



Illinois Extension

UNIVERSITY OF ILLINOIS URBANA-CHAMPAIGN

McDonough County

4-H Clover

November 2022

To Make the Best **BETTER**



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McDonough County 4-H

3022 W Jackson St
Macomb, IL 61455
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Monday Through Friday

8:00-Noon

1:00 -4:30

extension.illinois.edu/hkmw

**COLLEGE OF AGRICULTURAL, CONSUMER &
ENVIRONMENTAL SCIENCES**

University of Illinois, U.S. Department of Agriculture,
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University of Illinois Extension provides equal
opportunities in programs and employment.
If you need a reasonable accommodation to
participate, please contact your local extension office.
Early requests are strongly encouraged to allow
sufficient time for meeting your access needs.

Dear 4-H Families, Friends and Members,

Happy Thanksgiving 4-H Family!!! I am so thankful for all the 4-H members, volunteers, and families who make 4-H a fabulous organization. ZSuite is now open for you to re-enroll. Directions on re-enrolling were emailed out by Beth. Still have questions? Reach out at chattert@illinois.edu. Even though re-enrollment is due December 1, 2022, don't delay. Members who don't re-enroll by December 1st will not be able to show at the 2023 4-H Fair.

As you prepare to celebrate the Thanksgiving holiday, consider what 4-H projects you could explore during this time. Volunteer to make the dinner rolls and try a new recipe from your cooking manual, help decorate using concepts of interior design, or even practice civic engagement by volunteering at a soup kitchen. The sky is the limit when you are in 4-H!

Again, have a wonderful Thanksgiving!

Yours in 4-H,

Shelby R. Carlson

4-H Can Make a Difference

Our clubs do an amazing job helping others in the community! This is a very busy time for community service and every extra helping hand counts. COVID has presented some unique challenges to our 4-H clubs but everyone is rising to the occasion. Please keep us in the loop of any projects you have planned this season so we can help get the word out. You can do so by emailing Beth Chatterton at chattert@illinois.edu or calling the office at 309/837-3939.

I PLEDGE...MY HEAD TO CLEARER THINKING

What Does It Mean?

Have you ever heard a term in 4-H and thought what does that mean? We are here to help! 4-H is an amazing youth program that has been active for over 100 years. In some families, 4-H is a tradition they pass on to the next generation with excitement. Some families are starting their 4-H journey for the first time this year. To help better understand our “4-H Lingo” we have provided a terms list in each green folder for our 4-H families. You will receive them during your 1st 4-H meeting. We are also going to highlight a few each newsletter as different terms will be used more frequently at different times of the year.

Project Manual: In 4-H, members learn about topics that interest them. These are referred to as members “projects.” As you may recall from the October newsletter that could be anything from learning how to cook, build a robot, or care for the environment. One of the most important aspects of 4-H project work is that the *4-H member* decides what they want to learn and do as they explore their project. One of the resources we are able to provide is a Project Manual; there is one for every project and level. This allows the project to be self-paced, and gives children important skills in setting and working toward their goals. In the pages of each project manual there are activities for the 4-H member to do on their own as well as other resources on that specific project topic.

Project manuals do not come automatically when you pick a project during your 4-H enrollment. You will need to order the specific manual needed. We do have manuals at the office if you would like to see one before ordering. Our office will even cover the cost of your first copy of each project manual!

Ordering Your 4-H Project Manuals

Don't forget to order your manuals using the link - go.illinois.edu/OrderProjectManuals
Manuals ordered by November 18 will be available before your holiday break..

New 4-H Enrollment & Registration System Is Open!

Illinois 4-H is switching our enrollment and registration system from 4-H Online to ZSuite this fall. We believe this new system will offer a more user-friendly experience and features that will help you stay connected to the 4-H program and find new exciting experiences and opportunities for your kids!

Visit <https://4h.extension.illinois.edu/participate/zsuite-enrollment-info> for enrollment details and a video on how to enroll in 4-H with ZSuites, registration is open now .

Get started today by visiting <https://4h.zsuite.org/>



I PLEDGE...MY HEART TO GREATER LOYALTY

Unit-Wide Policies

- The new year begins September 1. Please make sure you read and understand the policies. We are trying to keep the deadlines consistent so it is easier for everyone to remember the dates. If a deadline lands on a weekend the paperwork needs to be turned in the drop box on Monday prior to 7:59 a.m. before the office opens.
- **December 1** - Re-enrollment, project selection, and RISK form need to be completed in ZSuites. **If you were a member last year, and you miss the December 1 re-enrollment deadline, you will not be eligible to participate in the 2023 4-H shows at the fair.** Check with your club leader about the \$20 program fee. Each club will be invoiced for the total amount due.
- Members will need to **attend at least four meetings** a year to be eligible to participate in your county's 4-H fair. **This year attending meetings virtually as well as in person counts for attendance.**
- At minimum members must complete **a talk or demonstration.** However, clubs may require both.
- Secretaries are required to **send attendance sheets to the Extension Office monthly** after each 4-H meeting. Attendance reports may be emailed, scanned, mailed, or dropped off. We ask that you use the online Secretary Record Book. You may print it out.
- Treasurers need to make sure they are **balancing accounts monthly** and providing reports during each meeting. Also, make sure you are using the required online Treasurer Record Book.
- **January 1** – Livestock and Companion Animal (dogs & horses) Project Enrollment deadline. This is the last date you may add **ANY livestock** project and still be eligible to show that project at the county 4-H fair.
- **March 1** – General Project enrollment deadline. This is the last date you may add a general project and still be eligible to show that project at the county 4-H fair. Remember that you already turned in your enrollment in December, but if you need to add a general project you may do so before this deadline.
- **May 1** - Horse project members' ownership/lease papers and pictures due to the office.
- **May 1 – Youth for the Quality Care of Animals (YQCA)** yearly certification is required of all livestock project members (aside from cats, dogs, horses, poultry, and rabbits). For all other animals, QAEC will still be required. If you plan to show livestock at the county and/or state fair, this is now a state requirement for all of us at the county level. Ask your local extension office about ways to complete this training online or in person.
- **June 1** – Dog project members' ownership/lease papers due to the office.
- **June 8** – Online entries will be due at the close of the day. This is where you tell us what projects you are bringing to the fair. Keep in mind—do not delay!

Registering for Events:

4-H has so many opportunities for its members to take part in. Did you know the local extension office will help cover the cost of state conferences and events? It's true! Make sure you follow the correct procedure so you don't miss out on any opportunities. The Extension office will cover half of the fee up to a total of \$300 per year per member. The local 4-H Foundation may choose to cover more of the cost.

- Contact your local program coordinator and let them know about the event
- Register for event and select the "pay by check" or "my county will pay" option
- Let your program coordinator reach out to the 4-H Foundation
- Once the Extension Office has paid their portion and the Foundation has covered the amount they choose, you will be invoiced for the remaining balance
- Please do not pay until you have been invoiced for the total remaining cost

Project Highlight: Visual Arts

Do you want to express yourself, be creative, or make an impression? Visual Arts is for you! It may be messy, fun, strange, or unique. You will get to work with paint, chalk, metal, wood, food, scrapbooking, paper, computers and much, much more. Be yourself, explore visual arts!

In 4-H, members choose projects that interest them. View our full project guide to explore more projects at <https://go.illinois.edu/ProjSel21-22>



4-H Officer & Leadership Training

Want to learn more about being a 4-H Club officer? Want to strengthen your leadership skills? Join us for the 4-H Officer & Leadership Training on Sunday, November 6 from 4-5:30 at the Warren County Extension Office in Monmouth. Pizza will be provided for all who attend.

Registration is now open through our new enrollment system ZSuites <https://4h.zsuite.org/>



Now Accepting Nominations For The State 4-H Food Advocate Of The Month!

Food insecurity touches every community in Illinois, and our 4-H members have been rising to the occasion to ensure that access to good food is a reality for all. Our Food Advocate of the Month recognition is the perfect opportunity to highlight a young leader in your area who is making a positive impact on food security, food access, and food justice issues where they live. Nominations can be made at the following link: <https://go.illinois.edu/4HFoodAdvocateoftheMonth>

What is Federation?

The purpose of the 4-H Federation is to cooperate with the University of Illinois Extension 4-H program in unifying and strengthening the 4-H Youth Development program in McDonough County. Federation bands together the local 4-H clubs into a central representative body for the improvement of the 4-H club program. Federation makes recommendations regarding the 4-H program, carries out unit-based 4-H activities and events such as camps, contests, fund-raising activities, recreational events and achievement night. The bounce obstacle course at the fair in 2019 was thanks to them and the BBQ tickets our members sold. Anyone interested in becoming a part of Federation is welcome! Please contact Beth for more information; 309/837-3939 or email chattert@illinois.edu.

Our next meeting will be on Sunday, November 13 at 1 p.m. in the Extension Office

<p><i>Celebrating!</i></p> <p>NATIVE AMERICAN HERITAGE MONTH 2022</p>		<p>A 4-H Member's NORTHERN ILLINOIS INTERCULTURAL PROJECT</p>	
		<p>EVENTS</p> <ul style="list-style-type: none"> -Nov 5/6 -Native American Artisan & Craft Fair West Lake Forest Train Station 911 Telegraph Road @ Everett, Lake Forest, IL -Oct. 10, 10-5pm Indigenous People's Day Pop-up Market at the Mitchell Museum of the American Indian 	
<p>Food</p> <ul style="list-style-type: none"> -Red Lake Nation Foods Is the ONLY American Indian Tribe in the U.S. that grows and harvests their own wild rice on local land in MN. redlakenationfoods.com -Ketapanen Kitchen is a pop-up & catering business serving indigenous food. Contact Chef Jessica at (708) 551-8722 or at chefjessica@ketapanenkitchen.com 		<p>Storytelling</p> <ul style="list-style-type: none"> -Nov 19, 2-3pm Kim Sigafus: Journeying through the American Indian way of Life hosted by Messenger Public Library N. Aurora -Oct 8 2-3:30 pm Storytelling in Lakota & Ho-Chunk Traditions St. John United C of C 1010 S. Park Blvd, Freeport, IL 61032 	
		<p>Pow Wows</p> <ul style="list-style-type: none"> -Oct. 7/8/9 - 69th Annual Chicago Powwow - Cultural Equity hosted by AIC Chicago at Schiller Woods Grove 12 & 13 W/ Irving Park Road West of N. Cumberland Ave. www.aicchicago.org -Nov. 12 /13 - 26th Annual Harvest Pow Wow hosted by Midwest Soaring Foundation at Dupage Co. Fairgrounds 2015 Manchester Rd, N. County Farm Rd. Wheaton, IL www.harvestpowwow.com 	
<p>MOUNDS</p> <ul style="list-style-type: none"> -Effigy & Linear Mound - Beattie Park Mound Group , Rockford, IL www.rockfordparkdistrict.org -Pre-colombian Conical Mound- Tinker Swiss Cottage Museum Mounds 411 Kent St. Rockford, IL 61102 www.tinkercottage.com -20 conical, effigy & linear mounds on the campus of Beloit College, Beloit, WI www.beloit.edu 		<p>Museums</p> <ul style="list-style-type: none"> -Dickson Mounds State Museum 10956 N Dickson Mounds Rd. Lewistown, IL 61542 www.dicksonmounds.com -Black Hawk State Historical Site-John Hauberg Museum of Native American Life at the Watch Tower Lodge 4801 11th St, Rock Island, IL www.blackhawkpark.org -Mitchell Museum of the American Indian 3001 Central St. Evanston, IL 60201 www.mitchellmuseum.org 	
<p>Music, Books & Toys</p> <ul style="list-style-type: none"> - Birch Ball & Triangle, Buzz-Saw, and Corn husk Dolls -Eagle Speaker Publishing www.eaglespeaker.com -#Native Reads www.firstnations.org -www.CanyonRecords.com 		<p>ART</p> <ul style="list-style-type: none"> -American Indian Center Gallery 3401 W. Ainslie St., Chicago www.aicchicago.org -The Eternal Indian (Blackhawk Statue), Lowden State Park 1411 N River Rd, Oregon, IL 61061 	
		<p>Language</p> <ul style="list-style-type: none"> -Blindigen (Welcome) -Learn to speak, write and read Hoit'e with Hoocak Academy at www.hoocak.org 	

4-H Celebrates Native American Heritage Month!

Every November we celebrate the history, heritage, traditions, and culture of Native Americans, Alaska Natives, and Native Hawaiians. Here are some ideas of how you and your club can help celebrate:

<https://go.illinois.edu/NativeAmericanHeritageMonth>.

Cecelia Higdon of Winnebago County has also created a the special flier above with even more to explore!

FOR MY CLUB, MY COMMUNITY, MY COUNTRY, AND MY WORLD.

Youth Mental Health First Aid

One in five teens lives with a mental health condition. Over 5% of youth report having a substance use or alcohol problem. Adolescence is challenging for many young people and mental health issues can develop during that time of life.

Join an upcoming **Youth Mental Health First Aid training** to learn how to identify common signs and symptoms of youth mental illness or substance use. Gain skills to feel confident listening to and supporting a young person in crisis and leave with resources to connect them with appropriate care. The training is free, open to the public, and appropriate for any adults working with rural youth.

Register online at go.illinois.edu/YMHFA. Participants will complete a two-hour self-paced online training before joining the instructor for a live webinar at any of the sessions below. ISBE PD hours available.

- Wednesdays, Nov 30 & Dec 7, 2022 | 6-8:30pm (participants will attend both evenings)
- Monday, Dec 5, 2022 | 9am-3pm
- Wednesday, Jan 11, 2023 | 9am-3pm

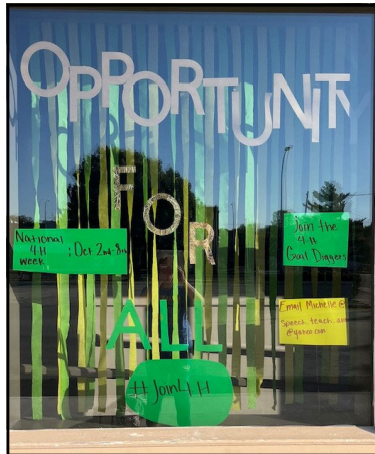
For more information, please contact Emily Schoenfelder at eschoe@illinois.edu.



National 4-H Week Recap



Bushnell Busy B's window display at M&B Furniture in Bushnell.



4-H Goal Diggers' display at Teller's in Bushnell



Scotland Clever Clovers display at Terrill Title in Macomb



Town & County Clovers' display at New Copperfield's Bookstore in Macomb.



4-H members and their families helped weeded and mulch the trees we planted in April at Patton Park.



Blandinsville Blue Ribbons made 4-H flyers to place around the county.

Our 4-H clubs worked hard on their displays and showcased their creativity unfortunately not everything got photographed. We know the Cheerful Chesters made a playful display at the West Prairie South Elementary. The Active Good Hoppers passed out flyers at the West Prairie North Elementary. Scotland Clever Clovers sent handwritten thank you cards to volunteers. The 4-H Helping Hands painted pumpkins for local businesses.

Happy Birthday To You, Happy Birthday To You.....

A very Happy Birthday to all the 4-H members born in November! We want to celebrate with you! Please stop into the Extension office anytime during this month to pick out a 4-H birthday gift and let us wish you a "Happy Birthday."

HAPPY BIRTHDAY

November 2022

Sun Mon Tue Wed Thu Fri Sat

		1	2	3	4	5
6	7	8 	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24 	25	26
27	28	29	30			

November 5
November 6
November 8
November 13
November 24 & 25
November 25-29
December 1
December 23-January 2

Livestock Skillathon Contest & Workshop
Officer and Leadership Training School
Elections Day Office Closed
Federation Meeting—1 p.m.
Thanksgiving Office Closed
National 4-H Congress
Re-Enrollment Deadline
Office Closed

2023

January 1
January 13-15
March 1
April 1
April 8
April 22

Livestock Project Deadline
Youth Livestock Conference
General Project Deadline
State Awards Banquet
State Robotics Competition
State Public Speaking Competition