



4-H Friday Update October 9, 2020

If you have any questions regarding information in the Friday Update, please contact Molly Sedig, Carroll County 4-H Program Coordinator.

CHANGES **Meeting Guidelines:** Beginning September 1st, the following guidelines are in place: gathering size limited to the lesser of 25 people indoors and outdoors or 25% of space capacity. For example, if your indoor space can hold 100 people you can have 25 people inside.

No matter the location, indoors or outdoors, you must follow social distancing guidelines and you must wear face coverings. We know these are trying times and hope that you will reach out if you have any questions.

Carroll County Archery Workshop – Try your hand at archery during this workshop at Van’s Country Sports. New and experienced archers between the ages of 8 (by September 1, 2020) and 18 are welcome to attend. Register by Wednesday, October 14th at go.illinois.edu/CarrollArcheryWorkshop. Enrollment in 4-H is NOT required, so feel free to bring a friend, as long as they are registered and bring the completed required release forms. All attendees will be required to wear a facemask and must bring a parent or responsible adult.

Your Thoughts Matter SPIN Club – Learn to define mental health, how to talk about it with your family and friends, and how to help yourself and others during this free virtual SPIN club from 4-5PM on November 2nd, 9th, 16th, 23rd, 30th, and December 7th for youth ages 13 and up. This is a state-wide program facilitated by your local Extension office.

To learn more and register please visit: go.illinois.edu/CLWYourThoughtsMatter

National 4-H Week – Tomorrow is the last day to celebrate National 4-H Week! This is our time to tell the world about 4-H. This year’s theme is: **Opportunity4ALL**. We are lifting up youth voices and helping kids get equal access to the resources they need to thrive. You are encouraged to find ways to celebrate on October 4th-10th. 4-H Spirit Day will be held Wednesday, October 7. Show your 4-H pride and wear a clover! Use the hashtag #Opportunity4All or #National4HWeek and #IL4H as you share your 4-H activities on social media.

Contest (Tomorrow is the last day to submit your images!): Club or Individual Display- This can be in a window, your front yard, a fence, wherever! 2020 is the year to be extra creative while staying safe! Take a picture and drop it in the box file below, please add the location and participant names, or club name, in the file description.

Carroll County Federation is Sponsoring 3 Awards for Window Displays (these awards can go to the winning club, individual, or team). Submit your picture for the chance to win a **\$25 credit on Shop4-H**. Prizes will be selected for:

- Most Creative
- 4-H Spirit
- Membership Oriented

Submit display pictures to go.illinois.edu/Carroll4HWeek

Want to show off your pictures, press releases, or a 4-H video for National 4-H Week, or any time of year? – Just drag and drop your files into the following link, go.illinois.edu/Carroll4HWeek. This is a file specifically for Carroll County, just make sure that you have permission to take someone’s picture if you will be submitting it! Please fill out the file description so I know who deserves the credit and who is in the picture or video!

Scholarships – Like free money? I know I do! Illinois 4-H provides numerous ways for members between 15 and 18 years of age to apply for educational scholarships. These can be viewed at <https://4h.extension.illinois.edu/members/scholarships>. Applications must be submitted to the State 4-H Office by November 1 through their online application system. If you are in this age range and are considering your future, please take advantage of this opportunity.

4-H Online is getting an update! – Our 4-H registration site, 4-H Online, is currently getting a “tune up.” For current 4-H families, your current account will remain and will only need a few updates, such as projects you plan to enroll in for the new 4-H year. 4-H Online is not yet available for re-enrollment! Watch the Friday Update for details and step by step enrollment instructions for the 2020-2021 4-H year. We are all waiting for the official release!

Best Way to Contact Me – The best way to contact me (Molly Sedig) for 4-H questions during this time is by email at msedig@illinois.edu. I am also available between 8 and 4:30, M-F at (217) 300-0336. If I miss the call, Skype will notify me by email, and I will get back to you as soon as I can.

Molly Sedig

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University of Illinois Extension provides equal opportunities in programs and employment.

If you need a reasonable accommodation to attend, call the registration office.