



★ ADVENTURES AWAIT! ★

January/February 2020

Sangamon-Menard 4-H Newsletter

2019-2020 Enrollment

If you have not already done so, please enroll/re-enroll now! 4-H leaders also need to enroll/re-enroll through 4HOnline. **March 1 is the enrollment deadline for most projects to be eligible to exhibit at the summer 4-H shows. Some livestock projects have earlier deadlines.** If you do not have Internet access or would like assistance, please contact 4-H staff to set an appointment to enroll/re-enroll in-person at the Extension Office.

We will be updating our contact lists in January. **If you have not yet re-enrolled for the current year, this is the last newsletter you will receive.** Everyone enrolled will receive the newsletter via email. If you would like a hard copy mailed to your home, please contact Sandy Duncheon (duncheon@illinois.edu, 217-782-4617) to make this request for the *current year*.

Annual Program Fee Payment: If you chose to pay the annual program fee by check and have not yet submitted payment, please do so now. The fee is \$20 per member. Checks should be made payable to "U of I Extension," with the member's name and the words "4-H fee" on the memo line. Checks can be mailed or hand delivered to the Extension Office (700 S. Airport Drive, Springfield, IL 62707). If you are unsure if you've paid, please contact Amy Zepp (azepp2@illinois.edu) or Sharon Lounsberry (slounsbe@illinois.edu).

4-H Officer/Leadership Training

Attention 4-H club officers, leaders, junior leaders, and members interested in running for an office in the future – join us for Officer/Leadership Training to learn about leadership roles and how to make your club meetings amazing! Lunch is included. If you did not already attend the session in Springfield on December 7, you can still join us for the session in Lincoln on **Saturday, January 11, 9:00 AM-1:00 PM**, at the Logan County Extension Office (980 N. Postville Drive, Lincoln). Register at <https://web.extension.illinois.edu/registration/?RegistrationID=21083>.

Sangamon-Menard 4-H International Night 2020

Explore the world at this year's Sangamon-Menard 4-H International Night on **Monday, April 20** at the Lincoln Land Community College Trutter Center. Clubs, individuals, and small groups are encouraged to present on a country of their choice. This year we will also have the Springfield International Folk Dancers teach participatory folk dances from around the world. Friends, family, and the public are welcome to attend! Details will be sent to club leaders in January.

4-H Ambassadors: Open to All Members 8th Grade or Older

Are you interested in having a voice in how to promote 4-H to younger youth or your peers? Then Ambassadors is the right group for you! 4-H Ambassadors have county-level leadership opportunities, serve their community on a larger scale, and discover their interests and skills. Mark your calendar for **January 9, March 12, and May 14** at the Sangamon County Extension Office, 6:00-7:00 PM. If you have any questions, please contact Carissa Davis (akpore@illinois.edu).

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<http://extension.illinois.edu/lms/4-h-youth-development> www.facebook.com/LMS.4H

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Sangamon County 4-H Foundation Annual Meeting

All Sangamon County 4-H members, parents, leaders, and alumni are welcome to attend the Annual Meeting on **Thursday, January 23, 6:30 PM** at the Sangamon County Extension Office (700 S. Airport Drive, Springfield). The evening begins with a potluck. The Foundation will provide meat, table service, and drinks; attendees are asked to bring a side dish or dessert to share. The Foundation is seeking volunteers for specific projects and committees, as well as board members. If you have questions, contact Angela Gerberding (217-306-3119) or David Mendenhall (217-306-2570).

2020 4-H Show Superintendents

The superintendents' meeting for all general projects and Sangamon livestock will be held **Thursday, January 16, 6:00-7:30 PM** at the Sangamon County Extension Office. We are always looking for more judges, superintendents, assistants, and other volunteers. If you would like to be involved, please contact Amy Zepp (azepp2@illinois.edu) or Sharon Lounsberry (slounsbe@illinois.edu).

Attention Beef, Swine, Dairy, Goat, and Sheep Exhibitors!

New Certification Required for 4-H Youth Exhibiting Livestock – Beginning in 2019-2020, Illinois 4-H requires all youth ages 8-18 enrolled in livestock projects complete annual quality assurance certification through the Youth for the Quality Care of Animals (YQCA) program. Youth **MUST** take this training prior to making their county 4-H show entries. (Entries will **NOT** be approved unless training is complete.) This does not apply to youth exhibiting animal or veterinary science poster/display projects.

Youth have two options to be certified. You may attend a certification program hosted by the Extension Office (cost \$3), or you may complete the training online (cost \$12). Each county will be offering an in-person training opportunity. You may attend the training that works best for your schedule.



The in-person training opportunities will be held:

- **Tuesday, March 17, 6:00-7:30 PM** – Logan County Extension Office
- **Thursday, April 2, 6:00-7:30 PM** – Menard County Extension Office
- **Monday, April 27, 6:00-7:30 PM** – Sangamon County Extension Office

Youth who choose to attend an in-person instructor-led training will need to register online through the YQCA website. Youth MUST pre-register and pay online; no walk-in registrations or money can be taken the day of the training. To complete the YQCA requirement, follow this link for further instructions:

https://extension.illinois.edu/sites/default/files/yqca_further_instructions_lms.pdf

If you have questions about this new training requirement, please contact 4-H Extension Educator Carissa Davis at 217-732-8289 or akpore@illinois.edu.

Attention Horse, Poultry, Rabbit, Dog and Cat Exhibitors!

Members exhibiting horses, poultry, rabbits, dogs, and cats are still required to take the Quality Assurance and Ethics (QAEC) training. QAEC training is only required once in the member's career. If it is your first year in the horse, poultry, rabbit, dog, or cat project, and you also plan on taking beef, swine, dairy, goat, or sheep, you are required to take both ethics certifications.

Beef Weigh-in

4-H members enrolled in the beef project who wish to exhibit steers at the County 4-H Show or Illinois State Fair Junior Show must have them weighed and tattooed. It is preferred that you participate in the weigh-in that takes place in the county of your membership.

- Saturday, February 1, 12:30-2:30 PM – Greenhaven Animal Clinic (Rte. 136, east side of San Jose)
- Saturday, February 8, 9:00-10:00 AM – Petersburg Veterinary Clinic

Please register at <https://web.extension.illinois.edu/registration/?RegistrationID=21480> at least 1 week prior to the weigh-in you plan to attend. Beef and dairy cows should be owned by January 1; steers should be owned by February 1.

4-H Air Rifle & Air Pistol Sessions

Abe Lincoln 4-H Shooters is offering a six-week series of Air Rifle and Air Pistol on **Wednesday, January 8, 15, 22, 29, February 5, and 12**. All sessions will be held at Lefthanders Gun Club (9364 Rhea Park Rd, Loami). Youth ages 8-18 (as of September 1, 2019) are eligible to participate and will learn firearm safety and basic shooting and sportsmanship skills. Participants are not required to have their own equipment.

- Air Rifle – 6:00-7:00 PM – Registration and further information available at <https://web.extension.illinois.edu/registration/default.cfm?RegistrationID=21169>
- Air Pistol – 7:00-8:00 PM – Registration and further information available at <https://web.extension.illinois.edu/registration/default.cfm?RegistrationID=21168>

Space is limited, and slots are filled on a first-come, first-served basis. Youth can register for one discipline or both. Those doing both must complete both registrations and pay the fee for each. Please contact Sharon Lounsberry (slounsbe@illinois.edu, 217-782-4617) if you have questions about Shooting Sports programs.

4-H Archery Sessions

Youth ages 8-18 (as of September 1, 2019) can learn safety and marksmanship skills at a six-week series of 4-H recreational archery sessions offered by Sangamon-Menard Extension. Sessions will be at RSA Indoor Range (10041 Palm Road, Glenarm; near Double J Campground by Chatham) on **Wednesday, January 8, 15, 22, 29, February 5, and 12** at 7:00 PM. Equipment is provided for those who need it. There is a \$30 activity fee for the six-week series. Check out full details and registration at <https://web.extension.illinois.edu/registration/?RegistrationID=21407>. Please contact Sharon Lounsberry (slounsbe@illinois.edu, 217-782-4617) if you have questions about Shooting Sports programs.

Sewing Special Interest Club Forming

Youth who join the new 4-H STEAM Sewing SPIN Club, sponsored and led by the Capitol Unit of the Sangamon County Association for Home and Community Education, will learn basic sewing and quilting skills and complete a small quilt or throw. Youth ages 8-18 (as of September 1, 2019) are eligible to participate. The club will meet **Thursday, April 2, 9, 16, 30, May 7, and 14**, 6:00-7:30 PM, at the Sangamon County Extension Office (700 S Airport Dr, Springfield). Cost is free for current 4-H members. A \$20 annual program fee will be required for youth not currently enrolled as a 4-H member for the 2019-2020 4-H year. Space is limited, and slots will be filled on a first come, first served basis. Check out full details and registration at <https://web.extension.illinois.edu/registration/?RegistrationID=21478>.

Get your Clover at JOANN stores

Donate to 4-H at your local JOANN store **March 1-April 30** by purchasing a \$1 or \$4 “Clover for Kids”. A \$4 Clover includes a coupon for \$4 off your next visit to the store.

Logan/Menard/Sangamon Livestock Judging Informational Meeting

An informational meeting with Logan/Menard/Sangamon Livestock Judging coach Lauren Burris will be held **Tuesday, January 21, 6:30 PM** at the Sangamon County Extension Office (700 S. Airport Drive, Springfield). Attendees will learn what livestock judging entails, hear plans for the format for the year, and help determine dates, time, and location of practices. 4-H members ages 8-18 interested in livestock judging should send their name, age, contact number, and email address to Sharon Lounsberry (slounsbe@illinois.edu).

Enroll in Public Speaking Today!

If you would like to participate in this year's Sangamon-Menard County 4-H Public Speaking Contest, you must be enrolled in the 4-H Public Speaking project before **March 1**. Families can add the project through 4HOnline or by contacting Amy Zepp (azepp2@illinois.edu). Those enrolled in the project will be sent details about exhibit classes.



National 4-H Service Month – April 2020

Join 4-H members and clubs across Illinois and the nation in April as *True Leaders in Service!* 4-H clubs serve their communities throughout the year, but the month of April has been designated as a time for ALL clubs to roll up their sleeves in service to their local communities. More information and service project ideas will be sent to leaders in January.

Farm Credit Illinois Improvement Grants

Applications for Farm Credit Illinois Improvement Grants are due **February 28**. Visit farmcreditil.com/ for details.

STATE AND NATIONAL OPPORTUNITIES

Explore the nation's capital

Every year thousands of 4-H members travel to Washington DC to participate in Citizenship Washington Focus, a life-changing week that empowers 4-H'ers to take their leadership skills to the next level. Explore the federal legislative process through workshops and hands-on sessions, tour historical sights and museums, give your voice on issues, visit federal legislative offices, and meet teens from other states. The event is **July 4-11**, and **participants must be at least 14 years old** by May 1, 2020. The estimated cost is \$1305, with financial assistance provided by the Illinois 4-H Foundation. **Register by January 3** at go.illinois.edu/4hcfw.



Illinois 4-H Junior Leadership Conference

You'll laugh, you'll make new friends, and you'll learn cool ideas to take back to your 4-H club at this year's Illinois 4-H Junior Leadership Conference, **February 22-23** at the Holiday Inn in Effingham. The conference is **open to 4-H members in 7th and 8th grade** and costs \$170. Attendance is limited to 100 participants, so don't wait until the **January 24 registration deadline**. For more information and to register, visit go.illinois.edu/4Hjlc.



4-H Summer Camp

Make plans now to attend 4-H Memorial Summer Youth Camp in 2020. There will be 5 sessions: June 2-6, June 7-11, June 14-18, July 5-9, and July 26-30. **Registration will open February 3**, and spaces fill quickly! For more information visit <https://4h.extension.illinois.edu/programs/camping/4-h-memorial-summer-youth-camp>. Applications to be a camp counselor will be available in January. For more information, contact Andy Davis (ardavis1@illinois.edu, 217-762-2741).

4-H Illini Summer Academies

Illinois 4-H Illini Summer Academies give high school students an opportunity to explore collegiate learning on the University of Illinois campus. Summer 2020 sessions will be held **June 21-27**.

Registration is open March 16-April 17. Youth requesting financial assistance should apply January 31-March 1. Details will be available at <https://4h.extension.illinois.edu/events/4-h-illini-summer-academies>.



State Dairy Quiz Bowl Contest

The State 4-H Dairy Quiz Bowl Contest will be held **Saturday, February 29**, at the Riverfront Hotel & Conference Center (100 Conference Center Drive, East Peoria). The quiz bowl test begins at 11:30 AM; contest rounds are 1:00-5:00 PM. Questions will cover all aspects of dairy production and marketing. Teams of four may compete, or individuals can be added to other groups to form a team. The State 4-H Dairy Quiz Bowl team will be selected from eligible 4-H members participating in this contest. Youth ages 15-18 are eligible for the national team. **Register before February 14** by contacting Amy Zepp (azepp2@illinois.edu).

4-H Horse Contests

Demonstrate your knowledge of equine-related subject matter through these contest opportunities:

- 4-H Hippology Contest – **Saturday, April 18**, 8 AM at David Kinley Hall on the U of I campus in Champaign. Cost is \$5 per person. Participants must pre-qualify at a regional contest. Learn more at <https://4h.extension.illinois.edu/events/illinois-4-h-horse-hippology-contest>
- 4-H Horse Speaking Contest – **Saturday, April 18**, 10 AM at David Kinley Hall on the U of I campus in Champaign. Cost is \$3 per entry. Pre-qualification is not required, but you must **register by March 1** by contacting Amy Zepp (azepp2@illinois.edu). Learn more at <http://4h.extension.illinois.edu/events/illinois-4-h-horse-speaking-contest>
- 4-H Horse Bowl – **Sunday, April 19**, 8 AM at the Education Building on the U of I campus in Champaign. Cost is \$5 per person or \$25 per team. Participants must pre-qualify at a regional contest. Learn more at <https://4h.extension.illinois.edu/events/illinois-4-h-horse-bowl-contest>

The Central Regional 4-H Horse Contests will be **Saturday, April 4**, at Lincoln Land Community College in Springfield.

Scholarships Available

- IAA Foundation Scholarships – The IAA Foundation offers 76 scholarships for students pursuing degrees related to agriculture and those with family farming backgrounds. Some scholarships specifically require 4-H involvement (Dwain Ford Memorial Soybean Scholarship, Elbert and Mary Elsbury Scholarship, and Greg Carney Scholarship). More information can be found at www.iaafoundation.org. **Applications are due February 1.**
- Farm Credit Illinois Scholarships – High school seniors planning careers in agriculture can apply for a \$2000 scholarship (\$1000 applied in fall 2020 and \$1000 in fall 2021). Farm Credit Illinois will provide 30 scholarships to youth who live or farm in one of the 60 counties in their service area, which includes both Menard and Sangamon. **Apply by March 1** at farmcreditil.com/. If you will be attending the University of Illinois College of ACES, the college is MATCHING this scholarship.
- Information about local scholarships can be found at <https://extension.illinois.edu/lms/4-h-records-award-application-scholarship-resources-logan-menard-sangamon>. (Scroll to the bottom of the page.)

Clover Spotlight!

Your 4-H adventures can be featured too!

Submit articles, photos, stories, videos, etc. to Amy Zepp (azepp2@illinois.edu).



1. In November, members of the Capital Clovers assisted with packing more that 3600 meals that will be sent overseas to impoverished communities through Midwest Mission.
2. The West Menarders spread some Christmas cheer by caroling at a nursing home.
3. 4-H'ers practice their leadership and teamwork skills during Officer/Leadership Training.
4. Club Treasurers learn about the duties and responsibilities of their office during Officer/Leadership Training.

Educator Corner ~ Carissa Davis

How do we inspire youth to understand, relate and connect to other people?



4-H CITIZENSHIP

As 4-H leaders, it is our privilege and responsibility to partner with youth in creating learning experiences that challenge them to be change agents who think globally and act locally. To consider the world as they engage with people in their family, club and community. Does this get you excited?

Here are a few ways you can build global citizenship skills into your upcoming 4-H learning experiences:

- Introduce new words and phrases. Language is a tool to name the world and describe reality. Encourage youth to expand their vocabulary with words that reflect the spirit of global citizenship such as empathy, mindfulness, perception, privilege, power, worldviews, culture, tolerance for ambiguity, and more. You can create puzzles that help youth learn new words or create laminated posters that illustrate vocabulary and hang them each time your club meets.
- Build responsibility. Help youth cultivate a sense of agency and personal responsibility by encouraging them to identify goals that are increasingly challenging over time. Teaching youth to set goals effectively can be life-changing. You could also pair youth with mentors. Mentors not only help expand the world of youth, but they can also provide feedback that enables youth to gauge their own progress.
- Look out for others. Social responsibility grows from a commitment to the welfare of others. Whether it's at the county fair, in a club meeting, or during a leadership retreat, cultivate a culture where youth are looking out for each other. Start by inviting youth to identify group agreements; a set of clear, co-created guidelines to help everyone feel comfortable in an atmosphere of safety, respect, and trust. Once developed, your group can regularly revisit the agreements to see if they are still working and make changes if issues come up.
- Model thoughtful action. Pay close attention to your actions and be ready to admit your faults and mistakes, especially those involving the youth you work with. Show youth that you care, are ready to accept your faults and work on them. The results you wish to see in youth stem from the effort you put into yourself. Practice honesty, fairness, care for others, and care for yourself.

It's your leadership that makes a difference! I look forward to hearing how you integrate some of these global citizenship skills into your upcoming 4-H learning experiences.

Thank you University of Minnesota Extension for providing valuable information.

Mark Your Calendar

- **January 1** **Deadline for beef and dairy cow ownership**
- January 8 Air Rifle & Air Pistol Sessions begin, Loami
- January 8 Archery Sessions begin, Glenarm
- January 9 4-H Ambassadors meeting, Springfield
- January 11 4-H Officer/Leadership Training, Lincoln
- January 16 Superintendents' meeting for general projects & Sangamon livestock, Springfield
- January 21 4-H Livestock Judging Informational Meeting, Springfield
- January 23 Sangamon County 4-H Foundation Annual Meeting, Springfield
- **February 1** **Deadline for steer ownership**
- February 1 Beef Weigh-in, Greenhaven Animal Clinic
- February 8 Beef Weigh-in, Petersburg Veterinary Clinic
- February 22-23 Junior Leadership Conference, Effingham
- February 29 State 4-H Dairy Quiz Contest, East Peoria
- **March 1** **Enrollment deadline for most projects**
- March 1-April 30 JOANN "Clovers for Kids" Campaign
- March 12 4-H Ambassadors meeting, Springfield
- March 17 YQCA training, Lincoln
- April 2 YQCA training, Petersburg
- April 2 STEAM Sewing SPIN Club begins, Springfield
- April 4 Central Regional Horse Contests, Springfield
- April 18-19 State 4-H Horse Contests, Champaign
- April 20 Sangamon-Menard 4-H International Night, Springfield
- April 27 YQCA training, Springfield
- **May 1** **Deadline for completing QAEC training (horses, rabbits, poultry, dogs, and cats)**
- May 14 4-H Ambassadors meeting, Springfield
- June 12 Logan, Menard & Sangamon 4-H Dog Obedience Show, Chatham
- June 27 Sangamon-Menard General 4-H Projects Show, New Berlin
- June 27-28 Sangamon County 4-H Livestock Shows, New Berlin
- July 11 Sangamon-Menard Clothing Show & Public Speaking Contest, Springfield
- July 14-18 Menard County 4-H Livestock Shows, Petersburg
- July 26-August 2 State Fair Junior Horse Show, Springfield
- August 1 Logan, Menard & Sangamon 4-H Dog Care and Cat Show, Lincoln
- August 15 State Fair date for Sangamon and Menard Counties
- August 29 State 4-H Dog Show, Dixon

Non-Discrimination Statement: Each 4-H club and, thus, each member is asked to comply with non-discrimination and equal opportunity regulations by law. Since 4-H is part of University of Illinois Extension's programs and activities, we must not show prejudice against any person because of race, color, national origin, religion, age, sexual preference, sex or handicap.