

## A message from your Gallatin County Extension Program Coordinator,



Great News! We are able to resume in-person meetings! Of course there are parameters that we must follow. There are limitations to the number of people allowed per room indoors as well as an outdoor maximum. We will have to fill out a Safety Plan as well.

We will be charging the \$20 Enrollment fee this year. This fee helps cover the costs of supplies. We also understand that fee may be challenging for some and we have waivers available- please use these! **Thanks to a generous donor, we have 5 free enrollments available now!** Contact me for details. Again, youth will receive a box of supplies for various activities. We WILL meet live with a Zoom option as well.

If you have any questions about 4-H, particular projects, or ideas we can try virtually please contact me at [kscates@illinois.edu](mailto:kscates@illinois.edu) or through Facebook Messenger. I'll answer any questions to the best of my ability and I'm happy to work with all of you to try something new to keep our youth engaged and learning!

See y'all soon,  
Kassy



We have shifted to a new version of 4-H Online, which is now ready to use. You may log in with your existing account at

<https://v2.4honline.com/#/user/sign-in> or look up 4-H Online and select Illinois as your state. If you aren't sure if you have an account please email [kscates@illinois.edu](mailto:kscates@illinois.edu) and I will provide you with login information. There is a \$20 enrollment fee. This fee helps cover supplies for youth and the activities provided.

# Gallatin County

## 4-H Newsletter

### Calendar of Events

Ongoing: Join 4-H and participate in both hands on and virtual activities.

- 3/1 4-H Shooting Sports Leader Training Registrations open
- 3/1 May Food Action Summit Registrations Open
- 3/4 Registration Closes for Speaking for Illinois 4-H
- 3/5-7 2021 Agri-Science Virtual Summit
- 3/6 Speaking for Illinois 4-H Training
- 3/13 Regional Virtual Horse Bowl and Hippology
- 3/19 Discovering STEM in ACES event registration deadline
- 3/20 Beginning Scrapbooking Workshop- Zoom
- 3/24 Illini Summer Academies Registration Closes
- 3/31 Registrations close for the Food Action Summit
- Late April (TBD) State 4-H Horse Judging Contest
- April-May (TBD) YQCA
- 4/24 – 25 Youth Livestock Conference
- 4/25 True Leaders Service Day
- 5/15 Illinois 4-H Food Action Summit
- 5/20 Virtual Volunteer Café Conversations
- 6/4 State 4-H Livestock Judging Contest
- 6/5 4-H Shooting Sports Leader Training at 4-H Memorial Camp
- 6/5 State Public Speaking Contest
- 6/27 – 7/1 Illini Summer Academies (Virtual)
- 7/11- 23, 2021 Discovering STEM in ACES Virtual
- 7/24 4-H Shooting Sports Leader Training at Camp Gardner in Hull



The Wizarding World of 4-H is a box FULL of activities. Participants will get sorted, learn about the pillars of 4-H and have FUN! We have science activities, crafts, and much much more in a box! There are links and instructions provided, but we will be working on these activities together via Zoom meetings. Email [kscates@illinois.edu](mailto:kscates@illinois.edu) for more information!



## Beginning Scrapbooking Workshop 2021

We will be hosting a Beginning Scrapbooking Workshop via Zoom on Saturday, March 20, 2021 10:30 am. All Enrolled 4-H Members from Gallatin,

Hamilton, Pope-Hardin, Saline and White Counties are welcome to participate. This is geared toward beginners, as the only the basics will be covered. Youth will make two pages to start the Visual Arts Beginning Scrapbooking project. To sign up visit <https://go.illinois.edu/scrapbook>

The following supplies will be needed:

- Photos, 1 4x6 portrait, and 4 more we will crop to the following sizes 3 3"x3" and 1 2x3
- Scrapbooking paper (acid free) in solids & patterns. Scrapbooking paper is heavier than copy paper- think cardstock. Don't try to use construction paper- the colors fade and it degrades over time. 12 x 12 or 8.5 x 11 are the standard sizes.
- Scissors/trimmers- Sharp, fine tipped scissors are needed to trim more intricate designs.
- Ruler/straight edge
- Acid free adhesive. I suggest glue sticks or glue dots. Double-sided tape is also nice- liquid glues tend to be messy and may make your project look soggy.
- Embellishments (stickers, ribbon, journaling cards, decorative tape etc)
- Fine tip marker for journaling

If you need supplies, a kit is available for \$5 with the following

- 4 sheets of 8.5 x 11 paper (randomly selected designs)
- 2 page protectors
- Glue stick
- A selection of sticker embellishments

To complete the album youth will need an album and page protectors. There are many styles to choose from. Remember to select the correct size album for your paper! Albums usually come in 12x12 and 8.5 x 11 sizes. Some albums use a post system and others are made like a ring binder. Page protectors are the plastic sleeves to put your work into. Make sure to choose the kind that fit your album!



Youth interested in participating in the Horse Bowl and Hippology the time has come to register. Normally the Southern Regional Contest takes place at Southern Illinois University in Carbondale. Due to COVID, the 2021 regional horse bowl and hippology contest will be held virtually on March 13.

The Hippology contest will be run like last year's virtual contest. It will use Compass Blackboard in conjunction with Proctorio proctoring software. There will be 10 stations and a written exam with 50 multiple choice questions. Last year Horse Bowl didn't have a virtual option. This year instead of the traditional format, youth will also take a test of Horse Bowl questions that are fill in the blank and or short answer written test through Compass Blackboard. Youth will participate as a team, and the team score will be tabulated from the three highest scores on the team. Registrations is due February 18. There is an extra permission form that gives consent to having their child video and audio proctored while online testing.



**5 Free Enrollments!**  
Thanks to the generosity of a donor who would like to remain

anonymous, Gallatin County 4-H can cover 5 the first 5 enrollments this new year. Please contact Kassy at [kscates@illinois.edu](mailto:kscates@illinois.edu) before enrolling online to make sure there are funds left and enrollment instructions.



**4-H Shooting Sports  
Leader Certification  
Training**

**9am – 7pm; Saturday, June 5, 2021**

Location: 4-H Memorial Camp, Monticello, IL

Registration Details Coming Soon.



## 4-H black and white photo challenge

Embrace winter's white snow and look at the world in tones with this black and

white photography challenge. In this challenge, we encourage you to play with shadows, look at texture, and layer dark and light tones to create stunning black and white photographs. Our goal is to help you feel comfortable turning a color photograph into a black and white image.

### Photo submission

- Take pictures and rename files with your full name and state (i.e. JohnSmith.IL1.jpg, JohnSmith.IL2.jpg, JohnSmith.IL3.jpg). To rename images, please save them to a computer, right click on the image and select rename.
- Submit up to three jpg or jpeg images to [fourphoto@umn.edu](mailto:fourphoto@umn.edu) by 11:59 p.m. on March 15, 2021.
- Submitted photos will be displayed in a slideshow.
- All participants will have their names entered in a random drawing for prizes.
- Volunteer photography judges will provide feedback and recognize their top three images with an award.
- Only black and white images will be accepted for this challenge (no sepia/color/selective color is allowed).

### Tips for better black and white photos

- With mostly white (bright) tones: Over-expose your image slightly. By making it brighter, you'll see better shadow detail and better contrast in your image.
- With mostly black (dark) tones: Under-expose your image slightly. By making it darker, you'll see better highlight detail and better contrast in your image.
- Focus on shapes and lines. Shadows shine in black and white photographs.
- Focus on textures. Try a macro image of something with fine detail.
- Subject matter is open!

- Try editing your image instead of just adding a filter.
- If you're using a cell phone, check out the black and white filter options.

**Build your skills with these resources**

- [Sample black and white photos](#)
- [4-H photography curriculum](#)
- [B&W 101](#)
- [Silhouettes](#)

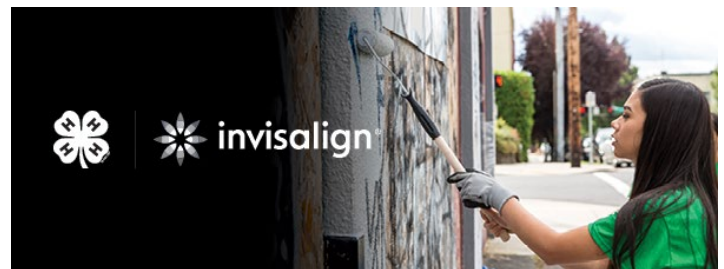
### Audience

Open to youth in grades K-13 in Illinois, Indiana, Iowa, Kansas, Michigan, Minnesota, Missouri, Nebraska, North Dakota, Ohio, South Dakota and Wisconsin.

**Cost:** Free

**Registration:** You must be enrolled in your state's 4-H program to participate. A photo guide will be sent to registered participants.

- [Registration for 4-H'ers outside of Minnesota](#)



## CELEBRATE TEENS IN YOUR COMMUNITY WITH \$5K

We're proud to join the Invisalign® brand in their search for 100 deserving teens dedicated to making a difference in their communities to be recognized as Invisalign® ChangeMakers!

Each of these teens will be celebrated at a virtual event and awarded \$5,000 cash to fund their service projects or help support their educational or personal goals. Help us celebrate those making a difference by sharing with the teens and parents in your life!

All teens ages 13 – 19 can apply now through March 31, 2021 by sharing how they're creating positive change in their communities, schools and world.

Apply here:

[https://invischangemakers.smapply.io/prog/invisalign\\_changemakers/](https://invischangemakers.smapply.io/prog/invisalign_changemakers/)

## BARRED OWL NEST BOX CHALLENGE



### GET READY FOR .... Barred Owl Nest Box Monitoring Season

Remind your local 4-H families and clubs involved in the Barred Owl Nest Box Challenge to prepare to monitor their nest boxes weekly or bi-weekly in March and April! Send the [NestWatch data sheet](#) to Curt Sinclair at [sinclair@illinois.edu](mailto:sinclair@illinois.edu) by June 1, 2021 so we can tally the results! Stay the course – good science takes effort.



### Tell Your 4-H Story – Join the Speaking

#### for Illinois 4-H Team

We're looking for 4-H members interested in spreading the great news about 4-H. 4-H members 14 years of age or older can join the **Speaking for Illinois 4-H** team. There will be a virtual training offered on **Saturday, March 6**.

This virtual training, provided by the Illinois State 4-H Youth Leadership Team, gives you the chance to explore your own 4-H history and why you are involved, put that story into words, and learn the best ways to approach donors, civic groups, elected officials, and others to talk about 4-H. Learn why 4-H believes in Positive Youth Development and how we emphasize the essential elements of Belonging, Independence, Generosity and Mastery. All of this – and more – is a part of **Speaking for Illinois 4-H!** Once you're trained, you'll receive an invitation to be a part of our Legislative Connection events.

Registration is open NOW @:  
<https://4h.extension.illinois.edu/events/speaking-illinois-4-h-training>. **Registration will close March 4.**

#### 4-H Memorial Camp

4-H Memorial Camp is currently working on summer programming plans for 2021 to align with Phase 4 and Phase 5 of the Restore Illinois Plan. We know everyone is anxious to find out when we can get back to holding our traditional Summer Youth Camps. Typically, we would open registration the first Monday in February.

At this time, we do not have a firm idea what phase of the Restore Illinois Plan (developed by the Illinois Department of Commerce & Economic Opportunity) we will be in. This has a direct impact on what we are able to offer. Our hope is to be able to make decisions about summer 2021 by the end of March if not sooner. Decisions concerning summer programming at 4-H Memorial Camp (including registration information) will be shared on our website, via email newsletters from your local Extension Offices to 4-H members, and on Facebook.

If you have any questions, please contact Andy Davis at [ardavis1@illinois.edu](mailto:ardavis1@illinois.edu) or Monika Hammerschmidt at [hammersc@illinois.edu](mailto:hammersc@illinois.edu). Email is currently the best way to contact us



## YLT

### We're Looking for New Members!

Illinois State 4-H Youth Leadership Team You see them at state 4-H events in their bright green shirts. Now YOU can become an Illinois State 4-H Youth Leadership Team member.

- **Eligibility:** Age 16 to 19
- **Length of service:** Two years
- **Apply online:** [go.illinois.edu/4HYLT](https://go.illinois.edu/4HYLT). Look for the "application" at the bottom of the page.
- **Deadline:** March 15, 2021

The State Youth Leadership Team plans and implements the state Jr. Leadership Conference, plans and teaches the Speaking for Illinois 4-H program, and assists (behind the scenes and in front of the audience) for many other statewide events. Team members have the opportunity to serve on statewide planning committees and advisory groups, including the Illinois 4-H Foundation Board of Directors, Illinois Farm Bureau Youth Education Committee, Illini Summer Academies planning committee, and Teen Leadership Conference planning committee. Members also have the first opportunity to attend National 4-H Conference in Washington, D.C. each spring.

Ready to learn more about the 4-H Youth Leadership Team? Join current YLT members for an informal Q&A session!

Join us for a Zoom session Saturday, March 6 from 11:30-Noon or Wednesday, March 10 from 7:00-7:30 pm. Meet current YLT members, ask questions, and learn more about the YLT experience!

To Register for either session, head to: <https://web.extension.illinois.edu/registration/...>



Get cash to help improve your community Looking for funding support to conduct community service outreach in your community? Farm Credit Illinois is ready to help Illinois 4-H clubs and FFA chapters bring positive and visible change to Illinois communities! Fifty \$500 Community Improvement Grants are available. Clubs must be located in one of the 60 central and southern Illinois counties served by Farm Credit Illinois. Check if your club is eligible and apply today at [farmcreditIL.com](http://farmcreditIL.com). Be sure to contact your LOCAL EXTENSION OFFICE BEFORE applying for this grant to ensure you follow all fiscal requirements!

Are you ready to tell your story?

2020 brought many unexpected challenges and changes to each of our lives. From attending school from home to keeping each other safe during a global pandemic, each of us has a unique story to tell about the past year, and this year you and your team will be able to tell your stories at the 2021 Illinois 4-H State Robotics Challenge.

This year's challenge will be virtual and will require your team to use the challenges of the last 4 years (2017-2020) to tell your unique story. Register now through April 30: <https://go.illinois.edu/4HR2021>

For details about the challenge, and other FAQs head here: <https://go.illinois.edu/2021CHALLENGE>

Follow along with everything robotics:

<https://www.facebook.com/groups/il4hrobotics>



- Who:** Youth ages 13 and up
- What:** Come to the table at the 2021 Food Action Summit! Share your ideas, vision and passion while you network with Food Advocacy Professionals on a shared vision for future food security, food access and food justice
- When:** May 15th, 9-11am, 12:30-4:30pm  
(Registration opens March 1st)
- Where:** This virtual summit will take place via Zoom
- Contact:** Mark Becker, [mbbecker@illinois.edu](mailto:mbbecker@illinois.edu)

Get inspired. Get empowered. Share your vision. Strengthen your leadership.  Illinois Extension  
UNIVERSITY OF ILLINOIS URBANA-CHAMPAIGN

Make your unit part of the discussion  
in these teen-led dialogues!

<https://go.illinois.edu/justintime2021>

 Illinois Extension  
UNIVERSITY OF ILLINOIS URBANA-CHAMPAIGN

Don't miss the chance to make your 4-H unit a part of the discussion!

The Illinois 4-H Youth Leadership Team will begin offering the Just In Time Equity Dialogues for Youth ~ The Equity Guided Dialogues are a series of lessons designed to bring youth together to deliberate, reflect, and take action on social justice issues. Each guide focuses on issues that investigate systematic and structural injustices using multiple perspectives that

lead to critical awareness, deep reflection, and personal growth.

Get inspired, get empowered, share your vision and your leadership at our 2021 Food Action Summit!

Save the date for this May 15th Zoom event with registration details to follow March 1st! We hope to see you there!

## JUST THE HELP YOU NEED FOR YOUR 4-H CLUB

The Illinois 4-H Website has all of the resources and forms needed to guide 4-H club officers, committees, and members as they plan for the new 4-H program year.

- Go to [go.illinois.edu/IL4H](https://go.illinois.edu/IL4H)
- Click on the **Clubs** tab.
- Scroll to Meeting Resources near the bottom of the page
- Find these helpful documents:
  - **Club Meeting Agenda** – this fillable form is a useful fill-in-the-blank form your club officers can use as they plan each section of the meeting. This useful form provides them with the meeting structure they can use to identify who from the club should be in charge of each potential item that may be included in a meeting.
  - **Club Committee Planning Worksheet** – the Committee Planning Worksheet is an excellent tool to give to committee members as they plan club events and activities.
  - **Club Yearly Program Plan** – this helpful tool guides the club officers and club members as they identify club goals to work toward during the year and brainstorm what programs, events and/or activities to plan for the club to engage members in fun, hands-on learning experiences throughout the program year.
  - **More** – Don't forget to download your new secretary book, treasurer book, tips for good club meetings, tips for using the 4-H name, and more other important resources.

## 4-H Alumni News

Do you have news to share with the Illinois 4-H Alumni Association? Moved - New Address? Did you get a new job? Married? Promotion? New Baby? A recent death of a 4-H alum? We would love to hear your updates and stay connected!

<https://surveys.illinois.edu/sec/8251680>

Interested in sharing your 4-H story for a 4-H Alumni profile? We are seeking 4-H alumni to share their 4-H story to be highlighted on our social media accounts for a "Member Monday" 4-H profile

<https://surveys.illinois.edu/sec/2162799>

We hope you will engage with us online and help create a network of 4-H alumni.

- **LinkedIn:**  
<https://go.illinois.edu/LinkedIn4HALumni>
- **Facebook:**  
<https://www.facebook.com/groups/il4halumni/>
- **Twitter:** <https://twitter.com/IL4halumni>
- **Instagram:**  
<https://www.instagram.com/il4halumni/>

## 4-H VOLUNTEER CAFÉ CONVERSATIONS!

Register to participate in the **4-H Volunteer Café Conversations**. We are so excited to continue this new Illinois 4-H opportunity creating a platform for 4-H Volunteers from across Illinois to meet virtually and discuss topics of interest, share both ideas and challenges. Volunteers will gain access to tools & techniques to support their volunteer efforts, strengthening 4-H club and member learning experiences. We have two upcoming Café Conversation opportunities coming up in the next few months. We will address two topics during each Café Conversation so bring your ideas, questions, and since this is a Café Conversation, feel free to bring a snack!

### 4-H Volunteer Café Conversation - Thursday, May 20, 2021; 7 PM

TOPICS will include:

1. **One for the Project, Two for the Show, Three to Get Ready...Go Clover Go!**
2. **Summer Fun!**

Link to register for the **May 20, 2021** Volunteer Café Conversation:

<https://web.extension.illinois.edu/registration/default.cfm?RegistrationID=22738>

Don't forget - all 4-H volunteers and members in leadership roles who participate in 75% (3 of the 4) Volunteer Café Conversations will receive their very own limited edition 4-H Volunteer Café Conversations Ceramic mug! We have had great participation so far and if you have already attended at least one session, you are on your way to receiving your Café Conversations mug!



RETURN TO: Kassy Scates  
University of Illinois Extension  
216 S. Murphy St  
PO Box 177  
Ridgway, IL 62979

## 4-H Program Fee Waiver Form

(one form per 4-H family per year- multiple family members may have their enrollment paid)

Please submit to the County Extension Office after completing the enrollment forms through 4-H Online or along with paper enrollment

4-H member(s) Name:

4-H Club Name:

Parent/Guardian Name:

Partial and full scholarships are available to cover the 4-H Program Fee. If you feel that your family can make some contribution to the fee, please indicate the amount.

We are able to provide \$ \_\_\_\_\_ of the \$20 Member 4-H Program Fee.  
(cash or check made payable to University of Illinois)

\_\_\_\_\_  
Signature of Parent/Guardian                      Date

\_\_\_\_\_  
Signature of Extension Director                      Date

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