



Illinois Extension
UNIVERSITY OF ILLINOIS URBANA-CHAMPAIGN



4-H Friday Update

October 16, 2020

If you have any questions regarding information in the Friday Update, please contact Molly Sedig, Carroll County 4-H Program Coordinator.

CHANGES **Meeting Guidelines:** Beginning September 1st, the following guidelines are in place: gathering size limited to the lesser of 25 people indoors and outdoors or 25% of space capacity. For example, if your indoor space can hold 100 people you can have 25 people inside.

No matter the location, indoors or outdoors, you must follow social distancing guidelines and you must wear face coverings. We know these are trying times and hope that you will reach out if you have any questions.

4-H Online is getting an update! – The time has come! **4-H Online will be available starting Monday, October 19th.** On Monday, I will be sending out instructions, the 4-H Online link, and times for virtual “help cafes” for the coming weeks. For current 4-H families, your account will remain, and you will only need a few updates, such as projects you plan to enroll in for the new 4-H year.

4-H Officer Training – Calling all current and prospective club officers in Carroll County. Learn parliamentary procedure, how a meeting is run, break off with your fellow officers and learn the ins and outs of your position or the one you are interested in. This training is open to all current 4-H club officers, leaders, and any 4-H’ers who are interested in running for an office in Carroll, Lee, or Whiteside counties. Officer positions will have their own separate breakout sessions for President, Vice President, Secretary, Treasurer, Recreation, and Reporter.

Join in on this **45-60 min. Zoom session at 6pm on November 18**, by registering at go.illinois.edu/CLW4hoffer. Please register by November 13th.

Your Thoughts Matter SPIN Club – Learn to define mental health, how to talk about it with your family and friends, and how to help yourself and others during this free virtual SPIN club from 4-5PM on November 2nd, 9th, 16th, 23rd, 30th, and December 7th for youth ages 13 and up. This is a state-wide program facilitated by your local Extension office.

To learn more and register please visit: go.illinois.edu/CLWYourThoughtsMatter

Show off your pictures, press releases, community service activities, and accomplishments all year long— Just drag and drop your files into the following link, go.illinois.edu/Carroll4HAchievements. This is a file specifically for Carroll County, just make sure that you have permission to take someone’s picture if you will be submitting it! Please fill out the file description so I know who deserves the credit and who is in the picture or video!

Scholarships – Like free money? I know I do! Illinois 4-H provides numerous ways for members between 15 and 18 years of age to apply for educational scholarships. These can be viewed at <https://4h.extension.illinois.edu/members/scholarships>. Applications must be submitted to the State 4-H Office by November 1 through their online application system. If you are in this age range and are considering your future, please take advantage of this opportunity.

Best Way to Contact Me – The best way to contact me (Molly Sedig) for 4-H questions during this time is by email at msedig@illinois.edu. I am also available between 8 and 4:30, M-F at (217) 300-0336. If I miss the call, Skype will notify me by email, and I will get back to you as soon as I can.

Molly Sedig

Carroll County 4-H Program Coordinator

Phone: 815-244-9444

Email: msedig@illinois.edu

COLLEGE OF AGRICULTURAL, CONSUMER & ENVIRONMENTAL SCIENCES

University of Illinois | U.S. Department of Agriculture | Local Extension Councils Cooperating

University of Illinois Extension provides equal opportunities in programs and employment.

If you need a reasonable accommodation to attend, call the registration office.