

**November & December 2022** 

University of Illinois Extension, Fulton-Mason-Peoria-Tazewell Unit

What a fun fall it has been so far! 'Tis the season to be THANKFUL! I am so thankful for each and every one of you in Peoria County. You have made my first year in this position absolutely wonderful! I'm looking forward to many more years to come!



For fun, I thought we would do a little holiday trivia! If you are one of the first five 4-H members to email me with the answer, you will get a fun prize!

The trivia question is: What song that is now classified as a "Christmas Classic" was originally written to be a Thanksgiving song?



Have a great Holiday Season!

#### Thank you Veterans!

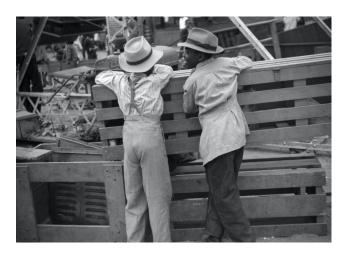


Veterans Day is November 11. On this day, and every day, we honor those who have served in the Armed Forces. We encourage

all 4-H members to recognize the Veterans in your lives!

### 2023 Public Speaking Contest

The Peoria County Public Speaking Contest will be held Thursday, March 9 starting at 6 p.m.. More details will be released as it gets closer!



#### 2023 Fair Dates

THANK YOU for all of the input that you provided on the fair dates! I really appreciate each and every one of you taking time out of your day to let me know your thoughts on the 4-H Fair dates.

**The 2023 Peoria County 4-H Show will be held July 12-14, 2023 at Exposition Gardens.** Please also plan on having a work day on Monday, July 10!

# Come Celebrate with us!

The 2021-2022 Awards Celebration will take place at the Farm Bureau Park (6715

Smith Rd Edwards) from 1 - 3 p.m.. We will have games, hot dogs, and smores! Bring your own roasting stick!





#### ZSuite

Please remember that no one is "officially" a 4-H member until they are enrolled and approved in our BRAND NEW enrollment system, ZSuite. I think you are really going to like the new system! Make sure to enroll by December 1 to get your \$5 discount! This is a hard deadline, and we cannot make any exceptions. After December 1, the enrollment fee will go back to \$20 per youth, with a \$60 cap for families. If you are a family that would exceed the \$60 cap, please contact us and do not pay by credit card.

Enroll at: 4h.zsuite.org/

ZSuite also has a really AWESOME calendar that you can check to see state and county events. It is really cool, and I would encourage you to check it out!



## Illinois Extension



### Unit 4-H Staff

In our four-county Extension unit, a team works together to provide 4-H programming. Each county has an individual 4-H program plus we all work together on unit-wide events and program planning.

#### Krista Gray

4-H Program Coordinator, Fulton County

#### Joli Pierson

4-H Program Coordinator, Mason County

#### Kristi Smith

4-H Program Coordinator, Peoria County

#### **Katharine Girone**

4-H Program Coordinator, Tazewell County

Emily Schoenfelder, 4-H Youth Educator

Judy Schmidt, Metro 4-H Youth Educator

Earl Allen, County Director

Deb Balagna, Fulton County Office Support

Paula Lane, Mason County Office Support

Angela Sassine, Peoria County Office Support

Julann Schierer, Tazewell County Office Support



#### November

3 - Federation Mtg. Kickapoo Township Hall, 6-8 PM

- 5 Awards Celebration, Farm Bureau Park, 1-3 PM
- 8 Office CLOSED, Election Day
- 11-Veterans Day

24-25 - Office CLOSED: Happy Thanksgiving!

#### December

1 - Federation Mtg. Kickapoo Township Hall, 6-8 PM

23-1/2 - Office CLOSED: Happy Holidays!

#### January 2023

3—Office OPEN



### **SPIN Club Reminder**

Peoria County has a lot of cool SPIN Clubs to offer! What is a SPIN Club? It is a club that is dedicated to SPecial INterests! A lot of these clubs are either already meeting, or will start meeting in the spring. Contact the office for more information about each one, or to be connected with a leader. More information about each club will be released as we get closer to when they start meeting! Your options are:

- Archery
- Dog Obedience
- The Great Learning Garden
- Neighbor Kids Dairy SPIN
- More to come!

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### **Club Reports**

#### **Edelstein Eager Beavers:**

Our most recent meeting was held on October 17 at the Stahl's house. We had a wiener roast and because it was cold and windy we moved it into the shed. After supper, we had a meeting called to order and discussed a few new officers. We also talked about the auction our club is having. After our meeting ended people started leaving. Our next meeting will be held on November 21.

Submitted by Ivory Herrmann

#### **Jubilee Patriots:**

On September 18, 2022, we held our monthly meeting at Brimfield UMC. We held election of officers. Our 2022 officers are President Ashlyn Slayton, Vice Presidents Bernedette Mattern and Wren Hellige, Treasurer Sebastian Mattern, Reporter Maggie Lindahl and Scrapbooker Callie Plumer. Congratulations to all! We talked about having our annual fall cookout at our October meeting. We decided it would be held at the Hellige home and for everyone to bring a dish to share. Hayden Church won the guessing jar.

On Oct 16, we had our meeting and annual cookout at the Hellige's home. We talked about signing up for our 4-H projects and that the new sign up was quick and easy. Wren also gave a talk about goats and showed us her goat. Kenzie Johnson won the guessing jar. Our next meeting will be on November 20, 2022 at the Brimfield UMC at 6pm.

Submitted by Maggie Lindahl



#### **Midnight Riders:**

October's meeting was all about welcoming new members. We held our meeting in beginning. We voted in our new officers: Elizabeth (President) Annemarie (Vice- President) MaKendra (Secretary). Look forward to plans this group makes. Then Annemarie lead the members in a multi-media project. The girls all love how their finished project turned out. Thank you Annemarie! Folders were handed out to the members to keep track of projects and information. Leader spoke of the plans (ideas) for meetings. Next meeting will be held the first Sunday of the November @ 1:30 pm.

Submitted by MaKendra Kreichgauer



### Harvest Mental Health Project

Federation had an AWESOME idea this year for a service project! Federation wanted to hand out gloves and snacks to local farmers to make them feel like they are appreciated, as well as let them know that there are always people to talk to if they are struggling with their mental health. We wanted to say "Thank you" to the Auction Committee for providing the gloves, and the Peoria County Farm Bureau Young Leaders for providing the snacks and some of the literature. With their help, we were able to deliver gloves and snacks to 10 locations. Overall, 522 pairs of gloves with snacks were handed out!

Please submit your club reports to Kristi Smith at <u>kristis2@illinois.edu</u>

### **FMPT Unit News**



### **Clovers Around the Counties Workshop Series**

#### Be on the lookout for the new **Clovers Around the Counties** workshop series coming this winter and spring! We'll be hosting project-based workshops in Fulton, Mason, Peoria, and Tazewell counties to help 4-H members learn more about their current areas of interest, explore new project possibilities, and get to know other 4-Hers from around the counties! If you have topics you would like to see in future workshops, let your local office know. More info coming soon!



### **State 4-H Events**

**November** November 25-29 National 4-H Congress

January 2023 January 14-15 Youth Livestock Conference

#### April 2023

April 8 State Awards Banquet April 29 State Public Speaking Competition

#### May 2023 May 13 State Robotics Competition

**June 2023** June 25-29 Illini Summer Academies



### Youth Mental Health First Aid

One in five teens lives with a mental health condition. Over 5% of youth report having a substance use or alcohol problem. Adolescence is challenging for many young people and mental health issues can develop during that time of life.

Join an upcoming **Youth Mental Health First Aid training** to learn how to identify common signs and symptoms of youth mental illness or substance use. Gain skills to feel confident listening to and supporting a young person in crisis and leave with resources to connect them with appropriate care. The training is free, open to the public, and appropriate for any adults working with rural youth.

#### Register online at go.illinois.edu/YMHFA.

Participants will complete a two-hour self-paced online training before joining the instructor for a live webinar at any of the sessions below. ISBE PD hours available.

- Wednesdays, Nov 30 & Dec 7, 2022 | 6-8:30pm (participants will attend both evenings)
- Monday, Dec 5, 2022 | 9am-3pm
- Wednesday, Jan 11, 2023 | 9am-3pm

For more information, please contact Emily at <u>eschoe@illinois.edu</u>.



### 2023 4-H Green Communities Trees Program

Illinois 4-H has again secured funding to send 25, 4' oak trees to be planted by 4-H members on public ground in their communities as part of the 4-H

Green Communities Tree program. If your club is interested in putting your "hands to larger service" by helping to plant trees in April, please contact your county 4-H coordinator by Nov. 15.

### **News from Illinois 4-H**





We are seeking your 4-H memorabilia, photos, stories and items that represent 4-H through the decades. We plan to develop a website about Illinois 4-H History and

need your help!

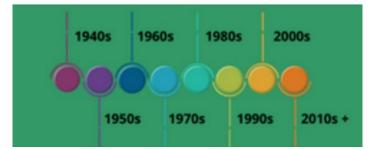


**Illinois 4-H History Project** 

Illinois 4-H is proud of the rich history of 4-H and our 4-H alums near and far. If you were a member of the Illinois 4-H program, you are one of 25 million Americans who share a unique bond! We're seeking to reconnect with Illinois 4-H Alumni to hear their 4-H stories and share their 4-H memories as part of a new initiative for an Illinois 4-H History project.

We are interested in gathering your memories, photos, or photos of memorabilia of those special moments in which 4-H impacted you. Share your 4-H story online at <u>go.illinois.edu/4-Hstory</u>.

4-H By the Decades



### **Calling all 4-H Alumni!**

Participate in reunions to be held by the 4-H Decades. Find dates and register for the events by heading here: go.illinois.edu/4hbythedecades.



### **4-H celebrates Native American** Heritage Month!

Every November we celebrate the history, heritage, traditions, and culture of Native Americans, Alaska Natives, and Native Hawaiians. Here are some ideas of how you and your club can help

#### celebrate: <u>go.illinois.edu/</u> NativeAmericanHeritageMonth.

Cecelia Higdon of Winnebago County has also created a special <u>Northern Illinois Specialized</u> <u>Explore Flier</u> with even more to explore!



#### Now accepting nominations for the State 4-H Food Advocate of the Month!

Food insecurity touches every community in Illinois, and our 4-H members have been rising to the occasion to ensure that access to good food is a reality for all. Our Food Advocate of the Month recognition is the perfect opportunity to highlight a young leader in your area who is making a positive impact on food security, food access, and food justice issues where they live. Nominations can be made at the following link:

go.illinois.edu/4HFoodAdvocateoftheMonth



University of Illinois Extension Fulton-Mason-Peoria-Tazewell Unit Peoria County Branch Office 4810 N Sheridan RD Peoria, IL 61614 **Return Service Requested** 

#### New 4-H Enrollment System is here!

Illinois 4-H is switching our enrollment and registration system from 4-H Online to ZSuite. We believe this new system will offer a more user-friendly experience and features to help you stay more connected to the 4-H program! Look for emails from your local 4-H staff with directions on how to get your family set up in the new system.

Registration is open now! Plus, members that are enrolled and approved in ZSuite before December 1st will save \$5 off their enrollment fee.

> Enroll by November 30th Save 25%

