## 4-H FEDERATION IS HOSTING:

## COOK A MEAL FOR HOPE HAVEN

Learn how to make a delicious meal of fried rice and chicken teriyaki while giving back to the community. Please email Nicole at groezing@illinois.edu by Oct. 16 to let us know if you would like to help out.



## SATURDAY, OCTOBER 19

at the Farm Bureau building from 3:00 - 6:00



Illinois Extension UNIVERSITY OF ILLINOIS URBANA-CHAMPAIGN

University of Illinois | U.S. Department of Agriculture | Local Extension Councils Cooperating University of Illinois Extension provides equal opportunities in programs and employment. If you need a reasonable accommodation to participate in this program, please contact us. Early requests are strongly encouraged to allow sufficient time for meeting your access needs.