



Moving Forward with 4-H come August



Based upon the guidelines from the University of Illinois...

Come August 1st 4-H Clubs can meet **outside** with **10 or less individuals according to CDC Guidelines**. *(These numbers include members, parents, siblings, and leaders that would be present).*

On August 15th 4-H Clubs can meet **outside** with **25 or less individuals according to CDC Guidelines**. *(These numbers include members, parents, siblings, and leaders that would be present).*

This is exciting news! We are happy to know some of our 4-H clubs will get to meet in person.

Although our 4-H year did not go as planned, we have been encouraged by the “can do” attitude of our 4-H Family. Together we adapted and kept our youth healthy and engaged in the middle of all this craziness. Thank you!

As we move forward let us all do our part to keep our 4-H Family healthy and active. For your reference, we have included following recommendations and resources.

Recommendations:

- Keep the 10 limit and then 25 limit of participants at the meeting by limiting attendance to 4-H members, one parent, and NO younger siblings.
- Follow Social Distancing - which means remaining 6 feet apart.
- Have participants wear a facemask at all times.
- No refreshments at 4-H meetings.
- Discourage families from carpooling to meetings.
- Have hand sanitizer available at the meeting.
- Discourage the sharing of equipment and supplies such as pencils and pens, balls and recreational equipment.
- Encourage periodic “Social Distancing and/or Mask Checks” to keep safe distancing and mask wearing a priority.
- Require members to stay home if they are not feeling well, or have a family member that is sick.
- Discourage social greetings that require contact, like handshakes or hugs.
- Once we can move inside, check your meeting location to make sure the facility is allowing groups to meet.
- Assess the location for hand washing facilities and social distancing “bottlenecks” and make adjustments as needed.
- Do not meet in a family’s home.

- Encourage self-management: If you feel uncomfortable, step back. If you are concerned about a dirty surface, wipe it. If your family is high risk, communicate your need for accommodation.
- Lastly, if you are concerned about meeting face to face, don't have 4-H business, or if you do not feel your club can function within these guidelines continue to meet via Zoom.

Resources:

- Social distancing video: <https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/social-distancing.html>
- Cloth Face Coverings Do and Don't Poster: https://www.cdc.gov/coronavirus/2019-ncov/images/social-media-toolkit/COVID-19_FaceCovering-1080x1080_4.jpg
- Stop the Spread of Germs Poster: <https://www.cdc.gov/coronavirus/2019-ncov/downloads/stop-the-spread-of-germs.pdf>
- This short camp video from the CDC is an effective way of communicating to younger students: <https://www.youtube.com/watch?v=a-HWoHVnMw0&feature=youtu.be>

As we move closer to September, we will share with you any changes with 4-H meeting guidelines.

If you have any needs, questions, or concerns we can assist you with please let us know. We are all in this together, and because of this, we know we are in good company. Stay safe and thank you for all that you do!



College of Agricultural, Consumer and Environmental Sciences

