## **Healthy Gardening Project**

The Healthy Gardening Project started by the Marshall-Putnam Master Gardeners and Master Naturalists provides outreach to at-risk populations by teaching gardening basics through a series of classes, providing starter materials (seeds, plants, soil and containers) for a container garden to food pantry clients in Marshall and Putnam Counties, and providing demonstrations on how to prepare harvested produce. This project, which started in 2011, kicks off in March of each year. Container gardening classes are offered at various locations during the month of April. Following these classes, materials are disseminated to clients of food pantries in Marshall and Putnam Counties in May. This project donates approximately 1,000 plants and thousands of plant seeds to clients each year.







Above left: Plants for donation arrive at a Marshall County Food Pantry.

Above right: Master Gardener Sharon Gallup assists with plant and seed giveaways in 2018.

Bottom: Youth receive youth gardening literature at one of the plant and seed giveaways in 2019.