



[www.facebook.com/groups/GallatinCountyIL4H/](https://www.facebook.com/groups/GallatinCountyIL4H/)



## Happy May All!

Spring Break has passed and now the countdown to the end of the school year is on. The weather has FINALLY started to warm up! May is super busy for students and families. We will kick things up full speed in June- a partial list is in the calendar. Keep an eye on the Facebook page for updates!

See you all soon, Kassy



A Gallatin County FCCLA member is planning a service project called Carry the Flag 5K. It will be held on **May 14** starting at 9:00 am in Ridgway, starting by the St. Joe

ballfield, and follow the same route as the Popcorn Day 5K. May is Military Appreciation Month. Each participant will receive a small flag to carry on the route. The proceeds from the \$30 registration fee will be donated to the Veterans Honor Flight of Southern Illinois and the goal is to raise at least \$750, which is the amount needed to sponsor one veteran on the flight.

There are two ways to register - by using the Google form or by using Runsignup. You may **pay directly on Runsignup**, but there is a \$2.74 processing fee. You will have to be able to get the registration **fee to us before May 7 if you use the Google form**. There will be a t-shirt with each registration. Help us support this great cause!

<https://docs.google.com/.../1FAIpQLSeWVm3XSDR.../viewform...>

<https://runsignup.com/Race/IL/Ridgway/CarrytheFlag5K>

## CALENDAR

May – Largemouth Bass 4-H State Tournament  
 5/1 Horse Ownership Forms Due  
 5/3 Story and Paper Crafts at the Library  
 5/4 May the 4<sup>th</sup> be With You  
 5/6 School early dismissal & Prom  
 5/7 Saline Co. Stockman's Rabbit Show  
 5/7 Last day to pay if registering via Google doc for Carry the Flag 5 K  
 5/12 Last day to register for White County CPR & First Aid Class  
 5/14 CPR & First Aid Class  
 5/14 Carry the Flag 5K  
 5/19 8<sup>th</sup> Grade Graduation  
 5/20 High School Graduation  
 5/26 No School  
 5/27 Early Dismissal & Pick up Report Cards  
 5/28 Shawneetown Coal Days Parade  
 5/28-30 DuQuoin Youth Horse Show  
June – Channel Catfish 4-H State Tournament  
 6/1\_YQCA & QAEC TRAINING DUE  
 6/1 IL State Fair Junior Horse Show entries due  
 6/7 First 4-H Summer Foods class  
 6/7 4-H Summer Cooking Classes begin  
 6/11 Horse Show 101 Clinic  
 6/12-16 Memorial Camp  
 6/14 Outdoors at the Shawneetown Public Library  
 6/28 Outdoors at the Shawneetown Public Library  
 7/5 NO COOKING CLASS  
 7/ 5-9 Memorial Camp  
 7/12 4-H Horse Show  
 6/16 4-H General Show  
 7/17-21 Memorial Camp  
 7/24 – 30 Illinois State Fair Junior Horse Show  
 8/12-14 State Fair Junior Livestock Shows  
 8/13 – 15 Illinois State Fair

If you need a reasonable accommodation to participate in this program, please contact Kassy at [kscates@illinois.edu](mailto:kscates@illinois.edu). Early requests are strongly encouraged to allow sufficient time to meet your needs.

University of Illinois Extension provides equal opportunities in programs and

## 4-H Summer Foods Class

FOR YOUTH AGE 8 AND UP AS OF SEPTEMBER 1, 2021

FREE TO 4-H MEMBERS, 4-H ENROLLMENT IS \$20

GALLATIN COUNTY FARM BUREAU

TUESDAY'S FROM 9 A.M. TO 11.

JUNE 7 JUNE 14 JUNE 21

JUNE 28 JULY 12



GO TO [HTTPS://GO.ILLINOIS.EDU/GCo\\_Summer\\_Foods\\_22](https://go.illinois.edu/GCo_Summer_Foods_22)

FOR MORE INFORMATION PLEASE EMAIL [KSCATES@ILLINOIS.EDU](mailto:KSCATES@ILLINOIS.EDU)



LEARN BASIC HEALTHY LIVING  
LEARN KITCHEN & FOOD SAFETY  
LEARN PROPER COOKING SKILLS  
EXPLORE NEW FOODS



**Illinois Extension**  
UNIVERSITY OF ILLINOIS URBANA-CHAMPAIGN

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We had a great time last year with our 4-H Summer Foods Class and are bringing it back with some new recipes and skills! The Gallatin County Farm Bureau has welcomed us back to their space.

Our classes will be held on Tuesday mornings from 9-11 am June 7 through 28<sup>th</sup> and our final class will be held July 12. We will cover basic healthy living, kitchen and food safety, proper cooking skills and explore new foods!

The class is free to 4-H members, there is a \$20 fee to join 4-H. You may join 4-H using the 4-H Online option or I can send a paper option. I look forward to seeing several from last year as well as some new faces! Space is limited so sign up now by scanning the QR code above or visit

[https://go.illinois.edu/GCo\\_Summer\\_Foods\\_22](https://go.illinois.edu/GCo_Summer_Foods_22)



We will be joining with the Shawneetown Public Library to celebrate the Summer Reading Program. This year's theme is "Beyond the Beaten Path". In honor of the theme will be focusing on outdoors and wildlife project areas! We hope this

inspires your family to "Rediscover Your Backyard". Sometimes we forget how lucky we are to live in beautiful Southern Illinois.! Keep an eye on our Gallatin County 4-H Facebook group as well as the Shawneetown Public Library page!



## Stockmen's Youth Rabbit Show & Clinic

The Saline County Stockmen's Association is sponsoring a Youth Rabbit Show & Clinic on **Saturday, May 7, 2022**, at the Saline County Fairgrounds. Registration begins at 9:30 am and the Show begins at 10 am. This show is open to all youth ages 6-19.

Classes will be determined based on entries. Awards will be given for the top three places in each class and for Best of Show. There is no entry fee. Each class will pay at least three places.

This is a clinic, so bring your questions for the judge. For more information, please contact Rabbit Superintendent Cindy Boulds at 618-294-0047.

Multi-County

## HORSE SHOW 101



9:00 AM  
Saturday, June 11, 2022  
Gallatin County Fairgrounds  
399 N Murphy St. Ridgway, IL 62979



Bring your horse to a clinic to learn more about what to expect at your 4-H Horse Show!

### Topics covered:

- Grooming
- Turnout & Tack
- Class Expectations
- Practice Classes

Youth are encouraged to bring a horse- but it is not necessary.

Helmets are mandatory when mounted. If you do not have a helmet please reach out to your leader or EPC to see if there is one available to borrow.



Register using the QR Code or the link.

[https://go.illinois.edu/GHPSW\\_HorseShow101\\_2022](https://go.illinois.edu/GHPSW_HorseShow101_2022)

## QAEC Requirements

Exhibitors of Cat, Dog, Horse, Poultry, and/or Rabbits are required to take the **Quality Assurance and Ethics Certification (QAEC)** training. QAEC training is only required **once** in the member's career and is offered free of charge. Please visit:

<http://web.extension.illinois.edu/qaec/> to take the training.

**The deadline for both the YQCA and QAEC trainings is June 1.**

## YQCA Certification - New site

All 4-H members exhibiting **Beef Cattle, Swine, Dairy Cattle, Goats, or Sheep** are required to complete the **Youth for the Quality Care of Animals** certification (YQCA). This statewide certification must be completed **annually**. **Youth MUST complete this training prior to County 4-H livestock shows**. This does not apply to youth exhibiting animal or veterinary science poster projects.

If you plan on showing a live animal please reach out to me at [kscates@illinois.edu](mailto:kscates@illinois.edu). There have been some changes to the platform. We have limited in person trainings (\$3) available or you may do the online training (\$12)



## State 4-H Fishing Tournaments Ready to Go!

Easy to enter, easy to win!  
May 1-31 is bass time. Learn rules and how to enter here:

<https://illinois4h.org/events/4-h-hooks-us-together-fishing-tournament>

### 2022 Illinois 4-H Hooks-Us-Together Fishing Tournament

May 1 – 31, 2022 – Largemouth Bass

June 1-30, 2022 – Channel Catfish

Rods and Reel Prizes Sponsored By: Steve Moffitt, 4-H Fish Camp All-Star Volunteer

Eligibility and Rules: Open to all 4-H members from Illinois, but to win sweet, new spinning rod and reel prizes these requirements must be met:

1. Must be a current year Illinois 4-H member; enrolled in a Sport Fishing Project; and marked active in 4HOnline.
2. All Illinois Department of Natural Resources fishing regulations must be followed.  
<https://www.ifishillinois.org/>
3. Submit entries through this link:  
<https://go.illinois.edu/fish4H>

What to Do: You will need a smart phone to take a picture of your catch! In the picture, you must clearly show the length of the fish in inches (take a picture of the fish with a tape measure for proof).

4. New spinning rod/reel combos for the first three places each month! One prize maximum per person.



## JOIN THE CLUB

Enrollment/Re-Enrollment Instructions for youth/adult re-enrollments: Go to <http://v2.4honline.com>.

- Enter your email address and password.
- Click Sign-In.
- Continue to Youth and Cloverbud Member Enrollment to re-enroll youth members, continue to Adult Enrollment to reenroll Adult members.
- If you are returning to 4-H, your member record will be listed on the family Member List.
- Click “Enroll Now” under the Program in which you would like to enroll.
- Follow through each page to complete your enrollment.
- If you have forgotten your password, click “Reset Password?” to receive an email with a link to set a new password.

Illinois 4-H has a maximum per family enrollment fee of \$60. Based on this amount, the first three youth members in a family would be expected to pay \$20 per member. For the fourth member and beyond, the fee would be waived. For the fourth member and beyond, please select check as the payment method. As an FYI Illinois 4-H has been experiencing quite a lot of credit cards being declined by 4-H Online.

Families who have paid with a credit card in the past should delete their credit card information before trying to re-enroll members

You may pay by credit card or check when enrolling online. If paying by check, please make the check payable to University of Illinois Extension. Please make sure you enroll in Gallatin County.

You can now order publications online at: <https://shop4-h.org/collections/illinois-virtual-pop-up-shop> Click - Log In. Click - Create Account. After entering the account information, click - Return to Store. This is a new process. Some of the publications may not be uploaded yet, so you may need to check back at a later date.





Presented by  
Paramedic/CPR and  
First Aid Instructor  
Karen Rahmoeller

RSVP by May 12, 2022



REGISTER AT:  
[HTTPS://GO.ILLINOIS.EDU/CPRFIRSTAIDTRAINING](https://go.illinois.edu/cprfirstaidtraining)

**Saturday, May 14, 2022**  
White County Extension Office  
1715 College Ave, Carmi  
10:00 to 12:00

*Training includes:*

- Learn about Emergency Situation
- Basic Life Supports
- Get Started with CPR
- Get Started with First Aid
- Real-life Demonstration



If you need a reasonable accommodation to participate in any of these programs, please contact the University of Illinois Extension Office at 618-382-2662.

Learn basic First Aid and CPR training with real-life demonstrations. There is no cost. This is not a CPR Certification, the instructor is teaching basic principles. Sign up by scanning the QR Code or visiting <https://go.illinois.edu/cprfirstaidtraining>

## 4-H Memorial Camp

Registration for our Summer Youth Camps at 4-H Memorial Camp is underway! We still have spaces for female campers for each session. We have filled all of our spots for male campers but have started waiting lists for each session in case any spots open up. You do not need to be a 4-H member to attend.

Program details and registration materials are available on our website:

<https://4h.extension.illinois.edu/programs/camping/4-h-memorial-summer-youth-camp>

To see pictures of past youth camps, please visit our [Facebook](#) page.

If you have any questions or would like to get your male camper on a waiting list, please contact:

Monika Hammerschmidt [hammersc@illinois.edu](mailto:hammersc@illinois.edu)  
or

Andy Davis [ardavis1@illinois.edu](mailto:ardavis1@illinois.edu)  
(217) 762-2741



## Crop Scouting Competition, August 4, 2022

[Crop Sciences Research & Education Center](#),  
4202 South 1st St., Savoy, IL 61874

Check-in and registration start at 8 a.m. The competition starts at 8:30 a.m. and will end by 1:30 p.m.

The competition is open to high school students completing grades 9-12 in the spring of 2022. They will work in teams of 2 to 5 students led by an adult coach. Coaches can be FFA advisers, agriculture teachers, seed dealers, co-op employees, and others. No more than three teams per sponsoring organization (e.g. company, school, club).

This will be an outdoor event.

Lunch, beverages, and snacks will be provided.

Prizes: \$500 for 1st, \$300 for 2nd, and \$150 for 3rd.

**Questions?** Contact program coordinator [Chelsea Harbach](#) at [harbach2@illinois.edu](mailto:harbach2@illinois.edu).











Join us for 4-H Volunteer

*Café Conversations*

4-H

## VOLUNTEER CAFÉ CONVERSATIONS! – SAVE THE DATES!

Mark your calendars now so you can participate in the Spring 2022 **4-H Volunteer Café Conversations**. If you are new to the Illinois 4-H program, the Café Conversations is a platform for 4-H Volunteers and 4-H members serving in leadership roles from across Illinois to meet virtually and discuss topics of interest, share both ideas and challenges. We will identify the topics for the next two Conversations in January!

- **Thursday, May 19, 2022; 7 PM**

Watch for future registration details!



## ENCOURAGING an appreciation and understanding of natural resources



Help youth encourage an appreciation and understanding of natural resources by becoming an Illinois 4-H Shooting Sports volunteer! Certifications are available in Archery, Shotgun, Rifle, Pistol, Coordinator, and Hunting/Outdoor Skills offered (May 7 only). One discipline per day/per person. All programs run 9am-6pm and are active range time instruction on the following dates:  
Sat., May 7, 2022 4-H Memorial Camp, Monticello  
Sat., July 16, 2022 Bi-State Sportsman's Club, Colona  
Contact your local Extension Office 4-H professional and they will process your registration. Questions? Contact Curt Sinclair at [sinclair@illinois.edu](mailto:sinclair@illinois.edu).

Gallatin County 4-H  
Newsletter

County Director:  
Angela Messmer

Extension Program  
Coordinator:

Kassy Scates  
[kscates@illinois.edu](mailto:kscates@illinois.edu)

PO Box 177  
Ridgway, IL 62979