EXAMPLE - Unit 16 Logan, Menard & Sangamon County 4-H Member Record (11 – 13 year olds)

Name	Jenny	Jones	Birthdate	Birthdate 3/30/2001		
Addres	dress 101 Main Street, Linco		In, IL 62656			
4-H Clu	Ib Happy	Helpers	Year joined 4-H 2010-2011			
****			*****	***	**	****
Year	Number Held	of meetings Attended	Club Offices Held	Commi	ttees worked on	I pledge
2012- 2013	7	5	Enter title of club office here.	Scrapb	ook Committee	head Frank
2013- 2014	7	6	Club Reporter	Scrapb	ook Committee	
Select Year	Choose number mtgs held	Choose number attended.	Enter title of club office here.	Enter com	mittee name here.	18 U.S.C. 707 to my club, my community,
						my country, and the world.

Check box below for 4-H Categories you have enrolled in and are submitting records for Achievement \boxtimes Animal Science (includes Beef, Cat, Dairy, Dog, Goat, Horse & Pony, Poultry, Rabbit, Sheep, Small Pets, Swine, and Vet Science) **Community Involvement & Global Awareness** (includes Citizenship, Intercultural, Service Learning) Engineering & Technology (includes Aerospace, Bicycle, Computer Science, Electricity, Geospatial, Robotics, Small Engines, Tractor, \square Video/Filmmaking, Welding, Woodworking) Environment & Natural Resources (Entomology, Forestry, Geology, Natural Resources, Outdoor Adventures, Shooting Sports, Sportfishing, Wildlife) Food, Nutrition & Health (includes 4-H Cooking 101, 201, 301, 401, Microwaving, Food Preservation, Health & Fitness) \boxtimes Home & Family (includes Child Development, Consumer Education, Entrepreneurship, Intergenerational, Interior Design, Sewing & Textiles) Personal Development (Communication, Journalism, Leadership, Photography, Public Presentations, Scrapbooking, Theater Arts, Video/Film, \boxtimes Visual Arts) Plants & Soils (includes Crops, Floriculture, Horticulture, Plant & Soil Science)

-	Inter all projects you are enrolled in for a specific projectPROJECT CATEGORY: Animal Scienceategory below.(ONE PROJECT CATEGORY PER PAGE):(see first page for category titles)					
Year(s)	Project Title	Made/Created/Grown, etc.	Exhibited	Workshops/Classes	Talks/Demos/Service	
2012-2013	Beef I	2 steers	4-H Beef Show 3 County Fairs			
2012-2013	Swine I	2 barrows	4-H Swine Show 3 County Fairs State Fair		Gave club talk on swine project	
2012-2013	Horse II	1 mare, 1 gelding	4-H Horse Show State Fair	County Horse Workshop	Gave club talk on horse project	
2013-2014	Beef I	2 steers	4-H Beef Show 3 County Fairs State Fair Breed Association Show		Gave club talk on beef project	
2013-2014	Swine II	1 barrow	4-H Swine Show 3 County Fairs State Fair			
2013-2014	Horse III	1 mare, 1 gelding, 1 pony	4-H Horse Show State Fair	County Horse Workshop	Demonstrated how to saddle horse on club tour	
2014-2015	Beef II	2 steers, 2 heifers	4-H Beef Show 3 County Fairs State Fair Memorial Day Cattle Show		Gave talk on different types of cattle feed at club meeting.	
2014-2015	Swine II	2 barrows, 2 gilts	4-H Swine Show 3 County Fairs State Fair			

4-H Skills:	4-H Skills: Enter skills you have learned in this project area (for each project in this Category you are enrolled in) in columns provided below.			
Year(s)	Project Title	Skills Learned		
2012-2015	Beef I, II	Learned different breeds of cattle, how to groom cattle, cattle diseases, showmanship skills		
2012-2015	Swine I, II	Learned types of hog feed, to get a barrow to market weight, showmanship skills, hog diseases, how to vaccinate hogs		
2012-2014	Horse II, III	Learned how to saddle a horse, about pattern riding, how to take care of my horse, different breeds of horses		

4-H Story: Write your story for this <u>project category</u> in box provided below (include information on all projects you are enrolled in for this category). Be sure to write about what you accomplished in the <u>project category</u> this year, what you liked best in this project area this year, mention any challenges you might have faced, and what you'd like to do next year. ONE <u>PROJECT CATEGORY</u> STORY PER PAGE.

PROJECT CATEGORY (see first page of records for Project Category Titles): Animal Science

2012-2013 – This year I raised two steers, two barrows, and also showed my horse. It takes a lot of time to care for your animals and I didn't always like all the chores that are involved, but had a great year with my animals. The thing I liked best this year was when one of my barrows was selected as champion Berkshire barrow – that made all the work seem worthwhile. I had one steer that was pretty easy to work with, but my other steer was very stubborn and he was pretty hard to break to lead, but with my Dad's help we finally got that accomplished. I learned more about the horse show and pattern riding when I went to the county horse workshop and it was helpful to learn that information before Horse Show day. Next year I'd like to get a different breed of barrow and plan to raise steers and show my horse again.

2013-2014 – This year I had my beef, swine, and horse projects again. I took both a Pony and a Horse to the 4-H shows. It was a little more work, but I ended up getting Champion Pony at this year's show which was exciting. That was the best thing about this year's show season. I learned more about diseases when we were searching for show pigs to buy this year. A lot of people didn't have as much of a selection because of the PED problem this past year, but I finally found a Crossbred barrow to show. There is more competition in the crossbred class, so I didn't have a champion this year, but I enjoyed showing my barrow anyway. In my beef project I had two steers to show this year and had a little excitement when we were unloading and one of them got loose. We got him chased down pretty quickly, but I learned to keep a closer eye and better grip on my animals! Next year I will continue with these projects and hope I will have another champion.





Enter all projects you are enrolled in for a specific project category below. (<u>ONE PROJECT CATEGORY PER PAGE</u>):				PROJECT CATEGORY: Food, Nutrition & Health (see first page for category titles)			
Year(s)	Project Title	Made/Created/Grown, etc		Exhibited	Workshops/Classes	Talks/Demos/Service	
2012-2013	Cooking 101	3 batches marshmallow bars		4-H Food Show	4-H Tasty Treats Workshop	Donated dessert to Foundation Spaghetti Meal	
2012-2013	Microwave A	Chocolate fudge, peanut butto fudge	er	4-H Food Show			
2013-2014	Cooking 201	Nut Bread, 3 meals for family		4-H Food Show	4-H International Cooking Camp	Talked about Cooking Camp at club meeting	
2013-2014	Outdoor Meals	Breakfast Cookies, Trail Mix		4-H Food Show	4-H Outdoor Adventures Workshop 4-H Food Challenge	Donated dessert to Foundation Spaghetti Meal	

Year(s)	Project Title	Skills Learned
2012-2013	Cooking 101	To read a recipe, to use measuring spoons & cups, to make marshmallow bars
2012-2013	Microwave A	To plan a healthy menu, to use the microwave
2013-2014	Cooking 201	To make quick bread, oven safety
2013-2014	Outdoor Meals	Healthy snacks for a hike, to make breakfast cookies

4-H Story: Write your story for this <u>project category</u> in box provided below (include information on all projects you are enrolled in for this category). Be sure to write about what you accomplished in the <u>project category</u> this year, what you liked best in this project area this year, mention any challenges you might have faced, and what you'd like to do next year. ONE <u>PROJECT CATEGORY</u> STORY PER PAGE.

PROJECT CATEGORY (see first page of records for Project Category Titles): Food, Nutrition & Health

2012-2013 I took Cooking 101 and Microwave A as my foods projects this year. I like to help my Mom in the kitchen and it was fun to learn to make the marshmallow bars and learn to use the microwave. The microwave fudge took several tries and it was harder than I thought it was going to be. I did try both chocolate fudge and peanut butter fudge and my family like the peanut butter fudge better. After learning to make the marshmallow bars I was able to make this recipe and donate some of the bars to the Foundation Spaghetti Meal for their dessert table. Next year I will try a new foods project.

2013-2014 I took Cooking 201 and Outdoor Meals for my foods projects this year. I learned to make nut bread in Cooking 201. I had never made bread before, so this was a fun recipe to try. I will definitely make it again. I took Outdoor Meals since my family likes to go camping. I learned to make breakfast cookies. The first pan of cookies came out a little bit dark when I didn't hear the timer go off on the oven. I learned I need to watch things closely when I am baking. This ended up being my favorite recipe and I will be sure to make these to take on future camping trips. I also got to participate in the Food Challenge contest on Food Show Day and that was a lot of fun to work as a team and come up with an idea for an appetizer. Next year I will try a new recipe from Cooking 201.

category b	elow. (<u>ONE PROJEC</u>	CT CATEGORY PER PAGE): (see	see first page for category titles)			
Year	Project Title	Made/Created/Grown, etc.	Exhibited	Workshops/Classes	Talks/Demos/Service	
EXAMPLE: 2013-2014	Visual Arts	3 Clay Sculptures; 4 Pencil Sketches; 3 Acrylic Paintings; 1Paper Mosaic	4-H Show County Fair Art Fair at School	Visual Arts/Painting Workshop	Club Demo on sculpting with clay	
2012-2013	Photography I	Took 125 + photos, made a photo story	4-H Show County Fair		Took pictures for club scrapbook	
2012-2013	Visual Arts	6 drawings, 3 paintings, 2 origami	4-H Show Art Fair at School	4-H Painting Workshop		
2013-2014	Photography II	Took 150+ photos, digital photo editing, photo collages, action photos	4-H Show County Fair	Park District Photography Class	Gave club talk on digital photo editing	
2013-2014	Visual Arts Scrapbooking	3 drawings, nature project, 2 glass etching, scrapbook pages	4-H Show Art Fair at School	4-H Glass Etching Workshop	Gave club talk on glass etching	
2014-2015	Photography II	Took 150+ photos, action photos	4-H Show		Took pictures for club scrapbook	
2014-2015	Visual Arts	2 drawings, cross stitch project, metal sculpture	4-H Show County Fair			

Year(s)	Project Title	Skills Learned
EXAMPLE:	-	
2013-2014	Visual Arts	To use Sculpey clay, to bake clay, drying flowers, shading with pencil for sketching, to paint with acrylics, to arrange paper into a mosaic
2012-2014	Photography	Using a digital camera, rule of thirds, to take action photos, to post pictures online, to make photo collages, to edit digital
		photography, to use Photoshop
2012-2014	Visual Arts	Learned different origami folds, how to draw with charcoal, to paint with watercolor & acrylic, to etch glass, to make art
	Scrapbooking	from nature items, to do scrapbook layouts for pages

4-H Story: Write your story for this <u>project category</u> in box provided below (include information on all projects you are enrolled in for this category). Be sure to write about what you accomplished in the <u>project category</u> this year, what you liked best in this project area this year, mention any challenges you might have faced, and what you'd like to do next year. ONE <u>PROJECT CATEGORY</u> STORY PER PAGE.

PROJECT CATEGORY (see first page of records for Project Category Titles): **Personal Development**

2012-2013 I have taken Photography & Visual Arts as 4-H projects. This year I learned to use my digital camera and it was fun to try lots of different shots and be able to delete ones that I didn't like or that weren't good. In Visual Arts I got to do a lot of different drawings and paintings. I found out I like painting with watercolors the best and they seemed easiest to work with. When I was painting with acrylics I managed to spill the paint and it was really hard to get that cleaned up! Next year I'd like to learn to make a collage with my pictures and learn more painting techniques.

2013-2014 I did Photography and Visual Arts again this year as projects. I learned to take action pictures with my digital camera, but it took quite a bit of practice to be sure the pictures weren't too blurry. I learned about a website called ipiccy.com that lets you make photo collages and I made some different ones for my friends. I really liked learning to make the collages and share them. In Visual Arts this year, something new I tried was glass etching. I went to a 4-H workshop to learn to do this and found out how to use etching cream. I want to try some more etching projects for next year.

Participation, Leadership, Community Service not related to a specific 4-H project Mark each event with Local Club (L), County (C), Unit/Multicounty (M), State (S) and the number attended

List PARTICIP	List PARTICIPATION such as workshops, conferences and camps <u>not specific to a project</u> in rows below.			
Year	Activity/Event			
EXAMPLE:				
2013-2014	Attended 4-H Camp (M, 250); County International Night Program (C,20); 4-H Club Bowling Party (L,25)			
2012-2013	4-H Club Weiner Roast (L, 25); 4-H Club Potluck (L, 30)			
2013-2014	4-H Club Cookout (L, 25); County International Night Program (C, 70); YES! Jr. Leadership meetings (C, 8)			

List LEADERS	List LEADERSHIP such as Club Offices, club talk, leading club activity, or serving as ambassador which are not specific to a project in rows below.			
Year	Activity/Event			
EXAMPLE:				
2013-2014	Club Reporter (L, 25); gave club talk about 4-H Camp (L,20); 4-H County Ambassador (C, 15)			
2012-2013	Led pledges at club meeting (L, 18)			
2013-2014	Club Reporter (L, 20); led recreation activity at club meeting (L, 15)			

List COMMU	List COMMUNITY SERVICE or 4-H PROMOTION (such as appearance in newspaper, tv, radio) not specific to a project in rows below.			
Year	Activity/Event			
EXAMPLE:				
2013-2014	National 4-H Week Club Activity (L,12); pictured in Food Show Results in paper (C,12); donated food to club food drive (L, 20); helped at 4-H promo booth at Fair (C,10)			
2012-2013	National 4-H Week Club Activity (L, 10); recycling with 4-H club (L, 15)			
2013-2014	National 4-H Week Club Activity (L, 8); made birthday bags with YES! Jr. Leadership group (C, 8)			

Non-Extension Related Activities

Summarize what you have done in your school, community, and church activities. (Participation, Leadership, and Community Service)

Year	Location	Event/Activity		
EXAMPLE	School	Spelling Bee, Basketball Team		
2013-2014	Community	Boy Scouts, Music Recital, Swim Lessons		
	Church	Children's Choir, Youth Group		
2012-2013	School	Science Fair, Christmas Program, Spelling Bee, Track		
	Community	Library Summer Reading Program, Soccer		
	Church	Acolyte		
2013-2014	School	Science Fair, Christmas Program, Track, Basketball		
	Community	Swim Lessons, Traveling Soccer		
	Church	Youth Group		

List LEADE	List LEADERSHIP in School, Community & Church events in rows below. (see example below)				
Year	Location	Event/Activity			
EXAMPLE	School	Student Council Representative, Scholastic Bowl Captain			
2013-2014	Community	Organized Food Drive for Scouts			
	Church	VBS Group Leader			
2012-2013	School	School Crossing Guard			
2013-2014	School	Student Council Class representative, planned spirit week activities			
	Church	Sunday School teacher			

List COMMUNITY SERVICE ACTIVITIES in School, Community & Church in rows below. (see example below)					
Year	Location	Event/Activity			
EXAMPLE	School	Collected money for St. Jude			
2013-2014	Community	Visited Nursing Home Residents			
	Church	Collected items for food drive at church			
2012-2013	2013 School Wrote letters to soldiers				
	Community	Raised money for Relay for Life team			
	Church	Worked on cleanup day at our church			
2013-2014	School	Collected pet items for Humane Society			
	Community	Walked with a team for Relay for Life			
	Church	Collected food for Food Drive at church			

APPROVAL					
Year	Member Signature	Parent/Guardian Signature	Leader Signature		