess, Stephenson and Winnebago Counties*

**Jo Daviess County** 204 N Vine St, Elizabeth IL 61028 § 815.858.2273

**Stephenson County** 2998 W Pearl City Rd, Freeport IL 61032 § 815.235.4125

**Winnebago County** 1040 N Second St, Rockford IL 61107 § 815.986.4357



**Illinois Extension**

UNIVERSITY OF ILLINOIS URBANA-CHAMPAIGN



**Contact Us  
Today!**