



2020 IMPACT REPORT University of Illinois Extension DeWitt, Macon, & Piatt Counties

Illinois Extension

University of Illinois Extension provides practical education you can trust to help people, businesses, and communities solve problems, develop skills, and build a better future. Based in the College of Agricultural, Consumer and Environmental Sciences, Extension is the statewide outreach program of the University of Illinois at Urbana-Champaign.



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A Message from the Chancellor

The University of Illinois at Urbana-Champaign is an economic engine and a driver of innovation, deeply rooted in the Illinois prairie and engaged statewide, from Cook County to Cairo. Illinois Extension brings the university to your doorstep. Extension

educators live and work alongside you in every county, allowing the university to support local leaders, businesses, farmers, and residents to address grand challenges and everyday problems with practical, research-based solutions. As a youth, my own 4-H experience inspired a rewarding career in agricultural research and higher education. Today, it's an honor to lead this great public university and deepen its commitment to serve the people of Illinois.

Robert J. Jones Chancellor, University of Illinois





A Message from the County Director

It is my pleasure to represent a staff of outstanding professionals who strive every day to positively impact the lives of the citizens of DeWitt, Macon and Piatt counties. To say that 2020 stretched the staff to their limits would be an understatement. While the

pandemic has brought many changes to our programming, including the first virtual 4-H fair in our history, it has also brought numerous opportunities for innovation and diversity. I believe the work performed by the staff in our unit truly epitomizes Illinois Extension's motto, "Extending Knowledge, Changing Lives."

Enclosed in this report, you will find evidence of our programs' impact on the region. Extension programming reaches audiences of all ages and addresses the wide variety of community needs in all three of the counties we serve. There is simply not enough room in this report to describe the many innovative and educational outreach programs presented by our staff in 2020, nor the full influence of those initiatives. I hope you will take the time to learn more about our programs, volunteers, and impact.

Thank you for your continued support of Illinois Extension in DeWitt, Macon and Piatt counties.

Doug Harlan County Extension Director dharlan@illinois.edu

Kaddalle

Tayanna Meyen and Rachel Major share a smile while working on a project during the DeWitt County 4-H Sewing Club.

The Show Must Go On

The 2020 Macon-Piatt General Projects 4-H Show and 2020 DeWitt-Macon-Piatt 4-H Livestock and Horse Show went virtual for the first time ever due to COVID-19. Youth submitted pictures and videos of their projects, and judges viewed and scored them online. While the pandemic created some unique challenges, there were several positive outcomes. Participation was high, youth submitted high-quality projects and the virtual judging platform allowed alumni from across the country to volunteer.

In the Macon-Piatt General Projects 4-H Show, 51 exhibitors showed 106 projects, while 62 exhibitors showed 247 entries for the DeWitt-Macon-Piatt 4-H Livestock and Horse Show.

DeWitt - Macon - Piatt 4-H

This year has been like no other for Illinois 4-H programs. 4-H programs in DeWitt, Macon and Piatt counties were challenged to create new, innovative programs to engage community

youth. As traditional, in-person events transitioned to a virtual format, 4-H staff remained committed to delivering the highquality programs that families have come to expect.

Growing Our Cloverbud Clubs

4-H Cloverbud clubs are for youth ages 5 to 7. In 2020, virtual Cloverbud clubs were created to meet the needs of families. Virtual clubs function the same as in-person clubs. Members say the pledge, have roll-call, take turns with show-and-tell, and participate in a hands-on learning activity.

While Cloverbuds do not compete at the fair, they may still exhibit by doing a show-and-tell style presentation. Cloverbuds have easily transitioned to virtual programs, and we are excited to continue to watch our Cloverbud members grow!





Leadership Program Impacts Teens

4-H members from Blue Ridge schools participated in Teen Teacher training where they demonstrated an ability to set goals, plan and teach hands-on activities. After completing training, Teen Teachers taught afterschool programs with a new topic every six weeks. Although these in-person programs were cut short in March due to COVID-19 restrictions, youth had the opportunity to teach both art and cooking. Incentives for Teen Teachers were provided by the Illinois 4-H Foundation.



92% of Teen Teachers strongly agreed the experience will help them in the future.



87% of Teen Teachers are motivated to influence and impact others because of their 4-H experience.

I really like teaching because it gives me an opportunity to explore what I want to do when I graduate. 4-H TEEN TEACHER



4-H Teen Teacher Corissa Godbee demonstrates the 4-H way to crack an egg during 4-H Teen Teacher training.



County's 4-H Leaders of the Year.

Leaders of the Year

Duane and Pam Runyon have served as leaders of the Helping Hands 4-H Club in DeWitt County for 20 years. Their family legacies in 4-H reach even farther with each of them tracing back four generations of 4-H members and leaders. It's a heritage that makes them both very proud.

Why do you continue to volunteer?

"Duane and I both enjoy working with families in our club to help raise and mold young 4-H'ers into young leaders throughout their 4-H years. 4-H teaches kids how to be leaders in their club committees, their community, and future jobs they will hold."

What do you like best about being a 4-H leader?

"We both enjoy seeing the kids grow and mature in their projects. Building their confidence in becoming leaders by holding offices in the 4-H program will help with their future endeavors. We are proud and excited to be able to be a part of that. 4-H is a family-oriented program and we encourage anyone that wants to join to do so."



4-H Fights Hunger in the Community

Americans (including 18 million children) would experience food insecurity and hunger in 2020, due to the effects of the coronavirus pandemic.

As part of Hunger Action Month in September, Macon County 4-H partnered with the Mt. Zion Food Pantry and Salvation Army to hold a food drive for local families in need. Nonperishable food items were accepted at the Macon County 4-H Extension Office via contactless drive-thru drop off.



2,000 Pounds of Food Collected

200 Families Assisted

Kids Build STEM Skills

Macon County elementary and middle school students interested in coding learned how to create videos and games using SCRATCH in a virtual program called Kids Code. Youth created public service announcements for a topic they were passionate about using this new ability. Over 25 students attended this workshop and improved their coding skills.

4-H Prioritizes Family Time

Macon County 4-H "made the best better" by connecting with families through innovative, virtual content. Virtual family fun nights provided an opportunity for families to connect and engage with 4-H, other families and community members. More than 20 families participated in crafts, games, prize drawings, and other activities via Zoom — all from the safety and comfort of their own homes.

Your Thoughts Matter

University of Illinois Extension 4-H hosted a six-part online series for youth ages 13 and older. This state-wide program was facilitated by local Extension offices, and helped teens learn how to define mental health, talk about it with family and friends, and help themselves and others. A group of 4-H educators served as facilitators and leaders of the discussion. Your Thoughts Matter reached more than 70 youth across the state.

Cooking Challenge Involves Families

The 4-H Family Food Challenge was all about family, creativity, attention to detail, healthy competition, and fun! Families had the opportunity to compete against other families in this cooking competition. Each group was given a basket of mystery ingredients and encouraged to create appealing and delicious meals together. More than 20 families participated in the challenge, engaging over 35 youth participants.

I liked the challenge of coming up with a new recipe. I would definitely do another challenge! FAMILY FOOD CHALLENGE PARTICIPANT





Supplemental Nutrition Assistance Program Education

SNAP-Ed works with Illinois families in need to make the healthier choice an easier choice. Through classes, workshops and collaboration with community partners to adopt researchbased solutions encouraging healthier nutrition and activity choices, SNAP-Ed positively affects families and communities.

In 2020, SNAP-Education virtual education and resources:



Addressed community partner needs by providing resources and collaboration opportunities

Provided live, virtual classes families could join from their own phone, tablet, or computer

Distributed print materials to families on topics such as recipes made with common pantry ingredients

Increased reach via social media, text and e-news with relevant nutrition and activity information

Created a new community food resource map, Find Food Illinois, on the Eat.Move.Save. website

In the spring, we heard from community agencies that many families were struggling to find ingredients at the store for meals. We provided printed copies of the Healthy Substitutions for Common Ingredients resource to help families create meals with the items already in their pantries. STACI COUSSENS, SNAP-ED EDUCATOR





Gardens Assist Food Pantries

Extension-supported food donation gardens in Monticello donated 563.6 pounds of produce to local food pantries. Recipients included Monticello Methodist Church, Monticello and Bement Christian Church and Faith in Action, which specifically serves seniors.

With these donations, in addition to other food donation gardens and Master Gardener private plots in DeWitt, Macon and Piatt counties, our unit donated a total of 4,680 pounds of produce to local food banks and pantries in 2020.

Master Gardeners Receive Awards

Our incredible DeWitt/Piatt and Macon County Master Gardeners swept every category in the 2020 state awards. We are proud of their hard work and dedication to the success of our programs.

Outstanding Master Gardener

DeWitt/Piatt: Anna Kaczmarek Macon: JC Nashland

Sustained Excellence

DeWitt/Piatt: Jane White Macon: Doug Antonelli

Teamwork Award

DeWitt/Piatt: Allerton Welcome Garden Macon: Monarch Madness



Master Gardeners Identify Trees

Tree-related inquiries make up a large percentage of the questions that come into our Master Gardener Help Desk. To better equip the volunteers with practical and applicable information, Horticulture Educator Sarah Vogel led active Master Gardeners and a few trainees on a tree identification walk through Fairview Park in Decatur. They studied the morphology of over 20 species and learned how to identify trees by their leaves and other characteristics. The group also discussed prominent biotic and abiotic issues specific to each species.



15 New Master Gardener Trainees



111 Master Gardener Volunteers in DeWitt, Macon & Piatt Counties

Promoting Pollinator Awareness

Monarch Madness, a free, award-winning annual event promotes the importance of monarch butterflies as pollinators and spreads awareness of dwindling monarch populations. The program, planned by the Master Gardener committee, was presented virtually this year, which allowed teachers and their students to participate for the first time. The program included a keynote speaker, crafts, activities, and a pre-recorded tag and release of real monarch butterflies. Event packets were mailed to more than 200 program participants.

Virtual Training and Assistance

In 2020, much of our programming went virtual due to circumstances beyond our control. Faced with the challenge of identifying new ways to serve our communities, Extension staff and volunteers rose to the occasion. When Master Gardeners could no longer staff the phones at the Help Desk, a heavily relied upon community resource, they quickly pivoted, with support from Extension staff, to answering questions via email. Master Gardener fall training was presented via Zoom. Horticulture Educator Sarah Vogel and Local Foods Educator Doug Gucker came together to provide a Virtual Help Desk and jointly presented Anything Grows, a web series offering gardening and landscape assistance. It may not have been business as usual, but with creativity and dedication, Extension continues to move forward.



go.illinois.edu/dmp/master-gardeners



Master Naturalist Projects

Our Glacier's Edge Master Naturalists found ways to stay active and engaged in the current world of social distancing and masks. The group volunteered at the Macon County Conservation District, Scovill Zoo and Allerton Park.

Second Saturday birding events were extrememly popular this year and attended widely by both Master Naturalist volunteers and other local bird enthusiasts.

This year's project was to build and install little free libraries filled with nature books and field guides at the beginning of trails in Allerton Park and Rock Springs Conservation Area. The library for Allerton's Buck Schroth trail was completed and installed, and the second lending library is near completion.

Fall Master Naturalist training was virtual this year, which led to an increase in attendance. Field trips to Scovill Zoo and a caravan-style geology tour supplemented the online classes.



go.illinois.edu/AcresofKnowledge

Educating the Community

Before the transition to virtual learning, several programs were delivered to the community on the topics of beekeeping, pesticide application and the importance of planting native trees.

Best Practices for Beekeeping focused on the importance of timely visual inspections of the hive and the colony's health. This, coupled with periodic varroa mite testing and treatment, is the key to success in beekeeping. This in-person program was attended by 28 community members.



75% of participants plan to incorporate hive inspections into their management practices

The shift to virtual learning began with Basics of Sheep and Goat Production. This program provides an overview of pastures, forages, small ruminant nutrition, and internal parasites. To date, 445 people have viewed this presentation live, or on YouTube.

Extension educators deliver important and relevant information to local commercial grain and livestock farmers through the Out Standing in the Field podcast and the Acres of Knowledge blog.



go.illinois.edu/DMPpodcast

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Eating for Your Heart

Eating For Your Heart, a cooking series held at the beginning of 2020, consisted of six classes in a variety of locations throughout DeWitt and Piatt counties. Participants learned about four dietary aspects of heart health — fat, sodium, fiber, and added sugar — in addition to how to shop for and prepare heart healthy meals. They gained hands-on experience by cooking a nutritious lunch or dinner meal in class.



54 Adult and 5 Youth Participants



91% Plan to Make at Least 1 Recipe at Home



37% Plan to Take Action



94%

Learned New Information

Yes! You Can: Preserving Safely

Over the summer, 57 individuals attended the local **Yes! You Can** webinars on food preservation. Topics included water bath canning for jams and jellies, tomatoes and tomato products, pickles and pickled products, and pressure canning basics.

I used my iPad to watch the presentation of Jams and Jellies on my TV. My husband enjoyed your session and learned a few things. PROGRAM PARTICIPANT, YES! YOU CAN

Get Fresh and #CSAMonday

Since 2018, our unit has showcased recipes and tips on food storage and preservation for community members who have purchased community-supported agriculture (CSA) farm shares through the Get Fresh program.

In 2020, *Get Fresh* focused on reaching participants at home. Farmer interviews and #CSAMonday tips were shared on social media from June through early September. Across Facebook, Instagram, and Twitter, 34 posts reached more than 5,000 individuals and had over 1,300 engagements.

STORAGE TIP

Wrap unwashed produce in food-safe plastic bags or put in food-safe containers that are large enough to allow airflow.







go.illinois.edu/HealthyEatsRepeat

4-H Memorial Camp A Small Hand – Piatt County Cares **ABC** Preschool Agriculture Watershed Institute Allerton Public Library Allerton Park & Retreat Center Anna Waters Head Start Archer Daniels Midland Argenta-Oreana School District Baby TALK Early Head Start Bement Chamber of Commerce Bement Public Library **Bement School District** Bergie's Place Blue Mound Memorial Library Blue Ridge School District Blue Ridge Township Library Boys & Girls Club of Decatur **Bushel and Peck Wild Flowers Bryant Cottage** C.H. Moore Homestead DeWitt County **Carriage House Apartments** Caterpillar Central Illinois Aerospace Cerro Gordo School District Chi Xi Omega **Cisco Community Center** City of Monticello **Clinton Community School District Clinton Journal Clinton Community YMCA** Connie's Country Greenhouse **County Market** Country Journal Publishing Co. **Crossing Healthcare** Decatur Day Care Center **Decatur Housing Authority** Decatur Park District Decatur Public Library **Decatur Public Schools Decatur Public Schools Foundation Decatur Family YMCA Decatur-Macon County Opportunities DeWitt County 4-H Foundation DeWitt County Coalition DeWitt County Farm Bureau DeWitt County Friendship Center DeWitt County Housing Authority DeWitt County SWCD**

DeWitt-Piatt Bi-County Health Department Double D Farms DOVE, Inc. East Park Baptist Church Exelon Faith in Action Family Community Resource Center Farm Progress Show Farmer City Public Library First Christian Church, Monticello **First Baptist Church** First Mid-Illinois Bank, Monticello First National Bank, Clinton First State Bank, Monticello Forsyth Public Library Fox Run Farms Good Samaritan Inn/Mercy Gardens **Girl Scouts** Girl Scouts of Clinton The Herald & Review Hertz Farm Management Homework Hangout Hope Welty Public Library Illinois Association of Home and Community Extension Illinois 4-H Foundation Illinois Public Media **Kirby Medical Center** Lake Fork Sportsman Club Macon County 4-H & Extension Foundation Macon County Ag in the Classroom Macon County Conservation District Macon County Fairgrounds Macon County Farm Bureau Macon County Obesity Prevention Coalition Macon County SWCD Macon Resources, Inc. Maddox Sweet Corn Farm Maroa Public Library McGrath Plants and Produce Meridian School District Millikin University Mothers of Preschoolers Monticello Christian Academy Monticello Farmer's Market Monticello School District Moundford Food Pantry Mt. Zion District Library

New Salem Baptist Church Northeast Community Fund Argenta-Oreana Elementary Oxford House Piatt County Farm Bureau Piatt County Journal-Republican Piatt Mental Health Center Piatt County SWCD Pipe Dreams Studio Theatre PrairiErth Primrose Retirement Community **Reasonable Services Food Pantry RFD** Radio Network **Richland Community College Richland Workforce Consortium Rural King** Salvation Army Southern Piatt Record-Herald South Macon Public Library Spring Creek Apartments State Bank of Bement Take Off Pounds Sensibly Topflight Grain Co-operative Triple M Farm U of I Plant Biology Greenhouse The Vault Vespasian Warner Public Library WAND TV Warner Hospital and Health Services Water Street Mission Waynesville Township Library WCIA TV Webster-Cantrell Hall Wee Folks Daycare Weldon Public Library Weldon Springs State Park WHOW Radio WILL Urbana Wild Ones, Illinois Prairie Chapter The Woods Apartments WPXN Radio Youth with a Positive Direction

Online Outreach



30 Educational Blogs

3,536 Followers of 6 Facebook Pages

297 Hours of Video Watched

5,990 Recipients of 93 Extension and 4-H Newsletters

28,057 Website Views

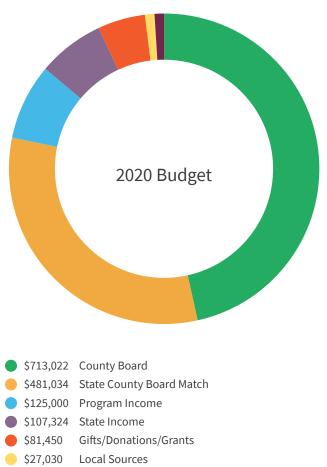
Extension reached out to the community through our website, e-newsletters, videos, social media, and the Out Standing in the Field podcast. This outreach was vital for delivering researchbased, relevant information throughout 2020.

Targeted emails notifying blog subscribers of new posts and a Nutrition & Wellness monthly newsletter were added to our outreach.

2020-2021 Extension Council Members

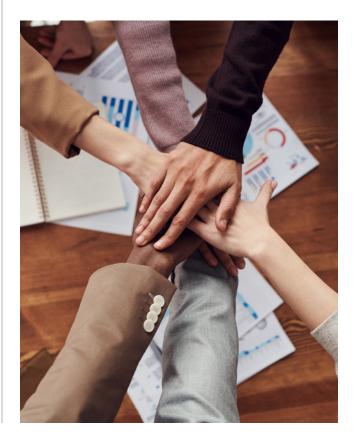
Janell Baum-Thomas, DeWitt County Jo Bauer, Macon County Stephanie Block, DeWitt County Nancy Derby, Macon County Kathi Drozs, DeWitt County Morgan Drozs, DeWitt County Corissa Godbee, Piatt County April Gum, DeWitt County Zach Howell, DeWitt County Dale Lattz, Piatt County Trinity Mata, Macon County Tayisha Nelson, Macon County Kristi Pyatt, Piatt County Katie Sellmeyer, Macon County Ray Spencer, Piatt County Robin Stapf, Piatt County Ben Suckow, Macon County Jennifer Suckow, Macon County David White, Piatt County





• \$26,402 4-H Premiums

*No federal funds were budgeted for use in 2020



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Educators

Jamie Boas, 4-H Youth Development Staci Coussens, SNAP-Ed Doug Gucker, Local Food Systems and Small Farms Trinity Johnson, 4-H Youth Development Caitlin Mellendorf, Nutrition and Wellness Sarah Vogel, Horticulture

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Cover photos: (top left) Trinity Johnson, 4-H educator, poses with 4-H members during International Day; (top right) a young naturalist looks on as Master Gardeners tag a monarch butterfly; (bottom left) Master Naturalist fall trainees stop for a photo during the caravan geology tour; (bottom right) a DeWitt County Cloverbud proudly displays a show award.

Illinois Extension

College of Agricultural, Consumer & Environmental Sciences

University of Illinois, U.S. Department of Agriculture, Local Extension Councils Cooperating. University of Illinois Extension provides equal opportunities in programs and employment.

If you need a reasonable accommodation to participate, please contact the event coordinator. Early requests are strongly encouraged to allow sufficient time to meet your needs. The Illinois Nutrition Education Programs are funded by the Supplemental Nutrition Assistance Program (SNAP) and Expanded Food and Nutrition Education Program (EFNEP). Issued in furtherance of Cooperative Extension work, Acts of May 8 and June 30, 1914, in cooperation with the US Department of Agriculture by the Director, Cooperative Extension Service, and University of Illinois.

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