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ST CLAIR COUNTY
4-H Family News



County Director
Amy Cope

**4-H Youth Development
Educator**
Rachel Hazen

**4-H Program
Coordinators**
Angie Abernathy
Kelly Brandt

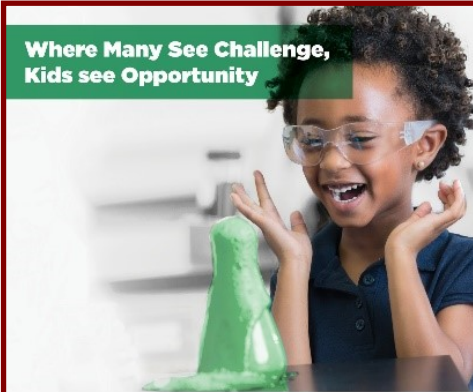
Office Support
Paige Brown
Patty Stanton
Mary Kay Rahn

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**Where Many See Challenge,
Kids see Opportunity**



Create #Opportunity4All
kids this National 4-H Week



**National 4-H
Week Contest**



October 4-10

In honor of National 4-H Week, we will be hosting a contest for all clubs. Please consider all the ways that you can celebrate 4-H this week and how you can promote it to local businesses and youth. Email all of your efforts to angielyn@illinois.edu. The club that does the most to promote 4-H during this week will win a Firehouse Subs party in the park (or wherever you are currently gathering) for your next 4-H club meeting. See page 4 for ideas.

Sponsor: <https://4hfoundation.illinois.edu/>

Monroe County Office
901 Illinois Ave., PO Box 117
Waterloo, IL 62298
618-939-3434, 618-939-7708 Fax

Office Hours:
Monday- Friday:
8:00 a.m. — 4:30 p.m.

Madison-St. Clair County Office
1 Regency Plaza, Suite 200
Collinsville, IL 62234
618-344-4230, 618-344-5602 Fax

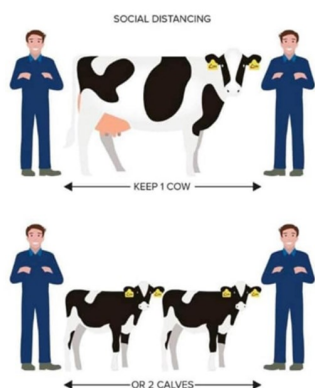


4-H Show Requirements

As we begin the new 4-H year, please remember that in order to show projects at the County and State levels at the end of the year, you must meet the following requirements:

- ◇ You must attend at least 4 meetings during the year, either in person or virtually
- ◇ You must give a talk or demonstration, either in person or virtually
- ◇ You must be enrolled in 4-H online by December 1st, 2020 (the system is currently being upgraded but as soon as it is ready for enrollment you will receive an email with instructions)

4-H Club Meeting Guidelines



As we begin our new 4-H year please keep these guidelines in mind when meeting in person:

- Remember to bring and wear your face mask to all meetings. You will not be allowed to stay at the meeting without a mask. If you do not have a mask, please reach out to your club leader prior to your meeting.
- Be sure to keep a safe distance from others. If you are sitting close to your family that is fine but you should have 6 feet between those outside of your households.
- If you do not feel comfortable meeting in person, please speak with your club leader about providing a virtual format for you. I have encouraged all club leader's to offer both in person and virtual formats in order to offer all youth the opportunity to participate.

Let's make 2020-2021 a **GREAT** 4-H year!

St. Clair Ambassadors

The 4-H Ambassadors are getting new polo shirts this year so they will look very professional at 4-H events.

If you would like to help promote the 4-H program, please consider joining the St. Clair Ambassadors.

We meet 6 times per year and plan ways that we can promote the program through marketing, legislative networking and educating local groups and youth.

Leadership opportunities are also available.

Email Angie at angielyn@illinois.edu





Denise Godfrey

ST. CLAIR COUNTY

2020 4-H Hall of Fame Nominee

"Denise worked as the Office Support Associate in St. Clair County for 30 years. Her friendly voice greeted many 4-H families as she helped them with enrollment and county fair questions. She was always eager to assist 4-H leaders, livestock superintendents, and other volunteers with resources at the office. Denise remains connected with Extension even after retirement. She became a Master Gardener in 2019 and supports local 4-H fundraisers. We appreciate Denise's dedication and commitment to 4-H and Extension." –St. Clair County 4-H

I ILLINOIS
Extension



Illinois
4-H FOUNDATION

COLLEGE OF AGRICULTURAL, CONSUMER & ENVIRONMENTAL SCIENCES

HALL^{OF}FAME



**Thank you for your
years of dedication to
the 4-H program. You
are a vital part of our
4-H family and we
look forward to many
more years together.**



"To Make the Best Better"

Promote 4-H for National 4-H Week**October 4-10, 2020**

Show 4-H Spirit by putting one of our 4-H yard signs in your yard. They can be picked up at the Collinsville office.

Put a 4-H display in a local bank, library, or other business and leave 4-H contact information.

Ask any business with a Marquee to advertise National 4-H Week with contact information so that they can contact your club or our extension office for information on how to join.

Drop off flyers at local schools, YMCA's, activity centers, anywhere that children might go for activities.

Ask banks and grocery stores to include a flyer with their receipts.

Post on Facebook, Instagram, Snapchat, etc. and try to encourage friends to join 4-H by listing the benefits including leadership opportunities, project knowledge, scholarship opportunities, belonging to a club, etc.



Brady Benson-Award of Excellence in
Photography

Brooklyn Benson-Award of Excellence in
Interior Design

Sophia Biehl-Award of Excellence in
Communications

Brynnley Compton-Award of Excellence
in Foods and Nutrition

Aaron Epps-Award of Excellence in
Aerospace

Andrea Erickson-Award of Excellence in
Intercultural (Club)

Andrea Erickson-Award of Excellence
and Champion in Visual Arts

Julie-Anne Erickson-Award in Excellence
in Intercultural (Club)

Julie-Anne Erickson-Award of Excellence
in Interior Design

Daniel Evans-Award of Excellence in
Vegetable Gardening

Tim Evans-Award of Excellence in
Vegetable Gardening

Katen Fredin-Award of Excellence in
Vegetable Gardening



William Fredin-Award of Excellence in
Electricity

Anna Harla-Award of Excellence in
Photography

Calli Lowrance-Award of Excellence in
Intercultural (Club)

Kathleen Lowrance-Award of Excellence
in Intercultural (Club)

Elaina Reinhart-Award of Excellence in
Intercultural

Oliver Reinhart-Award of Excellence and
Reserve Champion in Natural Resources

Stephen Schulte-Award of Excellence
and Inspire in Aerospace

Faith Sigstad-Award of Excellence and
Champion in Floriculture

Caleb Voss-Award of Excellence in
Woodworking

Sarah Voss-Award of Excellence and
Inspire in Woodworking

Morgan Waller-Award of Excellence in
Photography

Nicole Waller-Award of Excellence in
Reserve Champion in Visual Arts

ILLINOIS 4-H VOLUNTEER CAFÉ CONVERSATIONS

Let's
CHAT

We LOVE to TALK to our Volunteer's!

4-H VOLUNTEER CAFÉ CONVERSATIONS!

Register to participate in the **4-H Volunteer Café Conversations**. We are so excited to be launching this new Illinois 4-H opportunity creating a platform for 4-H Volunteers from across Illinois to meet virtually and discuss topics of interest, share both ideas and challenges. Volunteers will gain access to tools & techniques to support their volunteer efforts, strengthening 4-H club and member learning experiences. We will address two topics during each Café Conversation so come with your ideas, questions, and since this is a Café Conversation, feel free to bring a snack as well!

~~Session #1 - Thursday, August 20, 2020~~

Session #2 - Thursday, November 19, 2020

Session #3 - Thursday, February 18, 2021

Session #4 - Thursday, May 20, 2021

SAVE THE DATE! Registration link will be provided soon.

4-H VOLUNTEER VIRTUAL TRAINING OPPORTUNITIES

Code of Conduct – Thursday, October 15, 2020

Effective & Engaging Meetings – Thursday, November 7, 2020

Parliamentary Procedure – Date Pending



2021 Outbound Exchange

The application for summer 2021 Outbound Exchange is now open. Programs range from 2 weeks, 4 week or 8 weeks abroad. The countries on the 2021 list are: Argentina, Costa Rica, Japan, Korea, Norway, Romania and Taiwan. See flyers for more details on each program <https://uofi.box.com/s/zgx9zcmnypz60695nyy4ty5ksga8saxd>

All applications must be submitted online by November 1, 2020.

Application link: <https://smr.to/p66312>

APPLICATION TIMELINE

November 1- application submitted online

November 1-15 State coordinator interview with applicants

November 15 first deposit sent to the State coordinator (*see flyer for program amount*).

January- accepted applicants are notified and deposit checks are cashed. (*If you are not accepted into the 2021 program, your deposit check returned*).

If you have questions you can email Elisha Hughes at ehugh2@illinois.edu or call Miriam Rosenbohm at 309-339-8282

Purchase a Paper Clover at Tractor Supply Co. and create more opportunity for kids!

**October 7-18, 2020, purchase a Paper Clover in-store or
add a donation at checkout on tractorsupply.com
Visit tractorsupply.com/4h for more details.**



Because of COVID, we are unable to go into the Tractor Supply Co. stores and promote 4-H. Please be sure to share this opportunity with all friends and family so that they can visit a TSC and make a donation at the checkout. They can also donate online using the link above.

TSC is offering an addition \$2,500 to the top 10 states that raise the most money above their 2019 fundraiser. Last year, we raised \$6,419 in Illinois

The Illinois 4-H Youth Leadership Team is excited to invite 7th & 8th grade Illinois 4-H members to participate in the first virtual Junior Leadership Conference!

Junior Leadership Conference

November 7 | Virtually held on ZOOM

You'll laugh. You'll make new friends. You'll even learn cool ideas to take back to your own 4-H Club at this year's Illinois 4-H Junior Leadership Conference. The conference is open to 4-H members in 7th and 8th grade. Registration closes when we reach 250 participants, so don't wait to the Oct. 24 deadline. Do it now! REGISTER: go.illinois.edu/4Hjlc. This year's conference will be held virtually on ZOOM. Links for sessions, workshops and activities will be send in advance to participants.

In addition to cool things to do, you'll each have the opportunity to select two of these workshops to attend:

- ♦ **Bouncin' Back: Resilient Me:** Have you ever received a bad test grade? Maybe you did not get the 4-H Officer position you ran for or you just had a bad day. We all face hardship or adversity in our daily lives, but do not let it be something that stops you! Join us as we learn how to build our resilience through a series of games and challenges!
- ♦ **From Leading to Succeeding:** Has the idea to become a successful leader ever crossed your mind? If so, this is the workshop for you! You will learn how to be a better leader in your county and hear about various 4-H opportunities at the state and national level.
- ♦ **Inspire Others to Serve:** A fun and interactive way to learn how to plan and run your own community service project in your community! We will begin giving you ideas, tips, and tricks to help you be successful in leading a project, then we will create and run mock projects. You'll leave knowing how to involve yourself in your community, and the ability to implement your own community service project.
- ♦ **Mind Matters:** Do you feel stressed out all the time? Maybe you can't help but procrastinate? Then this is the workshop for you! In this workshop, we will be going through time management skills and techniques to help you manage stress. So don't stress, you got the time to join this workshop!
- ♦ **Speak Out:** Learn to listen, effectively share thoughts, and speak out! In this workshop we will also talk about confidence, how to send positive body language and provide constructive feedback. Improve your communication skills through games and activities with us!