

# DeKalb County 4-H Record Book



Name: \_\_\_\_\_ Year: \_\_\_\_\_

4-H Club: \_\_\_\_\_

Age: \_\_\_\_\_ Number of Years in 4-H (including this year): \_\_\_\_\_

## Instructions

1. Use this record book for all the things you do in 4-H this year.
2. Write 2-3 "Project Goals" for each project at the beginning of the 4-H year.
3. Record participation in club offices, committees, projects, 4-H events, community service, promotions, leadership, school and community activities & 4-H ribbons/awards.
4. This record book is your personal work. Handwriting or typing should be your own. A fillable document can be found at:  
<http://web.extension.illinois.edu/bdo/>
5. **You may add additional lines and spaces if needed.**
6. Your signature and that of your parent/guardian & leader are required below

I have reviewed this record book and believe it to be correct.

Member \_\_\_\_\_ Date \_\_\_\_\_

Parent/Guardian \_\_\_\_\_ Date \_\_\_\_\_

Leader \_\_\_\_\_ Date \_\_\_\_\_

# Project Goals

<i>4-H Project:</i>	<i>Years in Project:</i>	<i>What I want to do or learn in this project this year</i>

## Talk/Demonstration

List talks and/or demonstrations you have given at your 4-H club:

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# 4-H Events/Activities

Include county events/programs, training activities, workshops, field trips and special club program activities. Examples are International Night, Recognition Program, Holiday Fest, Super Saturday and 4-H Camp. Indicate what you learned or did. Do not include 4-H show results. Check all locations that apply. L=Local club or community; C= County; M=Multi-county; S= State; N=National; and I=International

Activity:	What I Learned or Did	L	C	M	S	N	I
<i>Ex: Club Trip</i>	<i>Ex: Attended Club Trip to Magic Waters</i>	<i>x</i>					
<i>Ex: Super Saturday</i>	<i>Ex: Learned how to make fudge, paint, lead games for recreation</i>		<i>x</i>				

# 4-H Club Meetings

List the dates of the 4-H club meetings you attended this year: \_\_\_\_\_

\_\_\_\_\_

Please list any officer positions, leadership roles and/or committees you served on at your 4-H Club:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

# Community Service

Include your participation in any community service activities you did during the current 4-H year. This may include activities you did on your own, with your 4-H club or another community organization. Check all locations that apply. L=Local club or community; C= County; M=Multi-county; S= State; N=National; and I=International

[illegible]

## School, Sports, Community Activities & Events

Include your participation in sports, band/choral, school clubs, drama, other youth organizations, religious groups, etc. List what you did and/or the skills that you learned this year. Check all locations that apply. L=Local club or community; C= County; M=Multi-county; S= State; N=National; and I=International

[illegible]

# Project Journal

(include all projects)

In this section, list what you did in your project(s) this year. Show size and scope by including the number of animals owned/leased, dishes prepared, articles made, or chapters completed in your project book.

<b>Project:</b>	<b>What did you do or make?</b>	<b>Time spent:</b>	<b>Check if Exhibited</b>	<b>Award(s)</b>
<i>Ex: Cooking 101</i>	<i>Ex: Made a meal for my family</i>	<i>Ex: 1.5 hours</i>		
<i>Ex: Visual Arts</i>	<i>Ex: Pencil drawing of a tree</i>	<i>Ex: 1 hour</i>	X	<i>Blue Ribbon &amp; State Fair Alternate</i>
<b>Total Hours Spent:</b>				

# My 4-H Story

Introduce yourself. Include why you joined 4-H and/or chose the project(s) that you did.

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Share things that you enjoyed learning or doing.

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Share results, difficulties, or challenges you had.

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Explain how you would improve your projects or 4-H year.

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