

# Alexander, Johnson, Massac, Pulaski and Union Counties Food Pantry List



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| Alexander County | <p><b><u>Daystar Community Program</u></b><br/>           909 Washington Avenue<br/>           Cairo, IL 62914<br/>           (618) 734-0178/9441<br/>           Contact: Amy Conaway, Sherry Miller<br/> <a href="mailto:daystarcommunityprogram@gmail.com">daystarcommunityprogram@gmail.com</a></p>       | <ul style="list-style-type: none"> <li>• Soup kitchen, mobile food pantry, veteran's program</li> <li>• Monday, Tuesday, Thursday and Friday 9:30 am – 1:00 pm</li> <li>• Outreach, rent assistance, help with health care bills</li> </ul>                  |
|                  | <p><b><u>God's House of Blessings Food Pantry</u></b><br/>           Route 3<br/>           McClure, IL 62957<br/>           (573) 270 - 4608<br/>           Contact: Jamie and Jessica Meyers<br/> <a href="mailto:momof3ts2015@gmail.com">momof3ts2015@gmail.com</a></p>                                   | <ul style="list-style-type: none"> <li>• 3rd Friday each month</li> <li>• 10am – 2pm</li> <li>• Must be an Illinois resident</li> </ul>  |
|                  | <p><b><u>The Kitchen Table</u></b><br/>           1001 Washington Avenue<br/>           Cairo, IL 62914<br/>           (618) 734-0178 or (618) 734-9441<br/>           Contact: Amy Conaway, Sherry Miller<br/> <a href="mailto:daystarcommunityprogram@gmail.com">daystarcommunityprogram@gmail.com</a></p> | <ul style="list-style-type: none"> <li>• Soup kitchen, mobile food pantry, veteran's program</li> <li>• Tuesday, Wednesday, Thursday, Friday 11:30 am – 12:30 pm</li> </ul>  |
| Pulaski County   | <p><b><u>Bethel Temple Evangelist Ministry</u></b><br/>           424 N. Front Street<br/>           Mounds, IL 62964<br/>           Contact: Nomi Whitaker<br/>           (618) 306-0074<br/> <a href="mailto:nomie.whitaker@yahoo.com">nomie.whitaker@yahoo.com</a></p>                                    | <ul style="list-style-type: none"> <li>• Food Pantry</li> <li>• Open once a month, the Saturday after the 2nd Thursday of each month</li> <li>• 10am to 2pm</li> <li>• Drive through only</li> <li>• Please have driver's license or ID available</li> </ul> |
|                  | <p><b><u>Bibleway Food Pantry</u></b><br/>           460 North Chestnut Street<br/>           Pulaski, IL. 62976<br/>           Contact: Roy Johnson<br/>           (618) 967-2565<br/> <a href="mailto:royj593.rj8.rj@gmail.com">royj593.rj8.rj@gmail.com</a></p>   | <ul style="list-style-type: none"> <li>• Food Pantry</li> <li>• 2<sup>nd</sup> Saturday of the month</li> <li>• 10:00am – 2:00pm</li> <li>• Drive-up</li> </ul>  |
|                  | <p><b><u>First Baptist Church of Karnak</u></b><br/>           309 E Main Street<br/>           Karnak, IL 62956<br/>           (618) 638-4676<br/>           Contact: Brenda Crockett or Pastor</p>   | <ul style="list-style-type: none"> <li>• Food Pantry</li> <li>• First &amp; Third Wednesdays</li> <li>• 2:00 - 4:00pm</li> </ul>   |



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Eat.Move.Save website for recipes and more information to make healthier choices on a budget:  
<https://eat-move-save.extension.illinois.edu/>

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| Johnson County | <p><b><u>Goreville Ministerial Alliance</u></b><br/>                     114 South Broadway Street<br/>                     Goreville, IL 62939<br/>                     (618) 995-9360<br/>                     Clarisse Pritchert (618) 995-2269<br/>                     Terry Whitehead (618) 534-3412<br/> <a href="mailto:gorevillemaf@gmail.com">gorevillemaf@gmail.com</a></p> | <ul style="list-style-type: none"> <li>• Food Pantry</li> <li>• Call make an appointment</li> <li>• Serves Village of Goreville area</li> <li>• ID and proof of residency</li> </ul>  |
|                | <p><b><u>Salvation Army</u></b><br/>                     Old Freds Building – Temporary Location<br/>                     905 West Main Street<br/>                     Marion, IL. 62959<br/>                     Cami Horn (618) 997-9355<br/> <a href="mailto:camilla.horn@usc.salvationarmy.org">camilla.horn@usc.salvationarmy.org</a></p>  | <ul style="list-style-type: none"> <li>• Food Pantry</li> <li>• Serving Johnson &amp; Williamson County</li> <li>• Wednesday and Friday 9:00-11:30am</li> <li>• ID and proof of Residency</li> <li>• Curbside</li> </ul>                              |
|                | <p><b><u>Vienna First Baptist Church</u></b><br/>                     301 North 7th Street<br/>                     Vienna, IL 62995<br/>                     (618) 658-3741<br/>                     Contact: Travis Wilson<br/> <a href="mailto:vbc301@gmail.com">vbc301@gmail.com</a></p>   | <ul style="list-style-type: none"> <li>• Food Pantry - Serves Johnson County</li> <li>• This month April 16, 5:00 – 7:00pm</li> <li>• Drive Thru- Stay in Vehicle</li> <li>• Photo ID needed, proof of income &amp; family size</li> </ul>            |
| Massac County  | <p><b><u>COPE</u></b><br/>                     1017 North Avenue<br/>                     Metropolis, IL 62960<br/>                     (618) 524-3635<br/>                     Contact: Gene Tilker<br/> <a href="mailto:barnes4240@yahoo.com">barnes4240@yahoo.com</a></p>   | <ul style="list-style-type: none"> <li>• Food Pantry – Serves Massac County</li> <li>• Monday, Wednesday, Friday 9:00 am – Noon</li> <li>• Must meet income guidelines for senior box program</li> <li>• Photo ID &amp; proof of residency</li> </ul> |
|                | <p><b><u>Feed My Lambs Ministry - Grace Church</u></b><br/>                     818 West Tenth Street<br/>                     Metropolis, IL 62960<br/>                     (618) 309-2427, 309-2562<br/>                     Contact: Jim Davis<br/> <a href="mailto:patdavis789@yahoo.com">patdavis789@yahoo.com</a></p>  | <ul style="list-style-type: none"> <li>• Food Pantry</li> <li>• 2<sup>nd</sup> &amp; 4<sup>th</sup> Thursdays 11:00 am – 5:00 pm</li> <li>• And As Needed</li> </ul>  |
|                | <p><b><u>Lighthouse Assembly of God</u></b><br/>                     670 Airport Road<br/>                     Metropolis, IL 62960<br/>                     (618) 524-2256</p>  | <ul style="list-style-type: none"> <li>• Food Pantry</li> <li>• 2<sup>nd</sup> and 4<sup>th</sup> Tuesday evenings 6:00 pm - 7:30 pm. Drive-Thru</li> <li>• Must fill out form with current address, phone number, and number in household</li> </ul> |



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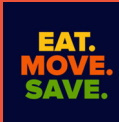
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| Union<br>County | <p><b><u>Anna First Baptist Church</u></b><br/>                 409 Morgan Street<br/>                 Anna, IL 62906 (618) 833-5416<br/>                 Contact: Pam Fisher<br/> <a href="mailto:pammyfish48@gmail.com">pammyfish48@gmail.com</a></p>   | <ul style="list-style-type: none"> <li>• Food Pantry - Must call the church</li> <li>• Need name, address, telephone number, number of people in household</li> <li>• Pickup Arrangements will then be made.</li> </ul>          |
|                 | <p><b><u>Anna Church of the Nazarene</u></b><br/>                 100 Kirk Street<br/>                 Anna, IL. 62906 (618) 833-6702<br/> <a href="mailto:annanazsec@frontier.com">annanazsec@frontier.com</a></p>   | <ul style="list-style-type: none"> <li>• Grocery Giveaway once a month in the parking lot</li> </ul>   |
|                 | <p><b><u>Anna United Methodist Church</u></b><br/>                 111 W. Monroe Street<br/>                 Anna, IL 62906 (618) 833-2234<br/>                 Contact: Chris Foster<br/> <a href="mailto:cafrope@nwcable.net">cafrope@nwcable.net</a></p>   | <ul style="list-style-type: none"> <li>• Food Pantry</li> <li>• Curbside Pickup</li> <li>• Every 3<sup>rd</sup> Tuesday 5:00 pm - 6:30 pm</li> </ul>   |
|                 | <p><b><u>Bethany Village</u></b><br/>                 414 East Davie Street<br/>                 Anna, IL 62906 (618) 833-1777<br/>                 Contact: Jennifer Duskey<br/> <a href="mailto:bethanyvillageinc@gmail.com">bethanyvillageinc@gmail.com</a></p>  | <ul style="list-style-type: none"> <li>• Food Pantry</li> <li>• Tuesday, Wednesday, Thursday</li> <li>• 9am – 4pm, closed for lunch 12 – 1:00 pm</li> <li>• Knock on Door, Give Information, Pickup food box outside</li> </ul>  |
|                 | <p><b><u>Dongola First Baptist Church</u></b><br/>                 203 E. Cross Street<br/>                 Dongola, IL 62926 (618) 827-4323<br/>                 Contact: Earnest Rider<br/> <a href="mailto:admin@dongolafirst.com">admin@dongolafirst.com</a></p>  | <ul style="list-style-type: none"> <li>• Food Pantry</li> <li>• First Wed of month 10:00 – 11:00am</li> <li>• Can receive assistance once per month</li> <li>• Call Monday before date of pantry</li> </ul>                      |
|                 | <p><b><u>Harvest Church</u></b><br/>                 620 E. Davie Street<br/>                 Anna, IL 62906 (618) 534-2244<br/>                 Contact: Kim Aldridge<br/> <a href="mailto:watervalleyinn@gmail.com">watervalleyinn@gmail.com</a></p>  | <ul style="list-style-type: none"> <li>• Food Pantry Curbside pickup every Thursday 11:00 am – 1:00 pm</li> <li>• Free Lunch Curbside pickup every Thursday 11:00 am – 1:00 pm</li> <li>• Open to anyone</li> </ul>              |
|                 | <p><b><u>JESUS ES EL SEÑOR Methodist Church</u></b><br/>                 7780 Old Highway 51 North<br/>                 Cobden, IL 62920 (618) 893-2050<br/>                 Contact: Alex Uribe (Spanish speaking available)</p>   | <ul style="list-style-type: none"> <li>• Food Pantry - Drive Thru</li> <li>• 3rd Saturday of the month 10:00 am - 12:00 noon</li> <li>• May receive food once per month</li> </ul>   |
|                 | <p><b><u>Salem Lutheran Church</u></b><br/>                 101 W. Market Street<br/>                 Jonesboro, IL 62952 (618) 833-0704<br/>                 Contact: Red Martin<br/> <a href="mailto:martingauctioncompany@gmail.com">martingauctioncompany@gmail.com</a></p>   | <ul style="list-style-type: none"> <li>• Food Pantry</li> <li>• Tuesday 4:00 – 6:00pm</li> <li>• Free meal Last Wednesday of the month 5:30 pm - 7:00 pm</li> </ul>  |
|                 | <p><b><u>Shawnee Development Council</u></b><br/>                 Temporarily moved to First Baptist Church<br/>                 201 West Walnut Street – Jonesboro, IL<br/>                 (618) 833-7431 or (618) 634-2201<br/>                 Contact: Brandi Sevenski<br/> <a href="mailto:brandy.s@shawnee.development.org">brandy.s@shawnee.development.org</a></p> | <ul style="list-style-type: none"> <li>• Food Pantry – Serves Union County</li> <li>• Wednesday 9:30 am – 11:30 am and 12:30 pm - 2:30 pm</li> <li>• Must bring a Photo ID</li> <li>• May receive food once per month</li> </ul> |