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MONROE COUNTY 4-H Family News



THANK YOU FOR A GREAT 4-H YEAR!

THANKS to all businesses & individuals who supported 4-H livestock members at the 4-H & FFA Livestock Auction!

County Director
Amy Cope

4-H Youth Educators
Rachel Hazen
Emily Reece

4-H Program Coordinator
Kelly Brandt

Office Support
Paige Brown
Mary Kay Rahn

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web.extension.illinois.edu/mms

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Monroe County 4-H

University of Illinois Extension-
Madison, Monroe and St. Clair Unit

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Madison, Monroe, St. Clair- IL



THANKS TO

- Yo Toppings
- Valmeyer High School
- Amy Halleran-Concession Stand Chairperson
- First National Bank of Waterloo
 - State Bank of Waterloo
 - Monroe County Farm Bureau
 - Monroe County Fair Association
- All 4-H members, parents & volunteers

for providing support to the 4-H Ice Cream & Snow-Cone Stand at the Fair.

Profits from the stand support 4-H programming.

THANK YOU...

- ◆ 4-H Members
 - ◆ 4-H Leaders & Volunteers
 - ◆ Parents & Family Members
 - ◆ Fair Board & Superintendents
 - ◆ Foundation & Council Members
 - ◆ Show Judges & Teen Helpers
 - ◆ Schools & Churches
 - ◆ Community Businesses
 - ◆ Community Partners
- for supporting 4-H clubs, workshops, program shows, etc. all year.



We extend **MUCH APPRECIATION** to our summer interns:

Kate Sanderson, Kelsey Weatherford, Haley Bode, Ally Krebel, Sophia Dell & Mary Brinkmann for helping to teach summer programs & camps, assisting with 4-H exhibitions, helping at the Fair and more!

Monroe County Office
901 Illinois Ave., PO Box 117
Waterloo, IL 62298
618-939-3434, 618-939-7708 Fax

Office Hours:
Monday- Friday: 8:00 a.m. — 4:30 p.m.
Closed Noon to 1:00 p.m. for lunch

Madison-St. Clair County Branch Office
1 Regency Plaza, Suite 200
Collinsville, IL 62234
618-344-4230, 618-344-5602 Fax

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END OF YEAR ITEMS: DUE SEPTEMBER 15:**MEMBERS:****• Award Applications**

ALL 4-H members are encouraged to fill out Award Applications to highlight their accomplishments for recognition.

Award Applications: https://go.illinois.edu/Monroe_AwardApp

Helpful Tips: https://go.illinois.edu/Monroe_AwardApp_TIPS

Example: https://go.illinois.edu/Monroe_AwardApp_EXAMPLE

• Livestock Record Books:

Youth enrolled in Livestock projects should fill out Livestock Record Books.

Record Book: <https://go.illinois.edu/LivestockRecord> Record Book Instructions: https://go.illinois.edu/LivestockRecord_Guide

CLUBS

- Treasurer Books & Secretary Books: <https://extension.illinois.edu/global/club-resources>
- Club Scrapbooks or Video Montages
- I Dare You Award Nominations: <https://extension.illinois.edu/sites/default/files/>

**IT'S TIME TO RE-ENROLL IN THE NEW 4-H YEAR!**

- Enrollment through *4-H Online* will be open starting on

September 15.

- Returning members will need to log back into *4-H Online*

<http://il.4honline.com> to re-enroll using your previous username & password.

- Instructions will be given to you by your leader at your club meeting.

- **New members will also need an Emergency Medical form &**

Agreement to Assume Risk form.

- Returning and new members must **enroll by January 1** in order to exhibit at 4-H Shows.

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MONROE COUNTY FAIR



For more photos, please visit our Facebook page:
www.facebook.com/monroe.il.4H



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4-H LIVESTOCK SHOW ACHIEVEMENTS

	GRAND CHAMPION MARKET ANIMAL	RESERVE CHAMPION MARKET ANIMAL
STEER	Riley Middendorf	James Eschmann
GOAT	Chet Sutter	Cal Sutter
SHEEP	Hudson Brandt	Parker Brandt
SWINE	Austin Grohmann	Gracie Stechmesser
POULTRY	Braydon Eckart	Bella Jones
RABBIT-SINGLE FRYER	Kaitlyn Eichelmann	Sophia Dell
RABBIT-MEAT PEN	Sophia Dell	Brooke Mueller

SHOWMANSHIP AWARDS

RABBIT	BEEF	GOATS	SHEEP	SWINE	POULTRY	DAIRY
<u>Junior:</u> Hayden Finke	<u>Junior 1:</u> Ava Gilbert	<u>Junior:</u> Wyatt Ruwald	<u>Junior:</u> Parker Brandt	<u>Junior:</u> Gracie Stechmesser	<u>Junior:</u> Elizabeth Koch	Cody Schmitz
<u>Senior:</u> Brooke Mueller	<u>Junior 2:</u> Trent Glaenzer	<u>Senior:</u> Kyle Kern	<u>Senior:</u> Garrett Brandt	<u>Intermediate:</u> Harrison Bartosik	<u>Senior:</u> Madilyn Hock	
	<u>Intermediate:</u> Ty Schaefer			<u>Senior:</u> Eric Schreder		
	<u>Senior:</u> Josh Middendorf					

<u>Top Beef Rate-of-Gain</u> Josie Niebruegge	<u>Top Beef Carcass</u> Josie Niebruegge	<u>Top Goat Rate-of-Gain</u> Cal Sutter
<u>Top Lamb Rate-of-Gain</u> Eli Johanning	<u>Top Lamb Carcass</u> Emma Schultheis	

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SUPERIOR YOUNG PRODUCER AWARDS

Cattle 8-12

1. Cody Schmitz
2. Wyatt Ruwald
3. Ava Gilbert
4. Lane Shevlin
5. Heston Howell

Cattle 13-18

1. Adam Doyle
2. Janella Neary
3. Emma Krebel
4. Tyrus Carter
5. Kaitlyn Ruwald

Swine 8-12

1. Wyatt Bergmann

Swine 13-18

- Jada Voelker
1. Lucy Haubrich
 2. Eric Schreder

Sheep/Goat 8-12

1. Kaleigh Halleran
2. Parker Brandt
3. Avery Cope

Sheep/Goat 13-18

1. Chet Sutter
2. Erin Halleran
3. Cohen Brandt
4. Cal Sutter
5. Kaitlyn Ruwald

Poultry 8-12

1. Talia Carter

Poultry 13-18

1. Tyrus Carter
2. Oliver Valerius

Rabbit All Ages

1. Brooke Mueller
2. Danni Eschmann
3. Sophia Dell
4. Ava Carter

Monroe County Cattleman's Award:
Jacey Baum



FAIR TOURS

4-H Teen Teachers taught local daycares about animals at the fair during the annual Fair Tours hosted by the Monroe County Farm Bureau and Ag in the Classroom.



4-H RIBBON RECYCLING

We know you are all proud of your 4-H Ribbons but do you have an overabundance that you don't know what to do with?



Consider recycling them! Bring any un-wrinkled, un-faded 4-H ribbons to the Extension office and we will re-use them next year!



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ILLINOIS STATE FAIR ACHIEVEMENTS

Garrett	Brandt	3-D Design/Mixed Media	Champion		
				Reserve	
Cohen	Brandt	Woodworking 2			
Valerie	Branson	STEAM Clothing 2			
Jessica	Branson	Wildlife 1			
Tyrus	Carter	Woodworking 3			
Talia	Carter	4-H Cooking 101			
Carter	Cox	Photography 3			
Clark	Deptula	Pebble Pups 2	Champion		
Bailey	DuChene	Veterinary Science			
Nora	Duncan	4-H Cooking 401			
Avery	Ervin	4-H Cooking 201			
Tessa	Ervin	4-H Cooking 201			
Natalie	Finke	Food Preservation			Inspire
				Reserve	
Taryn	Gregson	Photography 3			
Erin	Halleran	Welding	Champion		Inspire
Oscar	Hoerr	Fiber			Inspire
Madilyn	Hooch	Floriculture C	Champion		
Luke	Kennedy	Aerospace Display	Champion		
				Reserve	
Jack	Kennedy	Aerospace Display			
Brayden	Koester	Wood			
				Reserve	
Riley	McDermott	Photography Innovation Class			
Riley	Middendorf	Chalk/Carbon/Pigment			
Janella	Neary	Design Decisions			
Deanna	Schultheis	Chalk/Carbon/Pigment			



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ILLINOIS STATE FAIR ACHIEVEMENTS



Tessa & Avery Ervin



Carter Cox

For more photos,
please visit our
Facebook page:
[www.facebook.com/
monroe.il.4H](http://www.facebook.com/monroe.il.4H)



Clark Deptula



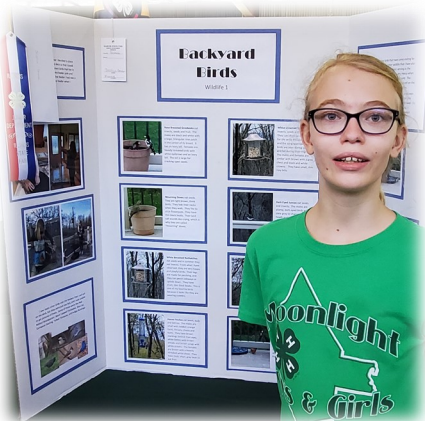
Cohen Brandt



Erin Halleran



Madilyn Hoock



Jessica Branson



Luke & Jack Kennedy



Riley McDermott

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ILLINOIS STATE FAIR LIVESTOCK SHOWS

The following 4-H members exhibited livestock at the Illinois State Fair:
 Sophia Dell, Ava Gilbert, Luke Gilbert, Logan Henerfauth, Lydia Henerfauth, Luke Lutman, Lydia
 Lutman, Ty Schaefer, Gracie Stechmesser & Cory Stumpf



Logan & Lydia Henerfauth received a Reserve Champion, two Reserve Champion-Land of Lincoln.



Luke Lutman



Lydia Lutman



Ava Gilbert made the finals for Junior Showmanship in Beef.



Cory Stumpf:

Cory had a champion bull, and two heifers won their classes.



Gracie Stechmesser: 5th place barrow in her class of Berkshires



Luke Gilbert:

- 4th overall intermediate showmanship
- Grand Champion Young Performance Cow/Calf
- Division 1 Champion Simmental heifer Junior Show
- Division 3 Champion Percentage Simmental heifer Junior Show
- Champion Simmental Cow/Calf Open Show
- Division 1 Reserve Champion Simmental Heifer Open Show
- Division 3 Champion Percentage Simmental Heifer Open Show

SUCCESSES BEYOND MONROE COUNTY...



Madey Mohr, Sydney & Maya Woodard participated in the State Horse Judging in Springfield in July.



Erin Halleran is currently serving a 3 year term on the Board of the American Junior Hampshire Sheep Association. She works with the other board members across the nation to organize sheep shows and activities for junior association members. She's also responsible for promoting the AJHSA within her state and surrounding areas.



Annika Olson exhibited at the Illinois State Fair Horse Show this year. She got 4th in ranch riding, 1st in flags, 2nd in barrels, and 4th in flags, and even played in the egg toss!



Best of luck to **Austin Grohmann** who headed to Marine Boot Camp immediately after the Monroe Co. Fair.



Olivia Stechmesser, Garrett Brandt, Cohen Brandt, Erin Halleran, Lydia Lutman, Kaleigh Halleran and Luke Lutman exhibited at the All American Sheep Show in Springfield, IL over Independence Day weekend. This was the first time the show has been held in Illinois. There were approximately 700 youth represented from 30 states.

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SUCCESSES BEYOND MONROE COUNTY...



Jada Casto competed in the Palomino World Championship Show, at the IL Fairgrounds this summer, against riders from all over the world. Jada and her horse Jax won PHBA world championships in the equitation, pole bending, and stake race, reserve PHBA world championships in the horsemanship, ranch pleasure, and flag race, x6 top 5's, and NSBA world championships in the equitation, and ranch riding. She also came in first for the youth 13 & under golden horse award, earning a saddle as a prize!

Gracie Stechmesser has significantly grown her swine showing skills, showing pigs all over the state this year through the Illinois Club Pig Association. Those shows ran from May-July as she traveled to Highland, Paris, Marshall, and Peoria IL. In addition, Gracie showed at four county fairs in addition to her own Monroe County fair. She also exhibited at the Illinois State Fair in Springfield and will end her show season at the Duquoin State Fair. She placed well all summer, many times winning Champion or Reserve in her breed, and then coming back to participate in the champion drives. With all of this exhibiting, Gracie learned first hand the importance of keeping a good diet for her pigs, adjusting their nutrition to add muscle, to add fat, to reduce fat, etc. over time.



Ava & Luke Gilbert have been showing cattle all around the U.S. over the past several years, making memories and winning multiple awards. This year they continued their tradition, earning several recognitions...

Ava: Reserve Champion Steer IJSA Preview Show, 6th overall AJSA National Classic Bred & Owned Steer, Grand Champion AJSA Eastern Regional Bred and Owned Steer

Luke: Grand Champion AJSA National Classic Bred & Owned Purebred Cow/Calf, 3rd Overall AJSA National Classic Owned Purebred Cow/Calf, 6th Overall AJSA National Classic Bred & Owned Percentage Bull, 11th overall intermediate showmanship AJSA National Classic, 5th overall AJSA Eastern Regional Bred & Owned Percentage Heifer, Grand Champion AJSA Eastern Regional Bred & Owned Purebred Cow/Calf, champion overall Junior showmanship AJSA Eastern Regional.



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Limited
to 20
Chefs



Come have some after-school fun while learning valuable cooking skills, food safety and nutrition know-how! Whether you are new to cooking or a culinary genius, Master Chef Jr. is for you!

- **4th-6th grade**
- **Monroe County Annex Building**
- **3:30-5:30 pm**
- **2nd and 4th Tuesdays in
September-October-November**

Cost: \$60
includes
food,
supplies
and T-shirt

Register @ extension.illinois.edu/mms

Questions - contact Kris Juelfs, MS, RD, LDN
kjuelfs@illinois.edu or 939-3434



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Early requests are strongly encouraged to allow sufficient time for meeting your access needs.

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Butterfly Festival

(Learn about native bees and flowers, too!)

Sunday, Sept. 12

11 a.m. to 3 p.m.

Baebler Educational Farm
4022 JJ Road, Waterloo



For more information, search "Baebler Educational Farm" on Facebook (scan the QR code above to get there instantly), or call 618-939-3434

Activities include:

- Monarch butterfly tagging
- Butterfly, bee, and native flower information
- Scavenger hunt
- Coloring & Photo contest (win prizes!)
- Craft, information and vendor booths
- Crafts & Activities
- Explore the pollinator habitat

Activity bags for a self-guided experience will be available at the farm **August 15-September 12**



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FEDERATION NEW MEMBER EVENT

Open to members in grades 8 and UP

YOU'RE INVITED:

Federation Cookout



Monroe County 4-H Federation members invite any new or interested teens (**age 13-18**) interested in building *teamwork & leadership* skills, to join them for their September meeting and cookout!

Where: Baebler Educational Farm
Back Pavilion, 4022 JJ Road, Waterloo, IL 62298

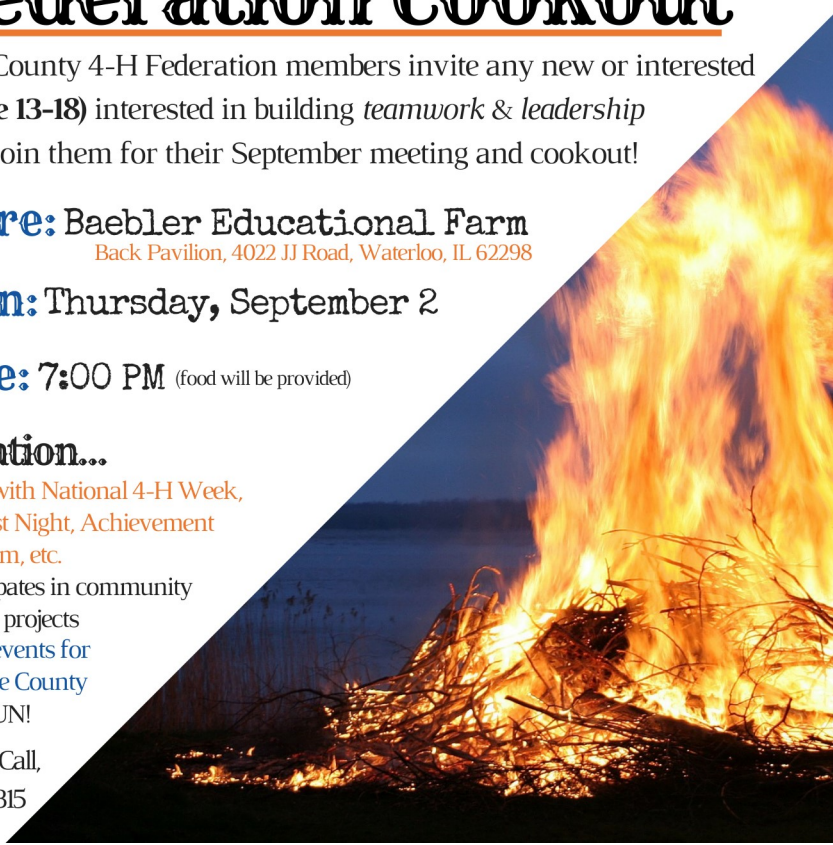
When: Thursday, September 2

Time: 7:00 PM (food will be provided)

Federation...

- Helps with National 4-H Week, Harvest Night, Achievement Program, etc.
- Participates in community service projects
- Plans events for Monroe County
- Has FUN!

Questions? Call,
309-712-3315



CLOVERBUDS!

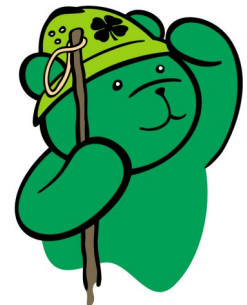
The Monroe County Cloverbud group begins on:

October 15.

Meetings are held from 6:30-8:00pm on the third

Friday of each month for youth ages 5-7 (by Sept. 1, 2021).

For more information, please contact Kelly Brandt:
kmbrandt@illinois.edu or
939-3434.



FALL LEADER'S MEETING

Thurs. Sept. 23

6:30pm

Monroe County Annex

Please join us as we plan for the new 4-H year!
Clubs should have at least one leader represented.

Call or email if you plan to attend: 939-3434,
kmbrandt@illinois.edu



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HCE SCHOLARSHIP

Congratulations to **Cory Stumpf** (Crusading Eagles) as the recipient of the Monroe County Home & Community Education (HCE) Scholarship.

Cory will be attending Lakeland Community College studying agribusiness, minoring in animals.

Presenting his award is Dorothy Kohler, HCE Family Issues Director.



SWEET CORN COMMUNITY SERVICE

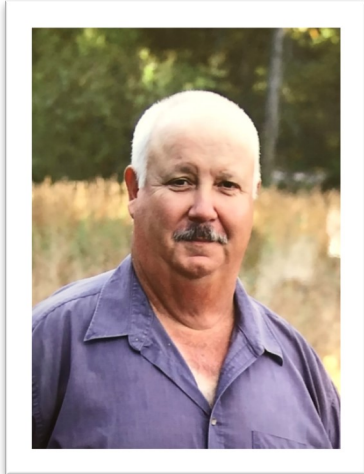
Over 1,000 ears of sweet corn were harvested by 4-H members at Glendell H Farms (Ken & Anita Hartman) in August. Ken plants a plot of corn every year for donation to locals in the community.

Donations were provided to Hope Church Food Pantry, Oak Hill, Garden Place, Waterloo Senior Center, Concord Food Pantry.

A BIG thank you to all 4-H members and families who helped!



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4-H HALL OF FAME

Congratulations to Hank Marquardt of rural Valmeyer for his recent induction into the 2021 4-H Hall of Fame!

Hank has provided a wealth of information to youth in 4-H poultry projects over his 24 years as the poultry superintendent in Monroe County. His appreciation for livestock began as a 4-H member in the Moonlight Boys and Girls 4-H club and he carried it into adulthood with his support to current 4-H members. Hank enjoys talking about poultry to youth and has taught workshops about the differences between the breeds and how to select good quality. He even helped to develop the meat pen class for 4-H/FFA members to sell at the county 4-H livestock auction.

Hank is married to Charlotte and they have two daughters, Amanda & Lauren (Tyler), a grandson Joey and another grandchild on the way!

Individuals receiving the Foundation Hall of Fame Award were honored during a virtual ceremony: [2021 Illinois 4-H Foundation Hall of Fame Virtual Ceremony](#).

POSITIVE, HEALTHFUL HABITS

The 2020-2025 *Dietary Guidelines for Americans* noted that some school-aged children are not eating enough of the recommended amounts of certain food groups. As a result, they may not be consuming the nutrients they need to support their growing bodies or engaging in the physical activity they need to stay healthy.

Parents and caregivers can play a big role in children's nutrition and health, teaching kids about healthful foods, being a good role model and making sure physical activity is incorporated into each day.

The Academy of Nutrition and Dietetics is encouraging families to take the following steps:

Shop Smart. To encourage a healthful lifestyle, get your children involved in selecting the food that will appear at the breakfast, lunch or dinner table.

Cook Healthy. Involve your child in the preparation of meals with age-appropriate tasks. They will learn about food and may even be enticed to try new foods they helped prepare.

Eat Right. Sit down together as a family to enjoy a wonderful meal and the opportunity to share the day's experiences with one another. Family meals encourage healthful family relationships and good eating habits.

Healthful Habits. You can help kids form great, healthful habits by setting a good example. Fill half your plate with fruits and vegetables, choose lean protein foods, and make at least half the grains your family eats whole grains. For beverages, drink water or milk over drinks with added sugars, and opt for calcium-rich foods with meals and snacks.

Get Moving. Aside from being a great way to spend time together, regular physical activity is vital to strengthen muscle and bones, promote a healthy body weight, develop social skills and build self-esteem. Preschool children are encouraged to be active throughout the day, and older children and adolescents need at least 60 minutes of moderate-to-vigorous activity daily, according to the U.S. Department of Health and Human Services' *Physical Activity Guidelines for Americans* (2nd ed.).

Get Talking. Eating right can sometimes be a challenge for kids, particularly if they are picky eaters, but experts say that a conversation can help. Talk to your children about the foods they enjoy and introduce them to new foods from a variety of cultures to expand all of your horizons.

"Together with your children, find ways to help them enjoy the textures, flavors and nutritional benefits of healthful and tasty foods at every meal, without using pressure or bribes to take bites." says Amy Reed, registered dietitian nutritionist and Academy spokesperson.

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4-H New Year Begins	September 1
Federation Meeting-New Member Event	September 2, 7:00pm, Baebler Educational Farm
Labor Day Holiday: Extension Office Closed	September 6
Butterfly Festival	September 12, 11am-3pm, Baebler Educational Farm
Award Applications, Livestock Record Books and Secretary & Treasurer Books DUE	September 15
4-H Online enrollment opens	September 15, http://il.4honline.com
4-H Leader Meeting	September 23, 6:30pm, Monroe County Annex
4-H Recruitment Event @ Monroe Co. Farmer's Market	October 2, Monroe County Annex Parking Lot
National 4-H Week	October 3-9
Monroe County Cloverbud Meeting	October 15, Monroe County Annex
Harvest Night Dinner Auction	November 20, Hecker Community Center

HARVEST NIGHT: NOVEMBER 20, 2021

Hecker Community Center

Doors open at 5 pm

Dinner at 6 pm

Silent and live auctions

We appreciate your past support with your attendance, silent or live auction donations, ads and sponsorships.

THANK YOU!

Reservations can be made on the website:

harvestnight.net

Call 939-3434 for more information.

Sponsored by:

Monroe County Extension and 4-H Education Foundation



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