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# MONROE COUNTY 4-H Family News



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Madison, Monroe, St. Clair- IL



## THEME: OPPORTUNITY4ALL

National 4-H Week is our time to tell the world about 4-H!  
We are lifting up youth voices and helping kids get equal access to the resources they need to thrive.



4-H Meeting/Event participation is currently following State Guidelines:

*Limit to lesser of 25 guests or 25 percent of overall room capacity.*

Please understand that guidelines are subject to change.

**4-H SPIRIT DAY will be held Wednesday, October 7.**  
**Members, Alumni & Volunteers:**  
**Show your 4-H pride and wear your 4-H attire!**

\*More 4-H Week activities inside...



**Monroe County Office**  
901 Illinois Ave., PO Box 117  
Waterloo, IL 62298  
618-939-3434, 618-939-7708 Fax

**Office Hours:**  
Monday- Friday: 8:00 a.m. — 4:30 p.m.  
Closed Noon to 1:00 p.m. for lunch

**Madison-St. Clair County Branch Office**  
1 Regency Plaza, Suite 200  
Collinsville, IL 62234  
618-344-4230, 618-344-5602 Fax

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## **4-H WEEK SOCIAL MEDIA PHOTO CHALLENGE**

Check out our Facebook page at **University of Illinois Extension: Monroe County 4-H**, or Instagram at **monroe\_county\_il\_4h** and upload photos or messages following these themes:

- **Sunday 10/4: "Service Sunday"** *Do something kind for others!*
- **Monday 10/5: "Member Monday"** *Share with others that you are a 4-H member!*
- **Tuesday 10/6: "Tell Your Story Tuesday"** *What have you learned in 4-H?*
- **Wednesday 10/7: "Spirit Day Wednesday"** *Wear your favorite 4-H attire!*
- **Thursday 10/8: "Throwback Thursday"** *Share a past 4-H photo or experience.*
- **Friday 10/9: "Favorite 4-H Project Friday"** *What is your favorite 4-H project?*
- **Saturday 10/10: "Shout Out Saturday"** *Thank your 4-H mentor.*



Use the hashtags: **#IL4H** and **#national4hweek** in your posts.  
4-H members will be chosen randomly each day for a 4-H prize!

## **4-H ROCKS!**

Official 4-H rocks will be placed around Monroe County at parks, libraries and other public places in honor of 4-H Week. If you find a 4-H rock, take a photo of yourself and the rock and email it to [kmbrandt@illinois.edu](mailto:kmbrandt@illinois.edu) for instructions on how to receive your 4-H prize!

The rock is yours to keep or hide for others to find!

## **HERE'S YOUR (4-H) SIGN!**

The Monroe County 4-H program recently received a monetary grant from the State 4-H Office, which we are using to promote 4-H.

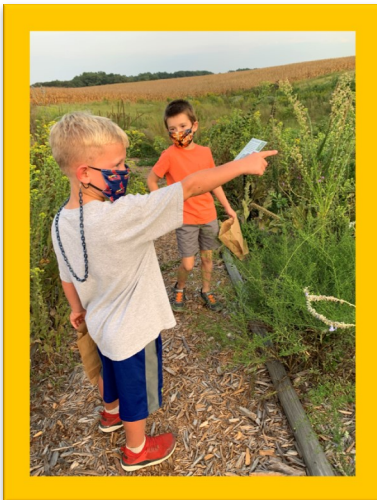
Each club member will receive a "4-H Grows Here" sign to place in their yard this fall to show that a 4-H member lives there and to encourage others to join.

4-H Leaders will provide you with your sign. It is yours to keep and we ask that you place it in your yard each October to promote 4-H in Monroe County!



## 4-H ENROLLMENT

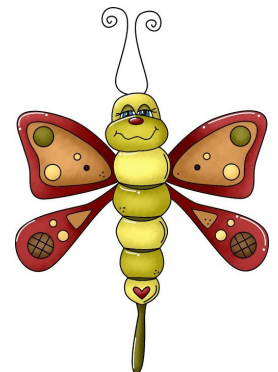
- There has been a delay in the enrollment process this year, however, enrollment through *4-H Online* will be open soon.
- Instructions will be given to you by your club leader.
- Returning members will need to log into *4-H Online* to re-enroll.
- *4-H Online* will have a NEW LOOK this year. Your email login and password will remain the same as the past.
- You will not order project publications in *4-H Online*. After enrolling, you will receive an email confirmation which will allow you to order on a separate site.



Graduating members of the Monroe County 4-H Cloverbud group were finally able to have their graduation ceremony recently at the Baebler Educational Farm, which also included activities about butterflies.

Youth now old enough to move to a regular 4-H Club are: Braydon Eckart, Seth Polacek, and Olivia Rusteberg. Missing were Allyssa Schultheis, William Albers, Guy Tyberendt, Rilyn Marquardt and Max Crowe.

**CONGRATULATIONS!**

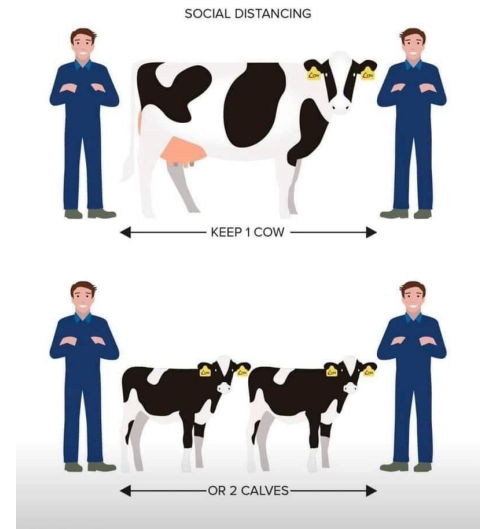


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## 4-H CLUB MEETING GUIDELINES

As we begin our new 4-H year please keep these guidelines in mind when meeting in person:

- Remember to bring and wear your face mask to all meetings. You will not be allowed to stay at the meeting without a mask. If you do not have a mask, please reach out to your club leader prior to your meeting.
- Be sure to keep a safe distance from others. If you are sitting close to your family that is fine but you should have 6 feet between those outside of your household.
- Thoroughly wash hands and/or provided hand sanitizer prior to meeting.



## 4-H SHOW REQUIREMENTS

As we begin the new 4-H year, please remember that in order to show projects at the County and State levels at the end of the year, you must meet the following requirements:

- You must attend at least 4 meetings during the year, either in person or virtually.
- You must give a talk or demonstration, either in person or virtually.
- You must be enrolled in 4-H online by December 1st, 2020 (the system is currently being upgraded but as soon as it is ready for enrollment you will receive instructions).



## 4-H ACHIEVEMENT PROGRAM UPDATE!

A county-wide 4-H Achievement Program will not be held this year due to COVID-19 restrictions. Alternatively, your club leader will be provided with your awards as well as ribbons from the summer 4-H Shows to acknowledge you at your club meetings this fall.

## COUNTY COMMUNITY SERVICE

4-H members are encouraged to collect items for senior citizens at Bella Vista apartments in Waterloo and the Valmeyer senior apartments as a county community service project. We will be collecting soft blankets, socks, word search books, simple games, puzzles, lotion, snacks, etc. at the Extension office, 901 Illinois Ave., Waterloo, 8:00am-4:30pm, M-F. during October & November.

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## CLUB RESOURCES



The Illinois 4-H Website has all of the resources and forms needed to guide 4-H club officers, committees, and members as they plan for the new 4-H program year.

Go to [go.illinois.edu/IL4H](http://go.illinois.edu/IL4H)

Click on the **Clubs** tab.

Scroll to Meeting Resources near the bottom of the page

Find these helpful documents: **Club Meeting Agenda**, **Club Committee Planning Worksheet**, **Club Yearly Program Plan** and **More!**

## ATTENTION 4-H ALUMNI!

For the next several months we will be highlighting local 4-H Alum and their successes on our 4-H Facebook and Instagram pages to show our current members the positive effect that 4-H can have long-term.

Please consider answering a short questionnaire to help with this effort!

Email Kelly Brandt at [kmbrandt@illinois.edu](mailto:kmbrandt@illinois.edu) to receive your questionnaire.



## 4-H VOLUNTEER CAFÉ CONVERSATIONS!

Register to participate in the 4-H Volunteer Café Conversations. We are so excited to be launching this new Illinois 4-H opportunity creating a platform for 4-H Volunteers from across Illinois to meet virtually and discuss topics of interest, share both ideas and challenges.

Volunteers will gain access to tools & techniques to support their volunteer efforts, strengthening 4-H club and member learning experiences. We will address two topics during each Café Conversation so come with your ideas, questions, and since this is a Café Conversation, feel free to bring a snack as well!

Thursday, November 19, 2020

Thursday, February 18, 2021

Thursday, May 20, 2021

SAVE THE DATE! Registration link will be provided soon

### ADDITIONAL 4-H VOLUNTEER VIRTUAL TRAINING OPPORTUNITIES:

Code of Conduct - Thursday, October 15, 2020

Parliamentary Procedure - October 29, 2020

Effective & Engaging Meetings - Thursday, November 7, 2020

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## JUNIOR LEADERSHIP CONFERENCE

### November 7 | Virtually held on ZOOM

You'll laugh. You'll make new friends. You'll even learn cool ideas to take back to your own 4-H Club at this year's Illinois 4-H Junior Leadership Conference. The conference is open to 4-H members in 7<sup>th</sup> and 8<sup>th</sup> grade. Registration closes when we reach 250 participants, so don't wait to the Oct. 24 deadline. Do it now! REGISTER: [go.illinois.edu/4Hjlc](https://go.illinois.edu/4Hjlc). This year's conference will be held virtually on ZOOM. Links for sessions, workshops and activities will be send in advance to participants.

In addition to cool things to do, you'll each have the opportunity to select two of these workshops to attend:

- **Bouncin' Back: Resilient Me:** Have you ever received a bad test grade? Maybe you did not get the 4-H Officer position you ran for or you just had a bad day. We all face hardship or adversity in our daily lives, but do not let it be something that stops you! Join us as we learn how to build our resilience through a series of games and challenges!
- **From Leading to Succeeding:** Has the idea to become a successful leader ever crossed your mind? If so, this is the workshop for you! You will learn how to be a better leader in your county and hear about various 4-H opportunities at the state and national level.
- **Inspire Others to Serve:** A fun and interactive way to learn how to plan and run your own community service project in your community! We will begin giving you ideas, tips, and tricks to help you be successful in leading a project, then we will create and run mock projects. You'll leave knowing how to involve yourself in your community, and the ability to implement your own community service project.
- **Mind Matters:** Do you feel stressed out all the time? Maybe you can't help but procrastinate? Then this is the workshop for you! In this workshop, we will be going through time management skills and techniques to help you manage stress. So don't stress, you got the time to join this workshop!
- **Speak Out:** Learn to listen, effectively share thoughts, and speak out! In this workshop we will also talk about confidence, how to send positive body language and provide constructive feedback. Improve your communication skills through games and activities with us!
- **Teaming Together to Lead the Fun:** Are you ready to take action? Join us and begin to learn some creative ways to gain communication and leadership skills through our fun virtual team building games! With both small groups and the entire team, collaborate together to solve problems and create stories that enhance your teamwork skills.

For more info, visit the event page at: Event Page: <https://4h.extension.illinois.edu/events/illinois-4-h-junior-leadership-conference>

*If you are planning to attend, please let Kelly or Rachel at the Extension office know.*

*Don't forget-there is event scholarship money available from the Monroe Co. 4-H Foundation!*

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## STATE AWARDS

### Illinois 4-H Experience Award Application

The **Illinois 4-H Experience Award Application** focuses on all of those events and activities that you have experienced during the 4-H year in four areas: *Participation, Community Service, Leadership, and Project Learning*. Depending upon the type and number of experiences you can report on, members can receive recognition on the Bronze, Silver, Gold, Diamond or Emerald Clover Award level. Your family calendar, 4-H notes or county summary, checkmarks, and a few written details are all that's needed for even the youngest members to submit this application. This application can be found @ <https://4h.extension.illinois.edu/members/awards>. Due to the county Extension office by Oct. 15. \*Please contact your local 4-H staff for more details about this award prior to submitting.

### Illinois 4-H Scholarship

The **Illinois 4-H Scholarship** is a merit-based scholarship to award outstanding work in project areas. Five \$1,000 scholarships will be awarded in each of the following categories: Animal Science, Civic Engagement/Global Living, Creative Performing Arts & Communication, Food Systems, Healthy Living/ Nutrition, Leadership, Natural Resources & Environmental Science, Personal Growth and STEM/Robotics. The deadline to apply is November 1. Apply online @ [go.illinois.edu/4Hscholarships](http://go.illinois.edu/4Hscholarships) .



## 2021 OUTBOUND EXCHANGE

The application for summer 2021 Outbound Exchange is now open. Programs range from 2 weeks, 4 week or 8 weeks abroad. The countries on the 2021 list are: Argentina, Costa Rica, Japan, Korea, Norway, Romania and Taiwan. All applications must be submitted online by November 1, 2020.

Application link: <https://smr.to/p66312>

### APPLICATION TIMELINE

November 1- application submitted online

November 1-15 State coordinator interview with applicants

November 15 first deposit sent to the State coordinator (see flyer for program amount).

January- accepted applicants are notified and deposit checks are cashed. (If you are not accepted into the 2021 program, your deposit check returned).

If you have questions you can email Elisha Hughes at [ehugh2@illinois.edu](mailto:ehugh2@illinois.edu)

or call Miriam Rosenbohm at 309-339-8282

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**CALENDAR OF EVENTS**

National 4-H Week	October 4-10
4-H Week Proclamation Signing	October 5, Monroe County Courthouse, 8:45am
4-H Spirit Day! (Wear your favorite 4-H gear)	October 7
4-H ROCKS Contest	Starting in October!
Virtual Jr. Leadership Conference	November 7



**HARVEST NIGHT UPDATE**

Due to many uncertainties & restrictions related to the COVID-19 pandemic and with respect to the impact on our local economy, 2020 Harvest Night has been cancelled. We appreciate all of your support in the past. Please save the date for November 20, 2021.

To "fill the gap" for cancelled Harvest Night 2020 and help Monroe County Extension and 4-H Education Foundation support Extension programs, you can send a donation in various ways. Proceeds from Harvest Night donations help support 4-H and other Extension programs throughout the year.

**2020 Contribution Form – I would like to help ‘Fill the Gap’ for HARVEST NIGHT #13.**

This contribution is:

- In memory of/in honor of: \_\_\_\_\_
- Unrestricted
- Scholarship Fund
- Baebler Educational Farm
- Other: \_\_\_\_\_

Make check payable & mail to:  
 Monroe County Extension & 4-H Education Foundation  
 P.O. Box 246  
 Waterloo, IL 62298

To make a secure Credit Card donation, please visit: [HarvestNight.net](http://HarvestNight.net)

**THANK YOU FOR YOUR SUPPORT!** Your gift to enhance programming in Monroe County is greatly appreciated!

The foundation is a 501(c)3 organization registered with the Internal Revenue Service. Your gift is tax deductible as allowed by law. Federal ID# 37-1222538



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